

Issue 74 (02/19) April/May

The Golant Pill

taken every two months...

A Taste of Spring



Golant Boat Watch's annual convivial Spring Get Together



700 litres of play bark added to the children's playground



A glorious carpet of primroses & celandines in the churchyard



An early Easter bunny?



Some of the happy band of volunteers planting saplings



Two Golantians enjoying a chat in the spring sunshine!

FROM THE EDITOR

TIME.... I recently came upon this quotation from T. S. Eliot, and it struck a chord in me:

“Time present and time past
Are both perhaps present in time future,
And time future contained in time past.”

Today, as I write this editorial, there is beautiful early spring sunshine. When you read this, it will be well in the past. In fact, all written news, when read, is in the past!

Our bi-monthly newsletter often creates a problem with the timing of reports on village activities, and this issue is no exception, as the forthcoming exciting and lovingly prepared **Golant & the River Exhibition** falls just too late to review here. Ironically, whilst we are looking forward to it, part of their heading is ‘LOOKING BACK’!

I am a very keen amateur genealogist, and have researched my family history in some depth (and still am); that is my personal heritage. About seven years ago, our village Ances-try Group formed the Golant Heritage Group, and in November 2012 we held the first Looking Back Exhibition in the Village Hall, recording the dwellings. Since then, it has been taken over and developed with wonderful enthusiasm, and gone from strength to strength. In 2013, the Group produced the Golant & the Railway Exhibition, followed two years later by the Apple Day, with its embroidered Cider Map, now in the church for all to admire. All three were highly successful. This is our important village heritage.

Local heritage records those ‘ordinary’ folk who have lived in their community, leaving their mark for future generations to absorb. We treasure memories of those more recent late village parishioners, whilst characters from former centuries need to be researched. Our special village of Golant is doing just that, with rich & heart-warming results.

We personally get very irritated by the present-day Celebrity Culture— seen in virtually every TV programme as an alternative to ‘ordinary’ folk. Mind you, what’s new? Turn to page 13, where in my Backalong Gleanings you can read about a famous 19th century Celebrity who, according to a local paper report, pulled in “several thousands of persons” to Golant! One does wonder whether journalism then, as now, was sometimes prone to exaggeration!

So let us embrace the past, enjoy the present as much as we are able, and look forward to the future (Brexit or no Brexit...!)

Gillie Harris

LOOKING BACK 

**Golant & the River
Exhibition**



**Saturday 13th
Sunday 14th
April**

11am – 4pm

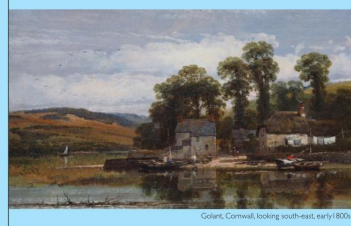
photographs : films : history : embroidery

Golant Village Hall

FREE ENTRY – donations appreciated

*10.30 Sat: Unveiling of wooden montage – CDRC
Refreshments available at Cafe Kayak*

LOOKING BACK
GOLANT & THE RIVER



Golant, Cornwall, looking south-east, early 1800s

A short history of Golant's
association with the
River Fowey

Golant Heritage Group's third publication
will be launched at their forthcoming Exhibition
(see page 3)

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It's here! Our long awaited
LOOKING BACK exhibition



Golant and the River Exhibition

*Photographs, research & film, plus a preview of our
GHG website*

**Saturday 13th and Sunday 14th April,
11am – 4pm
Golant Village Hall**

Also on show -

The beautifully embroidered **textile wall hanging**, lovingly created by Golant Art & Craft Group, under the enthusiastic guidance of Sue Strachan

Footage from a step by step video of the building of the Troy Class boat T22, meticulously filmed by the late Barry Trust, with narration by Peter Williams, the featured apprentice boatbuilder, edited by Ian Laughton

A short film, ***The Troy Race Revival***, created by Shauna Osborne-Dowle of Medial Productions, featuring Ted Luck, Peter Williams and Anita Fuge discussing John (Ike) Fuge's influence on the design of the more recent Troy Class yachts, unique to Fowey Harbour

The launch of our third booklet,
Looking Back 'Golant & the River', which summarises our research for the exhibition. A snip at £3! (See cover illustration on opposite page)

Other Events include:

Saturday 13th April, 10.30am The unveiling of our especially created wooden intarsia/montage on the side of *Castledore Rowing Club*, by club stalwart Alastair Barr. Come and see!

Sunday 14th April, 12-2pm *Fowey River Canoe Club* are offering a two hour taster session. £5 per person, suitable for age 8+
As equipment is limited, you will need to book via their website.

Encounter Cornwall's *Cafe Kayak* will be open during the weekend for drinks and yummy cakes. The two films will also be on show there, in the boat shed where T20 and T22 were actually built!

GHG wishes to say a big THANK YOU to everybody who has helped us with this project.

Penny Parsons

The Cormorant

So... despite all the goings on with the developer's planning application, we are definitely going to be open until the end of September and very likely a fair bit longer!

We have been pouring a lot of love and energy into redoing the restaurant, including revamping the dining room and hanging a beautiful series of paintings by Robin Leonard.

We have a new wine list from Ellis Wharton Wines in Par, with several bottles starting at under £20. Our head chef Dane has created an extraordinary new menu based around the earth oven that we have dug in the garden. All the root vegetables and some interesting fruits are buried in the ground over hot stones and cooked overnight giving a smoky earthy flavour to it all.

We are changing our menu daily with starters such as Mackerel Baked in Wild Garlic Leaves (£7) and Fowey River Mussels (£7), and mains such as Earth Oven (£14) which is a selection of root veg cooked overnight in the ground, or Pork Belly (£16) seared over the wood fire and then slow cooked and served with sweet potato. Desserts range from our home-made Ice Creams and Sorbets such as Rhubarb and Clotted Cream (£5) to the slightly stodgier pud(!) like Chocolate Fondant (£7) and Rhubarb Crumble (£5).



