

Issue 88 (04/21) Aug/Sept

The Golant Pill

taken every two months...

Reasons to be Cheerful...



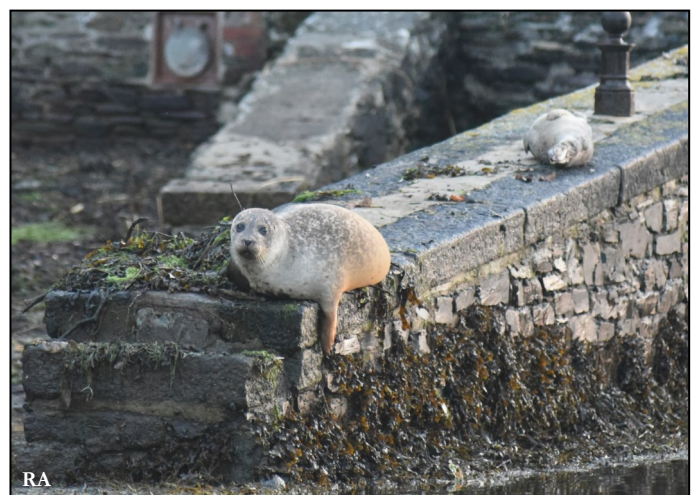
The bride uplifted



Messing about on the river



The first of three new-born calves



Spot the seal pup resting near mum

Despite the continuing Covid restrictions affecting so much of our world, there have been celebrations, camaraderie and new life here in our special village. Find out more inside this issue and enjoy your read...!

FROM THE EDITOR

Printed copies are back!! We are delighted, once again, after months of *The Golant Pill* being placed online only, to provide villagers and those with postal issues with a hard copy. We have been very mindful of the distributing during the Covid-19 pandemic, but now feel that it is safe to return to this, at least for the moment. It will of course also continue to be online at golant.net, our village website, which includes all issues from the past 4 years!

However, it is disappointing that our annual summer events are still not safe to be carried out, and as most of you will know, the Produce & Craft Show has been cancelled. (See p.11) Madness in the Pill and the Sports & Carnival have also been cancelled, and Peter Edwards explains this on page 15.

I recall an English teacher (many moons ago!) suggesting that we should each add a new word or phrase to our vocabulary every day. Not fully done, but point taken, and I was reminded of her advice when it happened twice for this issue. Firstly, I use the word '*springers*' in my bovine article on page 6. It so happened that I discovered that new word's context in a General Knowledge Crossword clue just before writing the piece. Secondly, in Simon's Chairman's Report opposite, he named Mike as the '*eminence grise*', and I have to admit that I'd never heard the phrase. It actually means, '*a person who exercises power or influence in a certain sphere without holding an official title*'. Well, the mind boggles if the 'certain sphere' is personal... I'd better burn my bra!! Mind you, I promised to 'love, cherish and obey' him 60 years ago, so I don't think that will work! Find out more of this celebration on page 4.

Also on page 4, I've placed a fascinating local newspaper article from 95 years ago, describing '*An Inspiring Spectacle at Golant*'. It is relevant because we have just celebrated St Sampson's Day here within a service, and in past years have often enjoyed a celebratory feast at *The Fisherman's Arms*, but this has never been anything on the scale of the village event in 1926. The address given by the then Bishop of Plymouth is well worth reading!

Lastly, there have been cheerful events to uplift us in these difficult times, including Tom & Amelia's wedding, filling page 13 with colour and joy.

Gillie Harris

Chairman's Report

Welcome to the first hard copy of *The Pill* for a long time! Huge thanks are owed to Gillie, and to Mike as the *eminence grise*, for keeping the ship afloat for all this time. It is, of course, uncertain as to how long the present lifting of restrictions will last, but I hope the sound of a copy of *The Pill* dropping through your letter box will be a welcome one!

Some features of *The Pill* are useful for reference, and especially the Calendar on the back page, which Penny Parsons kindly compiles. For most of us, it is easier and quicker to refer to a hard copy than to open up our computers in order to find out the information! For those on Facebook, of course, Robin and Penny have supplied up to date information and photographs which many have found very useful, and some items have enjoyed a remarkable number of hits. My thanks to them for their enthusiasm and expertise.

Let us hope that this first step back to normality is the first of many!

Simon Funnell

See editorial opposite for my explanation of 'eminence grise'! Ed.



Patterned Proof

Gail & Maurie spotted this intriguing image on one of their walks recently. Gail's keen observation was:

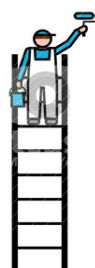
"Golant fields proving socially distanced walkers!"

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As has become all too familiar, our plans to hold a more open meeting in July were scuppered by the delay in unlocking, but we did take the opportunity to have a look at our recently purchased old maps of Golant, which will serve to help us in our planned focus on **Golant and the Land** over the past 150 years. It would be extremely useful to find a more recent (mid 20th century) large scale OS map to help make comparisons. If anyone has such a thing tucked away in their cupboard, no matter how dog-eared, we'd be delighted if we could have a look!

Fingers crossed, and if things begin to look safer again, we hope to invite any potential/maybe interested new members to our September meeting to hear our plans for the next GHG **Golant and the Land** community project and to see if there is anything you'd like to become involved in: **Tuesday 14th September, 2pm, in the Village Hall.**

Meanwhile Sarah has made great progress with the proposed talking posts (*below*).

Penny Parsons, Chairman

The U-Turn Round

Over the past few years the Golant Heritage Group has, as part of its ongoing work, talked to a number of the long term residents of the village about their memories and, as a result, has acquired wonderful audio recordings which at the moment can only be accessed through the website of the Heritage Group (<https://golant.omeka.net/>).

