



Hail & Farewell



On a blustery Sunday at the very end of September we were delighted to welcome the Bishop of Truro, the Right Reverend Philip Mounstephen, who had agreed to preside at the Reverend Philip de Grey-Warter's last service as priest in charge of St Sampson's.

In an excellent sermon, the Bishop drew our attention to St Paul's words, that 'In all things God works for the good of those who love him and have been called according to his purposes.' He paid tribute to Philip's courage in moving from the Church of England, but reminded the congregation that what unites us is far greater than what divides us, and that even this parting of the ways may be part of God's greater plan. He concluded by assuring us that the church will do everything it can to support continuing worship at St Sampson's.

In a service of not one but two sermons, Philip de Grey-Warter then warned us that Christian ministry is like going to war, and that our duty is to pass on the Christian message, which requires resilience and

strength. It had been, he said, a privilege to serve the community of Golant over the past seventeen years.

The Bishop presided at Holy Communion, during which the choir excelled in singing *The Lord's My Shepherd* by Howard Goodall.

Robert Dunley, on behalf of all who have worshipped at St Sampson's, then presented Philip de Grey-Warter with a silver bottle coaster, suitably inscribed, and an excellent bottle of claret. (See page 15 for a photograph).

After the service Bishop Philip, accompanied by his wife, Ruth, spent as much time as possible meeting the very large congregation that had come to welcome them and say farewell to Philip.

Later in the day the Bishop and his wife lunched with the Parochial Church Council. His understanding, support, sense of humour and warmth throughout his time with us were very greatly appreciated.

Simon Funnell

FROM THE EDITOR

WOW!! What an action-packed end of summer issue- full of fun, colour, happiness, celebrations and also new beginnings (Pastures New)...

Not only do we have two Bishops for the price of one (*cover* & *p3*) but also two Bards (*p3* & *p12*) who all feature in articles in this issue, with a distinct Cornish flavour! When Mike was a chorister in Truro Cathedral, he knew Bishop Hunkin, who features within the Golant Heritage Group article on our next page, and has many interesting anecdotes about him, which may appear in a future copy!

Two emails came to the *Golant Pill* address recently. The first was from Allison Worth, who is the Communities Support Assistant for the local *Community Network Panel*, wishing to advertise in local parish magazines (*p13*). The second was from Trevor Hunwicks, who has recently taken over responsibility for the *Fowey Harbour Heritage Society's* PR. As our Sue Reardon is presenting a talk to them in November on the discoveries about Golant by the Heritage Group, he asked if we could place their programme in our newsletter. As we are so closely linked by our lovely River, why not?! (*p 11*)

I make no apologies that once again, there are two personally observed Nature Notes from your Editor, along with further Animal Adjectives (*below*) which you may need to refer to when reading these (*opposite*). I clearly recall an English teacher who said it was good to try and learn a new word every day – I certainly knew only a few of these adjectives, but the unknown 'murine' & 'accipitrine' are now firmly lodged in my vocabulary...!

Now in our thirteenth year, we have, in every issue since the second one, kept the black & white Gleanings page. The reason we have four non-colour pages in every issue is because we have to stick to a strict format for the printer, who charges a different cost per page, depending on whether it is the more expensive colour or black & white. Thus we can limit and maintain our costs!

However, things change, and most of our personal news, such as Penny's birthday (*p 10*), and John Jenkin's presentation (*p 12*) is much enhanced by adding colour photos, especially as Robin, our ubiquitous Pill Paparazzi member, provides me with such great pictures - so such articles now tend to be scattered throughout the newsletter. I will endeavour to keep the Gleanings page, sometimes bolstered with Back-along Golant items, but it is becoming less filled. However, it's always good to receive shorter news items in this format, so please do send them to us for readers to share.

Gillie Harris

More Editor's Nature Notes

Murine Mystery!

Mike recently went out in our garden to pick shoes wearing these trusty old shoes kept in the porch, but when he returned and took them off, found this mouse (flattened but clean!), that had been acting as a cushioned insole!!

It's a mystery to him that he was completely unaware of this murine guest, which presumably was a present from our cat Tosca..!



Gillie Harris

Accipitrine Customer



I took this photo through our kitchen window. The visitor sat there on the bird seed container for about 15 minutes, awaiting a snack! Just as I turned away, he flew off, perhaps with a take-away meal in his talons... ?!

Was this bird of prey a Sparrowhawk or a young Buzzard? I think it was the former.

Gillie Harris

ANIMAL ADJECTIVES

Accipitrine	Bird of Prey
Asinine	Ass
Bovine	Ox
Chelonian	Tortoise
Cygnean	Swan
Formicine	Ant
Murine	Mouse
Piscine	Fish
Vaccine	Cow
Vespine	Wasp
Vulpine	Fox

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During the summer, I received a fascinating email from Helen Powlesland, who now lives in Dorset, but has strong family connections with Cornwall. Amongst some old family papers, she had come across a cutting from the *Times* of a letter written by Cornish Bard **Arthur Quiller-Couch** (and dated August 22nd - year unknown) regarding the historic significance of **St Sampson's Church** and its desperate need of restoration. The letter outlines the story of St Sampson and the church's earlier links with King Mark, Castledore and the love story of Tristan and Iseult. The final paragraph reads:

'The chapelry magnified by Beroul would in the sixth century have been a structure of wood. But in some form it continued until 1509 replaced by a parish church at the expense of St Katherine's and other guilds, whose benefactions a broken line of carvings under the wagon roof still commemorates. The beams of this roof have been eaten through by the beetle; the south wall bulges; the tower was so crazy that it had to be reinforced, releaded, and the bells taken down to be rebung after repair. This much has been done. But the whole fabric inside and out needs reconditioning, even to the Saint's Well by the porch – all this at an estimated cost of £1500 of which £400 has been collected. There is a promise of another £100 from ecclesiastical funds. The population numbers but 270, is rural, and is therefore not affluent. Will any of your readers help to rescue this local habitation of a story which has so powerfully haunted the poetry and music of Europe? Donations may be sent either to Lady Poole, Torfrey, Golant, Cornwall; to Colonel the Revd H.P. Osborne, D.S.O. The Vicarage, Golant; or to St Sampson's Church Restoration Fund, Lloyds Bank, Fowey.'

