



Village House History



Ian Laughton's photographs clearly show the well-presented wealth of information on this part of our house history.

Following Sue Reardon's very interesting, very well-researched and very well received exhibition of the History of Houses of Golant: The North side, which was staged over two days in April this year, we were treated to the follow-up exhibition of the History of Houses on the South side.

The exhibition followed the same format as that of the North side, with the display boards organised in the order in which one would come upon the houses when walking around the village. Every house was featured, most bearing a current day photograph and some with old photographs taken from the archive. Alongside the photographs was a timeline of the history of the house. Sue's research had looked at all aspects of the houses, from who owned the land that the house was built upon - in many cases identifying the different owners of individual fields that eventually had dwellings erected - through to who had first inhabited the dwelling, subsequent ownership, subsequent additions to the house and more recent ownership information. Some of the information that Sue had discovered dated from the seventeenth century - in some cases it was too much to take in at one look!

The exhibition took place over the weekend of the 10th and 11th of September. Initially, people were a bit thin on

the ground as the Ascension of Charles the Third was being confirmed on television. After that had finished there was a steady stream of visitors coming to the Hall and taking in as much information as possible.

The consensus of opinion was that the exhibition was another major success as a result of the sheer effort and work put in by Sue. As with the previous exhibition, Sue was provided with further information that owners and previous owners were able to give that had not found its way into the history sites.

Whilst there was no entrance fee, £80 was collected from donations and purchases of the Heritage Group's publications.

Sue would like to thank Clare Lower once again for her photography and Anne Bonsall for her sterling work in producing 'timelines' for each house - a précis of all the information researched by Sue.

There were many messages written in the Heritage Group's Visitors Book. There were two main themes: Firstly, thanks for the huge amount of effort that went into producing the exhibition and secondly, "When can we expect the book?" Over to you, Sue.

Martyn Hardy

FROM THE EDITOR

HISTORY in the making...

Whilst far larger events were unfolding, with the death of Queen Elizabeth II, the ensuing global outpouring of grief and gratitude to an extraordinary woman, who had slipped into history after selflessly dedicating 70 years of her life to our nation and beyond, and with the emergence of a new sovereign, King Charles III, life went on in our village...

On this issue's cover, Ian's photographs of our little village's second house history exhibition, showing only a few folk, were taken just two days after the Queen's death, and in their way, reflect this momentous event, as many Golantians were at that time glued to the televised footage of the events developing nationally; two very different degrees of history.

Indeed, millions were witnessing major history, and for many of the younger generation, it would indeed become a very important part of their lifetime memories. I'm so delighted that Chris Taylor, who with sons Henry (14 yrs) & Hugh (10yrs) went up to London to witness the Lying-in-State procession, has written, with great depth of feeling, about their reflections on this historic day (*opposite*).

Our younger Grandson, Nick, who joined the Sussex police force 18 months ago, was one of the many thousands drafted in to patrol the route on the day of the Queen's funeral. His position was between Hounslow and Windsor Castle, on a small quiet section of the A30, away from the crowds, but which was nonetheless an equally important spot, where he stood for his 4 hour stint, waiting for the funeral cortege to pass by on its way to its final destination. Despite this stamina challenge, and having left home very early -before 5.30am- he told us how much he had enjoyed the day, and how proud he was to be a part of such an historical event.

Returning to this issue, you will note that it is full of a bumper number of village events which Golantians have enjoyed over the past two months. Sadly, in contrast, we also report on the death (on the very day of the Queen's funeral) of another villager (*page 13*).

Read, enjoy, and above all, reflect...

Gillie Harris



Young Hugh Taylor captured this exciting moment when the Guards band passed by them at the head of the procession.

Our Trip to London

It is hard to believe that merely three months after celebrating the Platinum Jubilee of the Queen we were then mourning her death, but that is exactly where we all found ourselves. I had always promised myself that when it happened I would pay my respects, so Henry, Hugh and I decided that going to London to see the Lying-in-State procession from Buckingham Palace to Westminster Hall was going to be the best way to do it.

My parents suggested we drive to Sussex, stay in their static caravan just outside Shoreham-by-Sea, and catch the train to Victoria. Both Henry and Hugh were understandably nervous, but had dressed especially for the occasion, with Henry in blazer and Royal British Legion tie, Hugh in tweed jacket and RAF tie and myself in a black suit wearing my black Cornwall Clubs XV rugby tie; we at least looked the part.

On arrival in St. James' Park now followed the wait... three hours in total; however, the time spent waiting allowed for reflection on feelings, talking with each other and enjoying the general atmosphere.

This began to change as the time for the procession to leave Buckingham Palace approached; nerves, sadness and tiredness made for a heady mix in the mid-afternoon sun, and then then it happened- a distant beat of a bass drum, the firing of a gun and the solemn ring of Big Ben meant the procession was underway. The feeling was remarkable, particularly in the way that silence, rather than sound, rippled through the crowd as the procession approached.

Gradually it came nearer, and the crowd tightened and surged to the barriers to assure their view of the occasion. First the Guards band came playing Beethoven's Funeral March in perfect order and time (a piece of music, which in this setting brought a tear to my eye). They were followed by dismounted members of the household cavalry, breastplates resplendent in the afternoon sun, sabres reversed in respect, then the Guards regiments with their rifles reversed in a similar mark of respect, and then the gun carriage with the Queen's coffin and the symbols of state came by...

The feeling was electric, as if time was slowing briefly so that each and every person in the crowd could take in what they were seeing. A mixture of sobs, claps, sighs and cheers greeted the coffin as it passed, but the overwhelming noise from the crowd was silence: it was deafening. Just briefly we were all held by the spell of what we had just seen and then slowly and gently this lifted and the crowds began to disperse.

Throughout this whole trip the boys were magnificent, and well understood the enormity of what they had witnessed. Henry was quietly reflective and Hugh was inquisitive and excited by it. They didn't complain once and were a pleasure to be with throughout. I hope they got as much out of the occasion as I did, and I'm sure they will remember this day for a very long time as I will. She is now gone and the shadows fall on that time and generation; the Queen is dead, long live the King.