We decided that we would like to make these very interesting stories, which include among others the history of the railway and the river, accessible to a wider audience to include those who are less likely to search the website, and also to enhance the experience of visitors to the village.



We have chosen to do this by using a U-Turn Round which is an ideal medium as it is robust, requires no power source, can be used by anyone including children, and the recordings can be changed easily. As it has the possibility of up to 8 programmable messages it offers the opportunity of a wide range of content. It has been agreed that this can be sited at the road end of the Village Green near the sundial, where it will be easily visible and safe from traffic.

We have been very fortunate and are most grateful to have received very generous grants from the Parish Council, *The Golant Pill*, *Fowey Harbour Heritage Society*, Nick at the *Fisherman's Arms* and the Cormorant site developers, *Green and Rock*, and we are now in a position to order our U-Turn Round after the summer holidays. We are hoping we will be able to have a formal unveiling when it is in situ (Covid permitting!)

More information about the U-Turn Round can be found at:-

<https://www.interpretationshop.co.uk/product/u-turn-round>

Sarah Laughton

Andrew Bailey

We are very saddened to hear of the recent death of Andrew Bailey. Penny Parsons writes:

"Andrew was a first cousin to Roger and Vic Tabb. He was the son of Winifred Tabb, who married Walter Bailey. He always felt such a strong connection to Golant, and was so much liked by all he dealt with here; a familiar friendly smile behind the wheel of his little blue Bailey's lorry."

There will be an open memorial ceremony at *Walter Bailey's* in Par at 11am on 12th August, where it is planned to have a big screen.

Penny hopes to provide a full obituary and report in the October issue of *The Golant Pill*.

NEWS FROM ST SAMPSON'S CHURCH

Safety Measures: Despite 'Freedom Day', we have decided to continue with most of our precautions. The use of alternate pews, the one-way system, no singing and the taking of bread only at Communion Services will continue. Face masks are voluntary, although we suspect that many will continue to wear them, although now, at least, they can be removed occasionally when the glasses steam up! We encourage everyone who comes into the Church to use the hand sanitiser.

Very sadly, the Church will remain locked during the week. There are so many visitors around, from all over the country, that we feel it is our duty to protect the congregation, many of whom are vulnerable.

Services in August: Details of these can be found on the back page, but please note that on the third Sunday, 15th August, there will be a morning service instead of the normal Evening Prayer. This is to allow us to celebrate Mike and Gillie's Diamond Wedding Anniversary, and the service will be taken by their daughter and son-in-law. Congratulations to Mike and Gillie!

The past two months will have seen three weddings by the time you are reading this, and it has been heartening to see the Church full of flowers and people, and to hear the bells ringing. Many thanks to Greg, who has master-minded the new marriage registration documents. August is traditionally a holiday month for bells and choir, but we hope that by September such activities will be possible once again. The choir & bell-ringers celebrated the relaxation of rules by meeting in our garden for a long-awaited chance to talk, sing - and drink!

Carol: I wish I could be the bearer of better news, but Carol has made little progress, and Chris and Robert are now looking for a permanent nursing home for her.

The Future: St Sampson's is, of course, still 'In Transition' – without a priest. An initiative by the St Austell Deanery, of which we are part, called 'On The Way', has divided the deanery into three, and the plan is that we would be in a grouping with St Austell, Fowey, Tywardreath and Golant, and that two ordained ministers would cover the churches in all four parishes. This is still an outline plan, and although the three local parishes are keen to work together, many details remain to be worked out, and even then there will be a considerable delay before an appointment can be concluded. So we are on the way, but not that far along the way.

Fortunately, our retired clergymen seem to enjoy coming to our lovely Church, and we greatly value the services they take each Sunday. We are extremely fortunate to have such dedicated and enthusiastic priests to lead our services, and do come and join us.

Simon Funnell



A lovely display of wedding flowers over the porch archway

[An Article from the Cornish Guardian on Friday 20th August 1926](#)

EUCHARIST IN A MEADOW

INSPIRING SPECTACLE AT GOLANT

As briefly mentioned in our later editions last week, the ancient practice of pilgrimage which is being steadily revived in Cornwall was observed at Golant on Wednesday week when a number of Anglican Church people from all over Cornwall took part in the annual pilgrimage of the Truro diocese and revered the memory of St. Sampson.

The Bishops of Truro and Plymouth took part during the morning in a long procession of clergy and laity, the former wearing full ceremonial robes, with standard-bearers and cross-bearers attending. The procession passed slowly through the steep grassy lanes of Golant, a magnificent and inspiring spectacle.

It was in a meadow near St. Sampson's Well that there was sung Eucharist, those present standing before a canvas-canopied altar upon the grassy slopes of the field.

Rev. H. Edwardes (vicar of St. Sampson's Golant) was the celebrant, Rev. A. R. Lintell (Lostwithiel) the deacon, and Rev. G.H. Barnicoat (Tywardreath) the sub-deacon. The Bishop of Truro gave the Blessing.

The address was delivered by Canon Thomas Taylor (vicar of

St. Just), whose text was "I will remember the works of the Lord, and call to mind Thy wonders of old time."