AA ***  **The Cormorant Hotel**
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Everyone welcome

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-to see menus, (or to book online) go to **www.cormoranthotel.co.uk**



We would like to extend a very warm welcome to you and would be delighted to see you for lunch, dinner or just a drink and a bowl of nuts! We have a Village special offer ... free dessert, if you come for lunch or dinner Mon-Thurs in April. Have a drink. Have a nibble... Enjoy the view!
See you soon I hope.

Jez

Charity Abseil

On Saturday 4th May, Ben White (Greg & Penny's son) is abseiling 100ft down the tower of Dorchester Abbey to raise money for charity.

Ben says: "Having married in the Abbey last summer, I'm no stranger to a few nerves in this building, but I'm definitely not looking forward to the initial launch from the top of the tower!

I am doing this to support two charities— Dorchester Abbey & *Style Acre*. The latter is a local charity that supports people with learning difficulties in South Oxfordshire.

If you felt able to sponsor me, I would be very grateful."

Ben's fundraising page is:

<https://mydonate.bt.com/fundraisers/benwhite2>



This Blessed Plot

*This royal throne of Paul King and other Kings, this
scepter'd isle,
This earth of majesty, this seat of Merlot,
This other Eden Project, Doom Bar paradise and
much Prosecco,
This fortress built by Nature for herself
Against infection and the hand of war,
This happy breed of men and women, this little world,
This precious stone, set on The Fowey River near
the silver sea,
Which serves it in the office of a wall,
Or, as a moat defensive to a house,
Against the envy of less happier lands,
This blessed plot, this earth, this realm, this Golant.*

George

(With a little help from another smooth-talking bard.)

Cornish Charms

- No more toothache for a year if a nail is driven into an oak tree or if the first fern to appear in the Spring is bitten from the ground.
- To cure hiccups wet the forefinger of the right hand with spittle and cross the front of the left shoe three times saying the Lord's Prayer backwards.
- To cure rheumatism boil a ha'porth of mustard in a pint of beer. An old lady said she had taken 27 quarts and it had done her a power of good.

Extracted from *Jan Bedella's Fiddle and other Cornish sayings*
by Kathleen Hawke



*I didn't realise that George was so literate! To **ape** Shakespeare takes some skill, even with the help of our Golantian bard. (Guess who that is...?!)*
Ed.

The Golant Village Website

Don't forget that you can access *The Golant Pill* on our village website. It is, quite simply-

golant.net

Click on 'GOLANT PILL' below the lovely photograph of the river, and you can open past editions of our newsletter, saved as PDF files.

Debbie includes those from the past year or so for you to access.

Pill Paparazzi in this issue

RA	Robin Anderson
PE	Peter Edwards
EH	Evette Hall
GH	Gillie Harris
DJ	Dave Jenkinson
JL-E	Jeremy Lloyd-Evans
JT	Jez Tozer
KW-W	Karen Wells-West
PW	Paul Williams

The Golant Pill Committee

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Golant Website	Debbie Pugh-Jones	

07984630662

The committee meets regularly under the terms of the constitution which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

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- Fencing and decking,
- Dry stone walling,
- Turfing,
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- Garden design,
- Garden maintenance.

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Dave Jenkinson on;

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Email cornwall.landscaping@gmail.com

Village Hall Committee

The Village Hall committee has said a fond farewell to two of its stalwarts, Robert Dunley & Sue Reardon, who both decided to step down at the Annual General Meeting.

Chairman Paul Meredith thanked them for all their sterling work over so many years, contributing to the success and development of this vital village facility.

Stepping into their shoes are Louise Jordan, who has kindly agreed to relieve Penny Parsons of her Secretary's duties, Greg White, who will be the Parochial Church Council representative, and David Bonsall— they will all bring a new dynamic to the team.

At the AGM, Paul spoke about the many positive activities which had taken place over the year, but, despite considerable effort, we have still not been able to identify a way of improving disabled access to the hall which would meet Health & Safety requirements, particularly the access onto Water Lane.

However, we are going to go ahead and refurbish the toilets, with the aim of making better use of the space and providing larger cubicles. The rough estimate will be £8k, and we will be busy fundraising so that we can go ahead with these improvements, which will benefit all users of the hall.

The main event will be the Auction of Promises which will be held on the evening of Sunday August 25th; put it in your diaries. We have already had some brilliant offers, including art lessons, website design, boat trips, a swimming party, paella party, afternoon tea, cake baking, gardening, dog boarding, have your family history researched and much, much more. Please email me with your offer— every one will make a difference: debbiepughjones@aol.com

Other events to put in your diary are a special film night on Wednesday July 31st with BBC wildlife photographer Ian McCarthy showing his film *Out on the Edge*, which includes special 'on our doorstep' Otter footage. Our usual film nights will feature *A Star is Born* in April and *Laurel & Hardy* in May.

Looking forward to later in the year, get ready to enjoy our 'soup & cake' lunches, which we are hoping to hold every Monday from the Autumn.

Debbie Pugh-Jones, Village Hall Committee

To book the hall, or for any enquiries,
contact Fayre Hardy, at:

golantvillagehallhire@gmail.com
or tel no 01726 833380

CFylm Club

- Friday 26th April
at 7.30pm

A Star is Born

- Friday 31st May
at 7.30pm

Laurel & Hardy

Advertising Rates

There are three sizes of advertisement available to you in either vertical or horizontal form.

Please note: The size may vary to fit the space available, but will be the same square area as far as possible.

A 65mm x 60mm
@ £40 for six issues

A+B 130mm x 60mm
@ £80 for six issues

A+B+C 195mm x 60mm
@ £120 for six issues

Additional £15 for colour for all sizes.

Preferably, Artwork/Copy should be emailed to
thegolantpill@gmail.com

An invoice will then be sent to you by Karen Wells-West.

Alternatively, send your artwork or copy as required,
together with an appropriate crossed cheque made out to
The Golant Newsletter

to Karen Wells-West, Bloweys, Downs Hill, Golant, PL23 1LJ

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Please visit our freezers by the farmhouse - they will be
signed.
Prices are posted so put money in the box.

**Boxes of fresh meat available
to order twice a year.**

Or phone ahead and we'll find it!

