

Waes Hael! Drink Hael!



Performing the wassail ceremony with zest...



...and what an amazing crowd of eager wassailers

New Year's Day may have arrived dull and damp but that did not dampen our wassailing spirits! What a turn out! We began with a larger than usual crowd mustering ready to begin at *Bodriggan*, and from then on numbers seemed to swell as we made our merry way along the route. At one point 74 participants were counted, twice the number expected! And what a wonderful crowd stayed the distance to patronise our ever enthusiastic landlord for a final munch and toast on the terrace of the *Fisherman's Arms*.

Our Green Man, Martyn, *(see him on page 11)* resplendent in his smart new costume, cleverly fashioned by Sue Strachan from the former Village Hall stage curtains, kept us well entertained as we performed our customary wassail ceremony with ever increasing gusto. It was lovely to see so many new faces amongst the wassailers, and it didn't take anyone long to get the hang of the responses.

We can only visit a few places on the way, but rest assured those trees blessed represent all the fruit trees in the village, and given the energy that day we should hope for a bumper crop this coming year.

Beginning at *Bodriggan* with one of the oldest apple trees on our slopes, we went on to visit *Rose Cottage* and *Trethellan*, culminating with two newly established orchards in Carol and Richard's field and on the *Sanctuary's* lower slopes.

As has been told many times, in the mid 1900s boat trips from Fowey were organised at apple blossom time, specifically to see the glorious spectacle on the hill sides of Golant. Whilst those old orchards have long ago given way to houses, several villagers are planting new fruit trees and, once these two new orchards have matured a little, Golant's slopes may once again display a glorious spring time spectacle!

FROM THE EDITOR

Trees are such a wonderful and important part of our natural world, and so many expressions relating to them are used in our vocabulary, including symbolic ones.

Think of a 'Family Tree', with all its 'Branches', but despite those divisions, we are still from the same 'Roots'. When writing my ancestral stories, I felt this very deeply, and so I've used a ghosted image of the very special oak tree we have in our paddock behind the generation lists of my ancestors. It was this tree, "symbolising life, stability, strength and joy," which our daughter focussed on within the very special sermon she gave at St Sampson's Church for our Diamond Wedding Anniversary in August.

In the opposite column, Sheila Read sent in a neatly reflective piece of writing relating to trees, and I have used part of the same ghosted oak image behind the text.

When Sheila sent me the PS update on their Golden Wedding Anniversary (opposite), she began by writing, "Lovely to think how from one tiny request (an acorn) something so much bigger can grow (a mighty oak)." We subsequently shared a number of emails reflecting on one special tree personal to each of us when we were children!

Within this issue, there are a number of other references to trees, including our wassailing cover story, when village apple trees were blessed. Incidentally, I note that there is an interesting Cornish dialect word for a specific drink, made of cider, brandy, sugar and a little water -Sampson!! Well suited to our parish...!

Appropriately, we are pleased to welcome a new advertiser (p10), with a strong village link to this cider theme.

On page 9, there are some dialect words relating to trees, and on page 14, for good arboreal measure, I have included a west-country poem about the burning of Tree Logs. In past issues, I have extracted a verse or two, but here it is in full.

Meanwhile, you can read a light-hearted poem on page 3, marvel at a well-deserved personal award on page 11, evoke Christmas village events memories on page 10, and be amazed at a village record on page 6!

On a well-being health note, we have an interesting and thought-provoking article on page 13.

Keep warm and keep safe ...

Gillie Harris

BLACKMOOR and our GOLDEN WEDDING ANNIVERSARY - a PS...

Thank you, Mike & Gillie, for the lovely piece in the last *Pill* on our Golden Wedding Anniversary, and also for taking the time to chat to me about our shared memories of our time in the village of Blackmoor in Hampshire.

After seeing the book *Blackmoor and its People*, shown to me by Gillie & Mike, I was able to research and find myself a copy, and sure enough, there I was in a school play photo aged about 11. I recognised several of my classmates, and with a bit of networking managed to locate a friend whose brother married the sister of the girl standing next to me in the photo. I was then able to make contact with the girl and catch up. After 60 years there was a lot to talk about. Sadly, Janet is suffering from failing eyesight, and is therefore not able to get out and about much, but again, through the power of friends, she is now in touch with a local group of old classmates who will include her in their meetings.



I think it is lovely that one small idea to record a Golden Wedding has led to the unfolding of new and ongoing friendships.

The Power of Love?

Sheila & Marcus Read



This caught Sheila Read's eye as an uplifting piece of writing.



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It is exciting to be able to say that Sue has now reached a point in her research of the History of Houses in Golant where she is able to share some of her findings. This will take the form of a series of mini exhibitions, each focussing on a specific area of the village.

Exhibition 1: Saturday 2nd & Sunday 3rd April in the Village Hall, 10am – 4pm

The first exhibition will focus on the section of Golant from Bodriggan, down Church Hill, School Hill and including Tanhay. (Not Penquite Farm at this time as that falls into the Farms category). It will provide an opportunity for a first look at what has been uncovered, and to invite any additional information, corrections, queries and anecdotes. If you have any stories or photographs relating to these properties it would be wonderful if you could email a digital copy to -

sue.reardon2@btinternet.com before that date.

In order to whet your appetite, Sue is also offering a talk:

Tracing the History of your House Saturday 26th March 7.30pm, in the Village Hall.

Entry: free

"Have you ever wondered who lived in your house before you and what they did in life? Regardless of the age of the property, there's always a story to tell. If it's brand new, what was the land it stands on used for previously? If it's old, how old? I'll give suggestions about investigating answers with some local examples" SR

It's our AGM Tuesday 9th March 2pm. Everyone welcome! (To be followed by an ordinary meeting.)

Penny Parsons (chairman)

Golant Summer Produce & Craft Show

It seems strange on this dull January day to be thinking of the Village Hall full of home-grown fruit, flowers & vegetables, plus colourful crafts, cookery and children's classes at the annual Summer Produce & Craft Show.

However, a date has been fixed for this year's show. It will be on Saturday 30th July, so do put the date in your diary.

The committee has a meeting in February, and it is likely that the programme will be the same as planned for last year's event (maybe with a few changes), and so in the next edition of The Pill there will be a full programme in order that you can start planning your entries.

Janet Gore

'Sea Views' at Leyonne

A week away! A great idea; Air BnB I thought -I'm bound to find the prettiest spots, And those most highly sought.

And then I saw it: proper job! Sea views, and all mod cons At Leyonne Farm - the perfect home, A static caravan.