Chris Taylor



The GHG Interpretation Board is in place (*Penny & little helper at the unveiling - left*), and the **U-turn Round Talking Post** is in action. (*Ian demonstrating - right*)

Both have proved to be a popular attraction since their installation. We are able to monitor how many times the U-turn Round post is put into action and know that during its first month there were 577 listens! You do need to keep turning the handle until the voices start and so, as a bonus,



you get a bit of a workout! We hope that you will give it a whirl to hear voices of Golant past and present and let us know what you think.

'History of Houses in Golant' - The South Side: The second comprehensive display, thanks to Sue Reardon's relentless research and enthusiasm, didn't fail to impress everyone who came. (*See front page*) Once Sue has collated the additional information generated as a result, the big conundrum will be what to do with this wonderful collection of information, in order for it to become a useful resource.

From next year our focus will return to the topic of **Farming in Golant**. Whilst Sue concentrates on the history of the farm houses, others in the group will 'pick up the traces' of looking at how local farming practices have changed over the past century. More about that next time.

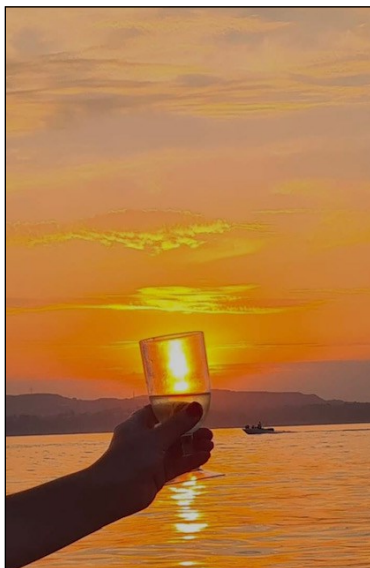
Oh, and by the way: We have a **'Golant Then and Now' calendar** in the pipe line (our second!) which should be ready for you to buy from the end of November.

Penny Parsons, GHG chairman

CHEERS! Neatly Captured!

"Five friends from Golant wanted a picnic, a sunset and a glass of wine. What could be better?! I know – a sunset in a glass!"

Debby Marshall-Reeve



*Debby, Jackie, Kevin, Neil & John
Photograph by 'Cockney Studio'*

TAKING THE PILL



A 'Parthenon Pill'

Robin & Liz Anderson took their copy of the *Golant Pill* to Greece, where they had a great holiday at a friend's family wedding in Athens- their daughter Catherine was Maid of Honour.

This visit to the Parthenon was certainly a beautiful place to 'Take the Pill'. What an image!

NEWS FROM ST SAMPSON'S CHURCH

Our new Priest in Charge:

We are delighted to announce that the Rev Shona Hoad has been appointed as Priest in Charge of St Sampson's Golant, and St Andrew's, Tywardreath. This is initially for three years, and is a part-time role.

Shona is married to Martin, has four adult children, and she and Martin bought a house on Par Moor in 2019. They are looking forward to being able to live in their own house for a change, as at present she is carrying out a House for Duty post near Hook, in Hampshire. Shona will be able to take up this appointment in the New Year. Most of the PCC were able to meet Shona and Martin before her interview, and we are very pleased indeed to welcome her.

There have been three sad events: Wednesday 10th August was the funeral for Lorna Vivian at St Sampson's Church. The choir sang *Amazing Grace* beautifully, with Tauniua as an outstanding soloist.

The death of Queen Elizabeth II was suitably marked by two services; the first on Sunday 11th September, and then at Evening Prayer the following Sunday, and thanks to Greg and Penny for arranging a book of condolence, and candles to mark the passing. The flag was flown appropriately, and the muffled bells were rung on several occasions, as well as a tolling bell on the day of the funeral.

Recently, we learned of the death of Judy Harrison, and her funeral will be on Tuesday 11th October at midday.

Ruth Varco and Penny White held a very successful flower arranging demonstration on Thursday 22nd September, which was well attended and much appreciated. (See opposite column.)

In October, there will be a digital mapping survey of the churchyard to provide a permanent record of the graves.

Dates ahead:

Sunday 9th October: 9.30am Harvest Festival
Please leave dried goods for *St Petroc's* charity for the homeless either in the church by the font (or in the porch if the church is locked), or in the porch of *The Old Cider House*.

Tuesday 11th October: 12 noon: The funeral of Judy Harrison

Sunday 13th November: 10.45am Remembrance Sunday. War Memorial followed by Holy Communion

Sunday 27th November: 9.30am Advent Sunday

Simon Funnell

CHURCH CONTACT INFORMATION

Churchwardens

Greg White (01726 832315)
Simon Funnell (01726 833343)

Flower Arranging Demonstration

I went to the flower arranging demonstration at the church organised by Ruth Varco and Penny White. We all had a lovely morning being shown one of the flower arranging styles. This went from preparing the pot to the end display.

Having never done anything like this myself I found it very interesting, and a few tricks have certainly improved my flower arranging of the future.

As you will see from the photos, the displays were all different but equally beautiful.

Thanks, Ruth and Penny, for your time and also for the scones- yum yum.

Debby Marshall-Reeve



If anyone is interested in joining in any future workshops, please contact Ruth Varco (833319) or Penny White (832315).

Anyone wishing to do an arrangement for our Harvest Festival (Sunday 9th October), please contact Valerie Russell (833072). We would love to hear from you.

Church Cleaning Rota

2nd & 9th October	Penny & Viviane
16th & 23rd October	Ruth & Gill P.
30th October & 6th Nov	Jacky & Sheila
13th & 20th November	Glynis
27th November	Mary
4th December	Linda

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The committee meets regularly under the terms of the constitution which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

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Pill Paparazzi in this issue

RA	Robin Anderson
AB	Anne Bonsall
IL	Ian Laughton
DM-R	Debby Marshall-Reeve
HT	Hugh Taylor
KW-W	Karen Wells-West

Golant Sports and Carnival

We hadn't been able to hold Golant Sports and Carnival since 2019 when we had high winds, and it was threatening rain. Remember the livestock trailer we used for the teas? 2022 turned out altogether better with sunshine all the way from the flags raising and bunting flying and marquee erecting to the day itself. Many thanks to all those who helped with decorating our village and with the marquee. Very grateful thanks to David Bonsall for getting the PA system working at the first attempt.