On the right as you go down to Golant

Tel. Bridget or Martin on 01726 833068/ 07854 735205

Golant Summer Produce & Craft Show

Below, you will find the schedule for this year's show, and we hope that you will be inspired to enter in the many categories available.

There are some new classes, & please note that for David Skerrett, 'The Cucumber King', D has been added in Class 1...!

We would like to encourage you all to try and enter something, whether you are a cook, a grower or a craft person, and we would love to see more entries from children & grandchildren.

Note that the limerick this year is: 'In my garden I planted a Fig....'

You can find the full programme & entry forms on the village website – golant.net - and, also, these will be delivered to each house in July.

Janet Gore

Schedule of Classes

1] Classes for Vegetables

- A) 3 Tomatoes
- B) 3 Onions
- C) 4 Potatoes
- D) 2 Cucumbers
- E) 6 Runner Beans
- F) 4 French Beans
- G) Longest Runner Bean
- H) 3 Stalks of different Herbs in a vase
- I) 3 Beetroot
- J) 3 Shallots
- K) 3 Courgettes
- L) 1 plate mixed Vegetables, 4 items - one of each
- M) Heaviest Marrow

2] Class for Fruit

- A) A plate of soft fruit

3] Classes for Flowers

- A) 6 Sweet Pea stems
- B) Vase of mixed Flowers
- C) 3 Dahlia stems
- D) 3 Stems of Fuchsia in a vase
- E) Foliage arrangement (no flowers)
- F) 1 Gladioli spike
- G) 1 Sunflower in a vase
- H) 3 Rose blooms
- I) 1 Potted Cactus or Succulent
- J) 1 Hydrangea Head
- K) 1 Potted Orchid
- L) 3 Pelargoniums, mixed or the same

4] Children's Classes - under 10

- A) Make a Mask using a Paper Plate
- B) Homemade Birthday Card
- C) Painted Plant Pot, max size 1 Litre

5] Children's Classes - 10 to 16

The same as 4]

6] Home-made Jams and Preserves

- A) Jams/Jellies in a clear glass jar
- B) Marmalade in a clear glass jar
- C) Chutney in a clear glass jar
- D) Lemon or Orange Curd in a clear glass jar

7] Cookery

- A) Fruit Flan with a pastry base
- B) 4 Savoury Muffins
- C) Coffee and Walnut Cake
- D) 3 Gingerbread Men

8] Craft Classes

- i)
 - A) A Handcrafted Wooden item
 - B) A Handcrafted Metal Item
 - C) A Handcrafted Leather Item
- ii)
 - A) An item of Needlework, either by hand or machine
 - B) An item of Patchwork, either by hand or machine
 - C) An item of Embroidery, either by hand or machine
 - D) A Knitted or Crocheted item

9] A Piece of Artwork

- A) Any Medium including Photography
- B) Calligraphy: on an A4 sheet write the first verse of Sea Fever by John Masefield
- C) A Greetings Card in any medium

10] Booze

- A) Homemade flavoured Spirit
- B) Homemade Cider/Beer/Wine

11] Limerick

Complete the following –
In my garden I planted a Fig



Definitely Spring!

Despite the previous dire warnings of a 'cold snap' on the horizon, it looks like we are set for one of the warmest Springs on record, with temperatures in parts of the country nearer to our normal summer temperatures! (i.e. not too hot, but pleasantly warm). And this warmer weather certainly heralds more time in the great outdoors, whether on a boat or simply in the garden!

Security Alert:

We have recently had some unwelcome attention paid to various boats in our area, with damage done and petrol cans and fishing tackle taken. So please keep an eye on things and note anything suspicious, or something out of the ordinary.

Spring Get Together:

Last month we hosted our annual dinner in the village hall to celebrate the coming of the new season and the chance to meet up with old friends and new, and the opportunity to win the David Parry raffle! (David provided Boatwatch with a limited edition print for us to raffle as a fundraiser). Sadly, David felt a little under the weather and didn't get down to the village this year, but his picture raised over £250 towards our running costs! Our grateful thanks to him once again.



Another person missing from the evening was Lloyd Paynter, who you will remember was our very own PCSO. Sadly, Lloyd has now retired from the Police on medical grounds, but despite that, he still managed to secure a donation from Julian Foye (£100) and a 'voucher' for our free raffle from Charlie Harris in Tywardreath.

The village hall was packed, the buffet was great (ably provided by Nick at the *Fisberman's Arms*) and the atmosphere convivial. Another great evening was had by all.

And it did occur to me that if you join Boatwatch as a couple and come to the 'members benefit' (Spring Get Together) evening in March and the AGM in November (free pasty and glass of wine), you get back more than the cost of your membership! And that is before getting your 10% discount at the chandlers! So, if you are still not a member.....maybe now is the time to join up! You will be very welcome!

Early Season Reminder:

Don't forget that the Police can only give back stolen good that they recover, if they can identify the original owner! So:

- Take a photograph of your boat, trailer and engine.
- Photograph and note your engine number.
- Apply security markings to loose equipment.
- Try to avoid leaving 'easy pickings!' like petrol cans, lifejackets etc. on your boat.

David Jenkinson
Chairman Golant Boatwatch

If anyone spots a problem on the river, please contact one of the following:

Harbourmaster's Office 01726 832471
(out of office hours transferred to Duty Officer)
David Jenkinson (Boatwatch) 01726 832246

To contact the **Police**, please take note of the new number **101** which you should use in a **non-emergency** situation.

In an **emergency**, or if you think a crime might be in progress or pending, dial **999** for **Police** and **Coastguard**. You can say "reference Operation Kraken" if the incident is concerned with maritime crime or terrorism.

The **Plymouth UK Border Force** is 01752 689 200.

Dates Well in Advance for your Diary!

- **Golant Carnival** 10th August
- **Madness in the Pill** 18th August

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Fowey Mission to Seafarers

My name is Evette Hall (Eve). I recently gave a talk to Golant Boat Watch about my role as Welfare Officer at Fowey Docks.