And seven fifty pounds a month Did sound a bit bizarre -But then I thought how generous These Cornish farmers are.

The car was packed, the house all locked, The satnav loaded up, And off to Cornwall we both went With brimming coffee cups.

'Leyonne Farm - yes! There it is!' My wife exclaimed with glee. 'Quick! Turn right here! It's over there Between the hedge and trees.'

We gazed in horror at the sight. The front was on the ground. And where's the sea? It's grass and cows For miles and miles around.

Straight to the Farmhouse we both went; The charming wife began To speak - but then the Farmer came -A giant, grumpy man!

'Now, look'ee here!' he bawled at us, 'I hope you've no complaint!' 'A sea view caravan?' I said, 'Oh, no, it bloody ain't!'

And so we left without more words, My wife was quite unwell; 'That lovely farmer's wife,' she said, 'And horrid Mr Whell!'

Now there's a moral to this tale That you can take through life; A Cornish farmer's best ignored -Talk to his charming wife!

Simon Funnell

An 'explanation' from the Whells:-

"They say it is better to be talked about than to be ignored, and we have done our best to enhance the conversation in the Parish. As you will see, the accommodation in question has been 'renovated' in an attempt to improve the reputation of the area, and we trust that these 'repairs' are to the liking of the community.

Once we have managed to protect the new tree behind, one final action will be taken;, and anyone feeling cold is welcome to attend-plenty of heat is guaranteed!

As far as the poem is concerned, we are ambivalent; one of us is pleased, one less so! Thanks to all our neighbours for their tolerance and forbearance."

Bridget & Martin Whell

NEWS FROM ST SAMPSON'S CHURCH

Fortunately, we were able to sing at the Advent Service, and for services in December, and then for our two Carol Services, one on the Sunday before Christmas, and one on Christmas Eve. These were very well attended, and although having socially distanced seating reduced capacity, over 100 people were able to enjoy singing such favourites as *Once in Royal, O Little Town* and *O Come, All Ye Faithful.* The choir sang *The Sans Day Carol* and *Mary's Boy Child* to the accompaniment of the handbells, and many other carols were played on the handbells alone. The Revd James Funnell presided at both services, for which we are most grateful. The format of six lessons seemed to work very well, and thanks to all the different and accomplished readers at these two services.

Christmas Day also saw a full church, with the Revd Jake Loewendahl presiding, and the flowers, Christmas tree, crib and candles made the church look stunning for all three services, and, for a moment, banished all thoughts of the pandemic. Many thanks to all those whose hard work made these services possible.

At the recent PCC meeting, it was decided that as we had spent less on service costs with two shorter carol services, we will give $\pounds 250$ to St Petroc's – with the cold weather upon us their work is more important than ever.

At the start of this New Year, we were singing an opening and closing hymn; we now feel able to sing three hymns, with some people singing with masks and some without. Seating is still socially distanced, and we have rearranged the chancel furniture to improve visibility from the north aisle and give an increased sense of space.



Handbell ringing has now begun again, (with a festive 'away day' at the pub, left) and there are currently sufficient ringers for three groups on a Monday afternoon; I have space for one more ringer, should anyone be interested. Choir is resuming in February, but we will continue to be cautious until we are confident that singing in close proximity is safe. Singing is a great activity, and if you would like to join the choir please do contact Sheila.

Every five years the church has a detailed inspection by an architect, and our Quinquennial Survey will be in March. We hope that the fabric of our lovely church will prove to be in good condition.

As you will be aware, St Sampson's is still 'in transition' – without a priest in charge – and the initiative to re-distribute clergy among the parishes ('On the Way') is currently in progress. Progress, though, is proving to be a rather optimistic term!

The crib will remain in place until Candlemas (2nd February), and remember that the church is now open every day from 10.00am until 3.30pm. Our Sunday morning services are at 9.30am, except on the third Sunday of each month, when there is a short service of Evening Prayer at 6.00pm. You are always welcome.

Simon Funnell



A welcoming sight on a cold winter's evening...

CHURCH CONTACT INFORMATION

Churchwardens

Greg White (01726 832315) Simon Funnell (01726 833343)

Church Cleaning Rota

6th & 13th February 20th & 27th February 6th & 13th March 20th & 27th March 3rd & 10th April Penny & Viviane Vilma & Paddy Ruth & Gill P Jacky & Sheila Glynis



original drawing by Karen Wells-Wes

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Pill Paparazzi in this issue

RA	Robin Anderson
AB	Anne Bonsall
GH	Gillie Harris
CL	Claire Lower
MR	Michelle Robins
KW-W	Karen Wells-West

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Christmas 2021 Annual IN BLOOM Challenge

What a difference a year makes... The count for Christmas 2020 had been 58 blooms (cultivated and wild) between four of us. For this Christmas 2021 Challenge, however, we discovered a collective bumper number of <u>77 blooms</u>, a record since our first shared recording in 2016!!

The question is- should we regard this as Global Warming, or is it the milder weather in Cornwall and no frosts this year <u>before</u> Christmas? Or is it because we have this time been joined by new Golantian botanical sleuths with a large garden to explore? I guess it's probably a mix of all these elements.

Our newbies, Karen Lower & daughter Claire, now living at *Rose Cottage*, found 35 different varieties, neatly displayed in this photo. Once again, my stalwarts, Liz Anderson & Sarah Laughton, took time to search and record their finds, and Liz listed 44 blooms at *Bodriggan*. Amazing! However, I never view it as a competition; it is our <u>collective</u> count that is important.

Many plants, such as Camellias of many different colours, were again found in all our gardens, but, as before, I have counted them as one, as unidentified ones would probably have been duplicated. I was astounded by how many Primroses were in full bloom in our garden; more than ever before, and, moreover, there have been some in flower all year! So much for its name *Primula* being derived from the Latin 'primus', prime, alluding to the fact that it is among the first to appear in the Spring!

