



Conviviality & Generosity



Afternoon tea courtesy of Café Kayak
in the Boat Shed



Morning coffee & delicious cake at
Penny & Greg's



Morning refreshments at Gail & Maurie's



A hint from Martyn!



Happy chat & river views at Anne & David's

To coin a fellow Golantian's phrase, last Friday I think most of us villagers were "All caked out", having attended the **Macmillan Cancer Support** coffee/tea event at five venues around Golant...! Those five wonderful hosts did not know until the last minute how many cake devourers would be descending on them!

Some of us had not made cakes for a long time, let alone served them up to non family. However, sleeves were rolled up and recipes which had been gathering dust appeared on kitchen work surfaces. Some cooks were more successful than others! Myself, I misread 160° for 180° and wondered why the cake looked cooked after twenty minutes of the forty!

Continued on page 2

FROM THE EDITOR

As so many of our usual summer village events have had to be cancelled this year, it is a joy to see the few Golantian celebrations that have brightened this strange era, and we are delighted to share those within this issue.

The cover photos of the latest event, held in aid of **Macmillan Cancer Support**, were all taken by Robin, the intrepid chief member of our *Golant Pill* paparazzi team, and are so cheering, as at last friends have been able to get together and exchange news, whilst giving to such a very worthy cause. (I can personally vouch for the delicious cake at *The Old Cider House*!) And what generosity! Jacky has divulged the full donation amount in the opposite column, and that is without Gift Aid, which adds another 25% to the total raised.

Our very first issue of *The Golant Pill* was as far back as 2007, and it wasn't so long before we began a **'Taking the Pill'** slot, where readers packed an issue in their luggage and sent us a photo of themselves holding the copy at their holiday destination. On page 4, you'll see a rather different aspect of this. A recent copy of our newsletter was taken to Carol White in her nursing home, and it is so encouraging and pleasing to see her looking well in Ruth's photograph, and to read of her response, albeit limited, to the contents of *The Pill*. It is especially reassuring to hear that Carol appears to be unstressed.

Three very special wedding anniversary celebrations took place within the last two months, and make a cheering read on page 10, along with a newspaper article describing a Golant wedding 100 years ago! On page 6 you can read about a more recent wedding here in July at St Sampson's Church.

Meanwhile, on page 15, Penny Parsons has written two very different pieces. The main one, as promised in our last issue, is all about the late Andrew Bailey, including a full obituary and a report on his wonderfully orchestrated funeral. The other describes an unusual meteorological event which has just occurred down in 'the hollow' - the main village. A mini tornado, no less...

Gillie Harris

Continued from page 1



Fayre Hardy awaited her customers outside the colourfully decorated Village Hall

The varied array of delicacies was more than enough to make most of the gourmets of the parish salivate! I know, because I was fortunate enough to have a sneak preview of some of them.

Well, I have been blown away by the total amount of money which was **£1185** raised, and my most sincere thanks must go to the Boat Shed Crew, Penny White, Gail, Anne Bonsall and the Village Hall Team.

Also, thanks to the many friends who have helped to make this event such an amazing success, in what has been an extremely difficult time for all charities.

Finally, a Big Thank You to those who attended and those who were unable to but sent donations; we could not have achieved this magnificent amount without the support of you all.

Jacky Fletcher

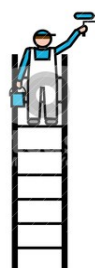


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It was so good to be able to hold a proper face to face meeting this September, and to welcome some new faces. It proved to be a lively meeting with lots of ideas aired. We have a number of initiatives in progress, and as always invite your involvement!

The Human Sundial

'Y'n skees termyn' In the Shadow of Time.

Having recently had a little working party to clear around the slates of the sundial, GHG has offered to take on the role of guardianship, in order to maintain and preserve it. Created as a Millennium project, the whole community was originally invited to help cut the slates, sourced from Delabole, and to play a role in its creation.

Under the leadership of the late Phil Reardon, having sought advice from 'Modern Sunlocks' in Ayrshire, the slates were laid out with great precision (we still have the plans!) and so should not be disturbed in any way. For those who may not understand how it works, stand on the appropriate month on the calendar stone and your shadow will point to the stone that marks the hour. There is a wonderful photographic record of it under construction which can be found on both our Face Book page and the website <https://golant.omeka.net>



The sundial in its original state in 1999



Working party members Sue & Sarah clearing around each slate

The U Turn Round post

We are now in a position to proceed with ordering the talking post, to be sited near to the sundial on the end of the village green, and look forward to installing it in the not too distant future.

House photographs 'Then and Now'

We have a number of old photographs with street views of properties and plan to take similar shots of Golant 2021 for comparison.

If you have an old photo of your house/street, maybe with people in shot, and would be prepared to pose in a similar spot for a 'now' version, please let Anne Bonsall know. anne.bonsall@btinternet.com (834458)

Golant and Farming

We are making a start on collecting oral history recordings from farm owners/workers in Golant, past and present, in order to build a picture of changes in farm layouts, practices, machinery and commodities over the past hundred years, and are on the lookout for photos and anecdotes.

Do you have memories of helping out on a farm, or doing seasonal work e.g. what we called 'spud bashing' as kids (potato picking) or harvest time traditions (e.g. crying the neck).

Seeing Martin's large herd of cows is a stark contrast to the mid twentieth century when there were at least three different Golant families who kept a few cows and who supplied milk, cream and butter for the village.

There are plans afoot to involve the children in an exploration of the dairy aspect of Golant farms, including farm visits and creative workshops.

And by the new year, we hope to launch more farming-related creative projects to involve the whole community. So keep watching and please share your memories!

Meanwhile, Sue Strachan has lovingly restored the **WI banner** found languishing in the loft of the village hall, and it now hangs in pride of place. Does anyone know anything of its provenance, when it was created and maybe who might have been involved?

Penny Parsons

pjparsons@yahoo.co.uk

NEWS FROM ST SAMPSON'S CHURCH

On Sunday 15th August we were able to celebrate Mike and Gillie's Diamond Wedding with a most uplifting service. Their son-in-law and daughter took the service, which included two hymns, a nuptial blessing, and granddaughter Lizzie singing beautifully *Be Still, for the Presence of the Lord*. A large congregation thoroughly enjoyed the service, as well as some celebratory wine and cake afterwards. Even the church bells rang out in Mike and Gillie's honour! The church community presented them with flowers, as you will see in the accompanying photo!