This sent a number of us into a flurry of research and speculation:

Revd Osborne began his ministry here in 1936. **John Jenkin** writes in his booklet *An Historical Guide*, 'In 1938 there was further need of repair. The entrance from the porch to the Holy Well was reopened at this time. The plaster was removed from the wagon roof of the north aisle and not replaced until 2003.'

An article in the *Western Morning News*, 8th June 1938, headed 'EXAMPLE TO THE COUNTY' and subtitled 'Bishop Praises Golant Pluck,' describes how the then **Bishop of Truro (Dr J W Hunkin)** praises a fundraising fete at *Torfrey House*, given by Lady Poole in aid of the ongoing restoration. Bishop Hunkin said: 'Not only Churchpeople, but all who have any regard for history and art, are concerned for the preservation of this beautiful little sanctuary. It has been in great peril. Your vicar very kindly sent me a most alarming photograph of the great gaping wound in the wall of the church that filled me with alarm'. This suggests that Quiller-Couch's letter may have been written in August of that year. All very intriguing!

The full letter and the article from the *WMN* will eventually be available to read on our FB page and Online Archive, which leads me smoothly on to our autumn talk, to be presented by Sue Reardon, with Ian Laughton, entitled:

'Piecing Together the Past' - November 8th, 7.30pm in the Village Hall.

The talk will trace Golant's history from very early times to the nearly present day, looking at some of the less well known points from our past. Separating fact from fiction and ruling out misinterpretation can be both rewarding and frustrating in equal measure when building up as accurate a picture as possible of what the village and Parish was like years ago.

To illustrate aspects of this talk about our history we are launching our Group's website and Online Archive. Golant Heritage Group holds an ever growing digital archive of photos, facts, videos and voice recordings. However, it became clear to us, sometime ago, that although we have a great resource sitting in filing cabinets, it requires an appointment to view the material. This does not make best use of our valuable village information. So we have been busy digitising all our material, and the website will soon be up and ready to use. **Golant Online Archive** provides powerful and easy-to-use searching of our photos, sound recordings and videos. The Online Archive allows users to comment on material to add to our knowledge and to contribute items that they may have. (At a later date we will hold a workshop to show the Online Archive in more detail and demonstrate how to use the archive.)

Penny Parsons, Chairman GHG

Pill Paparazzi in this issue

RA	Robin Anderson
LA	Liz Anderson
GH	Gillie Harris
KJ	Kaye Jenkinson
IL	Ian Laughton
PM	Paul Meredith
JN	Jill North
KW-W	Karen Wells-West



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Golant Sports and Carnival

What a Plan!

It was obvious we couldn't put the marquee up because of the forecasted strong winds, but there was a chance we could hold Sports and probably Carnival on the Green if the rain held off. BUT where to hold the teas and sideshows?

The simple plan would be to revert to the Village Hall, but we are very reluctant to separate the events from the teas. So, Paul suggested using the Whell's cattle truck for the tearoom & then Sarah & Ian very kindly offered to empty their garage so that we could put the teas & cakes in there. Nick offered the pub marquee for the sideshows, & so a plan was born not really knowing if it would work. The resulting successful day shows what can be achieved with a few whacky ideas.

Many, many thanks to our tea ladies for even entertaining the idea of working in the garage, (they do have standards after all) and to Bridget & Martin for cleaning the cattle truck out and lending it to us. Thank you to everyone who made a cake – didn't we have a fantastic selection?

Thank you to Simon for running the **Sports** with such panache and keeping the children (and adults) in order and organised for the starts. *(The main winners opposite).*



We had a few showers in the afternoon but nothing to put off our keen competitors or audience.

The sideshows in the pub marquee worked out as well, with the addition of the rowing machine proving very popular. Many thanks to Fayre & Gail for running the tombola and to Fiona & Dave for manning 'Splat-the Rat', both of whom donated their takings to Carnival.

The rain also just about held off for **Carnival**, where we witnessed yet another great collection of fancy-dress competitors; they never cease to amaze. We were entertained by the *Lostwithiel Town Band* whilst judging took place, and many thanks to Louise & Ian and Geri & John for undertaking that very difficult task. *(Winners opposite).*

Thank you to the folk who gave some very generous prizes for the raffle and to *The Fishermans Arms, Encounter Cornwall, Leyonne Farm* and *Tynwardreath Butchers* for their valuable vouchers, making the raffle a great success.

The *Lostwithiel Town Band* led the procession around the village, and the Flora Dance was very well received by the following dancers.

All in all, a very successful day, and thank you to everyone who turned up to support the event.

Carnival Committee

Golant Sports & Carnival Results

Sports Winners

Girls 8 & Under	Lillie Varco
Boys 8 & Under	Noah Collins & Hugh Taylor (equal)
Girls 14 & Under	Millie van den Broek
Boys 14 & Under	Henry van den Broek
Adults Round the Village Race	Alan Cox

Carnival Winners

Boys Individual	Noah Collins (<i>Spiderman</i>)
Girls Individual	Isla Barton (<i>Pirate Ship</i>)
Child Pairs	Edie Owen & Millie van den Broek (<i>Da Vinci & Mona Lisa</i>)
Child Groups	Henry & Hugh Taylor with Monty, Otilie & Poppy Manning (<i>The Greatest Show on Earth</i>)
Adult Individual	Penny Parsons (<i>Jellyfish</i>)
Adult Groups	Bridget & Martin Whell with Witold (<i>The Greatest Showman</i>)
Mixed Groups	The Church Group (<i>The England Women's Football Team</i>)
Best Child	Isla Barton
Best Adult	Penny Parsons



Many more of Robin's photos can be seen on our Facebook page.

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The committee meets regularly under the terms of the constitution which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

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Village Hall Committee

Auction Exceeded all Expectations

Wow— what an amazing, supportive and generous community we have here in Golant.

Our Auction of Promises, organised to raise much-needed funds to redesign the village hall toilets, exceeded all expectations, raising around £4,000.

It was a fun-filled evening in the *Fisherman's* marquee. Following a tasty BBQ cooked by Nick's team, accompanied by fresh mackerel caught that morning by our intrepid fishermen Paul & John and Mike Sherring, salads created by village hall committee members and strawberries & cream and chocolate slices, everyone got ready to treat themselves to some of the amazing promises on offer.