The Bishop of Plymouth also gave an address in which he said they had to convince the people that Christianity was a joyous adventure and he did not think that could be said at present. "If you stand outside a church door and watch the people coming out after service you are not impressed by the fact that they have been engaged in a joyous thing, but rather that they are relieved that the service is over, and that they have done a duty on which they are not keen," continued the Bishop. "The joyous adventure has died out and we want to get it back again. We want to associate holy days with holidays, that is the problem of modern life. The real problem is how to get these pilgrimages available for the Dockyardmen and the labourers from the Cornish fields. In the old days it was possible, because holy days were holidays. There is no chance of bringing about a reunion until all Christian church people have more of this kind of pilgrim spirit. What is the matter with the world today, is that it has lost its way, because it has no definite goal; ask the world what it is going towards. It has not the least idea, and it is only the Church that can ever bring the world back into the right way, by having a pilgrimage which knows where it is going, and thinks its goal worthy of the sacrifices on the journey. If our journey to-day has developed more of the pilgrim spirit it will not have been in vain."

The pilgrimage was under the direction of Rev. R. Ladd Canney (Redruth).

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The committee meets regularly under the terms of the constitution which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

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Pill Paparazzi in this issue

SA	Sophie Allen
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GH	Gillie Harris
JN	Jill North
GP	Gail Parsons
PP	Penny Parsons
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'Hen Party Diaries' (a sad ending...)

Sadly, Gill Paull never saw White Nut's pheasant chicks again after they had hatched on May 21st at her dad Clarence's, as reported in our last issue. Weasels, voracious predators, were later spotted there... I was hoping for better news of our white hen, Ali, and any brood she may have.

Ali & her mate Sol came here fairly regularly in early June, but there was then a long absence, until the couple reappeared towards the end of the month for a few visits.

On **30th June**, Kaye Jenkinson next door rang to say that she & David had spotted Ali(?) with two live chicks and one dead one (none were white!) Despite thorough searching, no nest could be found, so it is not known how many eggs she had laid, nor how many had successfully hatched.

And then... later that day, our little cat appeared with a very fluffy-looking mouthful. She very rarely catches birds, but when she does, they are invariably unhurt, and I can extract them from her mouth so they can fly away to live another day. So it was with this gift, which she gently placed on the path, and yes – it was a pheasant chick, very pretty, fluffy, cute and seemingly unhurt... I was able to pick it up, and it nestled quietly in my hand. But what could I do with it?

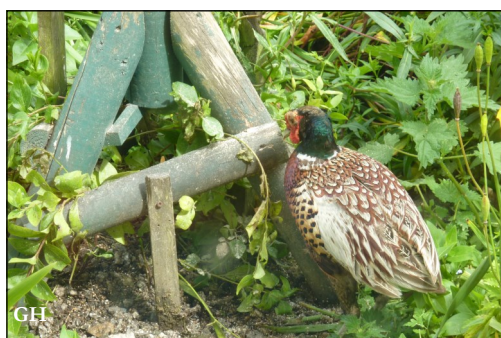
I decided to carry it over to Kaye, in case the mother hen was around, but she was nowhere in sight. Kaye contacted Simon Andrews next door who gave her some chick crumb. Her daughter Emily took our little scrap along with a second sibling chick that was found, a bit worse for wear. She valiantly looked after them, but the second one didn't last the night. The stronger one died after a couple of days and was also found to be injured. How any ground-nesting birds survive into adulthood is a mystery. Ali has now vanished...

... and a Tale of Two Tails

Who are these other two pheasants I spotted in our garden?



Miss Brown Tail



Mr Stumpy No Tail (though a new one has begun to grow)

Gillie Harris

Springers and New Lives

Not 'Call the Midwife' - more 'Maternity Ward Hotline'!

'Springers' are cows or heifers close to calving. These five pregnant cows have been in the Andrews' farm field next door to us, and this calf (*below*) was the firstborn, safely up and moving on its first day of life. I had noticed a small brown rather lifeless-looking lump, and alerted Simon, who was surprised, as mum was 2 weeks earlier giving birth than was expected!



Nine days later I actually witnessed the birth of a second calf, just as I took the photo below. It all happened very easily and quickly whilst mum was lying down, and I alerted Simon once more on the 'Maternity Ward Hotline'!



All was well, and only a few minutes later, whilst being licked clean by mum, it was being examined & welcomed by other curious cows, including calf one, who happened to be nearby to this birth, and who obviously viewed this new arrival as a playmate! (*Photo below*) The two youngsters have stayed close to each other ever since.



Since that event, a third calf has been born, and I've just observed all three youngsters racing each other at top speed across the farm field. Forget Tokyo – we appear to have the Bovine Olympics here in Golant.!!

Gillie Harris



Fowey Harbour Heritage Society was formed in 2012 to promote the heritage of the Fowey area and to encourage more people to enjoy its rich history.

As well as our programme of talks and events, we make grants to heritage projects and work with other organisations to promote the heritage of the area. We support regular guided walks of Fowey, Polruan and Looe between Easter and October.

Membership costs £15 or £25 for two adults at the same address. An application form, and much else can be found on our website at www.foweyharbourheritage.org.uk

All meetings will follow the Government guidelines in force at the time so may be subject to change

Face-to-face meetings: Members £5 each and non members £8

‘A History of Cornish Gigs’

A talk by Anne Curnow Care

Friday 3rd September

2:30 pm at Fowey Town Hall



These 6 oared boats have a particular link with Fowey and are a much-loved sight on our waters.

Treffry, built in Newquay in 1838, became the standard for all gigs and several have been built locally.

Anne is secretary to the *Cornish Pilot Gig Association*

Golant Walking Group

In early July, a good number of us made our way to Lostwithiel, where we walked out to *Shirehall Moor* nature reserve via the *Coulson Park*. This walk proved popular not only because it is a flat and relatively short walk within easy reach, but also because it afforded the opportunity for coffee (and more chat) provided by the café at the Community Centre.