On all the visiting Clay ships to Fowey comes a crew, possibly something we take for granted, because we know these ships don't arrive by themselves. A lot of the crew in the lower ranks are from the Philippines or the developing countries, as they are far cheaper to employ. They leave their families behind knowing that they will not see them for probably nine months. This is usually the minimum length contract that they sign up to. When they dock at Fowey, given their first opportunity they head straight to the Mission. They know there is free access to the wifi, and they can speak to their families via Skype. They also know that worldwide, the ***Mission to Seafarers*** offers a safe and warm environment. It can be a big distraction to them visiting a centre— free wifi, leisure activities, a Chapel and usually a free clothes bank.

Recently, I was contacted by Robert & Janet Gore from Golant Boat Watch. They had a large amount of clothes to donate for our visiting seafarers. I arranged to make the collection. Amongst the donation was a nearly new pair of waders. What an ideal bit of kit – Robert knew exactly how beneficial these would prove. I couldn't thank Robert & Janet enough on behalf of the ***Seafarers***.

The first ship that came in, after speaking to their families, headed to the clothes bank. It was only minutes before Von, a Philippino, emerged from behind the clothes stand, wearing the waders— boy, was he happy! They had a huge task ahead of them cleaning their hold. The previous cargo had taken its toll on it, and needed serious cleaning before any of the high grade clay could be put in. This photo



shows Von modelling his newly acquired waders; his face says it all!

The other photo shows the hold that needed power washing before painting; a very wet job, as you can see how deep it is.

I have learned over my short time working at the mission, that things we may recycle can be of great value to others. The list is endless, but if you would like to help a local cause and support ***Seafarers***, these are the types of things

we would love to receive: **coats, tee shirts, trousers, shorts, warm socks, bath mats, towels, single duvet covers, toiletries, slippers, crocs and wellies (especially waders)**. I am always happy to collect, and villagers can also drop anything off to Robert & Janet Gore. We have a small bank of volunteers at the Mission, who help to support our visitors. If you would like any more information, please contact me:

Evette.hall@mtsmail.org or mobile: 07854 102745

A Big Thank You

I would just like to say a BIG THANK YOU to Golant Quay Users and everyone who turned up to plant the saplings at the far end of the Pill in early March. I am always amazed at the generosity of people in the village who donate their free time to make projects like this happen so easily.



Not only did we plant almost 200 saplings, but we also had a massive tidy up of the Pill, discovered an old Cornish wall and rediscovered a waterfall. Yes – Golant has its very own waterfall!

I have been advised by the *Woodland Trust*, who donated the trees, that they won't need watering, and in 2-3 years the local wildlife will be harvesting the berries and cherries with enough left over to make elderflower fizz, sloe gin, rose hip syrup & crab apple jelly – for the village show, perhaps? In 7 years, we will have hazel sticks for award-winning sweet peas as well.

If you enjoyed the afternoon and would like to help again, I am hoping to get another working party together sometime in May, to work on the waterfall and under-plant some tree mallow, yellow flag irises, kidney vetch & sea campion to give a little summer colour.

As you have guessed, this is just the beginning of a wonderful long-term village project. If anyone has some inspirational ideas, please do share them with me. We love our village and want to show it off to its best!

Thank you again.

Liz Anderson



The keen volunteers enjoying a well-earned companionable rest



'Be Prepared' for the boating season

Despite what seems to have been a very blustery March, the boating season is fast approaching. Our moorings team have been busy completing mooring maintenance and getting the pontoons ready for Easter.

After the cold and dark of winter, we are always keen to get our boats back on the water, but please take some time to prepare your boat and check your kit which has probably been safely stored away since the autumn.

Regular servicing of safety kit such as lifejackets and liferafts is essential.

Our team of engineers at *Mixton Marine* are on hand to carry out maintenance to your boats and engines, and you'll find all you need in our well-stocked chandlery.

Follow these tips to help keep you safe on the water:

- check the weather forecast before embarking on any sea related activities
- check the tide-times of high and low water
- plan your activity and keep within your ability and experience
- ensure you have suitable safety equipment and/or personal protective equipment for your chosen activity (life jackets, flares, life raft, wetsuit, sunglasses, first aid kit, VHF radio, navigational aids)
- wear suitable clothing (have warm clothing and waterproofs to hand, the weather at sea can change quickly)
- tell someone your destination (advise family or friends of what you plan to do, where you are departing from, travelling to, number of persons and expected time of arrival)
- log a traffic report with the local Coastguard
- check your equipment to ensure it is in good working order (service the engine, check the expiry date of your flares)
- ensure all crew members and/or people in the group are aware of safety procedures and know what to do in an emergency

We look forward to seeing you out on the water and wish you an enjoyable and safe boating season

Fowey Harbour Commissioners
01726 832471 www.foweyharbour.co.uk

Friends of the Fowey Estuary

The Friends of the Fowey Estuary have a varied annual events programme, from guided walks and talks to practical conservation; there really is something for everyone.

Take a look at our website

www.friendsofthefowey.org.uk

or join us on Facebook

Forthcoming Events

BABY LOBSTER RELEASE with National Lobster Hatchery

Date: Friday 12th April

Time: 2.00pm – 4.00pm

Meet: Readymoney Beach SX117512

Note: All children must be accompanied by an adult.
Wear sensible footwear

FOWEY HERITAGE WALK - joint event with Looe Marine Conservation Group

Led by Lynn Goold

Date: Saturday 27th April

Time: 2.00pm – 4.00pm

Meet: Fowey Town Quay

Booking Essential – Margaret
07773 456951

TALK – SEPTIMUS – SOME SEAL!

By Rob Wells & Sue Sayer

Date: Wednesday 15th May

Time: 7.30pm

Meet: Trenyhton Manor Hotel

A Message from the *Fisherman's Arms*

Thanks for the support

We just want to thank all our locals for their continued support through the winter months.

Winter is often a difficult time for pubs in this area, as we do not have as many tourists bumping up the numbers; it is because of your continued support of our functions and daily operations that helps keep this pub running.

We would especially like to thank you all for supporting the events, such as the Roasts, Breakfast Clubs, Quizzes and Christmas events, which make putting on all these worthwhile.

