



Rowers' Outstanding Season



Castle Dore Rowing Club has had by far the best regatta season ever in its 38 year history, not only achieving many wins at regattas throughout the West of England. The points accumulated for each win contribute to the annual Championship in each category.

Castle Dore this year won eight Championships, an unheard-of success, and three more than even *Exeter Rowing Club*.

At the annual President's Dinner, held recently in Exmouth, when the trophies were handed out, the Club was presented with The President's Cup for having "an outstanding season".

The wins were mainly gained by the Ladies Squad, which is particularly strong, but the Men's Senior C Crew also won their Championship against very strong competition.

The silverware will be on display at the Club's Annual Dinner Dance, to be held on 30th November at *Trenderway Farm* near Pelynt, when the Club's own trophies will be awarded to the hard-working coaches and other helpers.

Fund-raising is an ongoing process, and the Club is currently hoping to purchase a new coxless four.

As part of the fund-raising, the Club has produced an attractive calendar (*see p.2*). This is priced at £9.00, and is available from:

Alastair Barr -01726 832454 agfbarr@btinternet.com

or from:

Gilda Davies - gilda.davies@btinternet.com

Alastair Barr

FROM THE EDITOR

Two issues ago, in the Gleanings, I wrote about local lass Alice Hunter, who at 10 years old began her enthusiastic contribution to our village newsletter in its early days, on her very own **Sandbanks** page. Now aged 22, and a medical student in her final year, she had agreed to write about her recent experiences in a hospital in India. Unfortunately, due to sheer pressure of work, Alice was just too late sending in her report for the last issue.

When the text did arrive, I immediately realised that the length was a problem! My first thought was to précis it, but on absorbing her detailed personal observations, soon knew this was not possible, as she has written with such passion. So we are splitting it into two parts, and you can read the first on page 9; the remainder will be in the February issue. It doesn't make easy reading, but what Alice experienced in a country with such a different culture, has obviously deeply affected her.

Once again, our issue has a mix of very varied news, which is what we aim to provide in our wide coverage of this special village. You can read of well-deserved successes - just look at the cover and page 12 - village entertainments, new arrivals, a nonagenarian's birthday, a special dedication and a tribute to another of Golant's indigent residents who has sadly recently died. There is also, in this special centenary anniversary year of The Great War, a page dedicated to details of six men associated with our village who died in that conflict, carefully researched by Sue Reardon (p10).

It just remains for me to wish you all the season's greetings with our usual Cornish flavour:

Nadelik Lowen ha Blydhen Nowydh Da!
A Happy Christmas and a Peaceful New Year!

Gillie Harris



Cornish Charms

- To cure colic, stand on one's head for a quarter of an hour.
- To cure heartache, sleep with the key of the church door around your neck.
- Bruise an ivy leaf and wrap it round the toe to cure a corn.
- To cure diarrhoea, sit on a hot cushion.

Castle Dore Rowing Club Calendar 2019

This photograph graces the cover of the Rowing Club's calendar, and is entitled 'Beautiful May Morning'.



'Beautiful Sunset Downriver' is the image that won the Club's photo competition, and can be found within this lovely production.



See the cover for details of how to obtain a copy of this calendar.



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Hot air balloons, ice floes, extraordinary high/low tides . . . we are on the hunt for rare or unusual river related happenings – pictures and/or anecdotes – to include in our Golant and the River Exhibition. This pho-

tograph, taken in mid 1980s I think, is a good example. Anita Fuge has given us pictures of ice floes on the river and recalls how, on that particular occasion, John was working at Brazen Island, and as he came up through Wiseman's on his way home, his boat had to cut its way through large chunks of ice.



Wooden Intarsia Installation

We now have an attractive full size drawing of the design for the installation, created by Ruth Taylor, to whom we are most grateful. The outline has to be transferred to the wooden sheet and cut out and once that is done the fun part begins. During January there will be opportunities for anyone interested to come along and help with sanding, fitting together and staining. We would really like lots of villagers, young and not so young, to have a hand in its creation. Most of the work will be done in Sue Reardon's workshop, although some could be done at home, at times to be arranged according to avail-

ability of helpers. If you can spare an hour or two and would like to lend a hand, let Ian know and he will liaise times with you. ian@laughtons.org.uk tel: 832442

New Year's Day Wassail

The Apple Wassail (Old English 'Waes Hael' meaning 'be in good health') has its roots in an old pagan ritual traditionally performed on the old Twelfth Night of January 17th of the Julian calendar. The purpose of the wassail was to awaken the trees to ensure a good harvest of apples in the autumn by toasting the oldest apple tree in an orchard, in which the spirit of fertility is said to reside. In Golant the tradition takes place on **January 1st**, and what better way to start the New Year. Although the route varies from year to year, the welcome is always a warm one, with mulled cider and tasty apple treats, as the company wends its merry way to the terrace of *The Fisherman's Arms* for a grand finale, and where Nick will have delicious hot pork rolls, or a veggie alternative, on sale for those who need some further nourishment!

We will muster at the **Church Lay-by at 2pm**, but if you would like a bit more of a tramp, why not join us at **Wringford Farm at 1pm** for a preliminary ceremony (walkers only please).

If you would like your apple tree(s) wassailed please let me know, so that we can include you on our route.

For more details contact: pjparsons@yahoo.co.uk tel: 832727

Penny Parsons, Chairman



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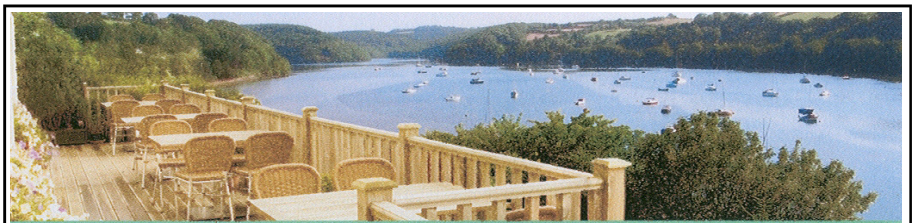
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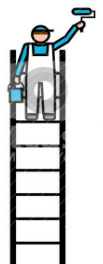
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Angela Mary Forsyth (née Tabb)

18th December 1943 - 29th October 2018

Angela was born in Golant and lived in the village all of her life. She was sister to Colin, Lawson and Vic.

When Angela started school, aged 5, in Fowey, pupils from Golant and surrounding areas caught the train to school. After school the uniform had to come off so that Angela could go out to play. Nobody had a watch, so her mother Esther used to hang a towel on the line to signal that it was time for tea.