With many of our number having family and friend commitments over the summer months, we will resume walking from September. We have two walks to look forward to; a coastal walk at Crantock beach which has been recommended by Jeremy & Becky Lloyd-Evans and a second more local walk in the Tregargus valley. This latter walk, just beyond St. Austell, is relatively short, but crammed with remnants of Cornwall's industrial heritage, and is recommended by Sue Reardon.

Anne Bonsall



We have had two very successful events in June and July – the Boatwatch Hut re-opening and the first Flotilla meeting of 2021.

Boatwatch Hut Re-opening

We had an excellent gathering on 26th June for the formal re-opening of the refurbished Boatwatch Hut, allowing us to have a fine demonstration of Boatwatch visibility to help our continuing efforts to deter crime. Jason Cross and Brian Murray combined to provide us all with fine refreshments. A grand re-opening, and thanks to all who attended.



The Hut is now fully available for members to use as a base for Boatwatch patrolling. It is now dry inside, so much better as a base, and is also a much more attractive feature of the Village riverside.

Boatwatch Flotillas

We held the first Flotilla meeting of 2021 on 13th July, with a magnificent turnout of around 20 boats and 60 people. A grand collection of smaller boats, accompanied by two larger craft, Jester and Cake by the Ocean. We went down to Fowey on a lovely evening, across the harbour mouth to the Polruan side and then back up the river. On the way back, some of the boats had the extra pleasure of meeting a seal near the *Sawmills*.



We then rafted up in *Penpoll Creek* in the sunshine for refreshment, with the occasion given an extra boost by music from Paul King. Overall a splendid evening, with a second flotilla planned for August 10th.

The River

With summer here, it is great to see the river very busy with boats, kayaks, paddleboarders and other craft. Please be sure to give everyone space and minimise your wake near less stable river users.

Enjoy the river and Keep Safe.

David Bonsall, Chairman, Golant Boatwatch

Golant Quay Users Association

All the annual renewal letters were sent out at the beginning of July **for payment by the end of July**. For those of you that have already paid, thank you very much, and for those of you who have yet to pay, a reminder that there is a £10 penalty for late payment.

Berth allocations will be made in September, hopefully with the boat stickers sent out by the end of September.

We continue with our efforts to remove derelict boats from the Pill, but with no more removed since the last edition of *The Golant Pill*, despite us posting recorded delivery letters informing owners that they have until the end of September to act, or we will dispose of them. We have a 22ft yacht advertised on *Marketplace* for free, and lots of interest but no takers yet, so it shows the difficulties we have in front of us.

One lovely wooden dinghy owned by someone from Bexhill-on-Sea, that was in danger of becoming derelict has been sold locally following our 'polite' warning letter, prompting the owner to be receptive to an offer. So hopefully we see that back in the Pill in prime condition.

Peter Edwards, Chairman GQUA

If anyone spots a problem on the river, please contact one of the following:

Harbourmaster's Office

01726 832471

(out of office hours transferred to Duty Officer)

David Bonsall (Boatwatch)

01726 834458

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Such knowledge is not required if you would like to join the happy band who make up *The Fisherman's Arms Share Club*. We invest a modest amount (how much is up to you – minimum £25) each month, and at our monthly meeting we chat, drink, consider (not too seriously) and then decide where to invest.

Some have experience, some enjoy research, some rely on intuition, and some revel in the free-wheeling spirit of the amateur. Amazingly, the club has prospered, even in difficult trading conditions, but, as they say on the advertisements, past performance is not a guarantee of future success!

So, if you fancy a flutter on the market, enjoy a convivial drink and exchange of ideas, or are simply curious to find out more, please contact Maurie Parsons, our Chairman, or myself. Our constitution limits our number of members to 20, and we have a few vacancies: all are welcome.

Simon Funnell

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Some Cornish Similes

As dear as saffron
As cold as a quilkin (frog)
As wild as a fitcher (ferret)
As old as my little finger and a little bit older
than my teeth
As heavy as tin
As stinkin' as fish
As straight as a pound of candles
(good character)

Some Cornish Proverbs

Kisses are out of season when gorse is
out of bloom.
Promises are like pie crusts; made to be broken.
A roaring cow do soon forget her calf.
Flowers fade on flirts.
Everybody to their choice, like the old woman
when she kissed the donkey.
Nuff's nuff, too much is a feast.

A Cornish Joke

Said one Cornish bed-and-breakfast farmer to another:
"I tell 'ee, I'm always glad
when they furriners stop
cumin' for the season. Then
I can shaave meself and take
me trouser bottoms out o' me
boots."

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TORFREY OWNERS & OCCUPIERS

Concluding the story of Torfrey

In the last edition of *The Pill*, the story was in the 1600s with the Couche family owning most of the area from Torfrey up to the Lostwithiel to Fowey road. Torfrey House was yet to be built; that area was a small farm called North Torfrey. South Torfrey was the main family home.

The Couche family acquired 'Torfrey' in the early 1600s, the religious turbulent years. Was England Protestant or Catholic? Change and intolerance continued with utmost suspicion of Roman Catholics which must have potentially been difficult times for the staunchly Catholic Couche family. In the mid 1700s they had a priest living with them in South Torfrey farmhouse, Father Renfried Hayman. Two Couche brothers, William and John, trained as Jesuit priests in Belgium around 1745.

One of the last of the family to be born in Torfrey was Henry John William Couche who was baptised in the Catholic church at Lanherne, near Newquay, in 1769. He became Comptroller of Customs in Fowey. The family had arguments over bequests left by his Grandfather, which probably led to the sale of the Torfrey estate in 1802 to Oliver Slyman from Mevagissey.