During the summer we struggle to put on these events, as we get so busy, but please look forward to next winter, when we put our events on again. If anyone would like to discuss future event ideas with us, please don't hesitate to contact us.

Thanks again, and see you in the Beer Garden for a Beer or two.

Nick, Ann, Chris and The Fisherman's Team



On February 16th, as part of 'Love your Beach' day, we were able to unveil a **Friends of the Fowey** sign that has been masterminded by Claire Hoddinott. It is part educational to show the typical inhabitants to be found in the local rock-pools, and informative about the Friends of the Fowey Estuary. It also has an inscription in memory of Malcolm Campbell, our Treasurer of 13 years.



This attractive sign has a wealth of information about Readymoney Cove, as well as that of our local group.



Friends of Fowey Estuary install the new sign at Readymoney Cove. Photo: Paul Williams (*St Austell Voice*)

We held our AGM at *Trennythor Manor* on 26th March, and all the committee members were re-elected, and accounts adopted. We got through the business of the AGM as quickly as we could so that the evening's speaker, Ian McCarthy, could show his award-winning film *Wild Cornwall – Out on the Edge*, to what must have been our largest audience. Little wonder that the film is award winning; it covered Ian's love of all things wild in Cornwall from Choughs, Peregrines, Kingfishers, Otters, Bats and underwater footage of the big fish off the coast, as well as mackerel hunting whitebait in the Fowey. He went on to show us trailcam footage of Otters that he has captured in the Fowey Estuary. A truly magnificent film and evening.

Our year starts again with a varied programme of events, starting with a Baby Lobster release at Readymoney Beach on Friday 12th April between 2.00 and 4.00pm. The following event is a Fowey Heritage Walk led by Lynn Goold, in conjunction with *Looe Marine Conservation Group* on Saturday 27th April between 2.00pm and 4.00pm. Booking is essential on this event, contact Margaret on 07773 456951. Our first talk will be at *Trennythor Manor* at 7.30pm on 'Septimus – some Seal' by Sue Sayer and Rob Wells from the *Cornwall Seal Group*. Full details are in the box opposite.

If you haven't renewed your membership or want to join, please do so as soon as possible to take advantage of the notifications of all the forthcoming events. www.friendsofthefowey.org.uk

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Tales from the Riverbank

We are quite grateful that Easter this year is a late date, as our trips have been hampered by very strong winds throughout most of March.

This also unfortunately put paid to our planned River Clean up – not once, but twice. Both arranged dates with *Phymouth Uni* students and local volunteers had to be cancelled as we were forecast 50 knot winds – not pleasant or safe!

Not to be deterred, I have come up with an alternative that we hope will work all through the year. We will still aim to have an end of season group clean up in Oct/Nov, but meanwhile we will put a container on the Boatshed fence holding some 'clean up' kits. These will consist of a small biodegradable bin bag, a pair of biodegradable gloves and a two part voucher. Any hirer or individual private kayaker can take one with them, fill it up and return it to the Boatshed. Put the numbered part of the voucher on the bag, and fill in and keep the address part. You can then hand the voucher to either *Café Kayak* - when we are open, or Nick at the *Fisherman's Arms*, and receive a free coffee, tea or hot chocolate. If you visit *Café Kayak* you can use the voucher against any item of food or drink. So we hope this solution will benefit the river environment and you for helping to keep it clean!

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---	--

Serena the seal is still about on the river – this will be her 4th year, and she will be around 6 years old now. We don't see her every trip, but others do see her far upstream, and post on social media so we can keep an eye on her that way too!

Easter Fun Day

Don't forget our usual fun events on Easter Day afternoon by the pub - Bonnets, egg rolling & throwing & decorated eggs. Plus a BBQ!



I went to Friends of the Fowey Estuary's AGM and saw for the first time Ian McCarthy's extraordinary film about his wildlife life in Cornwall. As you would expect from a leading expert wildlife cameraman, the images were exquisite, but it was his desire to know his patch more intimately that struck a chord – it's also our wish to be able to do that, and share it with others. His film followed a pair of Kingfishers nesting – the first time I have seen Kingfisher chicks – all grey and buff coloured! Many people have asked us about chicks, but we have never seen them – by the time they emerge they have their bright, recognisable colours, although slightly dull at first, compared to the adults.



Hopefully, from the next issue our new project 'The Sanctuary Cornwall' will be up and running (fingers crossed!), and I will change this article slightly to share all wildlife musings – on land and water – Nature Notes!

PS- *Café Kayak* will be open on 13th/14th April 10am- 4pm, to celebrate Golant Heritage Group's celebration of the river, and we will also be showing two short films all day in the Boatshed.

Karen Wells-West

Cornish Dialect Words for Fish

Ellick	Gurnard
Tin Sack	Hake
Jacky Ralph	Wrasse
Long Nose	Sea Pike
Mimsy	Minnow (mid-Cornwall)
Angel Main	Monk Fish
Pilchie, Pilchur	Pilchard

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Golant Gleanings

CABARET

I've been asked to write about our recent success in cabaret with *Lostwithiel* YFC, and my dad Martin as joint director. I expect that many of you will not know what cabaret is. In short, its like the Golant Review... just more organised (not that that's hard). There's a lot of dancing (although not as good as some certain old ladies from the village), singing, comedy and, with exclusively agricultural people between the ages 11 and 26, a lot of messing around.

The rounds started within Cornwall, with each club performing one, two or maybe three different 3-minute-long cabaret acts in their heat, or in *Lostwithiel*'s case, seven. So, in mid-January, after 4 months of hard work, we travelled all the way down to St Ives and managed to drag six of our seven acts into the final - from tourists navigating Cornish lanes to stomping around in a mine. Many of our acts may sound familiar, with Golant's very own cinema sketch and a cow version of the *Two Ronnies* class act performed all the way back in 2017. From these, we managed to scrape first, second and third place in the Cornwall rounds, with these acts making it into the Cornwall team!