Angela always wanted to be a nurse, and was devoted to the care of others for 34 years, often not getting home from work until hours after her shift finished at *Treliske Hospital* and then at *St Lawrence's Hospital* in Bodmin.

An outstanding and dedicated mental health nursing career was marked by being presented with an MBE by Her Majesty the Queen at *Buckingham Palace*. In earlier years she was also presented to Prince Charles as a ward sister at *Treliske*.

Family was the most important thing to Angela. The whole Tabb family was loved and respected - both past members and present, especially the children.

The memory of her will forever remain in their hearts.

Gemma Jane (née Tabb)



This photo of Angela was taken at the twins' birthday party in February.

Golant Church Wedding Kneeler

In the past, the Church used three communion kneelers in a pile for the Bride and Groom, which was neither very attractive or practical.

It had been discussed from time to time that a purpose-made Wedding Kneeler would be a solution, but they were found to be rather expensive.

Unbeknown to us, Bunny Minter-Kemp was sewing a Tapestry design, which she passed to Liz Anderson to complete. Liz, with several people assisting by sewing some of the stitches, completed the edges and had to mend a few mouse holes along the way!

We are very grateful to Mr Les Douglas of **ALD Crafts at Par** who then upholstered the kneeler and made no charge for his work and the materials used.

The finished article is beautiful and on display in the North Aisle of the church.

The Kneeler has now been used for two weddings, and on Sunday 18th November 2018 it was dedicated, at a very well attended Evensong Service. Mary and Clare, Bunny's daughters, provided some Bubbly and it was a very happy event.

Penny White



Christmas 2018 INBLOOM Challenge

With our unusual year of growing seasons this year, I'm wondering how many flowers can be found in our village this Christmas.

Last year, it was Liz Anderson who won the challenge with 38 different blooms, seen in this cheering photo taken by Robin; also, note the lone tomato by the vase!



However, interested readers may recall that whilst I only picked 26 flowers, there were just 5 actual matches between Liz & me, making a larger total overall.

I know that there were a few other Golantians who took up the challenge informally last year, but what we will need for a full count is a list of varieties from anyone who wishes to take part. If identification or photography is a problem, I'm sure Liz & Robin would help!

A day or two either side of Christmas Day is acceptable for collecting your blooms, as it is weather dependent.

You may like to let me know before then if you are interested in taking part. Good luck...!!

Gillie Harris (833897)

Christmas Greetings

Maurie & Gail Parsons, and Stuart & Pam Young wish everyone a lovely Christmas.

As usual, we will not be sending Greetings cards, but will be making a donation towards the cost of printing **The Golant Pill** instead.

Happy Christmas, everyone.



Village Hall Committee

We welcome Fayre Hardy, who has taken over the role of Treasurer, booking manager and general paperwork chaser.

We are bringing the Village Hall into 2019 with 'Fire Risk Assessment', 'Health & Safety' and updating various other documentation and signage etc to comply with current regulations.

We have installed a Village Hall emergency landline telephone for improved safety.

Our Computer and IT has been upgraded, and thanks to David Bonsall who has helped us by introducing a 'Captive Portal' for Village Hall Wi-Fi protection.

We are looking at ways to improve the audio and visual technology for our film nights and other events.

Our Music Night was a great success, raising £155; a big thank you to Francis & Debbie for their lights, lasers and

smoke machine, which created a brilliant setting for dancing the night away from 60s, 70s & 80s video music memories!

We are having changes to the Village Hall Committee. Sue Reardon & Robert Dunley are stepping down at our March AGM after many years of drive and fantastic motivation. Penny Parsons is relinquishing her role as Secretary, also after many dedicated years. A very big THANK YOU to all three of them. We welcome David Bonsall, who is joining the team.

This means we have an opening for a new Village Hall Secretary. Please contact the Committee if you are interested, or come along to our next committee meeting, which is on February 7th at 7.30pm in the Village Hall.

Exciting times for 2019!

Paul Meredith, Chairman

Tel: 01726 832548 Mob: 07976757076

Pill Paparazzi in this issue

RA	Robin Anderson
RB	Richard Brice
MP	Maurie Parsons
SP	Sam Parsons
KW-W	Karen Wells-West

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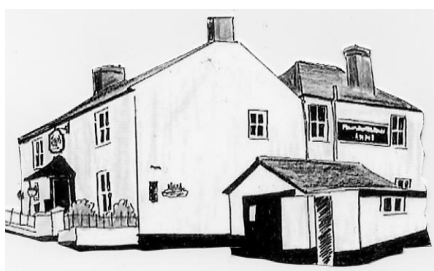
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The committee meets regularly under the terms of the constitution which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

The Golant Village Website

Don't forget that you can access *The Golant Pill* on our village website. It is, quite simply-

golant.net

Click on 'GOLANT PILL' below the lovely photograph of the river, and you can open past editions of our newsletter, saved as PDF files. Debbie includes those from the past year for you to access.

Advertising Rates

There are three sizes of advertisement available to you in either vertical or horizontal form.

Please note: The size may vary to fit the space available, but will be the same square area as far as possible.

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thegolantpill@gmail.com

An invoice will then be sent to you by Karen Wells-West.

Alternatively, send your artwork or copy as required, together with an appropriate crossed cheque made out to
The Golant Newsletter

to Karen Wells-West, Bloweys, Downs Hill, Golant, PL23 1LJ

FACEBOOK

Our team members Robin Anderson & Penny Parsons produce a Facebook page for *The Golant Pill*.

Do check it out. It is designed mainly to promote village activities, including those published within our Calendar of Events page.

The immediacy of Facebook is such that Robin & Penny are able to add reports of such events as soon as they have happened.

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Musical Entertainment

On Saturday 6th October, Sheila Funnell and her choir, tunelessly assisted by Mike Teague, treated the whole community to a hugely entertaining evening of songs from the musicals. It was not only entertaining, but informative, too, as Sheila gave us snippets of information about the background of each of the musicals. No wonder it was a sell-out! Paul Meredith & David Bonsall were given special mention for all their behind the scenes technical & practical wizardry.

The evening began with an enthusiastic rendering of *Consider Yourself at Home* and *Food, Glorious Food* from **Oliver**. This was followed by a mini break, where we were treated to - not gruel, fortunately - but yummy local cheeses and French bread! Big thanks to Cris Dodridge-Meredith for providing it.

Following this, a few tears were shed - not due to the food, I hasten to add - but the emotionally charged *You'll Never Walk Alone*.

It was indeed 'lovely' to see three youngsters - Millie, Edie & Ted, confidently introduce and sing *Wouldn't it be Lovely*, and Ted got really well into the actions of *Doh Ray Me*. As with most of the songs, there was enthusiastic audience participation, but we all got caught out by this one! It involved some rather complicated part singing, which the choir handled impressively!

