

Glorious Golant...



Sackfuls of Success at the Sports



A Moment of Madness in the Pill



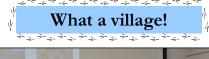
Table Tennis Tournament on Tour



Judges Judging the Produce at the Show



Flotilla Fun on the Fowey





Sparkling Centenary Celebrations for The Pill



Family Fun at the Carnival

FROM THE EDITOR

eart-warming... Mike & I were both uplifted to see so many Golant Pill supporters (including Roy, our very supportive printer) swarm into the Village Hall for our 100th Issue Celebration, and especially to receive such lovely comments. At least I know that copies are actually read!

For those newbies who couldn't make it, but are interested to hear how our newsletter began, here is a brief explanation. It all kicked off at the beginning of 2007, when our joint church magazine with Fowey was stopped. Mike & I had long wished for a proper village newsletter, and this was the opportunity! A small working group was formed; Mike was made editor and I was tasked with putting each issue together. He edited 67 issues before I took over, so I have a way to go yet, having so far only managed 33!

It was all a steep learning curve, but over the years *The Pill* has grown and developed, and we thank <u>everyone</u> for their support, including our team, all regular (and occasional) contributors and also our advertisers, without whom we would not be able to give each village household a FREE copy.

I had planned in my short talk to add that I love putting in Cornish titbits - usually to fill spaces - but forgot to do so. Mike has VERY strong Cornish genes on his maternal side, and was born and brought up in this lovely county, whilst I feel very much at home here, though I grew up at the opposite end of England in Sussex. Perhaps the Welsh & Scottish genes that I possess are all part of the Celtic make up!

My added Cornish pieces have included dialect & Cornish language words, sayings and even jokes. Page 13 in this issue has a very Cornish flavour, as I have placed the latest news on erstwhile villager and Cornish bard John Jenkin, together with extracts from two of his fascinating village publications.

So-many thanks to our team and to you, our loyal readers. (And to Janet Gore, who has written such a kind piece opposite...!)



Gillie Harris (Editor) and Mike Harris (Ex Editor!)

Celebration of the 100th edition of The Pill

I am sure I speak for all those who attended this wonderful celebration in the Village Hall, organised by Simon Funnell and his *Golant Pill* team, when I say that the moment Robert and I walked through the door we sensed that this was going to be a very special occasion. And it proved to be so.

So many villagers attended and were welcomed with tea & coffee served by a wonderful team of village ladies. This was followed later in the afternoon by a glass of 'Bubbly' and a piece of cake baked by Caroline & Chris Davidson. This beautifully decorated sparkly cake was greeted with gasps of admiration when brought into the hall!

The real stars of the afternoon, were, of course, Mike and Gillie Harris, who were the main inspiration for the 100th celebration afternoon ever happening. They have explained how *The Pill* began in the Editor's piece opposite.

Gillie's presentation, showing some of the articles that have appeared over the years, was so interesting, and for new people in the village this must have been of special interest, and a trip down memory lane for longer-term residents.

There was a table displaying the <u>covers</u> of all the *Pills* ever produced, complete copies of the 1st & every 10th issue, and a folder of a selection of the children's input over the years.

Thank you to Martyn Hardy & Neil Smith who set up the hall, and to David Bonsall for setting up the visual presentation to aid Gillie's truly inspirational talk.

I think that the applause given to both Mike and Gillie showed how much everyone appreciated their work over the years, and how much they continue to be such valued members of this community.

The Pill continues to give a pictorial account of events that have taken place, and with its 'Calendar of Events' enables all village organisations to promote their forthcoming programmes. Long may it continue!

Ianet Gore



Ray Peacock



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Team Members Past & Present

Lest we forget- our <u>original</u> *Golant Pill* team to whom we are indebted, included Robert Dunley, Janet Gore and Karen Wells-West, with the later addition of Roger Page, as well as our continuing regulars Jacky Fletcher, Simon & Sheila Funnell and us two!

Since then, we have been joined by Penny Parsons, Tony Strachan, Robin Anderson, Debbie Pugh-Jones & Sharon Holloway.

Gillie & Mike Harris

Golant Heritage Group

Cornwall Archive Network: Quality Standard Mark *Celebration*! Friday 20th October, 3pm Village Hall

You are invited to join us in celebrating the achievement of the CAN QS award.