Sports got off to a running (sorry!) start with Simon Funnell as MC. Village children wear red sashes to accumulate points towards the overall winners in each age category. The non-village child winners also get prize money, so that kept our finish tape judges Steve and Ian busy handing out the winners' cards so they could collect their prize money from Alastair. The overall village children Sports winners were Ella-Mae Collins in the Junior Girls' category, with the Junior Boys' winner being Sam Taylor-Connibeer. There was no Senior Girls' winner and the Senior Boys' winner was Noah Collins. Congratulations to all these sporting youngsters.

Intermingled with the running races are the novelty, sack and 3-legged races- all great fun, especially explaining these races to the children, who then seem to get it wrong- must be the excitement.

Also happening at the same time are the standing shot-putt and long jump, organised and run very efficiently by David Bonsall with his trusty assistant Martyn Hardy; thank you gentlemen. The winners were Lello Aitkenhead in the girls' shot-putt, 0-5-year-old category, and Violet Stevens in the 9-11 group. In the long jump, Roux Jenkinson won the 0-5s and Violet Stevens won in the 9-11 category. Violet clearly has a sports career in front of her. The boy winners for both shot-putt and long jump were Oliver James 0-5s, Evan Jenkinson 6-8s, Alex Pearce 9-11s and Ralph Reay in the 12-14s.

There were also events going on all afternoon around the edge of the Green from 'Splat-the-Rat'- many thanks to Fiona and Dave for manning that stall. Maurie and Gail were raising money for their raised platform project with a Tombola stall, there was a rowing machine competition run by Castle Dore Rowing Club and Paul had a thing going with his frogs competition.

The round village races were keenly contested; just a shame that we didn't record the winners- still, it has been a couple of years since we did this, so we must expect some mistakes. The afternoon was rounded off with the Great Golant tug-of-war contests where Golant takes on the Rest of the World in both children's and adults' competitions. Guess who won?



Thanks to Simon for being our afternoon's MC and for keeping the programme of races ticking over.

The tea ladies, led by Jacky, Ann-Marie and their crew did an exceptional job keeping us all supplied with tea and cakes. The variety and quantity of cakes was probably the best ever, so many, many thanks to all those who made cakes and helped on the day.

The evening **Carnival** never ceases to amaze with all the different fancy dress themes. We were lucky to have *Lostwithiel Town Band* playing, while the very difficult job of judging took place. Thanks to Debby & Kevin and Ali & Brian for taking on that unenviable task.

The Girls' Individual prize went to Pearl Cook as Mini-Mouse (*right*), Child Pairs was won by Evelyn and Rafferty Parsons, continuing a long Parsons tradition of fancy dress winners. Child Groups was won by Elowen Taylor-Connibeer, Noah Collins and Ned Reay. Adult Pairs was won by Carol and Penny, with Carol showing us why she was in the 'pairs' competition. (*below!*) Adult Groups was won by the entire Barr family contingent, and the Mixed Group was won by the Church Group sporting some very fancy travel uniforms.



The overall Best Child winner was Rafferty Parsons, who has to be the youngest ever Carnival winner, and the Best Adult was judged to be Sara O'Donovan.

The contestants then gathered for the Carnival Procession around the village, led in grand style by the *Lostwithiel Town Band*, and the conclusion to the event was the traditional Flora Dance along the front.



Many thanks to *SUP*, *Leyonne Farm* and *The Fishermans* for their generous Raffle prizes.

The evening's entertainment continued at *The Fishermans* with a BBQ and live music by *The Prevention*.

All in all a very successful and sunny day- so much so, that we can afford to do it all again next year.

Peter Edwards & the Carnival Committee

**Saturday 15 October 2022 at Fowey Town Hall
Maps, Plans and Charts,
Fowey in two dimensions**

A Talk by Alex Lewis

An exploration of the changing face of Fowey over the centuries as seen by the map and chart makers. These show Fowey's development and some sites that are long gone.

Alex is a retired solicitor, a member of Fowey History Group, previous Chair of Fowey Harbour Heritage Society and a popular speaker.

Secretary: Kath Pearce kathpearce@gmail.com

www.foweyharbourheritage.org.uk

**Saturday 12 November 2022
at Whitecross Village Hall
Polperro - Cornwall's Forgotten Art Centre**

A Talk by David Tovey

Polperro is known for its fishing and smuggling heritage, but it was also once a rival to St Ives as a centre for artists.

David has researched the many artists attracted to this small village and presents an illustrated talk on an unknown aspect of Cornish art.

David is an independent art historian, who specialises in Cornish art.

'Physical' talks commence at 2pm unless otherwise stated

Physical talks (including tea and coffee):

Members £5 Non-members £8

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Madness in the Pill

As the dreaded Covid 19 continued to be pushed ever-so-slightly into the background, August saw the return of another cherished Golant institution: Madness in the Pill.

We had a beautiful, sunny day, a good rising tide and a few new faces at the helm of the event. As the day unfolded we had a record number of teams entered - ten - and all of them came up with team names, decorated their rafts, decorated themselves and, more importantly, signed the disclaimer forms. Visiting the village, Fayre's son Sam and Alice Gabb cast their creative eyes over the assembled rafts and their crews to impartially nominate the best dressed raft and the best dressed crew.

As the waters rose and large crowds gathered on the terraces of *The Fisherman's Arms*, Peter Edwards and Steve Phillis took up their positions and we were away with the first event. Armed with a new megaphone and my two trusty timers - Ian Barker and Louise Jordan - I somehow managed to get representatives from each crew assembled and onto the water to do battle in the usual categories: Kayak Relay; Blindfold Kayak and Kayak Tug of War. As ever, the competition was fierce and we witnessed some stunning sights of water-based artistry. I don't think I will ever forget *Trotters Independent Traders* in the Blindfold Kayak race going completely the wrong way and smashing into the embankment at alarming speed. Congratulations go to new team *Lost With You All* for a very decent winning time for the Blindfold Kayak of exactly one minute.

The big race of the day, as ever, was the finale: the Raft Race proper. Some teams could not manage to line their craft up, some couldn't find their crew, some tried to creep away before the hooter but eventually they were off. The usual shenanigans followed - flour bombs, deliberate sinking attempts, underwater sabotage, water pistols. The previous winners of this event, *Noggin the Nog*, were comprehensively beaten by the crack team from *Leyonne Farm*.

The best dressed boat was won by newcomers- the Reay family on *Bedridden*. The best dressed crew went to *Trotters Independent Traders* making up for the Blindfold Kayak catastrophe. Totting up the combined times gave the Gold Certificate to the Cross family on *Moana's Raft*, the Silver to *Leyonne Farm* and the Bronze to *Mud Run*. Gold in the Junior raft race went to *Fix-stow* for the second time in a row.