Despite an isolated Covid scare, services have continued, with the occasional hymn, but while the infection rate in Cornwall remained above the national average we continued to be cautious. Now the infection rate locally has fallen, we were able to celebrate Harvest Festival on Sunday 3rd October with suitable Harvest hymns; many thanks to all those who gave dried goods for *St Petroc's*.

On Friday 17th September we held a Churchyard clearance morning, and over 15 villagers turned out to help. The middle wall in the churchyard, many self-sown trees and bushes, the ditch that runs along the north church wall: all these were cleared and tidied, as well as many other areas. It was a grand morning's work, and huge thanks to those who came and played their part.

Sheila is now holding real-life choir practices in the church, with everyone well-distanced and with masses of ventilation. It is wonderful to be able to sing with others once again, and it has made us realise how much we have missed the many benefits of choir singing. Seating for such practices is about to become even more flexible, as the clavinova has now acquired a set of rollers and can thus be moved around the church as required.

By the time you read this the St Austell Diocesan Synod representatives will have voted on the new Parish groupings. This is just one step in a long process, but we are 'On the Way' at last!

We shall continue to take small steps back to normality, such as singing two hymns at a service, and the socially distanced seating and voluntary use of masks make services safe for everyone, so do come and join us.

Simon Funnell

CAROL WHITE



We visited Carol at the home in Newquay in August. The sun shone, and we sat outside on the balcony.

Carol came out in her wheelchair, pushed by a smiling nurse. She seemed delighted to see us, and we stayed for over an hour!

We took the latest edition of *The Golant Pill* with us, and showed it to Carol. Very soon, we were all chatting about who was in the pictures, and talked about various news of interest.

Although Carol has her own language and is, by and large, unintelligible to us, she does appear to understand everything we say. She always responds, and if we have misunderstood a comment, she will quickly say, "No!"

She seems content and not stressed in any way that we could see. It was very good to see her reacting so well to the magazine.

Linda Brice & Ruth Varro

NB. The latest information from the nursing home is that it is not taking visitors at present, due to Covid.

CHURCH CONTACT INFORMATION

Churchwardens

Greg White (01726 832315)
Simon Funnell (01726 833343)

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	Sheila Funnell	833343
Golant Pill Facebook	Robin Anderson	832370
	Penny Parsons	832727
Golant Website	Debbie Pugh-Jones	07984630662

The committee meets regularly under the terms of the constitution which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

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(where you still can!)
and mention us when
making contact.

Pill Paparazzi in this issue

RA	Robin Anderson
DB	David Bonsall
SF	Simon Funnell
GH	Gillie Harris
RH-D	Rosie Harris-Davison
GK	Glynis Kelly
PP	Penny Parsons
RV	Ruth Varco
KW-W	Karen Wells-West
PW	Penny White

Gabrielle Lewis & Cameron Jewell's Wedding

Like all the weddings at St Sampson's this year, they were planned for last year, but Covid restrictions forced their postponement. Gabrielle, who is June East's granddaughter, and Cameron had the additional complication of living and working in Los Angeles. Having complied with the English registration formalities last year, the rules for marriages changed in May 2021 and they had to re-visit the UK and go through the process again.

Happily, the actual wedding on 31st July was a great success. The mainly American guests were loving their experience of an ancient church, vintage coaches, a stately home and *The Fisherman's Arms*!

The floral decorations for the church were magnificent and the groom managed the conundrum of "till death do us part"/"till death us do part" correctly, much to the appreciation of the nine bridesmaids and groomsmen.

The weather was kind, the bride looked radiant and the Revd James Funnell presided over a joyful occasion.

The day was completed by a ride in the vintage 'King Harry' coaches to *Boconnoc* for the wedding breakfast.

Greg White



WEDDING PHOTOS BONUS



Harvey Dunstan, a Drone Operator, was asked in August to do the aerial shots of the Green for the wedding of Tom Parsons & Amelia Cairney, which we reported in the last issue of *The Golant Pill*.

In doing so, Harvey also got a few aerial shots of Golant, and this is just one of his stunning drone photographs of our lovely riverside village, which he is happy for us to publish.

His details are: harvey@bddronephotography.co.uk

HD Drone Photography

10 Polbarmon Close

Par

Cornwall

PL24 2FU 07725 851389



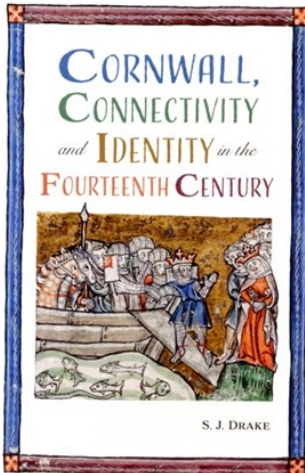
Breaking the Mould: The South West Suffragettes

A talk by Pamela Vass

**Saturday, 16 October at 2.30pm
at Whitecross Village Hall**

A fascinating story of the fight for the vote in the south west – the tale of West Country women prepared to protest publicly, join mass rallies and go on hunger strike.

Pamela is a writer of fiction and non-fiction and lives in Looe.



14th Century Cornwall

a talk by Dr Sam Drake

**Saturday, 13 November at 7pm
via Zoom**

Sam recently published his research on 14th century Cornwall. It was a time of pirates, the Fowey Gallants and more. A talk and a conversation with Dr Helen Doe.

Cornish born, Sam gained his PhD at Royal Holloway University and is now a Fellow in the Institute of Historical Research.

Face to face meetings: Members £5 each (non-members £8)

Zoom meetings: £5 per screen for members (£8 non-members)

All meetings will follow the Government guidelines in force at the time so may be subject to change

For further information about the programme of Talks and the Society please visit our website at- www.foweyharbourheritage.org.uk. Why not become a member - Membership costs £15 or £25 for two adults at the same address. An application form, and much else can be found on our website.