The alphabetical list of the 77 blooms recorded is as follows:



Abelia, Anemone, Antirrhinum, Auricula, Azalea (bud), Berberis, Bergenia, Borage, Bottle Brush, Brachyglottis (Senecio), Breath of Heaven (*Diosma Ericoides*), Butterbur, Calendula (Marigold), Camellia (many), Chaenomeles (Japonica), Chickweed, Choisya, Cistus, Cranesbill, Cyclamen, Daffodil, Daisy (common), Daphne, Erigeron (Cornish Daisy/Mexican Fleabane), Fatsia (Japonica), Feverfew, Forget-me-not, Fuchsia, Geranium, (including a trailing variety), Germander Speedwell, Green Alkanet, Heather (pink & white), Hellebore, Herb Robert, Hisperanthus, Hydrangea, Hypericum, Kaffir Lily, Lady's Smock (?), Lavender, Limnanthes (Poached Egg Plant), Lithadora (Purple Gromwell), Lobelia, Mahonia, Melianthus Major (Honeybush), Mountain Cranberry, Ox-eye Daisy, Pampas Grass, Pelargonium (pink & white), Penstemon, Periwinkle (white, blue & purple and white), Poppy (yellow), Primrose, Red Campion, Rose (a number, including Rosa Chinensis Mutabilis), Rosemary, Salvia, Sisyrinchium bud (Pale Yellow-eyed Grass), Snowdrops Solanum, Sow Thistle, Stinking Hellebore (*Helleborus Foetidus*), Thrift, Toadflax, Tree Heather, Turkish Iris (Lazarus), Verbascum, Viburnum Charles Lamont, Viburnum Davidii, Viburnum Plicatum, Viburnum Tinus, Wild Rocket, Winter-flowering Cactus, Winter Honeysuckle, Winter Jasmine, Winter Pansy, Wintersweet.

Many thanks to my three fellow contributors, and to some detective work by Karen Wells-West, who helped to identify one of Claire's blooms, the Lithadora! The pink one (arrowed in Claire's photo), named as Lady's Smock, is debatable...

Gillie Harris

An Unusual Avian Visitor

I spotted this little bird tucking into seeds at our bird table a few days before the heavy frosts arrived in mid-January. Apologies for the poor photo, taken through our kitchen window, but on checking, it was clearly identifiable as a <u>male</u> **Blackcap** (*see the clear photo below left, taken from the internet*). It is one of Britain's 13 breeding warblers.

Sadly, there was no sighting of it after the frosts, so we hope it survived, as it is a summer visitor, arriving in April to breed, and normally leaving in October, so should not still be here, though a few are known to winter in the south-west and Ireland.

I would love to have spotted a <u>female</u> Blackcap, which has a chestnut coloured head *(below, right)*. As a natural redhead myself (though now whitened due to age!), I feel an affinity with it... Birds of a feather?!







Gillie Harris

Fordey Harbour

We would like to wish our members a very Happy New Year and very much look forward to welcoming you to our exciting programme of talks between February and April 2022 and hopefully to welcome some new faces.

Please note: some talks will be delivered via Zoom, some will be face to face.

Nelson's Forgotten Surgeon - Dr George Magrath A talk by Barbie Thompson

7pm, Saturday, 19 February (via Zoom)

Magrath was Nelson's favoured surgeon on board HMS Victory. He was not at Trafalgar as he was then serving as medical officer at the PoW Depot Mill Prison at Millbay, Plymouth.

Barbie is a keen researcher of the Napoleonic Wars with a special interest in prisoners of war.

A History of Cornish Gigs A talk by Ann Curnow Care

2.30pm Friday, 4 March 2022 at Fowey Church

These six-oared boats have a particular link with Fowey and are a much loved sight on our waters. *Treffry*, built in Newquay in 1838, became the standard for all gigs and several have been built locally.

Anne is secretary to the Cornish Pilot Gig Association.

The Cornish Miners A talk by Ken Johns

2.30pm Saturday, 19 March at Fowey Church

221 Cornish miners formed a specialist company of the Royal Engineers in WW1 and were highly successful in utilising their hard rock skills.

Ken's talk is based on his book on the miners 'Battle Beneath the Trenches'.

Zoom meetings: free to members (£8 non-members)

All meetings will follow the Government guidelines in force at the time so may be subject to change, please visit our website for further information www.foweyharbourheritage.org.uk

Fowey Harbour Heritage Society was formed in 2012 to promote the heritage of the Fowey area and to encourage more people to enjoy its rich history.

As well as our programme of talks and events, we make grants to heritage projects and work with other organisations to promote the heritage of the area. We support regular guided walks of Fowey, Polruan and Looe between Easter and October

Membership costs £15 or £25 for two adults at the same address. An application form, and more can be found at www.foweyharbourheritage.org.uk

Golant Walking Group

It was a bright day in early December when a gang of ten, uniformed in stout boots, waterproof coats, warming hats and gloves, assembled at Caffa Mill and watched the Bodinnick ferry approach. There was an air of excitement and anticipation as we crossed the river and soon we were tramping towards Penleath Point along the original Hall Walk - believed to date back to at least the 16th century when it afforded a promenade for exercise and recreation. At the Point, with a nod to the Q Memorial, we enjoyed wide views over Fowey and Polruan from the shelter of an old summer house. Pont was at its most picturesque, the buildings bathed in winter sunlight, steep wooded valley sides reflecting in still water. Our visit to the Lanteglos church of St Winwaloe or St Willow reminded us of the second literary figure associated with the area: Daphne du Maurier was married here. As we tracked our way along the south side of Pont Pill we feasted on views and looked forward to the pleasure of refreshments in Polruan before boarding the foot ferry for Fowey and home.

January brought bright fine weather and a coastal walk to enjoy. From the Lantivet car park we set off towards Lansallos where we were disappointed to find the church of St Ildierna closed. This large, light and airy church is notable for its stone

effigies, waggon roof and medieval benches, whose carved ends are renaissance scroll-work in a Gothic framework. The benches and much of the roof were lucky to survive an arson attack in 2005. From Lansallos we made our way down a narrow, gentle valley to join the coastal path at West Coombe. Before setting off along the clifftop coastal path we carried on down the valley to the sheltered Lansallos Cove. We enjoyed a stroll round the sunlit beach before returning to our path. The route back to Lantivet via the coastal path afforded wonderful views of the Cornish coast extending east and west.

Two local walks are being planned for February one during week beginning 6th February and one for week beginning 20th February. All ideas for future walks most welcome. If you would like to know more contact <u>anne.bonsall@btinternet.com</u>

Anne Bonsall

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Spring is coming! What a lovely calm winter period we are having at the moment, with the spring flowers starting to come through as a sign of warmer days to come. The long-

range forecast is also showing the calm weather continuing through much of February, so it looks as though there is a good period ahead to get the winter jobs done on our boats.

Apart from the general engine maintenance, painting etc, there is one job that we in Boatwatch would encourage everyone to undertake, and that is to ensure that you have a photograph of your boat, your engine(s) and equipment, your trailer (if you have one) and anything else of value that you wouldn't like to lose. A photograph and a serial number would assist in publicising any thefts (we can help do that through Facebook) and also help the Police to return stolen goods to you if they are found. Now a Membership Reminder: The Boatwatch year starts in January, and many members have already renewed. Please could anyone yet to pay their membership fees do so fairly soon.