Auctioneer Martyn Hardy did a stellar job, and had his own unique way of running the evening. The prices reached by some of the lots were unbelievable. Of particular note was a batch of eight pasties which will be made by the village's young chef, Millie— they reached £105, more than £13 a pasty!

The highest achieving treat was two tickets to *Lords*, which made £500, and which were so generously donated by Charles & Lucy. Bids of £200 were reached for a boat trip for four with a night's stay at the *Sawmills*. Michelle generously donated two paintings which made £230

Of the men offering their services, a night under the stars with Jeremy was strongly contested making £150, while one lucky lady won the use of Witold for four hours for £105.

Chairman of the Village Hall Committee, Paul Meredith, said, "I would like to thank all of you for making this such a successful evening. The donations were fantastic, and everyone was so generous in their bidding. Our village hall team pulled together yet again, to run a memorable event for our community. Well done, all. Hopefully it won't be too long until we benefit from the new toilets."

Debbie Pugh-Jones

Calling all Artists & Craftspeople....!!

... Whatever your skill or passion.

I'm organising a **Golant Christmas Art & Craft Trail** on December 14th & 15th.

An option of opening your festive door or being part of a Collective Exhibition in the Village Hall (and possibly other venues.)

Don't be humble; we have a LOT of creativity to celebrate here in Golant!

Michelle Robins

email: michellerobins10@gmail.com

Tel: 01726 832101 or 07989407098

Cornish Charms

- A few drops of nitre on a lump of sugar were used for curing bladder trouble.
- Rub butter on a bruise.
- Ointment for bruises was made from bruised mallow leaves mixed with lard, applied with the convex side of a tablespoon.
- To cure a sore throat, sleep with a stocking from the left leg around your throat.
- Bathe feet in mustard water for a cold and drink boiled cider, or whisky with hot water and sugar. Elder tea made from dried elder flowers or leaves was another cure, or drink the juice from turnip slices with sugar between.

*Extracted from 'Jan Bedella's Fiddle and other Cornish Sayings'
by Kathleen Hawke*

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Golant Summer Produce and Craft Show

This show was held on Saturday 17th August, and when on Friday 16th and early on that Saturday morning it was pouring with rain, we wondered if any of the flowers and vegetables would be fit for showing. It was a challenge!!

However, there were some good entries, and congratulations to all who made such an effort. The 'Old' weighing machine for weighing the 2 marrows caused as much attention as the produce themselves.

John Kift won the cup for the highest number of points overall, while special mention must be made of Maurie Parsons, who won the cup for his hydrangea in the 'Best in Flower and Vegetables', and then he won the 'Best Cookery' exhibit for his chutney!

The best 'Limerick' was won by Viviane Barr, and Isla Barton won the Children's cup.

The Great British Bake Off has obviously been an inspiration, as we had record number of entries in the cakes, with coffee and walnut being the most popular. It was good to see that a number of children had entered with their Gingerbread Men.



There were some lovely craft entries which covered needlecraft, and articles in wood, metal and leather. The artwork produced a variety of different mediums. The best 'Craft Exhibit' was won by Beth Whell for her painting of a Ballerina, whilst the Best Exhibit in Show was awarded to Ian Laughton for his photograph of Venice (*below*). The best New Entrant cup was awarded to April Stead for her beautiful quilt.



We are always open to suggestions and would welcome any ideas you may have. Already it has been suggested that we have a new separate section for 'Flower Arrangements'.

Special mention must be made of Anne McLeod, Janet Longman, Claire and Isla Barton who worked tirelessly on refreshments. Thank you to everyone who made us cakes.

The Auction was as good as ever with Alastair Barr cajoling £135.40p from keen punters. Altogether, the show made a profit of £334.35p, which has been passed to the Village Hall Treasurer to help towards the refurbishment of the toilets.

Janet Gore



A colourful show of flowers

Two worthy winners receiving their cups...



Another Bocconoc Wedding

Despite dire weather warnings, 20th July could not have been a more beautiful day for the wedding of Josh Laughton to Prudence Wolfeld.

The Dorothy Garden provided a lovely setting, with the wedding arch decorated with apple boughs & hydrangea from Ian & Sarah's garden.

Family and friends came from all over the world, including the best man from Australia.

The couple drove to the house in Ian's green kit car, and the reception was held on the lawns, where there was the opportunity to try their hand at archery, while friends provided live music. After a delicious meal, there was dancing, and the day ended with a disco with Josh as DJ!

The party moved on to the beach at *Talland Bay* the next day, before Josh & Pru flew off to Sri Lanka & the Maldives for their honeymoon.

A perfect weekend.

Sarah Laughton





Last of the Summer Wine weather?

I was enjoying some glorious weather up in the lakes recently, when I saw (or heard) a weather report suggesting that we shall not see the same sort of high temperatures again until next Summer!! And other reports also talk of the return of the 'Beast from the East!' (I did try and suggest who that Beast might be, but thought it highly inappropriate!). Anyway.... if any of these reports are even vaguely correct, then it is certainly time to stock up on logs and coal before the cold weather actually sets in!

Winter storage:

Most of us take our boats out for the winter and send off our outboards for annual maintenance. But some of you will keep your boat on an 'all year' mooring, so probably a good time to go and check your mooring tackle and even double up on mooring lines if in doubt. For those storing at home, then do take extra precautions to make the theft of your boat or trailer, or both, more difficult for the 'would be' thief. Engines are particularly vulnerable, as they are off the boat and probably stored in a shed or garage, so do take a photograph and record the serial number just in case the worst happens. Don't forget, the Police find it very difficult to return stolen engines, when they don't have an obvious 'owner!'

Annual General Meeting:

Just a reminder that our Annual General Meeting is coming up on Friday November 22nd in the Village Hall. Members (and that includes their partners) enjoy a free glass of wine and a hot pasty to sustain them through the evening, when this year we shall have a presentation by Kathy Ogg from the Coastguard organisation, as well as an annual report from Paul Thomas the Harbour Master. As in previous years, we are indebted to David Parry who has donated this wonderful original painting for us to raffile (to Golant Boatwatch members only) at the 2020 Spring Get together. So, what a great time to join Boatwatch! I hope to see you all there!