Golant Walking Group

The month of September saw many of us still involved with visiting family & friends. Our plan for two walks was reduced to one which would take place at the end of the month.

We gathered in St Stephens and set off for our walk through the Tregargus valley under a blue sky and bathed in warm sunshine. This is a little known, wooded valley which offers an outstanding insight into our local industrial heritage. Our walk afforded opportunities to explore many structures involved in the processing of china stone. As well as five remaining mills there are leats taking water to the various water-wheels, pan kilns, mica drags, a blacksmiths shop, bridges and disused tracks which were once tramways.

Led by our knowledgeable guide Sue, this was a well attended walk, much enjoyed by all. Our enthusiasm was not dimmed by evidence of visitors less inclined to tidy up behind themselves and we all managed to negotiate some of the trickier paths which had deteriorated as a result of recent bad weather.

October will see us walking on the north coast as well as enjoying more local, accessible routes. We are a friendly bunch and welcome all to join us.

For information please contact anne.bonsall@btinternet.com

Anne Bonsall





As autumn approaches, we can look back on successful summer events and start planning for the darker months.

Boatwatch Flotillas

The second Flotilla meeting of 2021 was held on 10th August, with another fine turnout of around 15 boats and over 40 people. A grand collection of smaller boats, accompanied by two larger craft- Jester & Cake by the Ocean. Another lovely evening, and the flotilla made a patrol of Fowey Harbour then rafted up in Pen Pol for refreshment. An excellent show of hi-visibility force by the Boatwatchers.



CCTV at the Quay

As mentioned in the January 2021 edition of *The Pill*, we planned to install CCTV at the Quay area once the Hut had been refurbished. The initial two cameras near the Hut were put into operation in June, and have been operational since then. A further two cameras covering the Quay and part of the frapes were added this month, and the installation is now complete.

The CCTV installation is registered with the Government's Information Commissioner and is operated on the basis that images are recorded, but only viewed if a potential incident is suspected. The system has already been called on for information in relation to a number of suspected incidents, none of which, fortunately, turned out to be marine crime.

In the event of a Boatwatch member or Golant resident suspecting theft or an incident in the Quay area, contact Boatwatch and we can examine the images to see if we can provide useful information or evidence. (*Details below*)

If anyone spots a problem on the river, please contact one of the following:

Harbourmaster's Office

01726 832471
(out of office hours transferred to Duty Officer)

David Bonsall (Boatwatch)

01726 834458

Autumn Approaching

As the nights draw in, we need to start preparing ourselves and our watercraft for the winter.

The Boatwatch Committee has been debating whether we can hold a face-to-face AGM in the Village Hall in November, with suitable Covid precautions in place. We have emailed members to see whether sufficient numbers would wish to attend. If we get a suitable response, we will organise our normal AGM event, with pasties & wine for sustenance.

For our boats, it's time now to be planning winter maintenance, and where your boats will be kept over winter. For those staying on a river mooring into the autumn, or staying out over winter, it is important to review whether your mooring ropes are adequate. Many boats are secured with single mooring lines, and there is always a risk that these will fray and part. It is worth reviewing the condition and strength of your mooring lines, and giving consideration to fitting a secondary line that will hold the boat in the event of failure of the main mooring line.

Enjoy the remainder of the warm weather for autumn river activities and Keep Safe.

David Bonsall, Chairman, Golant Boatwatch

Golant Quay Users Association

We held our first face-to-face committee meeting on Wednesday 22nd September since September 2019.

The committee agreed to this year's berth allocation recommendations, so that allows me to send out the boat stickers which should all be posted by end of September. So, if you have not had yours, and errors and omissions are always possible, then please contact me.

The derelict boat problem continues, although we are down from the original 14 to 6 now, and the owners' time is up to either remove them or start work to make them seaworthy. We will write to them again, this time informing them that we propose to start removal/breaking up at their expense.

We discussed at length the proposal to erect a kayak rack and the possible locations for it. When we have decided the best way forward for both the site and the administration process, we will consult with the village on the proposals to make sure we get the best solution for Golant.

We also thought that a Pill clean-up is long overdue, so will be organising that in the near future and asking for volunteers to help.

Peter Edwards, Chairman GQUA

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Village Hall Committee

The Village Hall committee have continued to plan social events working around Covid recommendations and guidance to maintain as safe an environment as possible. The refurbished kitchen includes better storage, electric sockets, cooker, a user friendly hot water dispenser and a dishwasher.

Coffee mornings will continue monthly, with the addition of occasional afternoon sessions to enable getting together. There is a well stocked bookshelf, a good range of DVDs & jigsaws. Books & DVDs are 50p towards the village hall fund.

Once again La Soupe Populaire will recommence on Wednesday 13th October for those wishing to attend in the Village Hall or have a home delivery (£3). Soup recipes will continue to be vegetarian, gluten and dairy free. We will have a special Christmas soup celebration in December. Prebook for the village hall or home delivery via Carol Gabb either on 01726 833557 or cagabb23@gmail.com

Film season

C-film membership runs from January to December and it has been decided to provide a free film programme in the Village Hall from September to December (see Calendar back page). We will then re-join C-film in time for a film season commencing January 2022, with any attendance requiring membership.

Film on the Green

The first film of the programme was *The Lion King*, a film for all ages. Huge thanks to David Bonsall, Martyn & Fayre Hardy, Penny Parsons and the generosity of Ian and Sarah Laughton for the use of their garage and electricity. The quality of the village hall sound equipment is amazing, as well as film equipment being able to use blu-Ray DVDs. The weather was perfect, and although the light took awhile to fade the film started on time, and 57 attended, both young and older who were either seeing the film for the first time or again. Pop corn was provided by the village hall committee, which always adds to the fun of the film on the green.

Christmas decoration swap

Last December Vilma and Robert Dunley gave a huge selection of Christmas decorations and lights which were available in the village hall, and any donations were collected for a local charity. It was such a popular event, we have decided to challenge everyone to go through their decorations, drop them off on Friday 26th November at Fayre and Martyn Hardy's garage; we will then display in the village hall ready for the great swap on Sunday 28th November 2-4pm. Donations will be collected for the Village Hall eco initiative.