Oliver left Torfrey to his son-in-law, a Royal Navy Captain, Philip Lyne, who had made their home in the old North Torfrey farmhouse; the whole estate was sold following Philip's death in 1825.

Judging by the description of the property in this sale, the old farmhouse had been modernised, and extensive grounds created with stables and outbuildings over the lane, which nowadays is a separate property called Hybadore. Leyonne, Lawhibbet and South Torfrey farms and several smaller pieces of land were also sold.

All of it was bought by George Graham White. When he died in 1857, his widow, Mary, inherited the property; they had no children. She married John Ward a year later and left Torfrey House unoccupied, going to live with her husband in Bodmin. The House was finally advertised to be let following her death in 1863.

It seems there was no let made; instead, Torfrey House was purchased by the Gundry brothers. A series of 3 articles starting in *The Pill*, issue number 83,

October/November 2020, gives a full account of this fascinating family.

A Gundry married into the Mills family and the House was owned by them until 1919 when it briefly became a Hotel. *(This cutting is from a local newspaper, promoting the special features of the Hotel— even Electric light!)*

GOLANT
(FOWEY)

'Torfrey Hotel'

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Telephone 28 Fowey. PROPRIETOR

Torfrey House was purchased in 1927 by Sir Frederick and Lady Poole.

The Bennetts bought Torfrey following Lady Poole's death in 1952, staying only seven years and demolishing almost half the building, creating rather ugly 'improvements'.

The Roberts took over in 1959, then finally it was purchased by the present owners, the Russells, in 1996.

Sue Reardon

*For this concluding part of the history of Torfrey, Sue has cleverly
précised the amazing amount of research she has undertaken. Ed*

Village Hall Committee

Our lovely Village Hall has undergone a well-deserved major transformation with extensive renovations, comfort, hygiene, looks, efficiency and economy being our goal.

The Kitchen has been totally replaced with sleek units, a new dishwasher, plumbed water urn, new ceiling with LED auto lighting, cooker, ceramic hob and heat detector.

The Toilets have been totally renovated, with demolition of internal walls, floors and widening a doorway, new soil pipes and water supply, ceilings with LED lighting, wall panelling, doors, sanitary ware, sensor taps, extraction and support rails.

The Heating system has now been replaced with a quieter air filtered ceiling cassette units all digitally controlled, ageing hall strip lights replaced with LED strip lighting, new electrical consumer units and wiring overall, a new drop down computer desk and wiring console.

The flooring of the loft over the kitchen has been replaced and roof access made, and the exterior notice boards have been renovated.

Finally, there has been a deep clean and additional painting.

Have I left anything out?!! We are set up for another 20 years.

The Village Hall Committee do hope to be fully ready to open at the beginning of August, enabling us to show off our beautiful hall. Unfortunately, an open door policy is not there as yet.

We are going to go ahead with coffee mornings, and we look forward to hosting the private hire bookings we have received.

Our annual 'Big Film on the Village Green' is coming shortly, then monthly film nights in the village hall.



A Village Hall coffee morning will be held at 10.30am on 6th August. All are welcome, but seating is limited, so please book your place with Fayre on 833380. Some Covid guidelines will still be in place. We look forward to seeing everyone again and exchanging news.

Paul Meredith

Golant Summer Produce & Craft Show 2021

Most of you will have heard from the Maurie Mail sent earlier that the Committee decided not to proceed with this year's Show.

It was really disappointing, but it was felt that it was not safe to do so even though restrictions had been lifted.

We had an interesting chat with Peter Edwards and Jacky Fletcher from the Carnival Committee, to discuss the possibility of having the Show in a marquee, and the conclusion was that that because the weather is so unpredictable, the Craft entries in particular could get damaged, plus we set up the hall two days before, so security could be an issue, and we decided against that proposal.

So I thought it would be of interest to all of you, particularly to newer Golantians, to tell you a little bit about our Show, which first took place in 2009.

It was the idea of Alastair & Viviane Barr and Anita Fuge. I was asked to be Chair, and together with John Kift, Sue Reardon and Mary-Jane Hunter the Committee was formed.

Over the years Anita and Sue have retired, but Kaye Jenkinson and Debbie Marshall-Reeve have joined us.

From the very beginning, it was stressed that this was **not Chelsea** but I have noted there is a certain amount of competitiveness among villagers! The Show has added more Art and Craft Classes over time.

Our current Stalwarts of the Refreshments- Anne McLeod, Janet Longman and her family, are still with us doing a great job.

The Prize Giving, Raffle and the very popular Auction of Exhibits so ably conducted by Alastair, have raised so much money. After expenses, over the 10 years 2009-2019 we have given £3,477 to the Village Hall.

So this year's schedule will roll over to next year when we hope we will be back in our lovely renovated Village Hall.

The Committee has appreciated all the support, help and encouragement given to us over these years. So we hope to see you back with your Produce, Crafts, Cookery etc in 2022!

Janet Gore

A Work of Art?



Found in the Village Hall loft space during renovation— a large wasp nest, fortunately no longer occupied!

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Nature Notes

So July is almost over - how did we get from May to July so quickly? Suddenly it seems that the landscape has grown up and flowed over everywhere - our pasture meadows have started to show a greater diversity of plants, butterflies and insects. We are experimenting with when we cut different areas and monitoring what happens next.

The newly planted fruit trees in our new orchard plot have started to put on growth, but it was slow to start with. First, we had to try to keep everything watered, and then hope that the cold winds and torrential rain didn't damage them! And then of course there are the deer - our guests at the Sanctuary love seeing them wandering about, but we are not always so impressed with what they chew! So, we have put some temporary guards around them until they bulk up a bit.