Thanks for everyone who officiated, *Encounter Cornwall* for safety boats and the kayaks, and all who took part and who watched.

Martyn Hardy





The fine summer has given us excellent boating weather, with only minor issues on the river, such as occasional vessels coming adrift, all issues being easily resolved.

Boatwatch August Flotilla

The tides this year made it necessary to move the second Flotilla meeting of 2022 to an afternoon timing. So, on the glorious sunny afternoon of 9th August, a flotilla of around 25 boats went up to St Winnow Point for Afternoon Tea on the River. A splendid afternoon, with the more adventurous amongst the group taking advantage of the splendid weather by taking to the water and swimming around the rafted flotilla. The conviviality of the tea and other beverages consumed were enhanced by a fine performance from our very own troubadour, Paul King.



Annual General Meeting:

Our Annual General Meeting will be held on Friday November 18th in the Village Hall. Members (and their partners) can enjoy a free glass of wine and a hot pasta to sustain them through the evening. We will have a talk by Marcus Lewis on his restoration of Troy T12 – Barbara. There will also be the annual report from the Harbour Master and Police and a free raffle. We will send out invitations in early October and we hope to see you there!

Membership

We will also be sending out Membership renewal reminders in October - membership fees remain unchanged this year. We would like to suggest that members could set up a standing order with their bank in order to make administration of the annual renewal process as easy as possible. Details will be on the renewal e-mail. For non-members wishing to join, membership details are on the web at <http://golant.apps-1and1.net/village-life/golant-boat-watch>.

David Bonsall, Chairman, Golant Boatwatch

Golant Quay Users Association

The Committee met in early September to agree this year's berth allocations, and all the boat stickers have been sent out. If you have not yet got yours, then it means there is an administrative error (by me!) so do please let me know.

Whilst mentioning administration, we have now asked all members to set up a Standing Order to pay next year's fees, payable in the month of July. We will send out the normal renewal notices at the end of June, but the number of late payments and constant checking on who has paid means we are still working on this into September, where it could all be tidied up early in August. To this end we will be considering a late payment fee of £50 at the next committee meeting, to put before our next AGM.

We have managed to get one more non-seaworthy boat removed from the Pill, one more has been confirmed as abandoned and left to us to clear up, and that leaves just three more to resolve, and we are working away at their owners to accept their responsibilities.

The culprit digging up the glass and china debris in the Pill was caught red-handed and told not to return. Many thanks to Ian Laughton for his early morning stint to catch the person.

Peter Edwards, Chairman, GQUA

THE NEXT COPY DATE

Please note that the **Copy Date** for the December/January Issue is

Wednesday 23rd November

Articles, letters & news can be sent by email to:

thegolantpill@gmail.com

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Village Hall Committee

After a small break in some events over the summer months, the Village Hall will continue to be very busy accommodating local Groups and Association meetings, and the usual activities have resumed- sewing, reading, yoga, table tennis, coffee mornings and we have more additional details of our monthly activities (see below).

The Village Hall Committee were very proud to host the marvellous Display of the South Houses (*see cover*) and will be hosting the McMillan event on Friday 30th September.

It is always a pleasure to see the Village Hall, now refurbished, to be able to put on all these activities for Parishioners. My thanks go to all those people who put their time in so generously and on a regular basis, to get these events up and running, making them so successful.

"Anita (whose 80th birthday it was) and the old catering team of Paddy and Vilma wish to say a big thank you to the Village Hall committee for making the hall so attractive for the birthday celebrations. It proved to be an excellent venue for our party of 24 and could easily have taken a much larger group. The price of hire is only £10.00 for villagers and that includes the electricity (not like the old days of Thursday Kitchen when the metre needed feeding with pound coins)!"

Excellent decoration with the splendid artwork, neat white matching crockery, pleasing cutlery and soft lighting.

All available to make special memories. What more could you want!"

Vilma Dunley

CFylm

The Autumn film season began with Film on the Green. Many thanks to David Bonsall's technical skills, Martyn Hardy's labouring skills and Ian & Sarah Laughton's generous use of a power source. As the weather was warm and the sun had set we could see and hear the film as soon as it started.

The next film will be the latest *Fisherman's Friends* on Friday 28th October in the Village Hall, followed by *Top Gun: Maverick* on Friday 25th November.

Booking is helpful for arranging tables and chairs in the village hall via Carol Gabb either on 01726 833557 or cagabb23@gmail.com

La Soupe Populaire

As the temperature changes it is time to commence the monthly soup sessions. All recipes will continue to be vegetarian, vegan and gluten free and the cost is remaining at £3.00. A variety of recipes have been selected and will be available at the Village Hall or delivered to your door.

Booking is essential, via Carol Gabb 01726 833557 or cagabb23@gmail.com

Dates will be sent by Maurie Mail and advertised on the notice board.

Any further information on the hiring or running of the Hall please contact Fayre Hardy fairyhardy@btinternet.com or 833380

Fayre Hardy

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Please note: The size may vary to fit the space available, but will be the same square area as far as possible.

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A larger dose of The Pill

As our issues are published bi-monthly, it is not possible to immediately cover all the happenings in our lively village.

So don't forget that you can catch up with more immediate village news in our **Golant Pill Facebook** page, put together by our team members Penny Parsons and Robin Anderson.

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You are welcome to visit the farm.

Please visit our freezers by the farmhouse - they will be signed.

Prices are posted so put money in the box.

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Golant Walking Group

Marking the end of a long, hot summer recess, Golant Walkers dusted off their boots, burnished their poles and headed to *Lanhydrock* for the first walk of Autumn. The grounds of *Lanhydrock* are well known and, ably led by Becky, the walk ended with a welcome visit to the equally well-known café.

Our second outing, to Treslea Downs and Cabilla (*right*), on a windy but warm day, afforded the pleasures of varied countryside: heathland, woodland, river valley and the remains of China clay workings. Part of the walk skirts a designated rifle range where the red flag was not flying and we lost none of our number – not even when a grenade was lifted from the ground and kept as a trophy. Lifting our eyes from the grazing cattle, horses and ponies, we looked out from the Downs to the distant horizon and watched clouds clothe the Sky Tip and the Hensbarrow. After 5 miles of walking it was but a short trip to the near-by café at *Stable Art* where coffee and some cake were happily consumed.