Carol Gabb

Advertising Rates

There are three sizes of advertisement available to you in either vertical or horizontal form.

Please note: The size may vary to fit the space available, but will be the same square area as far as possible.

A 65mm x 60mm
@ £40 for six issues

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Additional £15 for colour for all sizes.

Preferably, Artwork/Copy should be emailed to thegolantpill@gmail.com

An invoice will then be sent to you by Karen Wells-West.

Alternatively, send your artwork or copy as required, together with an appropriate crossed cheque made out to **The Golant Newsletter**

to Karen Wells-West, Bloweys, Downs Hill, Golant, PL23 1LJ

Some Cornish Proverbs

Promises are like pie crusts, made to be broken.

Like an old sheep, always seeing greener fields farther on.

Empty plates, full bellies.

A stew that do boil is a stew that will spoil.

Like Lanson gaol, oal upside down.

Carry a knife, a piece of string and some money, you can cut, tie and buy.

Taken from 'Jan Bedella's Fiddle' by Kathleen Hawke

Cornish Dialect names for

Animals & Insects

Bee - Dumble drain

Caterpillar - Snortleywink

Frog - Quilkin

Hedgehog - Fuzzy pig

Lizard - Four legged emmet

Seal - Groyne, soyle

Woodlouse - Grammersow

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You are welcome to visit the farm.

Please visit our freezers by the farmhouse - they will be signed.

Prices are posted so put money in the box.

Leyonne Farm Produce

We are offering our home-reared produce for sale (while stock available)

Beef, Pork (some bacon and ham), Eggs

Boxes of fresh meat available to order twice a year.

Or phone ahead and we'll find it!

On the right as you go down to Golant

Tel. Bridget or Martin on 01726 833068/ 07854 735205

WEDDING ANNIVERSARY CELEBRATIONS (50 & 60 years!)



Richard & Linda Brice recently celebrated their **Golden Wedding Anniversary** with family & friends at the *Royal Fowey Yacht Club*. A very dapper Richard is about to cut their cake topped with the words '50 Golden Years'!



Mike and Gillie Harris were flabbergasted to receive a congratulatory card from the Queen, handed to them by their daughter Claire at the end of the very special service in St Sampson's Church, taken by their son-in-law David & daughter Becca, to celebrate their **Diamond Wedding Anniversary**. Further details of the service are in Simon's article on the church page.

"We were overwhelmed by the number of cards, flowers, bottles and good wishes we received from our wonderful friends in this very special village (and beyond), and we thank you all so much for helping to make our celebration such a joyous occasion.

We had a wonderful family time. Every close family member came, except for our younger grandson who had recently joined the police. However, as a former chef, he made an amazing cake, transported safely all the way from Sussex! So many happy memories of a special time for us..."



Viviane and Alastair Barr were delighted to count themselves among the merry band of Golant big wedding anniversary celebrators this year.

They celebrated their **60th (Diamond) Anniversary** on September 16th, having tied the knot at the lovely church of St Columb Minor, just outside Newquay.

Following a honeymoon in Spain, Viviane and Alastair moved into their new home - *Trethellan*, which they have occupied also for 60 years - never having moved once!

The main celebration took the form of a tea party on 11th September in the Village Hall, organised by their son Julian and daughter Sarah, and attended by about 60 - including family members (from London, Suffolk, Birmingham and Bristol), and villagers as well as members of *Castle Dore Rowing Club* and other organisations. Despite a note on the invitation that no presents were expected, numerous bottles and bunches of flowers appeared, together with multiple cards. The actual anniversary was marked by a family lunch at the *Golden Lion* at Stithians attended by various members of the family who had stayed down west after the tea party.

How about this wedding at St Sampson's Church exactly 100 years ago? Seemingly, there was no shortage of money, going by the description of the outfits, honeymoon and presents!

Extracts from an article in the *Cornish Guardian* 19th August 1921

WEDDING AT GOLANT MILLS—HOLMAN

"The wedding of Miss Elsie Mills, fourth daughter of the late Mr. and Mrs. Gundry Mills, Torfrey, Par, and Mr. Percy Mynors Holman, second son of Mr. and Mrs. J. M. Holman, of Rosewarne, Camborne, took place at St. Sampson's Church, Golant, on Wednesday 10th.

The Bride, who was given away by her brother-in-law (Mr. Roger Treffry), wore a charming gown of white & silver brocade, trimmed with pearls and orange blossom. Her veil, made of old Brussels applique lace, lent by her sister, Miss Torfrida Mills, formed a Russian head dress and fell in graceful lines forming her train. The Bridesmaids wore draped gowns of blue chiffon, with head dresses of blue & silver leaves. The bridegroom's gifts to the three elder bridesmaids were ivory topped handbags, and to the two younger diamond and enamel initial bracelets.

Mr & Mrs P M Holman left later for their honeymoon, which is to be spent motoring in France, Switzerland, and Italy.

The bridegroom's present to the bride was a diamond and platinum wrist watch, and the bride gave the groom a mahogany innovation wardrobe."



We managed to organise two outside events recently. The first was a beach clean at Polridmouth, organised by Claire, and thanks to everyone who joined in on a lovely sunny Sunday morning. The good news is that we didn't find a large quantity of litter by weight, but sadly lots of little pieces of mainly plastic. The results from our litter survey will be submitted to the *Marine Conservation Society* as part of their national analysis of beach litter and its sources. A particularly strange find was a casing from a remote control - how does this end up on a beach?? It is now in Claire's 'weird beach finds collection'.

The second event, on Tuesday 21st September, was a return to *The Sanctuary* in Golant, and Margaret Gardener reflects on our visit:

It was a privilege to visit *The Sanctuary* along with a small group from Friends of the Fowey Estuary. A couple of years had passed since I had last been there. I've just looked up the meaning of 'sanctuary' and it says, 'refuge or safety from pursuit, persecution, or other danger and secondly, 'a nature reserve'. Well, it is certainly both of those.