To renew your membership, simply send a cheque for £15 (made out to Golant Boat Owners Association) or cash, to Richard Gabb at Briar Cottage, Downs Hill, Golant PL23 1LJ, or pay by direct transfer to sort code: 20-74-20 a/c 43341380, using your surname as a reference. If you would like to join as a new member, email richard.gabb24@btinternet.com for an application form.

This is a quiet time on the river, but the Lerryn Seagull Race livened up the New Year period, and Boatwatch had a hardy representative in Kevin Reeve, making excellent use of one of Robin Anderson's fine collection of Seagull outboards.



The Boatwatch Committee has been considering the programme of events for the year. We plan to hold a Spring Get-Together on March 25th. It will take the form of a delayed AGM from 2021, and will include the raffle draw for David Parry's wonderful original painting of Red Sails at Bodinnick. We will contact all members once we have a firm plan.

We will hold flotillas this year in June and August, the first being a 'Platinum Jubilee Fleet Review' on 14th June. The second event on 9th August will be timed a little earlier in the day than usual, due to the tide, so will be Afternoon Tea on the River (other beverages are also permitted...)

David Bonsall, Chairman, Golant Boatwatch

Golant Quay Users Association

We have secured in place berth number markers; they are small green tags with an area and number on it, e.g. Beach 21. Having done this, it is obvious that some boats are not on their correct berths. Some of these have permanent anchor points and ropes and have used these year after year. So, instead of asking those members to relay their anchor points, it is easier to give these boats the berth numbers where they are. So, if your boat has a green tag in front of it with a number that is not yours, please don't worry; we will renumber your allocated berth when we issue the boat stickers in September.

Great progress has been made cutting up one of the derelict wooden boats ready to be taken away, and we will renew our efforts to get the owners of the remaining derelict boats to remove them, and we have added a couple more to the list as they deteriorate and are not used.

We are still intending a Pill clear-up, hopefully in the spring, when we can pick a weather window to encourage as many volunteers as possible.

Peter Edwards & Ian Barker

..... If anyone spots a problem on the river, please contact one of the following:

Harbourmaster's Office 01726 832471 (out of office hours transferred to Duty Officer)

David Bonsall (Boatwatch) 01726 834458

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Village Hall Committee

As always, the Village Hall Committee would like to say a HUGE thank you to everyone who has supported us with their attendance of functions at the Village Hall. We are pleased to say that, due to the enhanced facilities that the super refurbishment delivered, we have attracted more groups to hold their activities in the hall. We have had many compliments and also envious comments from users of other Village Halls, all remarking how welcoming, warm and well decorated the Hall now is. People have even said it is the nicest Village Hall in Cornwall. The refurbishment has not yet finished, as the Committee is moving forward with updating more equipment. Watch this space!

Everyone is welcome to the Village Hall for all of our activities. Anyone who would like to know more about joining in with coffee and cake, clubs, associations, leisure activities or general crafting, do contact me on 833380. We operate a good shielding policy and you won't be locked into any activities against your will!

The Hall is available for anyone to hire for a range of activities from afternoon tea, through to Zoom meetings. Again, contact me please.

Elsewhere in this edition of the Pill (p11) is an item about the Village Hall winning its FIRST competition prize in 120 years. Only Robin could have selected the suitable entries, the judges making particular reference to his great photos, praising highly that he clearly knows how to get the best out of his camera.

Finally, as I say, all are welcome to attend our events, but unfortunately due to the nature of the floor coverings, that welcome cannot be extended to four legged friends.....be it Dennis or a friendly dog. (Guide dogs are allowed).

Fayre Hardy,

On behalf of Golant Village Hall Management Committee.

Christmas La Soupe Populaire

It must have been good, as Michele Boule's Christmas song selection couldn't be heard above the chatter and the plasticfree crackers being pulled.

Alastair Barr thanked the soupe elves and Fayre thanked everyone for their support at various Village Hall events.

The next Soupe Populaire will be on February 16th, and a nod to St Valentine; soup in the Village Hall or a home delivery will be available for $f_{.3}$ per person to cover costs.

Cfylm

Membership recommenced in January, which is f 6 for adults and $f_{,3}$ for 12-15 year olds. Membership lasts for a

year and includes access to Cfyms held in the county. Admittance to films will remain at $f_{,3}$ per person. Films will continue to be advertised each month via Maurie Mail and the new Village Hall web page.

Nick is continuing to provide a special meal from 5.30pm for film -goers, so there is time to eat before or enjoy a dessert after the Friday night film.

Carol Gabb

Advertising Rates

There are three sizes of advertisement available to you in either vertical or horizontal form.

Please note: The size may vary to fit the space available, but will be the same square area as far as possible.

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- A+B+C 195mm x 60mm (a) f_{120} for six issues

Additional £15 for colour for all sizes.

Preferably, Artwork/Copy should be emailed to thegolantpill@gmail.com

An invoice will then be sent to you by Karen Wells-West.

Alternatively, send your artwork or copy as required, together with an appropriate crossed cheque made out to The Golant Newsletter

to Karen Wells-West, Bloweys, Downs Hill, Golant, PL23 1LJ

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Grubling				
Delseed, Dealsey				
Ellum, Elín				
Haglan				
Nut-hals				
Holm, Pricklyum				
Popples				
Skedgwith, Skerris				

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visit the farm.

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Tel. Bridget or Martin on 01726 833068/ 07854 735205

Golant Christmas Craft Fayre

The village looked so inviting with all the lights. It was too tempting to not show it off and enable others to come and share in the magic. So I thought, why not? Golant Craft Fayre grew and grew with more and more craftspeople who wanted to get involved and show their wares.

The heavens opened on the day with continuous torrential rain, but somehow somebody knew to turn the tap off from exactly 7pm for the evening. How lucky we were!

To kick off the evening, I made the Hamper Presentations, all beautifully wrapped by Kathy Ogg, for the best Boat & House Lights.

We had 17 stalls spread over 3 venues. Nick was so much part of organising this event, but sadly, due to the dreaded Covid, ended up isolating, but managing a lot from his bedroom, and liaising with me up high through the window!

Chris at *The Fish* kindly erected gazebos at extremely short notice, keeping it as Covid safe as possible and of course to give shelter! It looked so good; a real Christmas Market feel. Festive food & wine was endless and enjoyed by many. *Paddle SUP* Cornwall hosted several stalls with such a wonderful Christmassy feel.