We will hope to complete 5 more walks between now and Christmas - if you have a favourite walk you would like to share – please do get in touch.

Anne Bonsall



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Swap your apples for our cider! If you have apple trees and don't fancy making it yourself bring your apples to us at harvest time and we'll swap apples for cider!

Make your own Gin! Our gin school is equipped with 2 litre copper stills. We'll settle you down with a Gin cocktail and explain how Gin is made and then it's hands-on choosing and weighing your botanicals then heating up and keeping an eye on your still (with another drink) as your gin slowly condenses before your eyes. We'll help you to bottle, label and cork it! 1pm till 3pm currently running at least once a week. See our website for details of courses, tours, tastings and online shop.



www.foweyvalley.co.uk

Unit 11, Restormel Estate, Lostwithiel PL22 0HG

Moth Mystery

Lee from *Torfrey Cottage* sent this photo of a beautiful moth, taken on the steps of Martyn & Fayre's house.

At the time, he thought it may have been the moth of the brightly coloured Mullein Moth caterpillar pictured by Karen in her Nature Notes within the last issue of *The Pill*.

However, with a bit of research, it turned out to be a Magpie Moth!



GOLANT PANTO IS BACK!



AUDITIONS are being held on Thursday 13th October (write it down, now!) at the Village Hall, 6.30pm for a pantomime version of **Wind in The Willows**. This is YOUR chance to show your talents.

We (**GRADS**) ESPECIALLY welcome newcomers to this infamous traditional fest which will be aired February 2023 (dates tbd).

Please come along and see how you might contribute, be it as cast member, stage crew, costumes, make-up – whatever. If you cannot attend, but are keen, PLEASE contact **Jeremy Lloyd-Evans** - windygrads@gmail.com or 07814293854 BEFORE the audition date.

Golant Summer Produce & Craft Show

After two years' absence due to Covid, the 12th Village Show was held on Saturday 30th July.

Of the 54 classes on offer, most had at least one or two entries, with the Limerick competition, as always, attracting the biggest entry.

The Village Hall was laid out in the usual way with large tables down the centre for vegetables, fruit and flowers, and side tables around the room for craft, cookery etc. The visitor was met with a vivid and colourful display, featuring huge hydrangea heads, bright dahlias and a wide selection of vegetables and other flowers and foliage.

Judging took place in the morning and the results were all available by the time the public arrived at 2.00pm. At first, the visitor level was rather slow, but it warmed up and in the end a good number had attended, bought raffle tickets and enjoyed the excellent refreshments provided by Chris Dodridge and Anne Bonsall. Earlier in the morning, the Chairman, Janet Gore, had presented vouchers for cream teas at the *Duchy Nursery* to Anne McLeod and Janet Longman, who had managed the catering ever since the first show in 2009.

Trophies were presented to deserving winners (as below), and Alastair Barr conducted a quick-fire auction of produce which made £136. The committee would like to thank all those who very generously donated prizes for the raffle.

On the financial side, the total income was £499.30, and expenses, including 2 new trophies (£175.00) came to £399.56, giving a profit of £100 which was donated to the Village Hall.

Trophy winners were:- Best Exhibit in Show – April Stead, for a lovely painting of a garden in full bloom; Highest number of points overall – Neil Smith; Best in Flowers – Penny White, for an arrangement in a tea cup; Best in Vegetables – Penny Parsons; Cookery – Gill Paull, for chilli jam; Craft – Debby Marshall-Reeve, for a beautiful embroidery; Best Children's exhibit – Evelyn Parsons, for her chocolate crispy cakes (*see below*); Best new entrant – Neil Smith, and the winner of the Limerick competition was Viviane Barr (*below*): “My pumpkin developed a rash. I wanted to sell it for cash. But it looked very spotty and incredibly grotty. So I ate it with sausage and mash!”

In conclusion – another successful show and we look forward to doing it again next year.

Alastair Barr



Evelyn Parsons, proudly clutching her trophy & chocolate crispy cakes, the best children's exhibit.



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Nature Notes

The summer holidays seem a long distant memory now, but we have continued to enjoy lots of sunshine (not enough rain really), although the temperatures have dropped at night. I always feel the air change first thing in the morning during August - it's a tiny, subtle difference, and I make a note. For the past few years it has been around the 16th August - this year it was the 27th - not surprising given the heat and dry we have experienced.

Our Swallows disappeared from the nest very early, about the end of July, but I think that was because the family outgrew its accommodation! I have not seen any this week, so perhaps they have left - always a sad occasion when the air is no longer full of their swooping flight and chatter.

David has now started the cutting of all the meadow spaces - never easy when everything is on steep hills, but the raptors have appreciated it - I keep being startled by Buzzards suddenly taking off in front of me when I walk. A female Sparrowhawk took off past the kitchen window at almost eye level from the bank above!

All of the fruit trees have done very well this season, despite the dry conditions. They are mulched with the grass clippings, so we think that has helped, and every one has made it so far. Some of the older trees planted in the Forest Garden are cropping very well for their size - if we can beat the crows to it - they like to peck half an apple before moving onto the next! You do realise how wonderful a fresh apple off a tree tastes compared to the bland, stored, picked 6 months ago apples that many supermarkets offer. Luckily, most people in the village will eventually get to find out when the Jubilee fruit trees arrive later this year!

We are also discovering more and more varieties of mushrooms about (*see below, with the aptly named 'Amethyst Deceiver' on the right*)- we think that the trees are now mature enough to support the various mycelium, and the land is not disturbed, although I am not brave enough to try them - never quite sure. I think we need an expert first!

The Sanctuary played host at the beginning of September to *Continuum* - a local dance group that meet in Lostwithiel (and has a few Golant members!). We had a great, if wet day exploring nature in dance, music and words, mainly inspired by *The Lost Words*, poems by Robert McFarlane. At the end, everyone was invited to pick a phrase or a few words to sum up how they felt about being in the landscape at that instant - sometimes we forget about our other senses, and also how nature can play a part in mental health. They then wrote or scribed the words onto copper leaves I had prepared, and hung outside the building. Our guests have also joined in, so it is something we hope to continue.