Tamsin Mallet, Collections and Development Manager at Kresen Kernow, will explain the background of this quality mark and the value of the exercise for groups such as ours.

Tamsin has been in the background for us since Golant Heritage Group was first established, offering much useful guidance and points to aim at in order to function effectively.

Ian is putting together a short slide show from our archive.

There will be tea/coffee and cake to enjoy!

We know there is a keen interest in Golant's history and heritage and look forward to having a full hall for the occasion!

It would be useful to know if you plan to come to help us with catering and setting out the hall. pzparsons@yahoo.co.uk or fairyhardy@btinternet.com

Fisherman's Arms Beer Festival

Whilst beer festivals pop up at every tavern, brewery and harbourside in the land during the summer months, for some of us *The Fisherman's Arms'* beer festival remains a firm calendar fixture. Soaked in history and folklore that not everyone present can quite remember, leaving just the lingering feeling of dread at what the 7.5%, aptly named *Beheaded* beer led us to say or do on the slabs of the marquee, as the band pumped out another classic rock number.

The brilliant brass of *Lost in Space* rang in the 2023 Beerfest with gusto, like a call to arms that may once have rung out from the ramparts of Castledore. The selection of 12 ales and 6 ciders set into place as a gauntlet slapped rigorously across the cheek of a would-be adversary. Challenge accepted. A sample float? How dare you, sir. A pint, please! A regrettable choice at times.

The beers came from far and not so far, and the selection provided for all palettes, even the opportunity for a cleansing intermittent gin. Nick and the team had thought of everyone, and *The Fisherman's Arms* team worked diligently to keep its patrons watered and fed, whether from the kitchen or off the BBQ, when a hotdog was an absolute necessity to stay in the fight.

The air was thick with nostalgia as on day three, barrels began to drip their last golden drop and revellers sought solace in cider and, dare I say it, 'inside' beers, whilst some soldiered on to tackle those remaining beers yet to be tested – or yet to test us. Here I am reminded of the competition years of the early and mid '00s which several of us tried our utmost to replicate, with the twentieth anniversary of the notorious-to-some 2003 Beerfest being recognised as somewhat of a milestone for those of us who just happened to turn eighteen in that year., immortalised in memory and in garment.

They drank like they were eighteen, to the point that they forget they were not!' (Budd, 2023)

The closing act of the annual celebrations was the more familiar and regular village music circle. The bands were brilliant, playing a leading role injecting energy into the festivities. The reverberating Cornish shout was resplendent in the afternoon sun that made only fleeting appearances during the weekend, but seemed to do so with impeccable timing. The music circle, however, played its own unique role. Every song played seemed to reach up and coax the dust particles stirred by the weekend and bring them gently down to rest. Another year, another triumph. Beerfest 2023 becomes part of history and folklore that not everyone present can quite remember. The way it has been and always will be. Cheers!

Tom Parsons



Finding The Golant Pill Online

If you prefer not to have a hard copy of our newsletter, or would like to catch up with previous PDF copies online, just go to our village website at:

golant.net

Click on **Golant Pill**, where you will find copies going back to the April/May Issue for 2017.

NEWS FROM ST SAMPSON'S CHURCH

At the end of July the Benefice Service was held here, when we also celebrated St Sampson's Day. The choir sang the St Sampson Introit as well as 'If Ye Love Me' by Philip Wilby, the handbells rang, and the very good congregation sang suitably celebratory hymns.

During August there has been some very effective clearing of the lower churchyard bank by Peter Stoddern, and Greg and Penny have given the War Memorial garden a most welcome face-lift. At some point, a working party on the village graveyard will be necessary.

The August break for singers and ringers has now ended, and there is much to which we can look forward. **Harvest Festival**, which is a family friendly service, is on **Sunday 8th October**. Dried goods for St Petroc's would be greatly appreciated, and these can be left at *The Old Cider House*, at *The Fisherman's*, or at the church. St Petroc's is an excellent local charity, and caring for the homeless in these difficult times has never been more important. We are most grateful for the support from Nick and his team at *The Fisherman's Arms*.

On **Sunday 15th October at 6.00pm**, instead of Evening Prayer, there will be **Hum along to Hymns on the Handbells**. Three groups of handbell ringers will play well known hymns, and all are welcome to come and hum along, and enjoy a glass or two of wine or elderflower. There is no charge for entry, but donations towards the wine and church funds would be enormously appreciated. This is our second hymn-fest on the handbells, and there are plenty of new arrangements to enjoy.