The Village Hall was buzzing, lined with stalls selling a complete array of wares. Fayre did an amazing job of greeting and checking that all were masked on entry. The Hot Choc went down a treat; many thanks to Colin, Mary Jane & Kendall. Parking Advisory Marshalls were such a help, thanks to Sue & Jason.

Penny's Carol Singing with the children around the tree on the Green was just charming. Henry (or was it Santa?) led the Carol Singers through the village. What a spectacle! The icing on the cake was that one little girl was heard to say, "That is really the real Santa; honestly it is!"

We have a feedback meeting coming up soon at *The Fisherman's Arms* (look out for the date on Maurie Mail). This will be an Open Meeting, and we'll be welcoming all ideas on how we can make this event even better! Do come along if you'd like to be involved.



Just one of the many attractive craft stalls with a festive feel...

Michelle Robins

...and 'thumbsup' by Santa, who obviously got some refreshment after leading the carol singers through the village! Or did he?!



Golant Christmas Boatlights

Twinkle Twinkle, Golant Pill, To see folks' faces was such a thrill.



It really was a magical display, The sparkle seemed to grow each day!

The houses too were adorned with lights, Bringing festive charm to the December nights.

Hampers were awarded for bringing such joy, Spectators came from as far as Fowey.

The Fisherman's looked AMAZING and set the scene, I heard many folk say it's the best they'd seen!

Thank you to all who brought the sparkle, It really was REMARKABLE.



Michelle Robins



Note the timely train and the Rowing Club lights !

FOWEY VALLEY



We've moved! We still crop the orchard at Hybadore in Golant but now have a large unit on the old Dairy in Lostwithiel with room for our new Distillery. Look down on your right as you come through the gates to the estate that's us!



We have a lovely shop that's open 10 till 4 Monday to Friday, with all our products available to taste. If you're interested, and we can, we'd love to show you around and tell you how we make everything! On Fridays we do a longer tour – Book online. Or come and learn how to make Cider or Gin at one of our regular experiences. Take home a bottle of Gin you've made or a gallon of your own Cider. Book online. So come and see us or check out the website. Free delivery on orders over £40!

Fowey Valley Cider, Unit 11, Restormel Estate, Lostwithiel PL22 OHG www.foweyvalley.co.uk

Golantian Photographer Fame!

Many congratulations to our intrepid member of the *Golant Pill* Paparazzi, Robin Anderson, who recently won a photographic award, whilst adding some welcome money into the Village Hall funds!

He writes, "Fayre spotted a national Village Hall network photo competition on the theme of village and community life. I entered a few from the Carnival, Madness etc, and won 3rd prize for this one of the Egg & Spoon Race. The prize was £125 for the photographer and £250 for the Village Hall." Robin adds, "I can only thank Fayre for spotting the photo competition and all our local organisers who put together Egg & Spoon Racing, Madness, Pantos etc etc. So much community activity to photograph in this little Parish!"



The two judges in this photo competition, sponsored by a Village Hall Insurance Provider, recorded their comments in an online Podcast. They liked a few things about Robin's winning photo.

One judge said, "First of all, there is obvious joy just surrounding the participants here in what is a typical outdoor Village Hall event, with people smiling and laughing as they lined up for an egg and spoon race." He added, "A technical shout to Robin for a great photo. He clearly knows how to work a camera, with everything that needs to be in focus, very crisp, very clear, and the background nicely separated."

The second judge agreed, and said that they enjoyed the fact that they had "been given the information that the road where the race is run is covered at high tide," and that a note sent with the photo explained that "any broken eggs that don't get cleaned up by our doggies are quickly washed away when the high spring tides cover the road"...!

GH



Nature Notes

The beginning of yet another year, but the weather has been so mild it definitely doesn't feel like January, more like April.

We began on New Year's Day with our now traditional Wassail, with a huge number of people attending, ending up at The Sanctuary to bless one of our newest additions to the orchard. I think people were so glad finally to be able to get out and about again with some idea or 'normality', and it was a great afternoon. *(See fun photo below!)*

We've also been able finally to start on active management of the trees that have grown a bit too big - a row of Sycamore on the top of the hedge of the new orchard have been coppiced. We think that they were originally planted on the top of hedgerows in order to provide firewood via the coppicing method, as that would have the fields free for livestock or crops. So there will be lots of material for the charcoal kiln and firewood probably next year if anyone is interested! We have also had visits from a local woodland company who are hopefully going to help us with the management of our trees, including coppicing of hazel, removing of any dead Ash, and replanting with new, different trees and shrubs.

We also were delighted to welcome Wendy Earl and a group from *Climate Action St Austell* and show them around, talking about what we do, and had some great discussions about all things sustainable and also future ideas. If anyone is part of a group or organisation that would like to visit and talk about anything from sustainable tourism/living to permaculture/foraging etc, please get in touch, as we are keen to welcome and work with community groups.

Not much to report on the wildlife - we hear the Tawny Owls most nights, Deer (or maybe Rabbits) seem to be keeping the grass down, particularly in the forest garden. We did see a Stoat the other day, which is good news if it likes Squirrels - they are about to start stripping the bark from the oak trees, which causes dieback, and attacking nests for the young, so definitely not our favourite bit of wildlife!

Out on the water, we have seen lots of Dab Chicks (Little Grebes), but they are very difficult to photograph - by the time you get the camera to your eye, they have disappeared under water! A great group of Cormorants fishing the other day - one, two, three.....up to six popped their heads up one by one briefly, and then one by one dived under again - wonderful to watch. Both seals have been about, and a few more Kingfishers as well. We saw 16 Shelducks *(below, right)* towards Lerryn (they were quite scarce last year) and I believe Peter Edwards saw about 90 Lapwings - amazing - we have only ever seen one or two - plenty on the banks of the Tamar, but not the Fowey!

As Spring is possibly on its way, there are lots of seeds to start to sow - which means there will be always be stuff left over. This year I am trying organic seeds from *Tamar Organics* in Launceston. If anyone needs seeds, let me know - maybe the packets can be passed around the village, like pass the parcel!



Karen Wells-West





Carol certainly got into the spirit of the occasion!!

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THOUGHTS & PRAYERS

In our last issue, we reported that John Jenkin was in hospital after a bad fall. We are pleased to report that he is now home and coping, with the help of carers morning & evening. However, there has, sadly, been a great deal of illness and some hospitalisation of a number of folk within our community, or those with links to it. Some are now back at home recovering, whilst others are still in hospital. It is perhaps best not to mention names here, as it is impossible to give up-to-date details before going to press...