Summer Nights delivered some surprises! The choir shed several decades each (and gained more hair) as we were given a glimpse as to what they may have been like in their heyday! Robin and Tauniua sang a duet interrupted at regular intervals by the rest of the choir; it was great entertainment!

Leather jackets were followed by a coat of many colours, which gave the audience the opportunity for a really good sing in *Any Dream will Do*.

One of the highlights of the evening was provided by our very own star, Tauniua, when she treated us to a solo-*My Funny Valentine*. We thoroughly enjoyed singing along to *Memories* from **Cats**, and *Do You Hear the People Sing* from **Les Misérables**, in which Simon excelled in his solo. This provided a rousing end to a fabulous evening, leaving the audience wanting more...next year, Sheila?



Becky Lloyd-Evans

Golant Really Amateur Dramatic Society

REVUE 2019

We need your ideas and your talents!

Always lots of fun, the revue has become a popular 'variety show' biennial alternative to pantomime. If you have an idea for a **sketch**, a hankering to perform a **song**, a **recitation**, a bit of **magic** . . . or would like to do something but not sure what, **GRADS** needs you!

Get together with some like minded people and **see what you can come up with**.

Contact me, pzparsons@yahoo.co.uk with your ideas or queries

Full dress rehearsal Thursday 31st January

Performances Friday 1st and Saturday 2nd February

Tickets will go on sale from January 5th: Viviane Barr 832454



A New Arrival

Kirsty and Sam Parsons are delighted to announce the arrival of baby Evelyn Parsons. She has been called Evelyn after her great grandmother Evelyn, as she was due around her birthday in mid November.

Sam and Kirsty were able to tell Great-Gran Evelyn of their intention before she died, which thrilled her to bits as you can imagine, and then registered the birth on Great-Gran Evelyn's birthday to make it even more special. Whether she has inherited her Great-Grandmother's personality remains to be seen!

The picture of Proud Granny Penny was taken by Sam Parsons.



Winter:

By the time you read this, we will be rapidly reaching the Winter Solstice, which this year is on December 21st and occurs at 22.23. It is the shortest day of the year. The good news is that from then on the days get longer! But it is also a good time (with the long nights) to get in some star gazing!

Boat Security:

Most of us by now have removed boats out of the river and they are now safely stored at home or elsewhere. But if your boat is on a trailer, have you ensured that the trailer has a lock or have you removed a wheel to make it difficult (impossible) to tow away? There are many trailer locks available on the market these days and a few pounds invested now will potentially prevent an 'easy' theft in the future!

Engine Security:

First things first: Make sure you have an up to date photograph of your engine and serial number. This would help the police in the even of a theft. And then try and secure it from loss with an engine lock or similar. If you see Robin (or one of the Boatwatch committee), we still have some security kits available (at cost price) for you to mark up various items with your name, address and post code etc.

New Membership Year:

We start our membership year in January, so it would be a great time to join Boatwatch and be able to get your 10% discount at the chandlers (in time to buy that expensive antifouling!) and to be able to enter the raffle for the David Parry picture. David, as you know, supports Golant Boatwatch with a donation of a painting or limited edition print, which we then raffle (but only to Boatwatch members) at the Spring Get Together, which in 2019 will be on Friday March 15th. (*A glimpse of this year's picture can be seen on the easel in the AGM photo in the opposite column*).

Our Advertisers

We are indebted to our loyal advertisers, old and new, who help to keep **The Golant Pill** afloat.

Do please use them, and mention us when making contact.

AGM:

Once again, we had a great evening in the village hall, with free pasties and wine and positive feedback from the *Police* (Russ Hall), the *Harbour Master* (Paul Thomas) and a fascinating talk by Evette Hall who runs the *Mission to Seafarers* and is the *Port of Fowey Welfare Officer*. If anyone would like to become a volunteer for the Mission, then let me know and I will put you in touch with Evette.

David Jenkinson
Chairman Golant Boatwatch



If anyone spots a problem on the river, please contact one of the following:

Harbourmaster's Office 01726 832471
(out of office hours transferred to Duty Officer)
David Jenkinson (Boatwatch) 01726 832246

To contact the **Police**, please take note of the new number **101** which you should use in a **non-emergency** situation.

In an **emergency**, or if you think a crime might be in progress or pending, dial **999** for **Police** and **Coastguard**. You can say "**reference Operation Kraken**" if the incident is concerned with maritime crime or terrorism.

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A TALE OF TWO CULTURES— part one

I am a 22 year old final year medical student who grew up in Golant, and as part of my course, after having completed my final exams in Summer, I undertook a medical elective in *Nizam's Institute of Medical Sciences (NIMS)* hospital in the city of Hyderabad, India. An elective is a 4 week period of work in a hospital, usually abroad, to gain experience of a different healthcare environment.



Hyderabad has a population of 11.5 million people, excluding surrounding rural areas also served by the hospital, which has around a 1000 bed capacity. *NIMS* is a government multispecialty hospital, meaning that the funding for the hospital comes from the central government. In Hyderabad, there were three such hospitals, providing free or heavily subsidised treatment for the population, of which *NIMS* had the best reputation for receiving the most funding and resources, therefore it was the first port of call for patients before going anywhere else. The other two hospitals were a last resort for patients unable to afford the 1000-rupee (about £11) bed deposit for *NIMS* (due to the higher numbers of patient deaths within their walls and extreme lack of resources). The population served by *NIMS* were mainly poor people who could afford limited alternatives. I spent time in the Acute Medical Care unit (AMC) and the Emergency Department, as well as having a taste of most of the other specialties with days spent in all areas of the hospital.

My first day at *NIMS* was spent in the AMC, which is a 30-bed ward where patients needing acute care were admitted from the emergency department. The thing I was first struck by was the lack of hygiene and the dire lack of resources. The ward itself had no sink and therefore the doctors could not wash their hands; there were also many mosquitoes, and with patients on the ward with dengue haemorrhagic fever, disturbingly no nets covered the patients. There were many patients on the ward being mechanically ventilated; the junior doctors (one year out of medical school) intubated and ventilated people without any sedation, so the patients were awake and looking around the room whilst having an endotracheal tube down their throat. The doctors said that if they explained it to the patient then they would tolerate it. Immediately I was struck by the differences in patient expectations compared to the UK!