From our arrival and welcome, through our tour of the land to the convivial chat and refreshments, there was a great sense of peace and harmony. There is clearly a journey taking place here with the aim of being at one with the nature of the property and being increasingly self-sufficient as far as energy is concerned. I really liked the way Karen and Dave embraced the challenges and accommodated the resident flora and fauna, while increasing the biodiversity of the land. I enjoyed every moment and particularly liked the Permaculture Garden with all its perennial vegetables, seeing mature Elm trees which must surely be almost rare and the nearly natural wildflower amphitheatre where FOFE's resident thespian tested the acoustics with an impromptu rendering of Hamlet's '*To Be Or Not To Be*' soliloquy.

Thank you, Karen and Dave, and particularly Carol for serving the refreshments, for a very pleasant and educational afternoon.

Margaret Gardener & Peter Edwards

MYSTERY SOLVED?



This was the very first 'bee hotel' we installed in our garden, and some time later in early summer, we noticed that a number of the stems had been pulled out and were lying on the ground beneath, clearly shown here. Our first suspect was a Woodpecker – we do have the Great Spotted variety here, but we never caught the culprit.

Interestingly, after Karen's mention of her insect hotel in the last issue of *The Pill*, Maurie Parsons responded with the news that in an almost identical one of his to Karen's, a similar happening to our observation had occurred.

He writes, "*I had a strange incident back in early June, when, two mornings running, we found that a number of cones had been pulled out and were on the ground below.*" He suspected a woodpecker, but despite setting up a trail cam, it didn't happen again. However, one morning he heard a bit of tapping, and yes – it was a woodpecker picking at the cones.

It is of interest to know that these 'hotels' are used by solitary bees, who may select such a site in Spring to lay their eggs within the stems. Each egg is left with a store of pollen for the grub to eat when it hatches. The eggs are then sealed up behind a plug of mud in a cell.

We can only assume that our culprit was indeed a Woodpecker, and presumably it was after the tasty grubs left within the cones by the busy bees. Perhaps this is where 'grub', our slang word for food, comes from!

Gillie Harris

Help Required

I wonder if you could help us?

We are an RAS supported organisation pledged to support the people of Cornwall and help them understand the night sky.

We have thought about 'taking a boat to sea' on a clam clear night and broadcasting on the chat channel to local fishermen and anyone else with a radio about what can be seen in the sky above.

Would anyone be interested in getting involved? We are looking at October.

I am president of *Fowey River Canoe Club* and once upon a time a Coast-guard Afloat.

Brian Sheen, Director

Cornwall Sea to Stars @ Roseland Observatory





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Nature Notes

How on earth did we get to September so quickly? We have been extremely lucky in having a lovely, late burst of sunshine and warmth, so Autumn has arrived surreptitiously!

Our guests have been thrilled to watch Deer wandering about very close to the building and the sound of Owls calling has been very full on and loud!

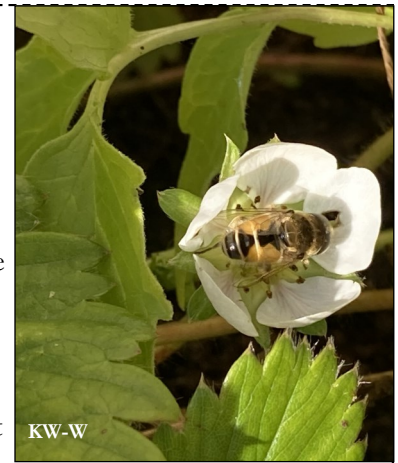
Our revisiting Swallows arrived very early at the end of March, had the first brood which inexplicably died just as the chicks were active in the nest. Then they had a successful second brood, and we have enjoyed watching them fly around the house. However, we were very surprised when there were sounds of chicks yet again in August, and worried that it was too late for them to survive. They all fledged - four of them, and they have been flying around madly for the last few weeks. Every morning we see them sitting on the airer in the carport before flying off in a flurry. So, we thought they had left for their journey, but two days ago, two little heads were poking out of the nest, so where are the others? And why are these two still here?

Another avian sighting that many people have been lucky to see are the pair of Ospreys that have been fishing right in front of the village. David was so lucky to see one of them dive and catch a fish a few feet from his kayak, and he has seen a pair flying down from Lerryn. He was so mesmerised that he didn't take photos or videos!

We have seen Serena the Seal often when out paddling, and appearing to moult(?), and we spotted what we think are juvenile Little Ringed Plovers - (*photo below*), so can anyone help with that?



Ian Laughton came up to the Sanctuary a few weeks ago to see if he could practise his 'Bumblebee walk', but we didn't have great weather and it was getting a bit late in the season - still, he found Red Tailed, White Tailed, Buff Tailed, Common Carder, Tree and he thinks a Red Tailed Cuckoo Bumblebee, but wasn't sure.



KW-W

He had another opportunity to have a go when we welcomed Friends of the Fowey Estuary as part of Big Green Week celebrations. Luckily the weather was amazing, so we were able to show everyone our fledging permaculture beds, polytunnel, charcoal kiln, our new orchard plantings and the general growth of the land since they were last able to visit! We were also able to talk about being off grid and how the project came about for those new members that hadn't visited before, ending of course with tea/coffee and cake!



KW-W

Karen Wells-West

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Golant Gleanings

WELCOME

We extend a warm welcome to Clive & Jan Atkinson from Steeple Aston, Wiltshire, the new owners of *Applegate*. We do hope they may attend our returning popular December event - Meet & Greet- (see below) so that they may be welcomed by our friendly Golantians!

Meet and Greet

One of the mainstays of Golant village life is back this December – **Meet and Greet** at the Village Hall – Sunday 12th December. Write it in your diary, NOW!

Meet and Greet is a totally *informal* gathering of villagers to welcome newcomers to the village (well, that's the excuse). We missed it last year (covid) but a small group of us have resurrected the occasion (not true- Doc Skerrett told us we had to!).

12 noon start, and if you are still there at 2.30pm you might be helping washing up. To the initiated: please spread the word and encourage newcomers who might not yet be on the Golant super broadband village network to attend and have some fun; to the uninitiated: we all bring a 'bottle or two' plus some nibbles/bakes/tapas/canapes/cakes/you name it.