The new fruit and veg patches are producing - a bit slow, due to my not paying enough attention, and either dry or windy or wet (never satisfied!), but we have been able to offer fresh strawberries and hundreds of tayberries for breakfast, along with some foraged wild strawberries. We were hoping to be able to share cherries, but this year they didn't produce the bumper harvest of last year, mainly due to a prolonged spell of dry and windy weather - still, the gardener's talent is always to look to next year....

Gillie & Mike gave us an insect hotel for Christmas and we put it up outside the door. I was looking at it this week and saw that some of the canes were full. I had to go and look up the original photograph to see what has happened - and yes, they were empty, and have now been filled, so we need to keep an eye on it and see what happens next!



Before



After

We have deliberately left thistles about as we had seen so many Goldfinches around, and they have also been feeding on the grasses too. We have Swallow chicks in our carport (the first brood didn't survive) and we see them swooping over the pond drinking, along with the Bats in the evening... and we are doing our best to record everything that we find. Our hope is - probably for next year now - to invite various groups to come and help us 'audit' our wildlife, so for now we are just keeping a note in the hope it will help to point them in the right direction!

Out on the river, the Redshanks, Greenshanks & Curlews arrived back right on time at the end of June. The Black-headed Gulls have got their dark heads for the time being, and our juvenile Swans seemed to have multiplied - to about 15 'swanning' up and down the river.... While I'm sitting writing this I can hear Geese flying over, which is incredibly early - usually near the end of August!

Stop press - walking down the track today, I saw a young raptor - Kestrel? Eating lunch in the middle of the road. There's a photo, possibly not good enough to publish, but here it is....



Karen Wells-West



Amelia's lovely wedding bouquet

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Golant Gleanings

Local lad Thomas Jacca Parsons gets his girl, Amelia Jane Cairney

You couldn't have asked for a more perfect day. Tom and Amelia's wedding on 17th July was as good as it gets! Having had to postpone from last year, they deserved a bit of good luck and the weather on the day was absolutely perfect.

The service in St Sampson's was very well attended with everyone dressed for the occasion. It was a simple, but well planned service, officiated by the Revd James Funnell. There were no hymns for the congregation to sing, although they were allowed to 'hum along' to "I Vow to Thee, My Country", sung as a solo by Penny's brother, Andrew North, and "All Things Bright and Beautiful" sung by Liz Barclay. Clair Connibeer gave a short reading, and after the vows, exchanging of rings and signing of marriage documents, the Bride and Groom led the way for all to gather on the Village Green, where a large marquee was set up with tables and chairs, lovely floral decorations and with the Carnival marquee alongside serving as a bar.

The bride was beautiful in a long cream lacy dress, accompanied by a charming group of flower girls, page boys and bridesmaids, including Sam's daughter Evelyn and Amelia's sisters and friends from Bath. Tom looked very smart in a blue suit and Cornish tie, supported by his mates from the village and Bath all similarly dressed.

The whole affair was very well planned; the catering was by *Big Pan Parties* from Lanhydrock serving delicious paella, tartiflette and bean tagine. The speeches were excellent, especially from the best man, Tom's brother Sam, who not only reminisced on their childhood in Golant, but sang a hilarious poem which he had composed, accompanying himself on guitar – a real demonstration of brotherly love! Ben White was a very efficient master of ceremonies.

The bar was provided by Nick from *The Fisherman's Arms* and an excellent, feel good, 'folk rock' band, *Giovanni L'Immigrato*, played in the evening to much dancing and general jollity.

Altogether a perfect day – you couldn't have asked for anything more!

Alastair Barr (Tom's godfather)



Thanks from the Groom!

We finally did it! And what a special day it was. We couldn't have asked for better weather in the most beautiful of settings. Golant is obviously very special to me having grown up, lived and learnt in the village, but now it will be forever special to us both! Amelia fell in love with the place from the moment she first visited, and we have had so many happy memories since, including our proposal in front of Gran's Rhododendron. My wife and I would like to thank every member of the community that helped to make our day so memorable. We have had the perfect start to married life and are excited to see what the future holds. To the old friends and the new, to the village of Golant, to family, to the future- Cheers!

As Tom and Amelia's wedding fell two days short of the complete relaxation of COVID restrictions, it was carefully planned to adhere to government guidelines for weddings, and having completed a thorough risk assessment, recommended COVID safety measures were put in place and guests were requested to have had negative pre-wedding lateral flow tests and to wear face masks in the church. The reception was held in a marquee, with two sides open, meaning outdoor rules applied allowing for a more relaxed affair.

Penny Parsons

ST SAMPSON PARISH COUNCIL July 2021

Return to the Village Hall:

Courtesy of Fayre and Paul and the village hall committee, and their attention to COVID rules and regulations, we have finally returned to the village hall for our meetings. This is so much better than on ZOOM, and of course we are even more accessible to the 'public' should anyone want to either attend the meeting or address the Councillors. You would be very welcome.

Changes to our Banking Arrangements:

Nothing to get really excited about, but after trying and failing to encourage our Bank to help us go digital.....we have switched to *Unity Trust Bank*, who have proven to be a breath of fresh air, as we move to an online banking arrangement!

Toilets:

I am delighted to report that the new machine in the 'working' toilet that can dispense soap and water, and then dry your hands, has recently been installed by *Cormac* and is a genuine improvement to our facility. This has been generously funded by *Cornwall Council* to whom we are indebted.

Gallery:

I can confirm that the gallery, recently put on the market by *Cornwall Council*, has been sold to 'an investor'? Apparently, it was sold for a sum considerably higher than the target price.