India has many problems with availability of electricity, and during the first hour of my first ward round, the power to the whole hospital cut. This meant a ward thrown into darkness and all ventilators switching off! Rather than a mass panic, the doctors casually strolled to get bags to begin manually ventilating patients whilst a nurse began reconnecting the machines to a backup generator supply plug. Seeing a patient's wide panicking eyes while he waits for air to be pumped into his lungs made me realise the impact of having a lack of basic resources like electricity on healthcare.

I was struck by the diversity of the patient population which is representative of India as whole. India has a total of 22 spoken languages and multiple religions, the majority population being Hindu but also with many Muslims, Sikhs and other faiths. The doctors spoke to the patients in multiple languages and offered spiritual support to so many faiths. I found this very inspirational and something that would be useful to learn about in medical school back home as the UK population becomes more diverse. Another aspect of Indian society that the doctors had to navigate was the caste system, which is an ancient hierarchical organisation of society into groups according to their social standing which impacted patient care in ways I did not anticipate. Some patients of low caste were seemingly stuck in generations of poverty with little choice over how they made their living. This was most apparent in Outpatients, where many patients would come to be admitted; however those who did not have savings or family contacts from whom to borrow the bed deposit (equivalent to £10) were turned away by doctors, which frustrated them as well as devastated the patients.

The next day on the same ward I checked a patient who had cold haemolytic anaemia. She was a poor lady who came with her husband and her daughter. Her daughter was the only member of the family to speak English as she was being educated in a government college and wished herself to become a doctor. Over the next few days I became very close to her daughter, regularly updating her on her mother's condition after the ward round. Due to the doctors having such a large workload, communication with families often fell by the wayside- another example in the differences in healthcare culture compared to the UK. She was having to be transfused with a unit of blood every day and take many medications for her condition. In India, patients or their families must buy their own medications from pharmacies outside the hospital which is not funded or subsidised by the government. This means that often poor patients cannot afford the right medications for their condition or they buy knock-off drugs which are made by unregulated generic pharmaceutical companies, which commonly are not real medicines. This patient could not afford the right drugs for her condition, therefore the only way to keep her anaemia stable was to transfuse her with a unit of blood every day. The next morning the patient was very anaemic and haemodynamically unstable (on the prior day, the doctors had forgotten to give the patient her unit of blood due to a string of emergency admissions). When I arrived, she was falling into a coma. The junior doctor had to immediately intubate and ventilate her. They were trying to transfuse her with warm blood, but had no facility to warm the blood. Eventually they sent the patient's husband out onto the streets to try to buy a portable heater to warm her, and they covered her in blankets. The woman's condition was rapidly deteriorating, and when the husband returned with the heater there was nowhere to plug it in. I was with the daughter, who was crying, and no-one was explaining to her what was happening or why, so this fell on me. I found this ethically very hard to deal with, in that the reason her mum was dying in front of us was because she just could not afford the medications and the hospital hadn't had the resources to provide the right treatment for her. However, I tried to balance this with the fact that the doctors were doing the best they could under the circumstances. Unfortunately, she died. Watching the desperation of the highly skilled doctors and the patient's family trying to save her I found tragic. I returned from elective with a whole new appreciation of the NHS and the principles of equality it represents, and a realisation of how, when you don't have any resources, often a doctor's pure grit determination is all that stands between a patient and their demise.

Alice Hunter (To be continued in the next issue)

The Men Associated with the Parish of St Sampson who Died in the Great War

The parents of **Percy Trevenen Mills** owned *Torfrey House* in Golant. Percy was born in Hampstead in 1887 and attended *Aldenham Boarding School* in Hertfordshire with his two brothers. In 1911 he married Ruby Weddell and they had a daughter in 1913. He joined the Queen's Own Royal West Kent Regiment reaching the rank of Captain. He was killed in action on 8th February 1915, aged 28. He is buried in Dranouter Churchyard, Heuvelland, West Flanders, Belgium.

John Bunney was born in Golant in 1896. His father, also John, had been a clay worker who came from Lerryn but had sadly died in January 1914, just before the outbreak of the Great War. His mother, Eden, was a Golant lady, née Lane. She had had 16 children but 9 died in infancy.

John became a farm labourer in 1911. He joined the Duke of Cornwall's Light Infantry and in 1915 he was sent to Mesopotamia, the modern day Iraq, to join the war against the Ottoman Empire. John died at Kut on October 1916 aged 20 years and is buried in the Baghdad War Cemetery.

John Snow was born in Golant in 1898. He was the son of Henry Snow who came from Bristol and was a farm worker. His mother 'Elizabeth' Annie, née Hawken, was a laundress who had been born in Golant. Henry died in 1908 aged 40 years leaving his widow to bring up their 6 children.

It is possible that John fibbed when he joined the Royal Naval Volunteer Reserve when he was only 16yrs old in 1915, giving his age as 17yrs which was the minimum recruitment age. It is also strange that he joined in Wales giving Mrs Annie Trembath, who was a relative, as his next-of-kin, whilst his mother was still living in Golant. One could speculate that he had met opposition to joining up from his mother, left home, went to Wales and joined the RNVR there. Perhaps someone knows the answer to this riddle?

John was killed in action on 4th February 1917 aged 18 and was buried at sea. Shortly afterwards his mother emigrated to USA taking her three youngest children with her.

Charles Geake, who was christened William Charles Hamilton Geake, was born in Truro in 1882. He was the son of William Venning Geake, who was from Devon and was a chemist's assistant. His mother was Jane Blowey born in St Sampson's Parish. The family had moved to Golant in 1887 when his father had died aged 39; Jane was working as a grocer.

By 1901 Charles, aged 19, had left home and was living in Devonport whilst working as a groom. It is presumed that he was living in Devon when he enlisted in the Devonshire Regiment. He died on June 22nd 1917 from wounds whilst fighting in Flanders. He is buried in Mendinghem Military Cemetery, West Flanders, Belgium.

Sidney Marshall Carne was born in 1888, the son of Edward, a miner, and Louise née Merrit, all born in St Blazey. He was the youngest of 13 children. Both his parents died before the War; his father in 1897 aged 59 and his mother in 1911 aged 70. Sidney was a farm worker living in the family home at St Blazey with his mother and five unmarried siblings.

In 1916 he married Mary Emily Louise Rundle of *Trebuthevey Farm* in St Sampson Parish. He enlisted into the Devonshire Regiment but was transferred into the Oxford & Buckinghamshire Light Infantry. He died from wounds in France on 24th June 1917 aged 29yrs and is buried in La Gorgue Communal Cemetery, Nord-Pas-de-Calais. In his will he left £128-10s to his widow.