This event will, of course, adhere to the Government guidelines and rules on Covid restrictions – so an update prior to the event will be posted closer to the time. Any questions or queries to jeremylloydevans@gmail.com See you there!

Having missed our annual summer events this year - Sports & Carnival and Madness in the Pill— you may be amused to read the following local newspaper extract from 100 years ago. There are definite similarities (including inclement weather and a Cornish Band) but also intriguing variations.

Ed.

Extracts from an Article from the *Cornish Guardian* on 29th July 1921

GOLANT REGATTA

A POPULAR EVENT

"The popular regatta and sports were held on Saturday July 16th, record entries being received for both. Unfortunately, the weather was not favourable, with rain falling in the afternoon and sending hundreds homewards just before the sports commenced.... The Stenalees Silver Prize Band gave great satisfaction both at the regatta and sports."

Interestingly, the sports included a tug of war, which we also include today, but two very different events are intriguing - 'Musical Chairs on Bicycles' and a 'Pillow Fight'. How about reviving those two when Golant has its next Sports Day?!

There were also '**Aquatic Events**' which perhaps were the precursor to our 'Madness in the Pill' activities, though they sound less imaginative! There were various boat races, including an '*Open Shovel Race (three in boat)*' & '*Double Paddling, Lady & Gent*'.

ST SAMPSON PARISH COUNCIL

Covid rules and meetings:

You would be forgiven for assuming that all the original rules are now forgotten? But anyone who operates a 'group' or building, will still need to ensure that the appropriate 'risk assessment' has been carried out. To underline this fact, it is with disappointment to confirm that a 40 strong choir in a nearby village have had to cancel a forthcoming performance since 36 of their number have now contracted COVID.

So, the Parish Council have returned to the Village Hall, but remain very conscious of the need to maintain Covid protocols.

Neighbourhood Development Plan:

You will read below of the successful outcome from the recent referendum. I just wanted to take this opportunity to thank all those involved in delivering this result, and especially to thank Councillor Harper for completing the task on everyone's behalf. Well done Siobhan.

Toilet Block:

Try as we might, it seems that we still cannot prevent people *trying* to make use of the 'out of use' toilets! The so called 'disabled' toilet is fully functioning as mentioned in the last issue of *The Pill*, which we have deliberately continued to spray with an airborne anti-bacterial product to counter any ongoing COVID risk.

Playground:

I was hoping to be able to confirm the outcome of our deliberations of enhancing the playground and bringing it up-to-date with an exciting 'nautical styled' installation. But the actual size of the available footprint (and the desire to retain the slide, swings and see-saw) has inhibited the installation thus far, so we need to do a little more homework on how best to fit in the various items in the space available. Still therefore a case of 'work in progress' for now.

Finance:

We remain in good financial shape at the moment, with solid reserves for both the playground and the devolvement and re-development of the toilet block. But as somebody reminded me, the devolvement of the toilet block was first mentioned some 12 years ago! So, we are currently having to engage in fairly robust debates with Cornwall Council to try and take this project forward.

Village Map/Street Names:

I am delighted to confirm that Ian Laughton has offered to redesign and put together an updated 'village map', replacing the original one created by Sue Reardon, which we found so useful. So, if anyone intends changing their house name, then please let Ian know.

In a similar vein, we discussed at our recent meeting the lack of street names, which still leaves *Amazon* drivers (other drivers are equally found to be lost) struggling to find addresses. It could be comical, but imagine if the vehicle was an ambulance and needed to find an address in a hurry? We are therefore considering the installation of street names and signs. If anyone has a firm view one way or the other, then perhaps let me or any of the Councillors know.

Speeding into the village:

Following a number of complaints from residents about the speed that some vehicles enter and leave the village, I have written to all of the various interested parties, including the Canoe Club, Rowing Club, Boatwatch, Paddle SUP and the Developer, to underline the need to inform their members and subcontractors to watch their speed. I hope it has some effect.

David Jenkinson
Chairman, St Sampson Parish Council

"Taclow da a wber yn Golans"

Neighbourhood Development Plan Approved

Good things do happen in Golant! Thank you all for your overwhelmingly positive vote for the adoption of the St Sampson Parish Neighbourhood Development Plan. We had nearly a 98% positive vote and approximately 50% of registered voters taking the time and trouble to make the Plan a reality.

This means that our community has an increased ability to influence planning in our Parish. Future plans will need to not only conform with local and national planning policies and guidance, but they will now also need to meet the Neighbourhood Planning Regulations.

It has been said many times but worth saying again: A huge thank you to those who have made this possible. We have large files containing agendas, minutes, questionnaires, analysis and communications. These show the hard work and involvement of many of you who have made a real commitment to achieving our vision: ***"to understand, preserve and develop what is good about living and working in St Sampson Parish, for the present and future generations"***.

Thank you.

Cllr Siobhan Harper

Andrew Bailey (A.B.)

So many Golant folk have commented on how much they miss seeing Andrew Bailey nipping around the village, delivering, in his little blue Bailey's lorry, often with his wife Margaret in the passenger seat. Always a gentleman, nothing was too much trouble and if any one could deliver to those awkward narrow places in the village, Andrew could!

But I wonder how many people know of why Andrew felt such an affinity for the village of Golant. His mother, Winifred, was the youngest but one of twelve Tabb siblings, with six brothers and six sisters born and raised here in the village. When she married Walter Bailey the strong family connections and links with Golant endured. Thus, Andrew no doubt spent many hours in the village when growing up, visiting aunts, uncles, cousins and friends.

His father, Walter Bailey, kept a coal store here, roughly on the site of the former art gallery opposite the car park, from which he delivered coal to the homes in Golant. As the business of *Walter Bailey (Par) Ltd* grew and flourished, Andrew and his two brothers eventually took charge of the company. The business has always held a strong family tradition and Andrew's son, David, now runs the company. But Andrew never stopped working, and enjoyed being out and about delivering in his lorry, which is why he was such a familiar face to so many.