We are now looking forward to autumn & winter - a chance for us to slow down, but get more planting and clearing done, and to spend time just enjoying the landscape and nature! David's wood group will be starting again - usually meeting once a week to cut and tidy and then helpers are welcome take home seasoned firewood as a 'thank you'. Get in touch if you would like to join!

Karen Wells-West



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we have a meeting room for classes, retreats, small weddings and venue hire - It can also be hired as a self catering suite.

The Sanctuary Cornwall

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@SanctuaryCornwl

Contact us

www.thesanctuarycornwall.co.uk

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Golant Gleanings

JUDY HARRISON

We are sad to report the death on 19th September of villager Judy Harrison. We are using Giles's words, sent in a Maurie Mail, as this first brief tribute. He hopes to write a full appreciation of her life for us to include in the December issue of *The Golant Pill*. Details of Judy's funeral can be found within the Church news on page 4.

"After a stoic year-long battle against her cancer, and a rather quick decline over the past few weeks, Judy died peacefully in her sleep on Monday morning. She was - just as she had wanted - at home, and with her Labrador Lettie by her side. In her final days, she was as comfortable as possible, and was well supported by friends and family."

Giles adds, *"On a personal note, I would like to thank everyone who has been so kind and helpful to Judy and me over the past months. You've made a world of difference through a very testing time. Thank you."*

FROGs

This is not another nature column! We are simply a small group of Golant residents who are very concerned about the amount of development going on in Golant, the disruption and distress it is causing, and the difficulty in monitoring breaches of planning conditions by builders and developers.

FROGs are Full-time Residents Of Golant, and in no way are we trying to undermine the efforts of our excellent Parish Council as they grapple with planning applications and on-going building works in the village. Rather, we want to support them, and we are well aware how impotent small Parish Councils can seem when trying to get Highways and Enforcement Officers to take action.

Residents who have major building works going on next to them often find it difficult to complain to the men on site, and, when they do, they frequently feel that their complaints are being ignored. We are offering our support, and are willing to speak with the builders, site managers and developers on their behalf, if they wish us to do so.

We are also keen to scrutinise planning applications, and to ensure that traffic movement, parking and working hours are fully considered and, if possible, made conditions of planning consent. Noise and pollution from building sites have greatly increased, and we hope to be more pro-active at the planning stage to ensure that projects do not cause unnecessary distress to those living in neighbouring properties.

We have already met with our Cornwall Councillor, Andy Virr, and he has promised to lend us his support. Obviously, the Parish Council will continue to work on behalf of all the village, but if we can help them, and encourage more villagers to comment on planning applications when they appear, then this will give weight to the work of our local council.

Please feel free to contact us, as we would value any comments you have. Above all, we want to defend the quality of life for the home-owners of Golant.

Peter Edwards (peterj.e@virgin.net)

Simon Funnell (funnell878@btinternet.com)

Steve Phillis (Steve.Phillis59@gmail.com)

Martyn Hardy (martynhardy501@btinternet.com)

Fayre Hardy (fairyhardy@btinternet.com)

Ian Barker (hill.farm@live.co.uk)

Meet and Greet

We are back! Golant: 1 Covid: 0

One of the mainstays of Golant village life is back this December – **Meet and Greet** at the Village Hall – Sunday 11th December. Write it in your diary, NOW!

Meet and Greet is a totally *informal* gathering of villagers to welcome newcomers and family friends to the village (well, that's the excuse). 12 noon start, and if you are still there at 2.30pm you might be helping washing up. To the initiated: please spread the word and encourage newcomers who might not yet be on the Golant super broadband village network to attend and have some fun. To the uninitiated: we all bring a "bottle or two" plus some nibbles/bakes/tapas/canapes/cakes/you name it. Any questions or queries to jeremylloyddevans@gmail.com. See you there!

ST SAMPSON PARISH COUNCIL

Devolvement:

As before, we remain at a state of readiness to complete this transfer of the car park and toilet block. We just need to be certain that clarity has been achieved between Cornwall Council and the Rowing Club over the small patch of land north of the toilet block. Once achieved, we can start the process of deciding what we can do with the building in the future.

Car Park:

Advance warning: Once we legally own the car park, then we are keen to re-surface the southern end (below the Boatwatch Hut) which needs some attention. We will shortly be drawing up plans and signing up an operator, and then we will be able to provide more detailed information.

Ticket Machine:

In a similar vein, we are also planning to install a new 'coin and credit card' ticket machine in the carpark. However, installing the necessary IT in the Boatwatch Hut, is proving more challenging than we expected, even though we are using BT. But once we have installed a router (to carry the credit/debit card signals) then we will be in a good position to order and install the machine.

Planning Applications Discussed:

A number of residents have recently got together to discuss how best to examine planning applications and thereafter to ensure that contractors follow the guidelines laid down by Cornwall Council and our own Parish Council. The starting point is ALWAYS to look at the Planning Application and to see if it complies with our own Neighbourhood Development Plan. And where necessary, bring any views and comments to the Planning Team at Cornwall Council, by writing a comment on the Planning Portal. Once underway, contractors have an obligation to follow the guidelines laid down on the Cornwall Council web site, which you can find here:

<https://www.cornwall.gov.uk/media/vtcklbni/construction-dust-noise.pdf>

Anyone can comment on any application, and you are encouraged to do so.

Planning Applications :

The following Planning Applications have been received by the Parish Council for review and comment:

PA22/08554

PA22/08349

Details can be found by going onto the Cornwall Council web site (under Planning) and typing in the number above

David Jenkinson
Chairman St Sampson Parish Council

'Low Carbon Cows!'

Leyonne Farm is working on a project in conjunction with *Trewitben Dairy* to move towards being a more efficient production centre with a low or, hopefully, a zero carbon footprint.

On 26th October at 7pm in the Village Hall do come along and hear how Martin & Bridget are working to achieve this, followed by a Q&A session on farming.

By the end of the presentation you will know:-

'If it is possible for a dairy farm to try to be carbon neutral?'

'What about the methane?'

'Why are they planting trees in grazing fields?'

'What are the strange instruments that Martin can be seen using in the fields?'

A small admission charge will be required which will be donated to a charitable cause (*Lostwithiel Young Farmers* chosen charity) and also to the Golant Pill viewing platform.

More details to follow.