Edwin John Rundle was born in Golant in 1899 the son of a carpenter, Edward Ham Rundle & Nellie née Trethewey, both born in Golant. In 1901 they were living in *Penquite House* where Edward was the caretaker. By 1911 they had moved down into the village into *Hillside Cottage* on *Water Lane*.

Edwin joined the Territorial Reserves before transferring to 1st 17th London Regiment in the Rifle Brigade. He was killed in action on 1st September 1918 aged 19yrs and is buried in Combles Communal Cemetery, Guards' Cemetery, Departement de la Somme, Picardie, France.

Sue Reardon

Sue Reardon must have spent a huge amount of time researching all the information above for the Heritage Group; my thanks to her. She found that one name was missing in the list on display inside the building. Also, Sue has provided information about the men from Golant who died in World War II which I hope to share another time.

I am so grateful to Robin Anderson, Alastair Barr, David Earl, Graham Estlick & John Jenkin who, with the Revd James Funnell, played such an important part in the short service at the War Memorial on Remembrance Day. It was special to see a number of villagers who took up my suggestion to attend that service only.



MGH





We had a fantastic talk by Paul Richards at the *Mission to Seafarers* on 'Wartime Fowey'. Paul has obviously done a huge amount of research and from just a crib sheet he was able to expand on a whole variety of tales and happenings.

One, which I had heard before, was about *Toynes*, the house at Castle Dore that was used by the Home Guard because it had a flat roof and a good view over St Austell Bay and surrounding countryside. The problem was that the guards' hobnailed boots kept the owner awake at night, so he insisted that they wear slippers when on the roof!

Many thanks to Eve Hall who manages the *Mission*, helped by husband Russ, for their volunteer work helping visiting seamen and for hosting us on a wet and windy night.

The next event is a talk by Mark Whittaker on the 'Birds of Par & the Fowey Estuary' on 22nd January 2019 at 7.30pm at *Gallants Sailing Club*, Fowey.

Then there is a talk on 'Ancient Trees' by Tim Kellett on 20th February at 7.30pm at *Lostwithiel Church Rooms*.

Our AGM is at *Trenyhton Manor* this year, on Tuesday 26th March, with a talk by Ian McCarthy our Fowey based wildlife cameraman, who has a fantastic film on life under the Fowey water and his research into our local otters. Something not to be missed- well, the AGM business might be, but definitely not Ian's film!

Peter Edwards

A SPECIAL BIRTHDAY

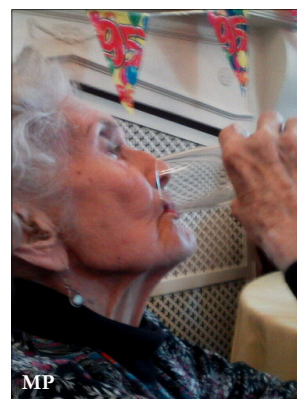
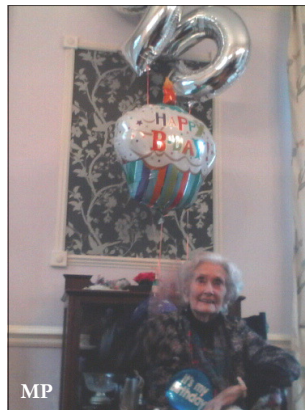
Dorothy Rickwood celebrated her 95th Birthday on November 18th at the Nursing Home in Bodmin. She received over 80 cards of congratulation, and some 16 guests on the day.

A tea party was arranged with a large cake and bubbly, and of course giant balloons to celebrate the occasion.

She has now had the splint removed from her broken leg and is undertaking physio to build up her legs.

We all wish her well in regaining her fitness.

Robert Dunley



And a few words from our village nonagenarian...

Dorothy apologises, but due to her current circumstances, she will not be sending Christmas cards to villagers this year. She would like to thank everybody for their kind thoughts since she had her unfortunate accident, and wishes readers of *The Pill* a very merry and healthy Christmas.

Tywardreath Village Shop

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ItsTibbits - Sandwiches, rolls and party food
Locally grown fruit and vegetables
Confectionery, ice creams and desserts
Wine, cider, beers, spirits and soft drinks
Cut flowers and plants grown in Cornwall

PLEASE NOTE CAREFULLY...

The Newsletter email address,
changed earlier this year, is:

thegolantpill@gmail.com



Strictly Golant...!

Thanks to Michelle Robins for inspiring us to take to the dance floor recently, and thanks in particular to DJ in residence Paul Meredith for running all the music, video and lighting.

Robin Anderson

Tales from the Riverbank

In the end, we had a very successful River Clean-up on October 20th. We weren't able to coordinate with our usual groups of students this year, but thank goodness for social media, and in the end we had a lovely mixed group of about 30 people, which was just right. We were blessed with a fantastic, warm and sunny day, with no wind, and our five groups, each led by a knowledgeable local, tackled the river from Golant to the docks, *Penpol Creek*, *Lerryn River* and up past *St Winnow*. Hot pasties, drinks and cake fed the hungry workers, and we think overall there was less rubbish, although lots of tiny pieces of plastic, which are potentially much more harmful to wildlife. Still no shortage of cider cans and plastic water bottles either! A huge thanks to all our helpers, and special thanks to our village guides – you know who you are!



Although we have been flat out on our new project (more of which next time), we have been out on a few trips during this last month. Interesting to spot a lone Mandarin female duck hanging out with the large group of mallards that frequent the river in Autumn – only to be joined by a very colourful male a few days later.

On this occasion we had a young 13 year old enthusiastic photographer with us. His shots of wildlife were fantastic – see our Facebook page. It is so heartening to see youngsters with a real passion and talent, getting out - his first time kayaking – and not permanently glued to a screen!

Cornish Dialect Words for Birds

Woodwall	Green
	Woodpecker
Kit	Buzzard
Wagel	Grey Gull
Maggety pie	Magpie
Budpicker	Bullfinch
Rudbreast	Robin
Janner	Jay

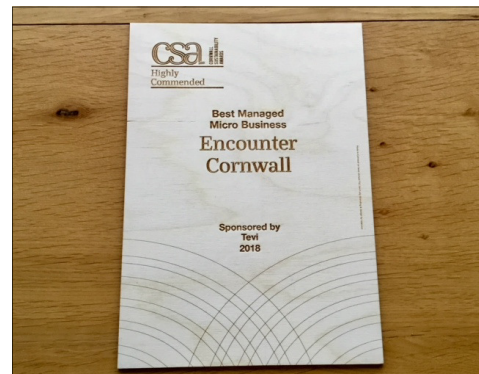
Finally, we were delighted to win three awards at the **Cornwall Tourism Awards** in *Truro Cathedral* at the beginning of November. We won Silver for 'Guided Tour', Silver for 'Active & Sporting Activity', Bronze for 'Wildlife Friendly', as well as a 'Highly Commended' for 'Responsible, Ethical and Sustainable Tourism' (a bit of a mouthful – REST for short!) Carol and Will came with us too – as it was very much a team effort. We have just learned that we have also made it to the finals of the **Cornwall Sustainability Awards** too!