See a vital change in your life

Many readers will be aware that, as we grow older, we lose fitness or gather health problems, injuries and infirmities in our lives. It can become increasingly difficult to get repaired and perhaps even more challenging to match our desire for mobility and activity with the reality of what our bodies tell us they will do.

These gaps can also arise for healthy adults as much as they do for those who are beyond the first flush of youth, and many health problems which have precursors in our youth begin to manifest themselves in middle age, compromising hopes for healthy and active ageing. Ageing itself takes a toll on our muscle strength and speed, brain and nerve function, affecting coordination, agility, physical abilities and endurance. Much of this decline can be mitigated by exercise and physical activity when we are young, but engaging in exercise at any age can also have a positive impact on existing damage and future wellbeing.

Whilst the NHS funds referrals for some exercise and recovery programmes, the criteria are very specific, excluding many conditions and often setting limited time windows for delivery. Having spent my professional career as a practising doctor in the NHS, this was familiar territory for me. I often found that there was little capacity for the NHS to provide help to 'get back on your feet' after illnesses, leading to delays and deterioration, with profound effects on mobility, independence and wellbeing. My experience of this as a GP with a variety of patients, their needs or aspirations and, of course, their challenges, encouraged me to adapt my professional skills and existing knowledge when I retired from practising medicine. It motivated me to learn new skills and become qualified as a fitness professional able to work through these challenges with safe, structured and carefully considered individual programmes.

As a result, I combine my previous knowledge and experience with Personal Training skills, to provide an effective and safe route to achieving a vital change in life and lifestyles. I specialise in people over the age of 45, with any level of fitness or ability, including those with health problems or who have experienced medical events, once stabilised.

My aim is to devise and deliver individualised and safe programmes to help prevent, improve and manage health challenges, whilst improving fitness, physique, posture, mobility and daily function with the prospect of a healthier and more vital future. I can deliver these in peoples' homes, in gyms, out of doors as appropriate and online.

I am fortunate to be an active member of Castledore Rowing Club, and I find great pleasure in seeing many of our older members (including myself!), some having experienced serious health events, enjoying the benefits of keeping active and healthy. It is an inspiration for me to see some rip up and down the river speeding past our younger members, while others potter serenely along, enjoying our beautiful river and outdoor environment. It is no surprise that these are my three mantras!

> "It matters not what you've done; but where you're going" "Nowadays, when access to healthcare is not universal, the best recipe is to stay healthy" "No matter where you start from, you can always improve"

> > Dr Gilda Davies

If you are interested in finding out more, please look at my website: <u>https://vitalchange.live/</u>

A Backalong Snippet

This intriguing little item was extracted from The Cornish Guardian, Friday, 17th March 1922, so exactly 100 years ago:

FOR SALE

A varnished SPRING TRAP (American wheels with steel tyres), in good condition; suit pony 13 h.h What offers? Jefford, Golant, Par Station.

In the 1901 census there were Jeffords living at *Tinneys*, whilst a family of the same name was recorded in Golant in the 1911 census (no house named) with the head of the household being Moses Walter Jefford, aged 31, a market gardener. This same unusual surname featured within the village in the 1921 census. Maybe it was Moses who placed the advertisement?

ST SAMPSON PARISH COUNCIL

Meetings:

I am pleased to confirm that we are now back onto our normal schedule of Parish Council meetings, which are held on the fourth Tuesday of every month (except August and December) in the Village Hall.

Members of the public are very welcome to attend (as these are 'open' meetings) and can address the Councillors before the meeting proper starts. The agenda is posted a few days before each meeting on the village hall notice board.

Devolution:

Things are finally 'hotting up!' We have now entered a dialogue with Cornwall Council, and our chosen solicitor is currently engaging with their legal team. We are specifically being asked to look at the devolution of the main carpark and the freehold land which includes the toilet block, electricity substation and the land immediately adjacent to the toilet block towards the Rowing Club. Cornwall Council did not realise that the Boatwatch Hut was owned by someone else (Network Rail), so we were asked if we were still happy to proceed? Naturally we voted in our recent meeting to carry on, although it *will* require us to talk to Network Rail to clarify their freehold and to ensure that they are also happy for us to operate the ticket machine which could be technically on their land?

Finance:

We are currently in a strong position with a healthy reserve of around $f_{38,000}$, but most of this will be made available during 2022 for the various projects under consideration, including:

Resurfacing the main car park (post devolution and when the Cormorant site is complete)

Upgrading the ticketing machine to take credit and debit cards

Upgrading the children's play area

Re-modelling the toilet block into a possible kayak store and of course...

Legal Fees for the Devolution process

Potholes and other highway matters:

We have been reminded this month that this is the time of the year when we suffer from the worst number of potholes and other Highway issues. The best way to ensure that these matters are promptly dealt with is to go onto the Cornwall Council website and provide a specific report, which also identifies exactly where the pothole is located! Please use this service, as it has proven to be very efficient whenever I have tried it, and the more potholes that can be filled in the better! See the link below:

https://www.cornwall.gov.uk/report-something/

David Jenkinson Chairman St Sampson Parish Council

david.jenkinson01@gmail.com

ak logs will warm you well That are old and dry. Logs of pine will sweetly smell, But the sparks will fly.) irch logs will burn too fast, Chestnut scarce at all. Hawthorn logs are good to last; Cut them in the fall.

Logs of the Moor A Dartmoor Log Poem

Image: only logs will burn like wax;Pear logs and apple logs;You may burn them green.They will scent your room. Elm logs burn like smouldering flax, Cherry logs across the dogs, No flame to be seen.

Beech logs for winter time, Yew logs as well. Green elder logs it is a crime For any man to sell.

Smell like flowers of broom.

sh logs, smooth and grey; Burn them green or old. Buy up all that come your way, Worth their weight in gold.

Spring Equinox Ceremony

Sunday 20th March, 3.30pm, by the Human Sundial on the Village Green

Spring Equinox marks the astronomical first day of Spring, when the Northern Hemisphere begins to tilt more towards the sun. Day and night in perfect equilibrium; it is a day of perfect balance on the journey through the wheel of the year. With the long dark winter finally past, things start growing again, days start lengthening slowly toward summer.

You are invited to take part in a unique 'Golant Spring Equinox' ceremony to celebrate together the coming of Spring; new life; new beginnings; hopes for brighter days. The idea is to gather around the human sundial on the green to perform a simple, uniquely Golantian, ceremony with an accumulative spoken chorus for all and a little bit of fun and drama. There are a number of associated characters including Green Man, Mother Earth and Ostara (or Spring Maiden), and of course Robin Goodfellow (or Puck the mischievous sprite!)