This is where the fun begins, with Mike, our Martin/Penny hybrid, having to mould ten acts from seven different clubs into one half hour production. I was both a stomping miner and a hungry seagull, furthering my professional experience of acting as a bird. With 3+ practices a week, it was quite a commitment, but it gradually came together until our first test up in Weymouth, in which we competed against Devon and Gloucestershire in the south-west area quarter final, where we won, much to our surprise. We then moved on to Cheltenham a fortnight later for the southern round. In this, despite coming second, we still earned a spot in May's national final! So wish us luck!

Abi Whbell

We certainly will, Abi... It's great to hear of your success thus far. Ed.

BACKALONG

The following extract is taken from former Golantian John Fenwick's excellent little book *The Parish of St Sampson*. It describes a very important visitor to our village 155 years ago this month! *Penquite House*, (later to become the Youth Hostel, and now a private dwelling) was the home of a Colonel Peard. He was a close friend of the famous Italian, Garibaldi, who visited Peard at *Penquite* in 1864; this was reported by the *West Briton* on 29th April:-

Garibaldi in Cornwall

Soon after nine o'clock on Tuesday morning the domain of *Penquite* became the focus of attraction to persons anxious to see Garibaldi. They came flocking towards it from all directions and in all sorts of vehicles; and not only the villages immediately contiguous, but some of the adjoining towns contributed larger numbers of their inhabitants. At St Austell most of the shops were shut and a holiday kept, so that in the latter part of the afternoon probably several thousands of persons were congregated at *Penquite* and its immediate vicinity.

General Garibaldi, being much fatigued by his journey, did not rise until after eleven o'clock a.m..... The General, however, took the earliest opportunity of satisfying the public wishes and drove out shortly before one o'clock in a landau, accompanied by Col. and Mrs Peard....

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FACEBOOK

Our team members Robin Anderson & Penny Parsons produce a Facebook page for *The Golant Pill*.

Do check it out. It is designed mainly to promote village activities, including those published within our Calendar of Events page.

The immediacy of Facebook is such that Robin & Penny are able to add reports of such events as soon as they have happened.

ST SAMPSON PARISH COUNCIL

February 2019 – March 2019

Spring is in the air and the parish has come through the winter without the snows of last year and with only a few icy days to challenge us. Winter ailments and contagions have been relatively few and mild, thankfully, and hopefully those nasty lingering coughs will be banished *dreckly*. Councillors have engaged with residents and *Cornwall Council* to help keep the place in good order over the winter months and we are in good shape. It is, however, undoubtedly the overall contribution of public-spirited individuals and all our local groups working together that make this such a great place, come rain, hail or shine. So a big “thank you” from councillors for the care, energy and enthusiasm expended by those who have kept an eye on their neighbours by popping in for a supportive chat over a cuppa, or provided lifts to medical appointments and so on. We are very fortunate to have some great team players - the Village Hall Committee, Golant Really Amateur Dramatic Society, the Heritage Group, St Sampson’s Church, the bell ringers and choir, our Rowing and Canoe Clubs, Quay Users Association, Boatwatch and the hard working teams who cater for visitors and residents alike at *The Cormorant Hotel* and *The Fisherman’s Arms*. That sense of community spirit is our greatest asset and it should be guarded and cherished as I and previous Chairs of your Parish Council have attempted to do.

We have had a relatively quiet period as regards Planning Applications. We supported plans for re-development on *Downs Hill* which have subsequently been approved by the Local Planning Authority, and we supported plans relating to the land south east of *Riverside* near Golant village green, which is awaiting a decision. Although we approved an application relating to proposed development at *Camellia Cottage*, the plan was opposed by the conservation officer on grounds that it was thought likely to have a harmful impact on the setting of the adjacent Grade 2 listed former chapel nearby. The proposal has been withdrawn. We are awaiting a deferred decision regarding proposed development of *The Cormorant Hotel* site – this should be available on 29 March 2019.

One or two potentially contentious issues have arisen in recent months, and your councillors would appreciate feedback to inform a Parish Council position. Some residents are in favour of a reduction in levels of overnight street lighting in Golant. The street lights are supposed to automatically dim to 75% output from 2200hrs to dawn, consistent with the county council’s “Dark Skies” policy. We have sought clarification from *Cornwall Council* - does this dimming actually take place and if it does, would it be technically possible to further lower the output, yet still remain consistent with obligations to help ensure public safety. We await advice on this and have not yet reached a decision, so please speak to a councillor or contact the clerk with your views. We also received some complaints about a new street sign in *Downs Hill*. The Parish Council was not involved in this particular decision, and the general position remains that Golant village does not have or need street name signs. Your views also welcome on that, of course.

I am pleased to report that councillors agreed to make a financial contribution of £1400 from our funds towards the cost of the new steps and lighting at the war memorial entrance to the churchyard and I note that the Golant Pill editorial committee have also made a substantial contribution to this project – an eminently worthwhile improvement to a parish asset which will stand the test of time as something of lasting benefit for this and future generations.

As regards progress on our draft Neighbourhood Development Plan, some councillors and members of the steering group met recently to try to push this forward. Although we have a large body of expressed public preferences on development issues obtained through our questionnaires and public feedback, there has for some time been a loss of consensus on this project, so the way ahead is uncertain.

This is my last epistle to parishioners as after more than three years on your parish council team I have decided to step down – high time to let someone else enjoy all the fun. I thoroughly commend this important public duty and it has been a privilege to have been chair. Andrew van den Broek, our Vice Chair, will lead the April meeting and I trust that a new volunteer will step up to the vacancy on the council which will shortly be advertised. Please speak to any of the councillors or contact our clerk for further information.

Minutes of meetings are on our Parish Council website
<http://www.stsampsonparishcouncil.org.uk/>

Our Parish Clerk Sue Blaxley can be contacted on
stsampsonpc@gmail.com for any further information or to raise issues of concern.

The next meeting will be on **Tuesday 23 April 2019**, commencing at 7:15pm in Golant Village Hall. **All are welcome.**

Robin Anderson, Chair

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News from St Sampson's Church

Thank you:

The steps down to the village graveyard and church are now complete, and the improvement is clear to all. Many thanks indeed to the Parish Council, who at their last meeting agreed to give £1,400 towards the cost of this work, and to this magazine, *The Golant Pill*, for giving a further £600. We are extremely grateful for both of these generous donations, and the improvements to the steps will be a huge help to so many people over the coming years.