Karen Wells-West

STOP PRESS:

On 30th November, at the afore-mentioned *Cornwall Sustainability Awards* ceremony, *Encounter Cornwall* was delighted to be awarded a 'Highly Commended'. As there were over 60 people and only 30 awards, this was very pleasing!



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Golant Gleanings

TWO NEW ARRIVALS

In mid November, Kirsty and Sam Parsons welcomed the arrival of baby Evelyn; you can read more details and see a photo with very proud granny Penny on page 7.

On 27th November, at 3.47am in *The Princess Alexandra Maternity Wing* at *Treliske Hospital*, baby Charlie was born, weighing in at 5lbs 12½ozs, welcomed by proud parents Rachel & Chris White, not forgetting another proud granny, Carol!

GRATEFUL THANKS

Many thanks to all those kind friends who sent cards, flowers and cakes, as well as phonecalls and emails, together with offers of lifts and other help, when I underwent my recent knee replacement operation. Your thoughts and good wishes were heart-warming and gratefully received! What a special village this is. I must add here that it was not just local friends who were so caring— our American friends (Kay's ancestors were the ones from *Wringford*) lit a candle especially for me on the day of my operation...

Gillie Harris

LETTERS/EMAILS TO THE EDITOR

Neighbourhood Development Plan - Main Residence Option

Many of you will be aware that an increasing number of Cornish Parish and Town Councils have adopted a main/principal residence requirement in their recent Neighbourhood Development Plans (NDPs). These carry a lot of weight when Planners consider applications for new housing. St Ives was the first to go down this route followed by Rame Head (5 Parishes), Mevagissey and most recently Fowey in their draft plan which was published a few weeks ago.

Now, our draft NDP is about to be circulated to villagers for final consultation and feedback. It does not currently have a main/principal residence requirement on new developments. This is because our NDP feedback questionnaire canvassing opinions took place in 2015 before any Cornish Council had considered this an option - and so the question wasn't asked.

Whilst you might be quite happy with the status quo and allow developers to sell any new build on the open market we do now have the opportunity to include a main residence requirement in our NDP if enough people think this is worthwhile. In both the existing and the new NDP consultation and feedback villagers have expressed a desire to see more full time residents living in the village and this could go a small way to achieving this.

Existing housing won't be effected; it's unlikely to impact whether future developments happen or not; or have a significant impact on the price of existing housing stock. It could mean that a development like the Cormorant's proposed 9 houses would all become main or principal residences adding perhaps 20 or so full timers to the village. With regard to enforcement, Councils simply require owners to provide proof of full time residence if requested - and be relatively easy to enforce in a small Parish like Golant.

According to our draft NDP there are currently 114 homes in the main village of which nearly 50% are either second homes or holiday lets. Note also that of the 10 properties between *The Pub* and *The Cormorant* only one has full time residents.

If you would like to see a Main Residence requirement added to our Neighbourhood Development Plan a significant number of you will need to make your voices heard. Contact your Councillors, write to or email the Parish Council and use the NDP Pre-submission Consultation Feedback Sheet which should be with you shortly together with a copy of the draft Neighbourhood Development Plan.

David Johns

ST SAMPSON PARISH COUNCIL

October 2018 – November 2018

As the autumn and winter winds blow dreckly through the parish and we all get used to proper Cornish rain again after a lovely summer, the following update on parish council engagement gives a good indication of what you get for your money from your councillors.

Finance:- I can now report that we have decided by a majority decision to keep the parish precept unchanged for the coming financial year. This is the charge which appears on Council tax bills and in this current year has been shown as a minus 1% change because last year the other charges – for the county council and policing - had been increased. Cornwall Council propose a 3.99% increase in their tax in the coming year and have to find budget cuts of £70 million over the next four years. *Cornwall Council* expect that the savings can be generated by working differently, efficiencies and extra income from chargeable services such as licensing, planning or car parks. Clearly their financial position will be very tight and some shortfall in service provision at our end of the supply chain will probably be unavoidable. The Parish Council has reached our decision on the basis of our own sound financial position which we assess as being sufficient to maintain a reserve, keep up our contributions to support worthy local causes and also retain funds for potential re-development of the toilet block once we secure asset transfer of ownership from Cornwall Council. Unfortunately I have no progress to report on the asset transfer process, other than to note that we are still on the waiting list and will continue to make representations to carry this through.

Infrastructure:- Councillors have continued to look for and address defects and maintenance issues around the parish. The fragility of our road network is a cause for constant concern – as no doubt we all experienced during the recent water main repair work in the village. At our request, the *Cornwall Council Highways* steward has visited the parish to inspect the safety and stability of *Water Lane* cutting and also the very large dead tree on top of the bank at the Torfrey corner. These cases have been forwarded for qualified specialist inspections and we await the outcomes. There is very limited scope for the Parish Council to bring about solutions to major infrastructure problems but I would like to take this opportunity to raise awareness about one avoidable danger which residents have brought to our attention - excess speed by motorists driving down through the village to the front. Any motorist can at times be driving too fast for the prevailing circumstances and I must urge all motorists using our roads to adjust course and speed to take proper account of the hazards presented here. Councillors will consider further ways in which we can get that vital road safety message across.

Planning:- We have voted to support a planning application for a ground floor extension and box dormer conversion at *Penquite House*. We have objected to a planning application for a proposed first floor conservatory and alterations at *Moons, Gumms Lane*, on grounds of what we judge to be the overbearing nature of the proposal, overshadowing, overlooking and loss of privacy and effect on neighbours including a listed property. The applicants have made alterations to their plans since first proposal with a view to addressing the concerns of neighbours, and a further change presenting a more traditional style of alteration is now apparently under consideration by the Planning Authority. If that update is circulated to allow residents an opportunity to make representations and we receive an amended application we will of course re-consider this one. Councillors attended the pre-application public exhibition which took place in the village hall outlining proposed plans for re-developing the *Cormorant Hotel* site and were pleased to note that some 40 residents were able to quiz the potential developers and builders on their draft proposals. I have thanked the presenting team for putting on the exhibition for us and we await the outcome.