Playground:

After many months of securing plans and quotations from various playground suppliers, we are getting much closer to being able to decide on the final installation. At this stage it is fair to say that we will probably retain the existing slide, seesaw and swings, to protect our bank balance, and then supplement the play area with a new installation that will provide children with a greater level of pleasure and excitement. To manage our costs, we will also look at arranging some of the work ourselves (if that is possible) from within village trades and skills. And once our plans are complete, I look forward to sharing them with you.

Finance:

We have a healthy bank balance at the moment, but as previously mentioned, we need to keep specific and general reserves for the known future costs linked to the devolved assets like the carpark and toilet block and associated legal fees, when they finally become our assets.

Planning Applications:

Since the last issue of the Pill, we have received and supported the following applications:
PA21/05075; PA21/03708; PA21/05620

David Jenkinson
Chairman St Sampson Parish Council

Neighbourhood Development Plan

We are delighted to share the news that the Neighbourhood Development Plan has passed all stages of examination and we now just await the **referendum**. This will be arranged by *Cornwall Council* and then the St Sampson Parishioners will be asked for their vote of acceptance for the plan. Once the NDP is approved, then decisions on planning applications will be made using both the local plan and the neighbourhood plan, together with any other material considerations.

Unfortunately, there is a backlog caused by the COVID pandemic, so our own referendum will not take place until the Autumn. The good news however, is that because this delay is beyond our control, the document, as it stands, will be used in future planning decisions. The official words are that the plan "can be given significant weight in decision-making". The completed NDP can be found in the documents section of the St Sampson Parish website.

Huge thanks must go to all those involved in getting the plan to this stage, including individuals who gave their time and energy in the various stages of NDP committees and all those who have completed questionnaires and attended consultations. Thank you all! We will keep you informed as soon as we find out when the referendum will be and at that time, will ask for your supporting vote to get the plan ratified.

Councillor Siobhan Harper

Golant Sports & Carnival & Madness in the Pill

We were very sorry to announce that yet again we will be cancelling both Carnival and Madness in the Pill.

We just felt that besides the need to implement a track and trace system and difficulty in managing that, that socially distanced teas, tug of war and sack races etc would just not be possible, and therefore take away so much of the spontaneity of the day and evening, with Flora dancing a bit restricted to say the least.

Madness in the Pill would have been impossible to watch from the pub terraces as normal with the need to be seated, and raft teams would have had to keep separated. That was just not going to work for the raft relay, blind kayaking or just about any other race.

So, here's looking forward to a Covid free 2022 so that our newer residents can get to show their various skills and finally understand what fun these events are!

Peter Edwards



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BACKALONG

You may recall, from the last issue of *The Pill*, this old Carnival photo, sent to me some years ago by Edwina Webster (née Bray).

1962: 'Danged ef Golant doant get Vizzitters frum all over the World'

L-R: Dorrie Hodgetts, Freda, Esther, Edwina, anon, Lamson & Dolly ('The Gang')

After this last issue was published, Stuart Hunkin wrote to say that 'anon' (heavily shrouded!) was his mother Muriel.

"She always took part with 'The Gang'..."



**Friends of the
Fowey Estuary**

The committee has not yet met to plan future events whilst we await the outcome of Covid restrictions being lifted. Although we did meet for a very nice and socially distanced presentation to Terry Eisler, our retiring committee member, at *The Fishermans*, where we presented him with a David Parry print of badgers at Milltown. This coincided with my birthday, and given that we had not met since before the original lockdown was a double celebration and a very pleasant evening.

Whilst we haven't planned any forthcoming events, Margaret does keep our Facebook page updated with local marine and terrestrial sightings, so it is well worth following, if you don't already.

Peter Edwards



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NB: Please note that as **Luxe Laundry** now has a new owner, the telephone number has changed from that shown in our previous issues.

Ed.



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The headings for the August & September chapters in

Uncle John's Gardening Year Book

***Uncle John's Gardening Year
& Auntie Paddy's Recipe Book***

These *Golant Pill* publications are available in the Church, Walter Baileys at Par (Gardening Book only), or from Mike & Gillie (833897).

£6 each or two for £10 (Mix or Match)

UNCLE JOHN'S GARDEN PATCH

Now, I d'spect you'm like me and wondering just what 'tis that Mother Nature be about. Back a week or so ago 'twas cold, windy and wet, and now 'tis hot 'nuff to cook an egg on a shovel! Just goes to prove that 'tis impossible to foretell the weather from one week to the next. Not that I be moaning about it; 'tis good old Cornish weather at its best.

Now we come on to the show. 'Tis such a shame that it had to be cancelled for the second yer, but 'twas the best thing to do in the long run, because as things stand, the majority of things in my garden bain't nowhere fit to be put on a show bench! It needs another month for it to be reasonably show ready.

I d'naw 'tis a brave effort to get much done in this yer yet, but some things become priority, and probably top of the list is grass cutting. Leave it at your peril, because it will always be there, and the longer 'tis left the bigger job it becomes. Doan't ee forget about planting more seed for a succession of salad crops.

This time of yer you'm able to enjoy the fruits of the garden, what with the beans & early teddies coming on and for any strawberries & raspberries as they ripen.

A thing you don't see or hear much about is Sweet Cicely, but with all this yer advice about salt & sugar being bad for you, then by adding some Sweet Cicely leaves to the pot when you'm cooking up fruit, 'twill reduce the sugar needed to suit your taste. Now this bain't bad, especially for the likes of rhubarb & gooseyeggs, for they can be some tart.

When you'm enjoying the fruit from the garden, just be aware of they beastly little blimmers the apple drones; they'm some spiteful and it don't take much to get them some wound up and teasy.