David Jenkinson
Chairman Golant Boatwatch

Golant Quay Users Association

The berthing allocations for this year were agreed at our September committee meeting, and the boat stickers for 2019/2020 will be posted out before the end of September.

The folk living on board their boats in the estuary appear, in the main, to be abiding by our request to them not to leave their dinghies on the main slip, blocking it off for other water-borne visitors. They are still taking up the few free car parking spaces and using the council refuse bins for their debris, and one of them behaved threateningly towards 87 year old Roger Tabb when Roger tried to remove a dinghy from his frappe by the Bridge. Apparently the dinghy belonged to the live-aboard who knew he should not be on a Quay Users' frappe, and he became quite abusive to Roger.

We have made some progress in addressing the boats in the Pill that are considered no longer sea-worthy, with one being sold and promises for another two to be removed. There is another that is seaworthy but in a bad state of repair, that is promised to be booked in with a local boat builder. The general view is that the berths are too cheap, and this does not provide an incentive to shift them. So, we are probably going to need to apply a penalty.

Investigations into pontoons, both inside and outside the Pill, continue, but with no firm proposals yet.

Peter Edwards, Chairman, GQUA

If anyone spots a problem on the river, please contact one of the following:

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Madness in the Pill & Golant Raft Race (Another Silly Day in Golant)

Isn't it great when everything goes to plan. **Madness** this year seemed to be so well planned and organised that it went off without a hitch – but then perhaps a lot of the enjoyment is created by the mayhem and haphazard nature of the day!

5.30pm (ish) was set to be the possible start time but, of course, it is reliant upon the incoming tide which delayed matters until after 6pm. By the time it started we had seven teams ready to go. One team, viz. *The Smurfs*, was so large that it split into two for the **Madness** events. There were four different events for the teams to compete in. This year all the events were contested in kayaks kindly loaned by *Encounter Cornwall*. In a way I was sorry that kayaks were used because I missed the fun and ingenuity of the home made equipment that had been used in previous years but, at least, the kayaks make for a more even playing field.

The hotly contested events were a relay race, tug of war, blind kayaking (*below*) and a limbo race. After a lot of hilarity, and some intervention by the umpire (me), **Madness in the Pill** 2019 was won by a team from the canoe club calling themselves *Big Bertha*. They were followed by *Driftwood Punt* and *Smurfs 2*.

Madness is traditionally followed by the **Great Golant Raft Race** and all eight teams took part with their own rafts. There was some ingenious use of various pieces of equipment to make some interesting designs. There were certificates this year for the best raft and for the best dressed team. I chatted with some unsuspecting visitors to the pub to act as judges for this and they awarded *Noggin the Nog* as best raft and *Noah's Lark* as best dressed team.

The race itself was an interesting affair with team sizes ranging from two to, I think, fourteen. I seem to remember that there used to be a limit of six on the size of teams in the raft race but there have been no complaints so all was allowed.

The race itself was won by *Noggin the Nog* (right) - a bunch of Vikings, and I noticed many ladies retreating as the winners came ashore, undoubtedly aware of the Vikings' penchant for rape and pillage! Second place were *Deckchair* followed by the *Smurfs*. These last two places were slightly controversial in that *Deckchair* had been 'nobbled' by a spectator who dived in to The Pill and waylaid them when they were in a good second place. *Smurfs* passed them while this was going on, but a Stewards Enquiry was held which reversed the positions. The Junior Race was won by four youngsters in a team called *Fixtow*. (*Below*)



Congratulations to all who took part and brought a smile to everyone's faces.

Overall, a great day, and thanks to Peter Edwards and Steve Phillis for their work standing in the Pill and organising the teams. Also thanks to Karen and Fiona for acting as safety boats during the day. Thanks as well to Nick, Chris and Anne who, as well as working like Trojans behind the bar ran a very successful, and tasty, barbecue.

Maurie Parsons



So who were these two intrepid blind kayakers!?!

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Our Special Coffee Morning

Balloons, bunting, laughter, smiling faces and the smell of coffee. What more could we have asked for!

It was **The Golant Macmillan Coffee Morning**. The trestle table was laden with a wonderful array of mouth watering cakes and tasty savouries, all kindly donated by villagers. In fact, generosity was so great we had to put up another table!

Around 10.50am a trickle of people came in, but by 11.30am we were rushing around putting out more chairs, as so many people were arriving to be part of the event.

It was wonderful to see so many happy and relaxed people and to hear the clatter of cups and laughter. There was a real buzz in the village hall as people chatted over their coffee and cake, some meeting others for the first time.

We thank everybody who worked behind the scenes to get this event up and running so smoothly. Also, a huge thank you to villagers, friends and relatives who generously supported this very worthwhile cause by raising the magnificent sum of £514.33pence.

With good wishes and thanks from the *Coffee Morning Team*.



A happy team and chatty punters raising money to support a very worthy cause.

Golant's Surprise Royal Variety Performance (or Mum's the Word!)

On Saturday 31st August we celebrated Penny Parsons' 70th Birthday with what can only be described as a Royal Variety Performance for a true Que-(sh!) of Golant. It was a day that epitomised all that is great about Golant and celebrated all that is wonderful about the love and friendship that exists here.

For my brother and me it was a landmark birthday for our Mum and we of course wanted to mark the occasion with something special, but what transpired truly was spectacular beyond our imagination! As the ideas for the day came flooding in, we became more intrigued and excited about what was coming; keeping Mum in the dark became a tough task towards the end. The rehearsal the night before hinted at the madness that was about to descend, but when the day came... bonkers in all the best ways! A huge spread of treats, music, dancing, and such weird and wonderful skits that had everyone grinning from ear to ear, and most importantly, kept a joyous smile on our mothers' face throughout the day. That was something really special.

Penny has given so much to so many. Sam and I have been subject and witness to her fun, kind and generous spirit, and we were touched that so many came to celebrate with us in such a way that captured everything we love about the woman who raised us and the village we grew up in. To everyone who played even the smallest part in putting this special day together we are eternally grateful. Thank you for the music, the dancing, the am-dram, the banjo!! Thank you to all that came along to celebrate with us. And finally, thank you to Penny, for giving us an excuse to have a party and for simply being you!