Bridget Whell



As the nights start to draw in, we are returning to our evening talks, and our first was a real treat- a talk and virtual tour of the centre at *Prickles and Paws Hedgehog Rescue*, a charity based near Newquay.

We settled to our seats at the *Memorial Hall* in Lerryn, and via the wonders of modern technology we joined Emma virtually at the rescue centre. She was attending to a poorly hedgehog who had just been admitted to the centre and explained that they've been experiencing a higher level of admittance than normal for the time of year, as usually their busiest period is in November.

There were plenty of 'aws' from the audience as we took a tour of the centre and were introduced to some of their current patients, particularly the three young hoglets affectionately named 'The Ice Cream Boys'- Ben, Jerry and Roddas, who were tucking into their specially prepared food after emerging from their fleecy pouch in their incubated pod. Emma also gave us an update on an adult hedgehog that had been admitted from Lerryn; she explained that it was being treated for caustic burns to its paws, a respiratory infection and ringworm. It was responding well to the treatment, which was good to hear.

The charity receives many phone calls from people concerned about a hedgehog they've seen or found. Emma said the most obvious sign of a hedgehog in distress is when they're seen out and about in the daytime. If you have concerns, please do call them for advice on 01637 831 299.

We discussed how we could encourage hedgehogs to our gardens and keep them safe. Strimmer injuries have a devastating impact on hedgehogs; a reminder that long grass should be checked before strimming, and of course bonfires should be checked too before lighting. Emma explained that hedgehogs are lactose intolerant so should not be left out milk; a shallow dish of water is perfect and good for other wildlife too! Their natural diet is high in insects, but we can supplement with wet cat/dog food or dried cat biscuits, or there are specific hedgehog foods available.

Emma's passion for the hedgehogs was obvious, and what a fantastic job they are doing, but as a charity they're always in need of our support. Practical help can be given by donating newspapers for hedgehog bedding, or maybe your garden might be a good release site?

Their website (<https://www.pricklesandpaws.org>) is full of useful information, and is also the place you can purchase their recently published calendar, and there's even going to be a hedgehog-themed Christmas jumper, so keep an eye on their online shop!

As Emma signed off to attend to the hedgehogs once more, we enjoyed chatting over tea and cake. It was so lovely to catch up with our members and friends again.

Our next event is a Beach clean at Polridmouth on Sunday 25th September, followed hopefully by a fungus walk in October, (yet to be confirmed), then on Tuesday 25th November we are hosting a talk by Rosalind Shaw from the *Bumble Bee Conservation Trust* about Bumble Bees and the Fowey Project. This will be at the *Mission for Seafarers*, Fowey Docks, at 7.30pm; the entrance is the pedestrian gate by Boddinnick Ferry slip.

Claire Hoddinnott & Peter Edwards

Caption Competition



This photo by Robin of the Flamingo in Distress needs an amusing caption. So come on, folks, have a go!

Send in your idea to me at thegolantpill@gmail.com before the copy date (23rd November).

You could win a bottle of wine...!

Ed.

Cornish Dialect Names for Animals & Insects

Black Beetle - Black Worm, Snortleywiggan

Hedgehog - Hedge-a-boar, Fuzzy pig

Lizard - Long Cripple

Toad - Horneywink

Wasp - Apple Drane, Apple Bee, Wopse

From 'A Cornish Hotchpotch' by Kathleen Hawke



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**Uncle John's Gardening Year
& Auntie Paddy's Recipe Book**

These *Golant Pill* publications are usually available in the Church, Walter Baileys at Par (Gardening Book only), or from Mike & Gillie (833897).

£6 each or two for £10 (Mix or Match)

UNCLE JOHN'S GARDEN PATCH

Well, I d'think that the summer be well and truly on the way out now. Mother Nature hev got her calendar up and running vitty like, and we'm all going to hev to get used to more normal conditions, proper like. But one thing I do know, and that be that wonderful summer that we all had, they bain't able to take it away.

'Twas surprising how some things did better, and others really suffered. The lack of water meant that 'twern't possible, once the water butts had emptied, to keep every thing growing proper, and some plants really suffered, with a brave drop in the fruit and veg yields.

But we've seen more butterflies about this yer in and amongst the plants than there's bin for a brave while. Now, I bain't nowhere near to being an expert on identification of these yer insects, but I could put a name to a brave few of them. We saw Cabbage Whites, both large and small, Red Admirals, Painted Ladies, Meadow Browns, Small Blues, some sort of Fritillary, (not sure which, the little blimmer didn't stop still long enough to make sure) a Skipper and a Humming Bird Hawk Moth. I did think of making a note of things as they were seen, but as with all these good ideas, 'twern't done, and so I hev forgot!

One thing that be noticeable be the lack of birds round this yer. All down to this yer Bird Flu I do suppose. There was a brave tribe of House Sparrows that were making a nuisance of themselves by moulding in the very dry soil on the teddie rows and in amongst my small seed rows! There bain't nearly a single one around now. Gone also are the blackbirds, robins, wrens and jackdaws. 'Tis all very sad, and I do suspect that things will return to normal dreckly, but tain't natural not to have these birds about.

Now, to get back to gardening, 'tis a handsome time of yer in the garden for you'm gathering in all the fruit and veg, and as you clear the ground you'm able to turn the ground over and prepare for the next crop. I d'naw a brave few people d'think that come this time of yer when 'tis the end of summer time, then everything d'stop, but tidn't so.

There's scoads of things to get stuck into like tending to any damage done to the lawns after the drieth we just had. There is still a brave bit of warmth left in the soil so grass seed will germinate easily. Just scratch the surface where you intend to spread the seed, and leave it to take care of itself. You can just water it in if'n you think Mother Nature bain't doing her job proper and that's of it, job done!

Now I d'dearly like broad beans, and a row put in now, in a well sheltered spot, will stand all the cold weather and give you a handsome crop early next year, but make certain sure that 'tis one of the varieties that will stand the winter, like Aquadulce or Bunyards Exhibition.

'Tis time for to take cuttings of your fuchsias and geraniums, setting them up in 3 inch pots in the greenhouse or kitchen windowsill.

Nort

Auntie Paddy's Recipe Corner

I asked Gill Paull to provide this recipe for the chilli jam that she entered in the Golant Produce Show this year.