Last year for the Equinox we made the village look particularly glorious with doorsteps and windows dressed in the traditional colours of Ostara (**bright green**, **yellow** and **purple**) specifically for the occasion. *Let's do that again!*

In addition we'd like to challenge you to bake and bring along to share a Spring Equinox Cake. (Lots of ideas can be found via Google). There are plans for tea and coffee to be available – you know where to go if you fancy something stronger – and to run a seed/seedling swap stall. Nick is exploring the idea of a themed menu too.

More details to follow, but meantime – think about what you could wear! A glorious spring time costume or a simple token gesture - anything goes!

Penny Parsons

Golant Revue - New Dates

At a meeting of the GRADS Committee following on from the arrival of the Omicron variant of the Covid virus, it was decided to postpone the Golant Revue. The shows have been pushed back to the following three dates:

> Thursday 21st April - the dress rehearsal Friday 22nd April and Saturday 23rd April.

The GRADS Committee are hopeful that no new restrictions will be brought in, and that by this date, things might be back to nearly 'normal'.

We are still looking for people to perform in the shows. Any form of entertainment (within the bounds of normal decency) is welcome. Each slot will run for between 5 and 10 minutes.

Contact personnel and their contact details remain the same. For prospective participants:

Martyn Hardy 833380 or Penny Parsons 832727 For tickets: Sue Reardon 07984795882

With a bit of luck and a fair wind this should be the final arrangement, so that we can all look forward to the usual funfilled, award-winning, entertainment spectacular that is the Golant GRADS Revue.



FHC Safety Campaign

Hi everyone!

We hope you all had a lovely Christmas & New Year. We've been busy carrying out back-office duties and are much looking forward to an exciting new season paddling.

As you may be aware, *Fowey Harbour Commissioners* are launching a safety campaign directly aimed at SUP & kayak users, which will require all SUPs & kayaks to register with *Fowey Harbour* before use. This will see the user issued with an annual licence sticker and harbour dues collected. The owner's details will be captured to provide them with safety information, but also be able to identify their kit if it is found adrift or unattended.

If you require any further information, head to their website on <u>https://foweyharbour.co.uk/paddle/</u>

February will see us restart our kayak tours and hire, so if you fancy a paddle on the river check out our website (www.encountercornwall.com) or ping us a message on paddlecornwallsup.co.uk and come and enjoy the fun!

Keep an eye out on Maurie Mail and our Boatshed board for the Boatshed café/shop Season 22 opening, serving delicious pasties, coffees, cakes and kit!!

Co-owners Paddle Cornwall Encounters Clair, Jules, Ben & Phil

Martyn Hardy





The headings for the February & March chapters in **Uncle John's Gardening Year Book**

<u>Uncle John's Gardening Year</u> <u>& Auntie Paddy's Recipe Book</u>

These *Golant Pill* publications are usually available in the Church, Walter Baileys at Par (Gardening Book only), or from Mike & Gillie *(833897)*.

$\pounds 6$ each or two for $\pounds 10$ (Mix or Match)

UNCLE JOHN'S GARDEN PATCH

Well, it d'look like Mother Nature be gwain to carry on determined to make certain sure we bain't likely to run out of water. Now this be all very reassuring with this yer global warming making headline news, and yer we be sitting handsome in the knowledge that she ev just aived down a total of 4ft 5in (old money) of rain during 2019. Now that be almost up to my chin!! This be all very well but we'm not geared up to growing rice, and I d'want to get in my garden without getting lagged up in some brave state, lampered in mud.

Whilst we bain't able to get on the ground, then we'm able to get things going in the greenhouse, and even though 'tis brave and early in the year, there's scoads of seeds that will benefit from getting an early start under cover in the relative warmth of the house, because not only is the sun warming things up, it's the increase in daylight hours that also acts as a trigger to get they seeds going, and in our recent hit and miss summers, they will need all the daylight they can get! Some of the very slow growing plants like lobelia, busy lizzies and begonia will need this early start if they'm going to be a handsome plant to put in baskets and tubs come April when you'm putting them all together.

With the vegetables, the likes of onions, leeks, early cabbages, cauliflowers, sprouts, lettuces, tomatoes and peppers can all be put in seed trays, and iPn you want to get large onions then put the sets in individual 3 inch pots. That way when 'tis fit and proper to plant out in the garden, they can jump away with no root disturbance. Any seed teddies should be set up in trays with the 'eyes' uppermost; somewhere that is light and frost free, so they can cheen up proper with brave strong shoots. Keep an eye on them in case those little blimmers the greenfly get on them; bain't unknown for they to be active even in the winter months.

'Tis the time of year to get on with the pruning of fruit trees, but not the stone fruit. They'm best left 'til the summer. Any raspberries that are getting a bit wisht and winnicky as they'm of a want to do after a while, then 'tis time to think about replacing them. For the summer fruiting variety, pick a new site, clear it of weeds, and plant the new canes about 4 inches deep in a freshly manured trench, and firm them in with your boot. Now this may sound a bit drastic, but 'tis best if'n you was to cut these canes down to about a foot above ground level, because if'n you let the canes fruit the first year then you'm only building up problems for years to come. What you want is a brave strong cane necessary for heavy fruit production in the years to come. Mulch well with a good strew of compost spread over the surface and don't ee think of forking it in as none of the fruit bushes like their roots being messed about with. Then you need to make up some form of support for them, so they can be tied up. Autumn varieties that fruit in September don't need support as such, and they'm treated zackly the same when planted, except remember that they fruit on new wood, so when you'm pruning, then cut any old canes down to ground level.

Auntie Paddy's Recipe Corner

Vilma & Robert have been friends of Anita's for many years. She is a frequent visitor to Golant and a reader of *The Golant Pill*, plus she keeps her eye on all the Maurie Mails!

Anita's Bread Recipe

4oz/100g Self-Raising Flour 8oz/225g Wholemeal or Granary Flour ***** One tsp Bicarbonate of Soda One tsp Cream of Tartar One tsp Sugar A good pinch of Salt ¹/₂ pint/300ml Blue Top Milk

* Instead, Anita uses *Spelt Flour*, which can be bought at most larger supermarkets.

- 1. Preheat the oven to Gas Mark 5/375°F/190°C.
- 2. Mix all the dry ingredients together.
- 3. Add the milk and mix well.
- 4. Pour into a greased 1lb/500g loaf tin. Cover with foil, but spread on gently; drape it and try to make it a bit curved so that it does not touch the dough.
- 5. Bake for 35 minutes. Remove the foil and check the colour. If it is not brown, bake for a further 5 mins.