Tom Parsons



More Summer Fun Photos

*Women's World Cup
Lionesses or Guess
Who....?!*

*Golantians Tug-of-War
Team*



As we move into Autumn, we commend two talks to you, both of which are about discovery and where attendance at one could provide a basis for a better understanding, and the wish to follow the example of the other. The first is a County-wide endeavour, the second, which is very much about Golant, a fine example of what *Cornwall's Archaeological Unit* is seeking to inspire in communities across this wild and beautiful county. All we have to do is search for it much as the **Golant Heritage Group** has done, and is continuing to do, so successfully.

Tuesday, 8th October, Whitecross Village Hall 2.30pm

Talk: In the Sound of the Sea: Aspects of the archaeology of the coast from Mevagissey to Looe

Cathy Parkes, Cornwall Archaeological Unit

This talk presents some of the sites revealed around *St Austell Bay* and the wilder cliffs running east to Looe. Activities vary from watching briefs, many at buildings in historic harbours, to wider surveys of estates and of the Fowey Estuary as a whole, and also ways of experiencing and enjoying the landscape, informed by the accumulation of archaeological results. In short, how everyone can help discover and record Cornwall's coastal heritage.

Saturday, 16th November, Fowey Parish Rooms 2.30pm

Talk: 'Some Insights into Golant's History'.

Sue Reardon, Golant Heritage Group

The research done by Golant Heritage Group (GHG) has uncovered much that is interesting about Golant's past. This talk will throw light on what has been discovered so far, from the distant past to the near present, as well as looking at the ongoing work and future projects that the Group is planning. Past projects are as diverse as railways and apple orchards, these subjects having been marked by the publication of booklets '*Looking Back- Golant and the Railway*' and '*The Apple Heritage of Golant*'. ('Apple orchards' were the 'norm' for farms and many houses, large and small, but the find of the parts of an apple crusher suggest the cider was produced on a commercial, albeit perhaps local, scale. How local was 'local' one wonders?)

We look forward to welcoming you to these talks - all are welcome.

£6.00 on the door, Members half price. Light refreshments are provided.



Our annual **Fowey Estuary Marine Day**, held in conjunction with **Cornwall Wildlife Trust** on *Fowey Town Quay* on the Tuesday of Regatta week, was very successful, and hopefully introduced some youngsters to marine life. I seemed to spend most of the day making badges with a magic contraption supplied by CWT.

The **Rockpool Ramble** at *Readymoney Beach* on 1st September was also very well attended, and thanks must go to our many volunteers who make this type of event and our Marine Day possible.

Dave Groves from the **Cornwall Mammal Group** is giving us a talk on Wednesday 9th October at 7.30pm at the *Mission for Seafarers*, Fowey, with access from *Caffa Mill* by the *Bodinnick Ferry* slip.

On Sunday 13th October from 10.30am to 12.30pm we have a guided tour of **C Toms & Son Boatyard** at Polruan. Booking is essential to Terry on 01726 832026.

There will be another **Rockpool Ramble** on Sunday 27th October from 10.00am to 12.00noon (must be half-term) at *Readymoney Beach*.

Peter Edwards

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Nature Notes

Possibly it's a sign of increasing age (!), but the summer has sped by, as has most of September! Although the weather for the first half of September was summer-like, around the middle of August you just begin to notice a very subtle changing of light and air in the mornings; that and the earlier evenings have an effect not just on us, but the wildlife too...

Our Swallow family who have been visiting for the last three years had two broods this year, and left pretty early; we saw swallows flying the other day— coming from further North, maybe?

The young Kingfishers seem to be out on the riverbanks—a slightly different colour – more green than the adult turquoise, and less shy, at least in the beginning! David had 12 sightings in one trip last Friday...

Everyone in the village has probably heard the Geese—they don't seem to migrate abroad, but gather from August to October and practise their flying skills – some 'squadrons' are more successful than others! They seem to fly towards Par Pond and the coast in the morning, returning to the river and the Lerryn/Penpol area in the evening.

Fieldfares seem to have returned, eating all the berries from the Viburnums and Dogwoods.

We have had a bumper year of wild fruit – damsons, sloes, blackberries, hawthorn & rowan berries – all picked and in the freezer for later!



A truly fruitful harvest!

We are also working with *Cornwall Wildlife Trust* and Tevi (Cornish for 'growth'), an initiative from *Exeter University* and *Falmouth Environmental Dept* to help small businesses develop environmental growth. They are hopefully going to help us with a detailed audit of our wildlife and habitats, helping us to develop a plan for the future that sustains the landscape and wildlife. This is alongside a number of other ideas we have to bring people into the landscape in a productive and positive way. If anyone has any ideas of courses, workshops and subjects that they would like to learn about, or could teach, please get in touch, as this is also an area we are exploring... lots more still to do and see in the winter months!

Karen Wells-West

A SPECIAL PRESENTATION

John Jenkin sent this great piece of news to us: "At the *Gorsedd* ceremony in St Just recently, I was given a surprise illuminated certificate to mark my 80 years' association with ***Gorsedd Kernow***. By chance, I am unique in that I was received into *Gorsedd Kernow* in 1939 as a Disciple, not a Bard. There were ten of us young people. Only two became Bards; I was one. The other died some years ago, so I am the sole survivor.

As the idea of Discipleship did not survive the war, and has never been revived, I am the only person alive or dead who has a longer membership; it will never be equalled. It was a wonderful surprise to be summoned to the platform for the presentation by the Grand Bard."



The colourful ceremony was held on the Green near the clock tower in the centre of St Just. The Cornish phrase for this Green is *Plen an Gwarry* (Playing Place).

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Golant Gleanings

THANK YOU

I feel THANK YOU is not a big enough word for the wonderful surprise party thrown for my 70th birthday recently. A month ago now, and I am still in wonder at the fabulous company, fabulous cakes, hilarious entertainment and wonderful weather, in the idyllic setting of the *Fisherman's Arms* terrace. And then, to top all that, to be presented with a new banjo, for which I understand many of you had chipped in, well it just took my breath completely away. Golant is a very special place full of very generous and special people and I feel blessed to live amongst you all!

Penny Parsons

The Golant Village Website

Don't forget that you can access *The Golant Pill* on our village website. It is, quite simply-

golant.net

Click on 'GOLANT PILL' below the lovely photograph of the river, and you can open past editions of our newsletter, saved as PDF files.