Work continues on our draft **Neighbourhood Development Plan**, a copy of which is on our web site. There is much work still to be done but up to £9000 in grant funding is potentially available to assist us and we are working on that application process as the next step forward.

Minutes of meetings are on our Parish Council website <http://www.stsampsonparishcouncil.org.uk/>
Our Parish Clerk Sue Blaxley can be contacted on stsampsonpc@gmail.com for any further information or to raise issues of concern.

We do not hold a scheduled meeting in December, so our next full meeting will be on **Tuesday 22 January 2019**, commencing at 7:15pm in Golant Village Hall. **All are welcome.**

In the event that we receive a Planning Application before our January meeting we will endeavour to fit in an extraordinary meeting – details of which would be posted on the village hall notice-board and on our web site. And last but not least, may I wish you all a very Happy Christmas and a great New Year.

Robin Anderson, Chair

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News from St Sampson's Church

The fact that this year's Remembrance Sunday was exactly 100 years after the signing of the Armistice was reflected in the large number of villagers gathered at the War Memorial for the Act of Remembrance. Mike Harris had ensured that this year not only were those who had died remembered, but also those men who had served and returned to Golant. As always, those who had died in the Second World War were also honoured. *(See page 10 for details of some of those local men who died in the Great War).*



Robin's lovely photo captures the Union Jack proudly flying at St Sampson's Church on that special Sunday morning.

An excellent congregation then returned to the church for the service, and the Reverend James Funnell's sermon on those men who, like the composer Ralph Vaughan Williams, returned from the war unsure whether life could ever be the same, was listened to intently by all. During communion the choir sang Philip Wilby's arrangement of *God be in my Head*, and refrains from Paul Drayton's haunting *Remembrance*. Fittingly, the service closed with a hymn composed by Vaughan Williams.

At 12.30pm, in common with bell-towers across the nation, and while the rest of the congregation were toasting the end of the Great War, the bells were rung unmuffled to celebrate the Armistice in 1918.

The ringers are pictured below.



By the time you read this we will be in the run-up to Christmas. This year's **A Cornish Christmas** has, as always, extracts and poems from Cornish writers, plenty of carols for the congregation, and yet more carols on the handbells! It is on **Sunday 16th December, at 4.30pm – please note the time!**

On **Wednesday 19th December** there will be **handbells in *The Fisherman's Arms* at 8.00pm**. Please note that there is **no service on Sunday 23rd December**.

As always, and exactly 100 years after this service was first taken up by *King's College*, Cambridge, there will be the **Festival of Nine Lessons and Carols on Christmas Eve at 6.30pm**. After this service and the Cornish Christmas service, wine will be served.

Finally, at **9.15am on Christmas Day** there will be a **Family Communion**.



A villager commented the other day on how well our Grade I listed church looks. At Christmas, with the candles and the decorated tree, St Sampson's has such a special atmosphere. Do come along to any or all of these services; everyone is very, very welcome.

Simon Funnell

Thank You to All our Amazing Flower Arrangers

Thank you everyone who volunteers on the Church Flower & Cleaning Roster, giving both your time and your expertise, not to mention donating all the beautiful flowers that adorn our church throughout the year.

Also grateful thanks to those who offer to do special arrangements for Christmas, Easter & Harvest.

I would like to offer especial thanks for the flowers this harvest. The arrangements were stunning, and I feel sure some of the displays would have won prizes in any flower arranging competition.

Thanks again for all you do, and if anyone would like to join us, either on a regular basis or just on special occasions, then please let me know.

Valerie Russell (833072)

Church Flower and Cleaning Roster

16th & 23rd December	Ruth & Gill P
30th December	Sue S & Sue T
6th & 13th January	Jacky & Sheila
20th & 27th January	Becky & Glynis
3rd & 10th February	Sue S & Sue T
17th & 24th February	Vilma & Paddy

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This is the illustration heading the December page in Nort's book *Uncle John's Gardening Year* (see page 17)

UNCLE JOHN'S GARDEN PATCH

Yer, it d'feel like Mother Nature 'ev left the freezer door open, and I doan't knaw if'n I quite like it! 'Tis all a bit sudden to my way of thinking- she 'ev got me crimmed up like a winnard and I'm not quite geared up yet to coping with this sudden drop in temperatures. But there's nort we'm able to do about that, and 'tev bin a real wake-up call to get any vulnerable plants either covered up or taken into the greenhouse where they can be ended to in a proper manner. I d'find that there fleece trade does a brave job in keeping Jack Frost away, and they d'say that 'twill protect the plants for up to -5 degrees of frost, and that should go a long way in dealing with our usual winters. I d'knaw we do get colder days every whip-and-awhile, but 'tidn't an everyday occurrence, and if she do bring in the really cold stuff, then put on two layers of fleece!

If'n you baint done any of the turning over of the vegetable garden, well now it might be a little bit too wet. 'Tis pointless trying to get it done if'n the soil be clagging up the shovel and the bottoms of your boots. Wait for a drier time, for 'tis now it would pay to use drecklyism and not go stanking around making a brave old mess, and take they boots off avore you venture into the house, because mother will be some teasy if'n you was to drag half the garden in with you!

So pick a job that can be done undercover, either in the greenhouse or shed. There's always scoads of things to get on with in the greenhouse- jobs that have been left to do dreckly, like getting in under all the benches and aiving out the brave bit of rummage that builds up there, because if 'tis anything like mine 'twill be like Lanson jail, some brave hogstog. You'm bound to find all sorts of beastly things like spiders, sow pigs, the odd toad and even mice besides those blimmers the slugs and snails, and they all need to be aived out. Then there's tidying up the plants and checking over any stored vegetables and fruit for anything gwain pluffy, for these need aiving out because t'will only spread to t'others.

'Tidn't too late to take cuttings of fuchsias and geraniums, nor is it too late to sow they there bulbs you bought some weeks ago and failed to do anything with. Put them in pots or troughs and leave them in the greenhouse to come on, or even find a sheltered spot in the garden, a bit in the lew of cold winds, and they will come on fine. They may be a bit later of course, but 'twill extend your flowering time in the spring. Talking of planting things, just after Christmas 'twill be time to get the seeds of onions and leeks planted up in seed trays in the greenhouse, and you can try putting the sets of onions and shallots in 3 inch pots to give them a brave early start. Then when you'm of a mind to plant out later, say in March, they'll be well formed with a brave root system and jump away. Broad beans can be treated this way if'n you've left it a bit late to prepare the ground outside. That can always be done dreckly.