If'n you find a nest of these little blimmers in your garden, and you'm a bit anxious as to the best way to deal with them, then just wait 'til dusk, when they be tucked up inside, and then sprinkle scoads of insecticide around the site. If'n they've got the nest in the ground, then the powder will deal with them. If'n you'm able to lay your hands on an aerosol foam spray, then that's the boy to sort them out if'n the nest be built up above ground, because then the spray will penetrate the walls of the nest and put pai to them in the proper manner. But whichever method you'm using, doan't ee hang around gawking at your work; get well away from there because they'm gwain to be brave and teasy, and best left well alone.



Uncle John's Gardening Year, page 40. There's a brave bit of detail there, and I've run out of space here to add any more.

Nort

Auntie Paddy's Recipe Corner

Here is a slightly different starter.

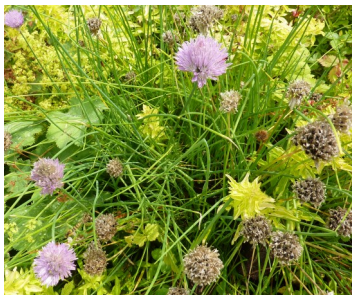
Salmon Pies as a Starter

50g/ 2oz Butter
 40g/ 1½oz Flour
 1 tsp English Mustard Powder
 450ml/ 15fl oz Milk
 Small bunch of Chives, finely chopped
 175g/ 6oz Salmon fillet cut into 4cm/ 1½" pieces
 175g/ 6oz Smoked Salmon fillet cut into 4cm/ 1½" pieces
 2 small floury Potatoes (about 150g/ 5oz)

1. Melt 40g/1½oz butter in a small pan and stir in the flour and mustard, then cook for one minute.
2. Remove from the heat and slowly add the milk, whisking all the time.
3. Return to the heat and keep stirring. Simmer for approximately 2 minutes until it thickens.
4. Mix in most of the chives and stir well.
5. Add the fish to the sauce and divide among 6 x 4 fl oz ramekins.
6. Pre-heat the oven to 190°C/170°Fan/Gas Mark 5.
7. Slice the potatoes very thinly.
8. Melt the remaining butter, then put about 4-5 slices of potato on each dish, brushing the potato with the butter between each layer.
9. Finish with a little butter brushed on top.
10. Cook in the oven for 30-35 minutes until the sauce is bubbling and the potatoes are cooked.
11. Sprinkle with the remaining chives.

These ramekins can be frozen for up to 2 months. When cool, wrap them well in clingfilm, and when you want to serve them, brush with a little butter and reheat from frozen at 190°C/170°Fan/Gas Mark 5 for 20-25 minutes.

Paddy Shelley



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Cornish Dialect words for Fish

Bream (young) -	Crabalogin
Cuttle fish -	Cuddle, Goil
Dog Fish -	Dogga, Morgy
Eel -	Eyle
Halibut -	Jew's Fish
Mackerel -	Brale, Brithel
Minnow -	Mimsie
Monk Fish -	Angel Main, Mulvannah
Pilchard -	Pilchie
Pilchard (cured) -	Fairmaid
Red Gurnard -	Tub
Sea Pike -	Long Nose
Sprat -	Herring Bairn
Stickleback -	Bulgrannick
Wrasse -	Jacky Ralph, Guckoo, Row

I can't find the dialect word for Salmon.

Sorry, Paddy... !!

Ed.

SUBSCRIPTIONS

Have you a friend or relative who would like a regular copy of this newsletter? It costs only £12.50 (£17.50 overseas) to have the six issues per year of ***The Golant Pill*** sent by post.

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THE NEXT COPY DATE

Please note that the **Copy Date** for the October/November Issue is

Wednesday 29th September

Articles, letters & news can be sent by email to:

thegolantpill@gmail.com

CALENDAR OF VILLAGE EVENTS

AUGUST

Friday 6 th	10.30am	Tea/coffee and chat	Village Hall
Sunday 8 th	9.30am	Holy Communion	St Sampson's
Tuesday 10 th	6.30pm	GBOA Flotilla Meeting	
Sunday 15 th	9.30am	Holy Communion	St Sampson's
		<i>Celebration of Mike and Gillie's Diamond Wedding Anniversary</i>	
		N.B. (No Evensong on this day)	
Sunday 22 nd	9.30am	Holy Communion	St Sampson's
Sunday 22 nd	2.00pm	Castledore Rowing Club's 40 th birthday party	Village Green
Sunday 29 th	9.30am	Holy Communion	St Sampson's

SEPTEMBER

Friday 3 rd	10.30am	Tea/coffee and chat	Village Hall
Sunday 5 th	9.30am	Holy Communion	St Sampson's
Sunday 12 th	9.30am	Holy Communion	St Sampson's
Tuesday 14 th	2.00pm	Golant Heritage Group (<i>open meeting</i>)	Village Hall
Sunday 19 th	6.00pm	Evening Prayer	St Sampson's
Sunday 26 th	9.30am	Holy Communion	St Sampson's
Tuesday 28 th	7.15pm	Parish Council Meeting	Village Hall
Wednesday 29th	Copy Date	<i>The Golant Pill</i>	thegolantpill@gmail.com

OCTOBER

Friday 1 st	10.30am	Tea/coffee and chat	Village Hall
Sunday 3 rd	9.30am	Holy Communion	St Sampson's

Our regular Calendar of Village Events is still very limited, and please be aware that there could be updated Government Restrictions should Covid-19 again take hold, thus affecting any of the above events. Therefore, please keep a watch out for Maurie Mails and/or posters for any later developments.

Ed.

*If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the Copy Date shown above, and we will try to include it.*



RA

Synchronised swanning team