Andrew received a fantastic send off, carefully orchestrated to fulfil his wish that it should not be a day of sadness. The funeral service held in Tywardreath Church, where Martin Whell, a close family friend, delivered a eulogy on behalf of Andrew's family, was live streamed to a large screen erected in one of the sheds down at *Bailey's* yard, and watched by a very large 'congregation' of extended family, friends, staff, customers and clients who came to pay their respects. The gathered assembly watched a slide show of many wonderful photos playing out a reminder of Andrew's sense of family, fun, interests and achievements, and listened to an amusing eulogy from the work place perspective, warmly delivered by Sam Parsons. (Sam's great grandmother was the oldest of those Tabb siblings).

Andrew arrived from the church on the back of his lorry (this had been his wish) and when the time came to leave for a private family cremation at *Glynn Valley Crematorium* he was duly escorted by a cavalcade of the entire *Walter Bailey* fleet of lorries. What a farewell journey!

An amazing £4,000 was raised through donations for *Cancer Research*, a testament to the high regard in which Andrew was and is held. Andrew, you are sadly missed, but very fondly remembered.



Penny Parsons

A wooden-textured advertisement for 'Paddle Cornwall River Encounters'. It features a circular logo with 'PADDLE CORNWALL' and 'RIVER ENCOUNTERS'. The text promotes various activities: 'Bring Your Adventure To Life With Paddle Cornwall River Encounters', 'WHY NOT JOIN THE TEAM AT PADDLE CORNWALL RIVER ENCOUNTERS FOR EITHER A STAND UP PADDLE BOARDING LESSON OR ONE OF OUR STUNNING KAYAK RIVER TOURS?', and 'OR HIRE A KAYAK AND CREATE YOUR OWN ADVENTURE. THEN JOIN US IN THE BOATSHED CAFE FOR SOME WELL EARNED REFRESHMENTS.' It also mentions 'STAND. Clothing' and 'HEAD TO OUR PADDLE CORNWALL SUP WEBSITE TO CHECK OUT OUR CLOTHING RANGE, STAND. DESIGNED TO TAKE YOU FROM BOARD TO BEACH TO BAR #StandUpPeople'. At the bottom, it provides contact information: 'CALL OR EMAIL ON 01726 832451/07792062471', 'PADDLECORNWALL@OUTLOOK.COM', and websites 'WWW.PADDLECORNWALLSUP.CO.UK' and 'WWW.ENCOUNTERCORNWALL.COM'. There are several small photos of people kayaking and paddleboarding.

Mini Tornado Rips through the Village

A good number of us were rudely awakened in the early hours of Monday (25th September) when what can only be described as a mini tornado ripped through the village, flattening late border flowers and uprooting some of our fruit trees and shrubs, whilst others with properties tucked under the hill slept soundly on regardless, and those living at the top of the hill simply remarked on it being a bit windy! It certainly rattled the windows and shook the beams for many of us, and was followed by a torrential downpour, and a river of water washed stones & debris rushing down the streets.

This picture shows fallen large branches from the top of a sweet chestnut tree in Lynette's garden, much of which landed in Estelle and Andrew's garden, knocking out phone lines around Chapel Corner. Paul said he could see what looked like a mini tornado circling at the crossroads. It certainly whooshed down Fore Street, demolishing the marquee and storage bins at the pub as a final flourish.



Penny Parsons



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The headings for the
October & November chapters in
Uncle John's Gardening Year Book

[Uncle John's Gardening Year
& Auntie Paddy's Recipe Book](#)

These *Golant Pill* publications are usually available in
the Church, Walter Baileys at Par
(Gardening Book only),
or from Mike & Gillie (833897).

£6 each or two for £10 (Mix or Match)

UNCLE JOHN'S GARDEN PATCH

Well, yer we be, another month gone by and a step nearer to the end of 2021. 'Tedd'n't bin a bad yer so far as 'tev 'turned out, but 'tev tried my patience at times along with everyone else I s'pect. But then that's gardening, and dealing with Mother Nature's fits and starts you'm bound to get vexed at times. We've had some brave hot days, and then some days when you d'think 'twas heading for Autumn!

As usual, there hev bin some successes and some failures. I d'think the main failures hev bin due to the lack of water. I'll hold my hand up, as 'tis probably my fault and my complete aversion to using the hosepipe! But I bain't overkeen on lining SWW's pockets at my expense.

The teddies came up brave and well, good size and clean, but I had to cut the tops off, as there was a touch of blight showing on the leaves, and I planted up the vacant ground with a sowing of some french bean plants I had brought on from seed. The first sowing did a brave good crop and hev bin safely stored away in the freezer.

Lettuce and spring onions be on their third sowings, and this repeat sowing d'make certain sure that you always got fresh salad crops to draw on during the summer months. 'Tis a wisht old job if'n you'm fancying a salad and you bain't got any lettuce, and you'm forced to go out and buy one, because there's nort as fresh as a lettuce that's just bin pulled from the ground.

The tomatoes 'ev really benefited from the handsome hot sunshine, and be tasting like proper tomatoes, not like they wisht old things you can get in the shops.

As the ground becomes empty of crops, 'tis a good time to put a spade in the ground and get it turned over, to let it weather over winter. 'Tis now you'm able to put a brave strew of manure on the ground and get it all turned in. If'n you think the ground needs lime, then be mindful of the fact that 'tis not wise to apply on freshly manured ground. This applies both to animal manure and that what comes out of a bag! Leave it for at least 6 weeks, and preferably 2 or 3 months. If'n you'm in any doubt as to the need for lime, then a soil test will soon show the need or not. All of the brassicas do need plenty of lime, but for teddies, or say strawberries, then 'tis definitely not needed.

Now be a good time to increase any of your soft fruit bushes by taking 6 to 9 inch (old money) cuttings of this year's growth with a straight cut just below a bud. Cut off the soft upper part of the cutting with a sloping cut, just above a bud, and this sloping cut will serve two purposes. It will tend to run any water off and also you'm able to tell the top of the cutting from the bottom. This is brave and important! Now, insert the cuttings into a trench in the ground, with coarse sand in the bottom to assist in drainage, to a depth of about two thirds of their lengths, and press the soil in around them. Water well now and every whip and awhile during the autumn as needed. Leave until next year, lift and plant up in their final position.