On **Sunday 29th October, at 10.00am**, there will be our third **Benefice Service,** at Tregaminion Chapel of Ease, and all are most welcome. Please note that there will not be a service at St Sampson's on that day.

Sunday 12th November is Remembrance Sunday. As usual, we will begin at 10.45am at the War Memorial for the Act of Remembrance, followed by a communion service in the church. As in the past few years, we have no bugler, but the handbells will play the Last Post and The Rouse.

Simon Funnell



What will they get up to next at St Sampson's?!

CHURCH CONTACT INFORMATION

Priest in Charge

The Revd Shona Hoad (07476 900623)

Churchwardens

Greg White (01726 832315) Simon Funnell (01726 833343)

Vicar's Ponderings!

Wherever I look at present there are blackberries growing. This is a lovely sight as I take a walk in the countryside, and there is something very pleasing about finding a juicy berry that is at its sweetest point to pop into my mouth. I am not so keen on the blackberry bushes that grow in proliferation and at will in my garden, even if the berries do also taste just as sweet!

Unless you are a keen fruit grower, you will probably, like me, grow blackberries in your garden more by accident than design. It can often feel as though it is a battle of wills as I try and keep the brambles from spreading endlessly throughout the hedges and even up other trees, as though they are trying to conquer some imaginary Everest! The scratches that accompany my futile attempts to keep them in check can sometimes make me feel that it is the brambles that have won the battle. It is therefore small compensation to be able to use the free fruit in crumbles and pies, and in jam making.

As we move into Autumn and our churches celebrate the gathering in of the harvest, we have the opportunity to give thanks for those who work to ensure no one need to go hungry. It is easy to forget how hard people hve to work to make food available for everyone—from the preparation of the land and the gathering of the crop through to the factory production lines that mean we can eat food that has been stored in cans or frozen for year-round availability.

These days too we are also familiar with the work of Food Banks that give out food parcels to those who are in great need. The work of Food Banks is perhaps a modern-day equivalent of what was called gleaning in the Bible. The early laws of the Jewish community were designed to ensure that no one was left uncared for, and in the Old Testament book of Leviticus we read, When you reap the harvest of your land, do not reap to the very edges of your field or gather the gleanings of your harvest. Do not go over your vineyard a second time or pick up the grapes that have fallen. Leave them for the poor and the foreigner, I am the LORD your God.

Here at St Sampson's we shall be celebrating Harvest in church on Sunday 8th October at 9.30am, singing traditional harvest hymns as we give thanks for those who farm the land. We would also welcome your harvest gifts that are long-life—tinned or dried foods—suitable for donating to St Petroc's, and our collection that day will also be sent to St Petroc's.

With every blessing, *Shona*

Revd Shona Hoad 07476 900623 shona@tandgchurches.uk www.tywardreathandgolantchurches.uk

Church Cleaning Rota

1st & 8th October Penny
15th & 22nd October Ruth & Gill P.
29th October & 5th November Jacky & Sheila
12th & 19th November Glynis
26th November Mary
3rd December Linda

Our Advertisers

We are indebted to our loval advertisers, old and new, who help to keep The Golant Pill afloat.

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The Golant Pill Committee

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Golant Pill Facebook	Robin Anderson	832370
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Golant Website	Debbie Pugh-Jones	
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The committee meets regularly under the terms of the constitution which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in The Golant Pill may not be necessarily those of the Editorial Team.

Pill Paparazzi in this issue

RA Robin Anderson Anne Bonsall AB **GP** Gill Paull NS Neil Smith

KW-W Karen Wells-West Licensee Nick Budd warmly welcomes you to:



The Fisherman's Arms Tel: 01726 832453

The Fisherman's Arms, Golant

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Meet and Greet

One of the mainstays of Golant village life – Meet and Greet at the Village Hall – is back on Sunday 10th December. Write it in your diary, NOW! Meet and Greet is a totally informal gathering of villagers to welcome newcomers and fami-I ly friends to the village (well, that's the excuse).

12 noon start, and if you are still there at 2.30pm you might be helping washing up. To the initiated- please spread the word and encourage newcomers who might not yet be on the Golant super broadband village network to attend and have some fun; to the uninitiated- we all bring a 'bottle or two' plus some nibbles/bakes/tapas/canapes/cakes/.....you name it.