Paddy Shelley

CHILLI JAM

*(From Becky Excell's 'How to Make Anything Gluten Free'
Page 186 – Cheese Scones with Chilli Jam)*

100g/ 3.5oz Bramley Apples (peeled, cored & chopped)
1/2 Red (bell) Pepper (deseeded)
30g/ 1oz Red Chilli Peppers - Mild (stems removed)
500g/ 2 1/2 cups Jam Sugar (high pectin)
300ml/ 1 1/4 cups Cider Vinegar
2 tsp Lemon Juice

1. Blitz your apple, red pepper & chilli peppers in a food processor or blender.
2. Place a large saucepan over a medium heat and dissolve the jam sugar in the cider vinegar & lemon juice.
3. Once dissolved, stir in the blended pepper mixture. Turn the heat up to medium-high and bring to an excited boil. Keep stirring constantly for 10 minutes or until the mixture is a little thicker – reduce the heat if it threatens to bubble over!
4. Remove from the heat and allow to cool for 2-3 hours. Once cooled, serve up with your cheese scones and store the rest in a sterilized jam jar in the fridge for up to a month.

Additional notes from Gill...

Remember to be careful what you touch after handling the red chilli peppers!

I like to add a dollop to mayonnaise to perk up a simple salad.

Why not just mix some with mayo & use as a dip or simply on its own with cold meats & fish, or what about adding to a toasted sarnie or maybe a jacket spud.

Dad even likes this chilli jam on his toasted teacakes!



Table Tennis Tournament

It was one of the hottest days of the year when a few of Golant's finest assembled in a parched garden to play each other at table tennis. The crowd was surprisingly large at 14 doubles pairs.

Luckily, we had an expert in Greg to work out the order of play, and we all set off to venues in the village to play out matches. Thanks to Simon & Sheila, Matthew & Jessica, Aram & Andrew & Estelle for your wonderful garden tables.



After a gruelling and highly competitive afternoon, the semis and finals were played in *The Fisherman's Arms* marquee, with Nick's finest refreshment on tap, and a superb barbeque 'cheffed' by Paul and Kay.

The final glory went to Alan and Chris, so if you fancy your chances against them in 2023 you'd better get practising – Wednesday evenings in the Village Hall from 6-9pm, starting October 5th; all welcome.

Paul Meredith



FINDING *The Golant Pill* ONLINE

If you prefer not to have a hard copy of our newsletter, or would like to catch up with previous PDF copies online, just go to our village website at

golant.net

Below the lovely image of our river, click on **Golant Pill**, where you will find copies going as far back as the April/May Issue for 2017.

CALENDAR OF VILLAGE EVENTS

OCTOBER

Tuesday 4 th - Saturday 8 th		Curry Week	Fisherman's Arms
Wednesday 5 th	6.00pm	Table Tennis	Village Hall
Friday 7 th	10.30am	Bookshelf, coffee/tea and chat	Village Hall
Sunday 9 th	9.30am	Harvest Festival	St Sampson's
<i>Dried goods for St Petroc's most welcome. Please leave at Church or in Old Cider House porch.</i>			
Tuesday 11 th	Midday	Funeral of Judy Harrison	St Sampson's
Tuesday 11 th	8.00pm	Quiz Night	Fisherman's Arms
Wednesday 12 th	6.00pm	Table Tennis	Village Hall
Thursday 13 th	6.30pm	GRADS Auditions	Village Hall
Sunday 16 th	6.00pm	Evening Prayer	St Sampson's
Tuesday 18 th	2.00pm	GHG meeting	Village Hall
Tuesday 18 th	8.00pm	Euchre	Fisherman's Arms
Wednesday 19 th	6.00pm	Table Tennis	Village Hall
Sunday 23 rd	9.30am	Holy Communion	St Sampson's
Tuesday 25 th	7.15pm	Parish Council Meeting	Village Hall
Tuesday 25 th	8.00pm	Quiz Night	Fisherman's Arms
Wednesday 26 th	7.00pm	'Low Carbon Cows' – Leyonne Farm (<i>talk</i>) (<i>See page 14 for further details</i>)	Village Hall
Friday 28 th	7.15pm	CFylm Club – <i>Fisherman's Friends</i>	Village Hall
Sunday 30 th	9.30am	Holy Communion	St Sampson's

NOVEMBER

Tuesday 1 st	8.00pm	Euchre	Fisherman's Arms
Wednesday 2 nd	6.00pm	Table Tennis	Village Hall
Friday 4 th	10.30am	Bookshelf, coffee/tea and chat	Village Hall
Sunday 6 th	9.30am	Holy Communion	St Sampson's
Tuesday 8 th	2.00pm	GHG meeting	Village Hall
Tuesday 8 th	8.00pm	Quiz Night	Fisherman's Arms
Wednesday 9 th	6.00pm	Table Tennis	Village Hall
Sunday 13 th	10.45am	Act of Remembrance at the War Memorial Followed by a service of Holy Communion	St Sampson's
Tuesday 15 th	8.00pm	Euchre	Fisherman's Arms
Wednesday 16 th	6.00pm	Table Tennis	Village Hall
Friday 18 th	6.00pm	Boatwatch AGM	Village Hall
Sunday 20 th	6.00pm	Evening Prayer	St Sampson's
Tuesday 22 nd	7.15pm	Parish Council Meeting	Village Hall
Tuesday 22 nd	8.00pm	Quiz Night	Fisherman's Arms
Wednesday 23rd	Copy Date	<i>The Golant Pill</i>	thegolantpill@gmail.com
Wednesday 23 rd	6.00pm	Table Tennis	Village Hall
Friday 25 th	7.15pm	CFylm Club – <i>Top Gun: Maverick</i>	Village Hall
Sunday 27 th	9.30am	Advent Sunday Holy Communion	St Sampson's
Tuesday 29 th	8.00pm	Euchre	Fisherman's Arms
Wednesday 30 th	6.00pm	Table Tennis	Village Hall

DECEMBER

Friday 2 nd	10.30am	Bookshelf, coffee/tea and chat	Village Hall
Saturday 10 th	3.00pm onwards	Golant Boatlights & Christmas Market (<i>details later</i>)	
Sunday 11 th	12 noon	Meet & Greet	Village Hall

*If you have any item you wish to be entered into this Calendar of Village Events, please contact
Penny Parsons, the Parish Diary Member of our team, (tel: 832727)
 by the Copy Date shown on this page of the newsletter, and we will try to include it.*