Thanks also to Ian and Sarah Laughton, who put their book-binding skills to good use by re-binding the Church Lectionary. This is a large book that contains the set readings for each Sunday of the church year. The lectionary was not in good shape when we handed it over to them, but it is now back to its best. As they would not accept any money for their efforts, we have made a donation to *Shelterbox*, whose services are sorely needed after the recent catastrophic floods.

Thanks also to the St Mewan Sinfonia, whom we were delighted to host in early March, and a full report on their excellent concert is printed opposite. The weather was not good that evening, so we were very grateful to the goodly number who braved the cold and wet.

We have new bell ropes! Some of the old ropes were beginning to suffer from rot, and the fellets were becoming very worn, so Mendip Ropes in the middle of the Somerset levels have made us five new ropes. The top ropes are made of dyneema, a synthetic material used widely on yacht rigging and which is strong and long-lasting, while the bottom ropes are of traditional hemp. The fellets are new, and made in traditional Cornish colours.

On the subject of colours, do come and look at the village graveyard. If the recent good weather has failed to convince you that spring has come, then the primroses in the churchyard should do the trick.

Mothering Sunday:

This year, the service on Mothering Sunday was deliberately different, with a more modern liturgy and plenty of congregational responses. Flowers were presented in memory of loved-ones, and the anthem, John Rutter's *Gaelic Blessing*, was greatly appreciated.

Dates Ahead:

Obviously, this season of Lent is leading up to Easter, and this year, on **Thursday 18th April – Maundy Thursday** - there will be a service of **Holy Communion** at **6.30pm**. This will be based around readings from George Herbert's powerful poem, *The Sacrifice*, and, among other musical items, there will be excerpts from Stainer's *Crucifixion*, and several congregational hymns.

Then, on **Easter Sunday, at 9.15am**, there will be the Easter Day service, which is the climax of the Church Year, and always full of uplifting hymns and other music – even including a handbell introit! Do come and join us.

Simon Funnell

St Mewan Sinfonia Concert

The concert held at St Sampson's Church on Saturday 9th March with the **St Mewan String Sinfonia** was held in high esteem by over fifty enthusiasts, mainly from the village, to this classical format. For such concerts to be held in the village can only show how important the Church is to our community.

The success of the evening gave this delightful group a welcome boost to their funds, enabling them to continue to bring their music to a wider community.

The evening was opened by Nigel Wicken conducting *Suite in G minor*, a piece attributed to Bach, but was more likely to have been written by his students! *Concerto in A major for Two Violins* by Vivaldi was well led by Martin White, and the interval was reached with *Overture Entrée les Sauvages* from *Les Indes Galantes*.

Continuing with the basis of dance, *Capriol Suite* was based on 16th century French dance music of all genres. The tone changed with two pieces from the original screenplay of *Henry V*, scored for strings alone. Moving to a more modern era, a piece written by Peter Maxwell Davies in protest against mining on the Orkneys in the 1970s was followed by *Pantomime*, a reconstruction of famous film scores from *Goodbye Mr Chips*, *Warsaw Concerto*, *Thirty Nine Steps* and more.

And so a highly successful evening came to a close.

Robert Dunley



Church Flower and Cleaning Rota

14th & 21st April	Penny & Viviane
28th April & 5th May	Jacky & Sheila
12th & 19th May	Vilma & Paddy
26th May & 2nd June	Sue S & Sue T
9th & 16th June	Valerie & Carol

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UNCLE JOHN'S GARDEN PATCH

It d'seem a brave while ago now that we d've all that handsome weather way back in February when we was thoroughly spoilt, and now everything that have either sprouted or poked its haid up through the ground must be wondering just what's gwain on! We d've a brave show of all the spring bulbs and now 'tis the turn of the trees and shrubs to shine. But Mother Nature be gwain to have her say on just what goes on, and I s'pose 'tis her show when all's said and done.

Just so long as she doan't cast her mind back to that beastly weather we d've the end of March last year; we can do well without that repeating itself!

As it warms up we shall see those blimmers the slugs and snails get going, and 'tis a shame that there baint many hedgyboards around to deal with these pests, so just be a bit careful as to where you aive out they pellets! Another of they pests that will soon be active be they there aphids, and they will quickly find any young tender growth as it emerges, especially in the greenhouse. For those of you who d'have your seed teddies set up, just check the cheens over. Talking of seed teddies, I s'pect some of you will have got your first earlies in the ground by now and you'm hoping that there baint any frost if they'm showing above ground. Keep the fleece handyby ready.

When the daffodils and tulips 'ev finished flowering make certain sure to deadhead them, but leave the leaves for at least 6-8 weeks before you scat them off; that should give time for the bulbs to bulk up for next year, and hopefully give a handsome show again next year. And whilst you'm out poking around in the beds, pull up any weeds you can see, for 'tis better to keep on top of these blimmers rather than let them go to seed. Remember, one yer's seed leads to seven yer's weed !

As the ground warms up and becomes workable, some seeds can be sown outdoors, and the likes of broad bean, beetroot, parsnip and onion sets are all quite tolerant of early sowings.

'Tis getting plenty late enough to think about planting any fruit trees now, so t'would be better to leave it go until the autumn, when they d'have the soil proper warmed up after the summer and they'm more likely to have Mother Nature take care of the watering.

'Tis time to think about planting up they containers and baskets, ready for a brave show dreckly. Remember to cram the plants in tightly together- they'll soon spread out and spill over the edges of whatever they'm sitting in. Keep them in the greenhouse yet awhile, until it warms up, and keep a plentiful amount of air circulating to stop things getting merthery if'n 'tis kept sadgy. If'n you have plants in pots from last year, and you want to leave them in that pot, then just scrape off the top 1 or 2 ins of old compost, and top up with new.

'Tis time to think about dragging the old mower out from the linney and running over the lawns, but lift the mower blades up a bit to just take off the tops of the grass. Cut it too short and 'twill take a brave while to green over again, and doan't ee walk over the lawn if 'tis frosty, for every foot-print will show up and be visible for weeks.