Debbie includes those from the past year or so for you to access.

Community Network Column

Our area: St Sampson, St Blazey, Fowey & Lostwithiel

We meet quarterly to cover subjects affecting our area. The Panel consists of representatives from Town & Parish Councils, Cornwall Councillors, Community Link Officer Tasha Davis and Communities Support Assistant Allison Worth. Members of the public are very welcome to attend.

Our last meeting covered the theme of Health and Wellbeing, with presentations on Adult Social Care and Climate Change. We also looked at Highways Schemes and Mobile Speed Activated Signs which were on the agenda of our Extra Ordinary Meeting on 9th September at 7pm in the *Alexander Hall*, St Blazey.

Our **next meeting** will be on **14th October 2019** at the *Alexander Hall* and we will cover Community Safety. Attending are Police, ASB team, Safer St Austell Team and a representative from OPCC.

Calendar of meetings:

27th Jan 2020 – Theme: tbc
 27th April 2020 – Theme: How do we do business.
 Annual AGM
 20th July 2020 – Theme: Health and Wellbeing
 12th Oct 2020 – Theme: Community Safety

The Network Area now has a Facebook page – St Blazey, Fowey and Lostwithiel Community Network and a Twitter account- @SBFL_CN

Community Link Officer Tasha Davis –
tasha.davis@cornwall.gov.uk

Communities Support Assistant Ali Worth -
allison.worth@cornwall.gov.uk

Advertising Rates

There are three sizes of advertisement available to you in either vertical or horizontal form.

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The Golant Newsletter

to Karen Wells-West, Bloweyes, Downs Hill, Golant, PL23 1LJ

See page 13 for Parish Councillor Chairman David Jenkinson's explanation about **Community Networks**.

ST SAMPSON PARISH COUNCIL

Traditionally, the Council doesn't meet in August (unless there are planning matters to consider) so inevitably, the September meeting Agenda tends to be packed with business to transact! So, no opportunity for proroguing here!

Advance Warning of The Canoe Club Annual Race (20th October):

We have been asked if the village green area can be used to drop off and collect canoes on the day of their annual race. Obviously, this will generate a greater level of traffic on the day, but if previous years are anything to go by, then it is normally very well managed, and we have therefore given our approval.

Whilst on the topic of the village green... we have also been asked if temporary parking permits could be made available to the *Fisherman's* staff, for when the tide is fully across the road and parking in the village is therefore very limited. We know we have parking issues generally and equally appreciate the need to look after the staffing needs of the pub, so we have agreed to provide 2 permits on a temporary basis and see how it works.

Community Governance Review (PART 2):

I mentioned in the last issue of the *Pill*, the need to submit a response for our Parish. All of those Cornish parishes in our area that submitted a response (and some didn't?) are now available for viewing on the *Cornwall Council* website. And it is interesting to see what changes various Parishes are looking to secure. We opted for a 'no change' response to our boundary or name or council arrangements, whereas some are looking to amalgamate with others or to change boundary lines to make more logical sense. The second part of the scheme is now underway, and we are required to check (by October 4th) if any neighbouring parishes generate any conflict of interest with our own, and again we are asked to submit a response.

Devolution of Community Assets:

You may be aware that there is a general process underway, whereby the County Council are devolving assets to the local parishes. We are quite keen to complete this process, to give us the opportunity to gain the Toilet block and then be in a position to create a worthwhile building for the village. However, there are something like 70 projects to tackle across Cornwall, and sadly, we are somewhere near the bottom of the list. But with some back-room argument and strong support from our Cornwall Councillor (Andy Virr) we have recently been invited to 'review' the assets that CC (*Cornwall Council*) have on their books and go onto the next stage, which will be to examine the legal documents attached to the various 'Freeholds.' So, not there yet, but a hopeful sign of movement in the right direction. At some point we will need to seek ideas for the Toilet block, which at the moment could well become something like a Kayak store or similar, as they have done in Fowey (Bodinnick car park).

Cormorant Development:

Just so that you are aware.... we have argued with the 'applicant' from the very first Council meeting, that their view of the FREEHOLD area, for them to develop, is incorrect, in that they have presumed ownership of the footpath behind the hotel. We have sought and still await a response from *Cornwall Council* that this must be corrected, and ideally before any work commences. The Planning Officer has forwarded our concerns and arguments (and even our copy of the deeds of the hotel) to the CC legal department for review. We currently await their response.

Planning Application PA19/07567:

We received, considered and offered our support to the above application.

In order to keep in touch with all things local and County, please make sure you look up the minutes of each Council meeting on the Parish Council web site.

David Jenkinson, Chairman St Sampson Parish Council

Our Parish Clerk Sue Blaxley can be contacted on stsampsonnpc@gmail.com for any further information or to raise issues of concern.

Community Networks: (See page 13)

Another example of the Council delivering 'localism' and 'devolution' is via the Community Network Panels. There are 19 across the area and they meet each quarter to discuss agenda items of mutual interest and concern. We are represented by our Cornwall Councillor (Andy Virr) and then one or two of us from this Parish Council also attend.

DJ

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News from St Sampson's Church

Obviously the main news, which broke just as the previous edition of *The Pill* was being printed, is that the Reverend Philip de Grey-Warter has resigned as Vicar of Fowey and Priest in Charge of Golant. Philip's last service was on Sunday 29th September, when this inscribed silver coaster, together with the claret, was presented, and a full account appears on the front page of this edition. An appreciation of Philip's ministry at Golant and the reasons for his resignation appear below.



The August holiday for choir and bells both great and small is over, and all three activities are back and thriving. Well over 30 people either sing or ring in our church every week, and many do both, and most of these are from the village itself; and this at a time when many ringing towers struggle to find enough ringers, and many church choirs have folded.

As you read this, **Harvest Festival** will be about to happen, and once again all tinned and dried goods will be given to *St Petroc's*, a very worthy local charity that does great work for the homeless. Both choir items are most suitable for this festival with *Now to the Lord Sing Praises* getting the

service off to a lively start, and then *Above the Earth Moon Rises* as the anthem, which stresses the vulnerability of our fragile world, and is sung to that lovely tune *Down by the Salley Gardens*.