'Twould also be sensible to check over all the outside fixings, like stakes and trellis. Make sure that there's nort rotted and 'tis all some firm and stable in the ground. You doan't want Mother Nature to fetch up a beastly gale of wind one night, and come morning there's your favourite clematis or passion flower all scat down on the deck in a brave jakes, and to put it all back up again then it never looks right, and 'tis like Jan with his shirt hanging out, a proper lashup.

So, all that's left is for me to wish you all a very Happy Christmas and Prosperous New Year, and doan't 'ee forget the Waswailing early on in January.

Auntie Paddy's Recipe Corner

I was given this recipe in the summer; can you remember those gorgeous hot days? Christmas will soon be here, and the temperature outside is appropriate.

CHRISTMAS JELLY

*One packet of Raspberry or Blackcurrant Jelly
One grated Nutmeg (Don't risk grating your fingers; most of the nutmeg will do)
A pinch of Cinnamon
57g/ 2oz Crystallised Ginger (chopped)
113g/ 4oz Glacé Cherries (halved)
113g/ 4oz well-drained and chopped Pineapple pieces from a tin. (Don't use fresh pineapple; the jelly will not set.)
170g/ 6oz Mixed Dried Fruit
57g/ 2oz chopped Nuts of your choice
2 tbs Brandy or Sherry
Orange Juice*

1. Soak the dried fruit overnight in orange juice to cover.
 2. Make up the jelly using 145ml/ ¼ pint boiling water only. *
 3. Stir in all the ingredients and add the brandy or sherry.
 4. Put into a rinsed mould and leave to set.
- * Note: It is not easy to melt the jelly in only ¼ pint of boiling water. Try heating the bowl and measuring jug first to make it easier.
 - If you use a basin as the mould it looks like a Christmas pudding! Moreover, it is a suitable variation as a gluten-free or vegan option.

Paddy Shelley

Uncle John's Gardening Year & Auntie Paddy's Recipe Book

These *Golant Pill* publications are available in the Church, the Boatshed, Walter Baileys at Par (Gardening Book only), or from Mike & Gillie (833897).

£6 each or two for £10 (Mix or Match)

SUBSCRIPTIONS

Have you a friend or relative who would like a regular copy of this newsletter? It costs only £12.50 (£17.50 overseas) to have the six issues per year of *The Golant Pill* sent by post.

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Christmas Meet & Greet

**Sunday December 9th
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*Please bring your choice of
beverage & nibbles
and meet old and new
residents.*

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Please note that the **Copy Date** for the
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Friday 25th January 2019

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the drive to South Torfrey Cottage.



CALENDAR OF VILLAGE EVENTS



DECEMBER

Sunday 9 th	9.15am	Holy Communion	St Sampson's
Sunday 9 th	9:30-11:00am	Christmas Breakfast - Before Meet 'n' Greet	Fisherman's Arms
Sunday 9 th	11.30am	Meet 'n' Greet	Village Hall
Sunday 9 th	12-2:30pm/6-8:00pm	Christmas Roast	Fisherman's Arms
Tuesday 11 th	8:00pm	Euchre	Fisherman's Arms
Wednesday 12 th - Monday 24 th		12 days of Christmas Deals (<i>see enclosed leaflet</i>)	Fisherman's Arms
Saturday 15 th	time TBC	Christmas Generation Game - Teams limited	Fisherman's Arms
Sunday 16 th	4.30pm	A Cornish Christmas	St Sampson's
		<i>Readings from Cornish Authors, Congregational Carols and Handbells</i>	
Tuesday 18 th	8.00pm	Christmas Quiz	Fisherman's Arms
Wednesday 19 th	8.00pm	Carols on the Handbells	Fisherman's Arms
Friday 21 st	9.00pm	Christmas Raffle (<i>Tickets on Sale now</i>)	Fisherman's Arms
Sunday 23 rd		No Church Service	St Sampson's
Sunday 23 rd	8.00pm	Christmas Carols and Sing-Along	Fisherman's Arms
Monday 24 th	6.30pm	Festival of Nine Lessons and Carols	St Sampson's
Monday 24 th	11:30-11.00pm	Christmas Eve - Pub Opening	Fisherman's Arms
Tuesday 25 th	9.15am	Christmas Day Family Communion (Choir)	St Sampson's
Tuesday 25 th	11:30-2.00pm	Christmas Day - Pub Opening	Fisherman's Arms
Wednesday 26 th	12-4.00pm ish	Boxing Day - Pub Opening	Fisherman's Arms
Sunday 30 th	9.15am	Holy Communion	St Sampson's
Monday 31 st	9.00pm	New Year's Eve Bash	Fisherman's Arms

JANUARY 2019

Tuesday 1 st	2.00pm	Wassail around the Village (<i>see page 3</i>)	Church Lay-by
	4.00pm ish (<i>Closes 6pm ish</i>)	Wassail Finale - Hot Pork Rolls	Fisherman's Arms
Friday 4 th	10.00-11.00am	Book Shelf Browse and Buy	Village Hall
Sunday 6 th	9.15am	Holy Communion	St Sampson's
Tuesday 8 th	8.00pm	Euchre	Fisherman's Arms
Sunday 13 th	9.15am	Holy Communion (Choir)	St Sampson's
Sunday 13 th	12-2:30pm/6-8.00pm	Sunday Roast 1	Fisherman's Arms
Tuesday 15 th	8.00pm	Quiz Night	Fisherman's Arms
Sunday 20 th	9:30-11.00am	Breakfast Club	Fisherman's Arms
Sunday 20 th	6.00pm	Evensong	St Sampson's
Tuesday 22 nd	7.15pm	Parish Council Meeting	Village Hall
Tuesday 22 nd	8.00pm	Euchre	Fisherman's Arms
Friday 25 th	7.30pm	CFylm Club	Village Hall
Friday 25th	Copy Date	The Golant Pill	thegolantpill@gmail.com
Sunday 27 th	9.15am	Holy Communion (Choir)	St Sampson's
Sunday 27 th	12:30-2:30pm/6pm-8pm	Sunday Roast 2	Fisherman's Arms
Tuesday 29 th	8:00pm	Quiz Night	Fisherman's Arms

FEBRUARY

Friday 1 st	10.00-11.00am	Book Shelf Browse and Buy	Village Hall
Friday 1 st /Saturday 2 nd	7.30pm	GRADS Golant Revue (<i>See page 7</i>)	Village Hall
Sunday 3 rd	9.15am	Holy Communion	St Sampson's
Sunday 10 th	9.15am	Holy Communion (Choir)	St Sampson's

Fisherman's Arms Deal Alert Coffee and Cake for £5; available Friday, Saturday and Sunday throughout the winter

*If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the Copy Date shown on this page of the newsletter, and we will try to include it.*