The one thing you must have with gardening is patience, but come May month, 'tis a bit of a shaker to realise that 'tis a bit of a shaker to realise that 'tis only about 7 or 8 weeks to the longest day, but there 'tis, and there's nort we can do about it.

Nort

Auntie Paddy's Recipe Corner

Well, let's hope that winter is now over and we have good weather to look forward to. So, here's a dessert for a warm(?) Easter. If you are serving this for children, omit the gin and add extra lemonade.

Lemon Mousse with Gin & Lemon Jelly (serves 6)

For the Jelly

5 leaves of Leaf Gelatine 100ml Gin
500ml Lemonade (NOT diet lemonade; it won't set)

For the Mousse

3 leaves of Leaf Gelatine 140ml Lemon Juice
3 large Eggs, separated 150g Caster Sugar
Zest of 3 Lemons (finely grated) 150ml Double Cream
Mint leaves to decorate (optional)

1. Lay the 5 gelatine leaves in a shallow dish. Cover with cold water and leave to soak for 5 minutes. Discard the water and gently squeeze the gelatine to remove excess moisture.
2. Heat 150 ml of the lemonade until hot but not boiling. Remove from the heat, add the gelatine and stir until dissolved.
3. Put the gin & the rest of the lemonade in a jug. Add the gelatine mixture and stir. Divide between 6 glasses and chill until set.
4. Soak the 3 gelatine leaves as before, squeezing out the excess water. Put the gelatine in a small pan with half the lemon juice, and heat gently until dissolved. This can be done, carefully, in a microwave.
5. Put the egg yolks, remaining lemon juice & 100g sugar in a bowl and stand over a pan of simmering water (not touching). Whisk with an electric hand mix until thick. Remove from the pan and continue whisking until slightly warm.
6. Whisk in the dissolved gelatine and most of the lemon zest, reserving some for decoration.
7. Wash the whisk beaters well, then whisk the egg whites until stiff. Add the remaining 50g sugar and whisk again.
8. In another bowl, whip the cream until thickened, but slightly soft. Gently fold the cream into the lemon mixture, then fold in the egg whites.
9. Divide between the glasses and chill until set. Decorate with the rest of the lemon zest and the mint leaves.

Paddy Shelley

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CALENDAR OF VILLAGE EVENTS

APRIL

Friday 5 th	10.00-11.00am	Book Shelf Browse and Buy	Village Hall
Sunday 7 th	9.30-11.00am	Breakfast Club	Fisherman's Arms
Sunday 7 th	9.15am	Holy Communion	St Sampson's
Monday 8 th	12.00-3pm/5.30-11pm	Monday opening returns	Fisherman's Arms
Tuesday 9 th	2.00pm	GHG Meeting	Village Hall
Tuesday 9 th	7.30pm	Boat Watch Meeting	Village Hall
Tuesday 9 th	8.00pm	Quiz Night	Fisherman's Arms
Saturday 13 th	12:00-6:00pm	No Food Lunchtime due to Private Function	Fisherman's Arms
Sat/Sunday 13 th /14 th	11.00am - 4.00pm	Golant and the River Exhibition (GHG)	Village Hall
Sunday 14 th	9.15am	Holy Communion (Choir)	St Sampson's
		<i>Palm Sunday</i>	
Tuesday 16 th	8.00pm	Euchre	Fisherman's Arms
Thursday 18 th	6.30pm	Readings and Holy Communion (Choir)	St Sampson's
		<i>Maundy Thursday</i>	
Sunday 21 st	9.15am	Easter Day Communion (Choir)	St Sampson's
Sunday 21 st	2.00pm (ish)	Easter Fun Day with a BBQ (<i>see p12</i>)	Fisherman's Arms
Tuesday 23 rd	7.15pm	Parish Council Meeting	Village Hall
Tuesday 23 rd	8.00pm	Quiz Night	Fisherman's Arms
Friday 26 th	7.30pm	CFylm Club - <i>A Star is Born</i>	Village Hall
Sunday 28 th	9.15am	Holy Communion	St Sampson's
Tuesday 30 th	8.00pm	Euchre	Fisherman's Arms

MAY

Friday 3 rd	10.00-11.00am	Book Shelf Browse and Buy	Village Hall
Sunday 5 th	9.15am	Holy Communion	St Sampson's
Tuesday 7 th	8.00pm	Quiz Night	Fisherman's Arms
Sunday 12 th	9.15am	Holy Communion	St Sampson's
Tuesday 14 th	2.00pm	GHG Meeting	Village Hall
Tuesday 14 th	7.30pm	Boat Watch Meeting	Village Hall
Tuesday 14 th	8.00pm	Euchre	Fisherman's Arms
Sunday 19 th - 25 th	Sandwich Week - Special	Sandwich Menu - Lunchtimes only	Fisherman's Arms
Sunday 19 th	6.00pm	Evensong	St Sampson's
Tuesday 21 st	8.00pm	Quiz Night	Fisherman's Arms
Friday 24 th - Monday 27 th		Beer Festival	Fisherman's Arms
Friday 24 th	9.00pm	BBQ Night with Live Music <i>Lost In Space</i>	Fisherman's Arms
Sunday 26 th	9.15am	Holy Communion (Choir)	St Sampson's
Tuesday 28 th	7.15pm	Parish Council Meeting	Village Hall
Tuesday 28 th	8.00pm	Euchre	Fisherman's Arms
Thursday 30th	Copy Date	<i>The Golant Pill</i>	<i>thegolantpill@gmail.com</i>
Friday 31 st	7.30pm	CFylm Club - <i>Stan & Ollie</i>	Village Hall

JUNE

Sunday 2 nd	9.15am	Holy Communion	St Sampson's
Friday 7 th	10.00-11.00am	Book Shelf Bring and Browse	Village Hall
Sunday 9 th	9.15am	Holy Communion (Choir)	St Sampson's
		<i>Whit Sunday</i>	
Tuesday 11 th	7.30pm	Boat Watch Meeting	Village Hall

*If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the Copy Date shown on this page of the newsletter, and we will try to include it.*