We were indeed fortunate to have the Bishop of Truro join us on Sunday 29th September, and on Sunday 3rd November the Archdeacon of Bodmin, the Venerable Audrey Elkington, will preside at the service of Holy Communion.

The following Sunday, 10th November, is **Remembrance Sunday**; this begins as usual at 10.50am at the War Memorial, and the Act of Remembrance will be followed by a service of Holy Communion taken by the Reverend Prebendary James Funnell.

Sunday 1st December will be the service of **Advent Carols** at 6.30pm, with plenty of well known carols for the congregation to sing, and **A Cornish Christmas** will be at 4.30pm on Sunday 15th December. Wednesday 18th will see the **Handbell Ringers** playing yet more carols at *The Fisherman's Arms*, and then the **Festival of Nine Lessons & Carols** on Christmas Eve, and suddenly we are celebrating Christmas again! Please do come and join us for any or all of the above!

Simon Funnell

Church Flower and Cleaning Rota

13th & 20th October	Ruth & Gill P
27th Oct & 3rd Nov	Judy & Cynthia
10th & 17th Nov	Becky & Glynis
24th Nov & 1st Dec	Jacky & Sheila
8th & 15th December	Vilma & Paddy

The Reverend Philip de Grey-Warter

As the front page will tell you, Sunday 29th September was Philip's last service as Priest in Charge of St Sampson. Philip was appointed in 2002, and although his evangelical approach has always been slightly at odds with the more middle of the road Anglicanism of Golant, he and the parish have rubbed along pretty well. He has encouraged the choir and bell-ringers (and on occasions has joined the ringing team), and been both supportive and innovative in over-seeing the finances. He seems to have enjoyed living here, with sailing and shooting providing him with the necessary relaxation from parish affairs.

Philip's ministry has always been centred on preaching, and in particular that the Bible is God's word and is unalterable. Thus we always found it odd that he insisted on preaching at the Festival of Nine Lessons and Carols, rather than letting the words of the Bible speak for themselves – but he could not let pass the opportunity to preach to the largest congregation of the year. Although Philip was quite open about the fact that his ministry was to preach, and that visiting the sick and the lonely was not his priority, he did nevertheless bring considerable comfort to some who were dying or bereaved, but it is to be regretted that he was seldom seen in the village.

Recently, the House of Bishops suggested that a form of the Baptismal service could be used to welcome transgender people back into the church. Although there is nothing mandatory about this, Philip feels that he cannot stay within the Church of England as he sees this as denying the very heart of the Christian message.

He has chosen, however, not to move away from Fowey, but to start a new church under the auspices of GAFCON (The Global Anglican Futures Conference), so that he will continue to be a licensed Anglican clergyman but not within the Church of England. This move splits the worshippers in Fowey asunder, and perhaps a fresh start elsewhere would have been, in the eyes of many people, a more acceptable solution. For Philip, it means that many of his followers will provide the core for his new church, and that he can continue to enjoy living here.

We realise that our largely static and ageing population does not give the scope for growth that the evangelical movement aspires to, and his dissatisfaction with the Church of England has been increasingly evident. While we respect Philip's views, the majority of the worshippers at St Sampson appreciate the way the Church of England has maintained a broad inclusiveness, believing that God loves all humanity, warts and all.

We thank Philip sincerely for his seventeen years' service as our Priest in Charge, and we wish him well for the future.

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UNCLE JOHN'S GARDEN PATCH

'Tis now you'm able to notice the daylight hours getting less, a sure sign summer's on the way out. And what a brave good summer t'ev bin! Alright, 'twas a bit slow and cold early on, but Mother Nature 'ev bin kind to us on the whole. We d'seem to 'ev a brave few gales that baint zackly what we d'want, and t'will pay to go around the garden and just make certain sure that everything that needs it is lashed up proper, because there's bound to be more on the way!

Jobs in hand now centre round getting the garden tidied up for winter. Harvest whatever be available either for eating now or putting in store for dreckly. 'Tis now the freezer comes in brave and handy for storing fruit and vegetables, and there's certain things that will survive the winter outside, which if frosted will taste better, as some of the starch be changed into sugar.

November month be the time to think about getting some seeds together and planting in seed trays in the greenhouse. The likes of onions, broad bean *Aquadulce* or *Bunyards Exhibition* and early peas such as *Meteor*. For those who like their Sweet Peas, get a few in now in seed trays, so that come the better weather you'm right on and ahead of the game. Doan't ee forget they daffodil and tulip bulbs, whether 'tis for planting in pots or in the garden; get them in now, and if'n you've bin clever and put in a marker when they flowers was out in the spring, then you d'knew zackly where they bulbs need to go, and 'twill save you from planting bulbs on top of bulbs.

Reduce they roses by about one third, cutting back to an out-facing bud to stop them being blawn about, and causing some rot setting in down on the main stem. Be sure to clear any fallen leaves from off the lawn. If'n they'm left there, then you'm going to end up with bare patches on the lawn, and 'tis only another job you'm faced with dreckly to re-seed these bare patches.

For any of you who 'ev got the likes of dahlias that are frost tender, 'tis a good idea to lift them out of the ground, clean the soil off them and store them in the greenhouse, where Jack Frost baint able to get to them. Any geraniums, fuchsias and other plants that 'ev put up a brave show over the summer can be taken in under cover and put in pots for next year. 'Tis just in case you'm unable to find these plants next yer in the plant centres, and then you'm also able to take cuttings and increase your stock.

Now I d'feel I must congratulate all they that entered in the Craft and Produce show back in August. It d'seem like an age ago, now but t'was a brave effort on everyone's part, and good to see some new faces. Some of the craft and cookery exhibits really were amazing!

Nort

Uncle John's Gardening Year & Auntie Paddy's Recipe Book

These *Golant Pill* publications are available in the Church, the Boatshed, Walter Baileys at Par (Gardening Book only), or from Mike & Gillie (833897).

£6 each or two for £10 (Mix or Match)

Auntie Paddy's Recipe Corner

Beth Whell made this wonderfully scrumptious cake for Penny Parsons' birthday celebration. Happily it also happens to be gluten free. In order for it to go around a large assembled company, she made two lots of cakes (double the ingredients here) to create a 4 layer tower topped with juicy blueberries.