Nort

Auntie Paddy's Recipe Corner

Millie van den Broek has sent the recipe for this issue. It is a variation on the most iconic of Cornish food and was passed down from Mollie's mother to her, and now down to Mollie's granddaughter Millie.

Millie & Mollie's Pasties

For one pasty

200g Puff Pastry

100g Potatoes

40g Onions

10g Margarine

100g Minced Meat (or authentically you should use Skirt)

1. Knead your block of pastry until soft and roll out to the size of a 9 inch circular plate.
2. First add a layer of potatoes in a line down the centre of the pasty, with onions on top. Then add your lump of margarine in the centre and cover everything with your meat. Add salt and then lots of pepper.
3. With a brush, paint a line of water around the edge of the pastry and lift up the edge of the pastry on each side of the pile of filling and bring them together above the pile. Pinch the two sides of the pastry together so that it sticks, and do this all the way down both sides.
4. For the crimping, make sure you have lots of flour on your hands and then pinch with both fingers on the furthest right part which you stuck together, and with the right hand fold the first part in towards the pasty. Move both your hands about a centimetre to the left and fold over with your right hand again. Repeat this all the way down the pasty.
5. If you are planning on freezing the pasty, then stab it with one hole.
6. Cook the pasty at 180°C/350°F/Gas Mark 4 for 40 minutes.
7. Enjoy!



Millie van den Broek

The nearest defibrillator location is:

In Golant -
Outside The Fishermans Arms

In Fowey -
Readymoney Beach Cafe
Royal Fowey Yacht Club
Royal British Legion- Town Quay
Gallants Sailing Club
Caffa Mill toilets
Safe Harbour Inn

Please write down location instructions here. Draw a map if it helps make things clearer.

Always start CPR immediately - then use the defibrillator
> If a trained first aider is not available, please follow the voice commands given when you open the defibrillator lid (paediatric pads may be needed)
> Can be used on any adult and on children aged one and over
> A defibrillator is safe. It will not allow a shock to be given unless the heart rhythm requires it
> We recommend first aiders take our 3-hour defibrillator training to build skills and familiarity. Visit sja.org.uk/aed for more information.

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Distributed courtesy of St John Ambulance

A Cornish Pasty Joke

A young bride, who had secretly been practising the art of pasty making for months before her wedding, made a batch on the first day of her married life. Her husband was to take one down the mine for 'croust'.

On his return from work in the evening, his silence on the subject drove her at last to enquire how he had enjoyed his meal.

"'ee waden no good 'tall," he replied.
"Time I got down to the forty fathom 'ee was scat to lembs. The wans mother made wuden braek if em falled to the bottom. They was pasties."

Taken from 'Best Cornish Jokes'
Top Mark Press, Truro

SUBSCRIPTIONS

Have you a friend or relative who would like a regular copy of this newsletter? It costs only £12.50 (£17.50 overseas) to have the six issues per year of **The Golant Pill** sent by post.

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THE NEXT COPY DATE

Please note that the **Copy Date** for the December/January Issue is

Wednesday 24th November

Articles, letters & news can be sent by email to:

thegolantpill@gmail.com

CALENDAR OF VILLAGE EVENTS

OCTOBER

Sunday 10 th	9.30am	Holy Communion	St Sampson's
Tuesday 12 th	2.00pm	Golant Heritage Group Meeting	Village Hall
Wednesday 13 th	12.15pm	Soupe Populaire	Village Hall
Sunday 17 th	6.00pm	Evening Prayer	St Sampson's
Saturday 23 rd	2.30pm	Coffee, Tea and Chat	Village Hall
Sunday 24 th	9.30am	Holy Communion	St Sampson's
Tuesday 26 th	7.15pm	Parish Council Meeting	Village Hall
Friday 29 th	7.30pm	Film Night <i>'The Book Thief' (12)</i> (Doors open 7.15pm)	Village Hall
Sunday 31 st	9.30am	Holy Communion	St Sampson's

NOVEMBER

Friday 5 th	10.30am	Coffee, Tea and Chat	Village Hall
Sunday 7 th	9.30am	Holy Communion	St Sampson's
Tuesday 9 th	2.00pm	Golant Heritage Group Meeting	Village Hall
Wednesday 10 th	12.15pm	Soupe Populaire	Village Hall
Friday 12 th	7.30pm	Boatwatch AGM (To be confirmed. See page 8)	Village Hall
Sunday 14 th	10.50am	Remembrance Sunday <i>Act of Remembrance at the War Memorial followed by Holy Communion</i>	St Sampson's
Saturday 20 th	2.30pm	Coffee, Tea and Chat	Village Hall
Sunday 21 st	9.30am	Holy Communion	St Sampson's
Tuesday 23 rd	7.15pm	Parish Council Meeting	Village Hall
Wednesday 24th	Copy Date	<i>The Golant Pill</i>	thegolantpill@gmail.com
Friday 26 th	7.30pm	Film Night <i>'Maleficent'</i> (Doors open 7.15pm)	Village Hall
Sunday 28 th	9.30am	Holy Communion	St Sampson's
Sunday 28 th	2.00-4.00pm	Christmas Decoration Swap (See page 9)	Village Hall

DECEMBER

Friday 3 rd	10.30am	Coffee, Tea and Chat	Village Hall
Sunday 5 th	9.30am	Holy Communion	St Sampson's
Wednesday 8 th	12.15pm	Soupe Populaire	Village Hall
Sunday 12 th	9.30am	Holy Communion <i>Advent Sunday</i>	St Sampson's
Sunday 12 th	12 noon	Meet and Greet (See page 13)	Village Hall
Tuesday 14 th	2.00pm	Golant Heritage Group Meeting	Village Hall
Sunday 19 th	3.00pm	Film Matinee <i>'Fishermans Friends'</i>	Village Hall

NB. Look out for a number of events at *The Fisherman's Arms* coming soon, which will be notified by Maurie Mail and via their Facebook page.

Our regular Calendar of Village Events is now getting back to normal, but please be aware that there could be updated Government Restrictions should Covid-19 again take hold, thus affecting any of the above events. Therefore, please keep a watch out for Maurie Mails and/or posters for any later developments.

Ed.

If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the Copy Date shown above, and we will try to include it.