You can experiment by adding:

30z/75g chopped Walnuts, Pecans, Almonds or Sunflower Seeds.

This is an especially useful recipe as it takes so little time to make.

Paddy Shelley



SUBSCRIPTIONS

Have you a friend or relative who would like a regular copy of this newsletter? It costs only $\pounds 15$ ($\pounds 20$ overseas) to have the six issues per year of *The Golant Pill* sent by post.

To Jacky Fletcher, Mimosa Cottage, Water Lane, Golant, Fowey, Cornwall PL23 1LA Please send the next six issues of the NEWSLETTER by post.

> Please print your Name & Address clearly, with Name & Address of Addressee (if different)

Enclose a cheque for *£15/*£20 (Overseas) made payable to *The Golant Newsletter*



Well, we had a programme of events very nearly finished and then this thing called 'Omicron' appeared, so for all the right but frustrating reasons we had to postpone kickstarting our programme.

Now, with the lifting of some restrictions we have decided to go ahead with the February events.

There is a Beach Clean as part of 'Love Your Beach Day' events on **Sunday 13th February**; meet at Polkerris Beach at 10am. This is a collaborative event with the 2 Minute Beach Clean Team.

We will send some more details about joining when we have them, but if you're interested in coming along, please do get in touch and we'll put your name down on the list. Reply to <u>friendsofthefowey@gmail.com</u> or contact Claire on 07894 228226.

We shall be showing the film 'My Octopus Teacher' on **Tuesday 15th February** at Squires Field Community Centre, Fowey. Doors open at 7.30pm; the film starts at 7.45pm and runs for 1 hour and 25 minutes.

Free to Members; suggested ± 2.00 donation from nonmembers. It's a beautiful film, recommended, it seems, by everyone who's seen it! Here is some information about it and a trailer:

https://www.imdb.com/title/tt12888462/

Open to members first, and then if numbers permit, to friends and family. We will restrict numbers to 20 and seats will be socially distanced (apart from family/house-hold groups); facemasks are no longer mandatory, but we strongly advise wearing them until seated. Please book in and give a contact number to Margaret on 07773 456951, margaretgardener@hotmail.com

FoFE member Gillie Hind and I do a Low Tide bird count once a month in the winter for the BTO, and on 21st January saw a flock of around 90 Lapwing at St Winnow. We have never seen Lapwing here since we started doing this 3 years ago, so an unusual sighting for us.

We will wait a bit longer to ensure that the covid virus does not come back with a vengeance again before launching the remaining programme of events.

Peter Edwards

THE NEXT COPY DATE

Please note that the **Copy Date** for the <u>April/May Issue</u> is

Wednesday 23rd March

Articles, letters & news can be sent by email to:

thegolantpill@gmail.com

CALENDAR OF VILLAGE EVENTS

FEBRUARY

9.30am

2.00pm

7.30pm

12.15 pm

10.30am

9.30am

8.00pm

2.30pm

6.00pm

7.15pm

7.30pm

7.30pm

9.30am

8.00pm

10.30am

9.30am

2.00pm

7.30pm

7.00pm

9.30am

8.00pm

12.15pm

7.30pm

2.30pm

3.30pm

6.00pm

7.15pm

7.30pm

7.30pm

9.30am

8.00pm

Copy Date

from 5.30pm

11.00am -2.30pm

from 5.30pm

12.15pm

11.00am -2.30pm

2.00pm -5.00pm

Sunday 6th Sunday 6th Tuesday 8th Tuesday 8th Wednesday 9th Wednesday 9th Friday 11th Friday 11th Sunday 13th Monday 14th Tuesday 15th Wednesday 16th Friday 18th Saturday 19th Sunday 20th Tuesday 22nd Tuesday 22nd Friday 25th Friday 25th Sunday 27th

MARCH

Tuesday 1st Friday 4th Saturday 5th Sunday 6th Sunday 6th Tuesday 8th

Tuesday 8th -13th Tuesday 8th Thursday 10th

Sunday 13th Tuesday 15th Wednesday 16th Friday 18th Friday 18th Saturday 19th Sunday 20th Sunday 20th Tuesday 22nd Wednesday 23th Friday 25th

Saturday 26th

Sunday 27th Sunday 27th

Tuesday 29th

APRIL

Friday 1 st	10.30am	Book Shelf/Coffee, Tea & Chat	Village Hall
Sat 2 nd /Sun 3 rd	10.00am -4.00pm	GHG Exhibition 1:	Village Hall
	_	Golant History of Houses	_
Sunday 3 rd	9.30am	Holy Communion	St Sampson's

If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the <u>Copy Date</u> shown on this page of the newsletter, and we will try to include it.

Holy Communion
Sunday Brunch
Golant Heritage Group meeting
Euchre
Soupe Populaire
World Pizza Day
Book Shelf/Coffee, Tea & Chat
Sewing Group
Holy Communion
Valentine's Dinner
Quiz Night
La Soupe Populaire
Supper Club (Fish and Chip menu)
Afternoon Tea
Evening Prayer
Parish Council Meeting
Euchre
Film Night Supper
Cfylm Club Night (Dream Horse)
Holy Communion

Pancake Day/Quiz Night

Sunday Brunch

Euchre

Holy Communion

Village Hall AGM

Holy Communion

La Soupe Populaire

Film Night Supper

Cfylm Club Night

Afternoon tea

Evening Prayer

The Golant Pill

Mothering Sunday

Mother's Day Roast

GHG talk:

Quiz Night

Parish Council Meeting

Quiz Night

(plus monthly meeting)

Book Shelf/Coffee, Tea & Chat

Golant Heritage Group AGM

Cornish Evening (St Piran's Day)

(followed by an ordinary meeting)

Village Hall Fisherman's Arms Village Hall Fisherman's Arms Village Hall Village Hall St Sampson's Fisherman's Arms Fisherman's Arms Village Hall Fisherman's Arms Village Hall St Sampson's Village Hall Fisherman's Arms Fisherman's Arms Village Hall St Sampson's Fisherman's Arms Village Hall Fisherman's Arms Fisherman's Arms St Sampson's Village Hall Pie week (special pie menu all week) Fisherman's Arms Fisherman's Arms Village Hall St Sampson's Fisherman's Arms Village Hall Fisherman's Arms Village Hall Village Hall Spring Equinox ceremony & gathering Village Green St Sampson's Village Hall thegolantpill@gmail.com GBOA Spring Get-Together/AGM Village Hall Village Hall 'Tracing the History of your House' Sue Reardon St Sampson's Fisherman's Arms Fisherman's Arms

St Sampson's

Fisherman's Arms