COCONUT AND COURGETTE BIRTHDAY CAKE

(Serves 10)

200g/ 7ozs Desiccated Coconut
 3 medium Free Range Eggs
 180g/ 6oz Caster Sugar
 250g/ 9oz topped, tailed, peeled and very finely grated Courgette
 1 tsp Vanilla Extract
 120g/ 4oz White Rice Flour or Gluten-Free Flour (more readily available)
 2 tsp Baking Powder
 ½ tsp Bicarbonate of Soda
 ¼ tsp Salt

For the filling

½ jar Raspberry Jam

For the icing

2 tbs Coconut Milk

100g/ 3½oz Icing Sugar, sieved

For the top

Blueberries, or a small handful of toasted Coconut Shavings

1. Preheat oven to 160° C/325° F/Gas Mark 3. Lightly brush two 18cm x 5cm loose-bottomed tins with vegetable oil. Line the base and sides with baking parchment and grease again all over.
2. Blitz the desiccated coconut in food processor for 2 minutes until very fine. Set aside on a plate.
3. Whisk the eggs and sugar till pale and fluffy (4 minutes full blast). Beat in the grated courgette and vanilla extract.
4. Finally add the coconut, flour, baking powder, bicarbonate of soda and salt. Beat to combine. Pour the mixture evenly into the two tins and place them in the middle of the oven for **45 minutes**.
5. Remove cakes from the oven and unmould them. Cool them on wire rack for 15 minutes.
6. To make the icing, pour the coconut milk into the icing sugar and combine into a loose paste. Crush out any lumps with the back of a spoon. Place cling film directly onto the icing to avoid it forming a skin whilst the cakes are cooling.
7. When the cake has cooled, spread jam over one cake and sandwich the two together. Pour the icing over so that it covers the top and drips lazily down the sides. Decorate with blueberries, or sprinkle with coconut shavings.



Recipe from:

'Red Velvet Chocolate Heartache'
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THE NEXT COPY DATE

Please note that the **Copy Date** for the
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 the drive to *South Torfrey Cottage*.

CALENDAR OF VILLAGE EVENTS

OCTOBER

Saturday 5 th		England v Argentina - breakfast baps available	Fisherman's Arms
Sunday 6 th	9.30 - 11.00am	Breakfast Club - Booking Essential	Fisherman's Arms
Sunday 6 th	9.15am	HARVEST FESTIVAL (Choir)	St Sampson's
Monday 7 th - 13 th		Curry Week (Special Curry Menu)	Fisherman's Arms
Tuesday 8 th	8.00pm	Quiz Night	Fisherman's Arms
Saturday 12 th	9.15am	England v France - breakfast baps available	Fisherman's Arms
Sunday 13 th	9.15am	Holy Communion	St Sampson's
Tuesday 15 th	8.00pm	Euchre	Fisherman's Arms
Friday 18 th	7.30pm	Carn to Cove (<i>A Comedy of Errors by Two Gents</i>)	Village Hall
Sunday 20 th	12.00 - 2.30pm/6.00 - 8.00pm	Sunday Roast	Fisherman's Arms
Sunday 20 th	6.00pm	Evensong	St Sampson's
Tuesday 22 nd	7.15pm	Parish Council Meeting	Village Hall
Tuesday 22 nd	8.00pm	Quiz Night	Fisherman's Arms
Friday 25 th	7.30pm	Cfym Night (<i>The Hundred-Foot Journey</i>)	Village Hall
Sunday 27 th	9.15am	Holy Communion (Choir)	St Sampson's
Tuesday 29 th	8.00pm	Euchre	Fisherman's Arms

NOVEMBER

Friday 1 st	10.00-11am	Book Shelf Browse and Buy	Village Hall
Sunday 3 rd	9.15am	Holy Communion (Choir)	St Sampson's
Tuesday 5 th	8.00 pm	Quiz Night	Fisherman's Arms
Friday 8 th	7.30pm	GHG talk (<i>Piecing Together the Past</i>)	Village Hall
Sunday 10 th	10.50am	REMEMBRANCE SERVICE Act of Remembrance at The War Memorial followed by Holy Communion (Choir)	St Sampson's
Sunday 10 th	12.00 - 2:30pm/6.00 - 8.00pm	Sunday Roast	Fisherman's Arms
Tuesday 12 th	8.00pm	Euchre	Fisherman's Arms
Sunday 17 th	9.30 - 11.00am	Breakfast Club – Booking Essential	Fisherman's Arms
Sunday 17 th	6.00pm	Evensong	St Sampson's
Tuesday 19 th	8.00pm	Quiz Night	Fisherman's Arms
Friday 22 nd	7.30pm	Boat Watch AGM	Village Hall
Sunday 24 th	12.00 - 2:30pm/6.00 - 8.00pm	Sunday Roast	Fisherman's Arms
Sunday 24 th	9.15am	Holy Communion	St Sampson's
Tuesday 26 th	7.15pm	Parish Council Meeting	Village Hall
Tuesday 26 th	8.00pm	Euchre	Fisherman's Arms
Friday 29 th	7.30pm	Fylm Night	Village Hall
Friday 29th	Copy Date	<i>The Golant Pill</i>	thegolantpill@gmail.com

DECEMBER

Sunday 1 st	6.30pm	Advent Carols (Choir)	St Sampson's
Friday 6 th	10.00 - 11am	Book Shelf Browse and Buy	Village Hall
Sunday 8 th	9.15am	Holy Communion	St Sampson's
Sunday 8 th	11.30am	Meet'n'Greet	Village Hall
Thursday 12 th onwards - daily		'12 Days of Christmas'	Fisherman's Arms
Saturday 14 th - Sunday 15 th		Christmas Art & Craft Trail (<i>see p6</i>)	
Saturday 14 th		Christmas Generation Game	Fisherman's Arms
Sunday 15 th	4.30pm	A Cornish Christmas	St Sampson's
Sunday 22 nd		No Service	St Sampson's
Monday 23 rd		Christmas Carols Sing-a-long	Fisherman's Arms
Tuesday 24 th	6.30pm	A Festival of Nine Lessons and Carols	St Sampson's
Wednesday 25 th	9.15am	Christmas Day Family Communion (Choir)	St Sampson's

*If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the Copy Date shown on this page of the newsletter, and we will try to include it.*