Any questions or queries, such as "What is your favourite wine, Jeremy? Or "do you think a homemade quiche would be welcome?" to jeremylloydevans@gmail.com. See you there!

Jeremy Lloyd-Evans

Golant Sports and Carnival

Many thanks to all the helpers who put up the bunting around the village and built the marquee.

Saturday morning saw scones, jam and cream delivered to Anne McLeod's where she and her family set about the task of layering up those goodies. Cakes from far and wide started arriving at the marquee, some of them almost too pretty to cut. Anne-Marie, who has taken over running the teas from Jacky said she would like to thank all the ladies and gentlemen of Golant for their donations of wonderful cakes and their time to help in the tea tent on the day. We had so many tasty and beautifully presented treats, as per usual, with very little left over. So, it was definitely a success! Again, thanks to you all for your continued support, it is always very much appreciated, as is the past years when Jacky ran the teas, so a big, big thank you to Jacky.

The Sports

Simon MC'd the sports with his usual wit and good humour, and a big thanks to him for keeping order and setting the children's races off. We always take great delight in getting the parents to remember their childhood in the sack and three-legged races, and they are always so competitive. Many, many thanks to Julian Barr who did lots of behind the scenes work deputising on the many tasks normally carried out by Alastair, and for managing the prize money, and to Steve and Ian, the winners' line judges.

We had several side events including Splat-the-Rat run by Fiona and Dave, also, for the first time this year we borrowed a 'Cornhole' board where you attempt to get a bean bag into a hole on the well varnished board. Paul ran that and raised £43 and said that it was a very addictive game. Anne Bonsall ran the tombola stall which raised £87.75 for the playground fund and said that many thanks go to all who participated - by way of donations, helping, spending. With particular thanks to Brenda for her donation of Beanie Babies - the most sought-after jars on the stall; to the many children and their encouraging parents who cleaned us out; to 'Girls Too Loud' who donated their prize money to our fundraising effort.

David Bonsall, ably assisted by Chris Stead, ran the Shot-put and standing long-jump whilst the races were taking place and the winners were: Village Girls Shot Put: 0-5 Roux Jenkinson, 6-8 Lilia Varco. Girls Long Jump: 0-5 Roux Jenkinson, 6-8 Lilia Varco, 9-11 Ellie Connibeer. Village Boys Shot Put: 6-8 Sam Connibeer, 9-11 Hugh Taylor, 12-14 Ned Reay. Boys Long Jump: 6-8 Toby Varco, 9-11 Hugh Taylor, 12-14 Ned Reay.

The Junior Girls' cup was won by Lilia Varco and the Junior Boys' cup was won by Sam Connibeer, with Ellie Connibeer winning the Senior Girls' cup and Hugh Taylor won the Senior Boys' cup. The winner of the Round-the-Village race was Adam Justice, beating a very competitive field.





The Carnival

The Lostwithiel Town Band played while the carnival judging took place. Many thanks to this year's judges Jackie & Neil and Mark Steers, who roped in Simon Simpson due to Sue Steers' absence. Mark had also managed to get appropriately labelled 'Judge' T-shirts; they are clearly carnival competitors in future years.

The Lostwithiel Town Band led the procession round the village and back to the Green, where the Carnival prizes were announced by David Bonsall, who did the MC duties in the evening.



Continued on opposite page

The winners of the Boys' Individual class was Hugh Taylor as Chicken, with the Girls Individual winner going to Pearl Cook as a very well made-up Witch. The Child Pairs' winners were cousins Rafferty Parsons as Pooh and Fearn Parsons as Piglet, both in a Hunny Pot, and the Child Groups' winners were Adam & Freya with Connie, Ralph and Ned. Adult Individual winner was Henry as a guardsman, the Adult Pairs winner were Karen and Claire as Emmets.







Adult Groups' winners were Girls Too Loud who also performed a wonderful (if I say so myself) version of *The Promise*. Mixed Groups' winners were Little Mermaid. The overall Best Child winner was Pearl as a Witch, and the Best Adult was Ben White as a very off-white Ursula, and it is good to see that he has lost none of his make-up skills, and is following in father Greg's footsteps sprouting female pointy bits.

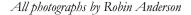
The ideas and costumes never cease to amaze, so a big thank you for all the hard work creating the ideas and costumes, and to the many participants.

As usual, Estelle had made up some fantastic hampers as raffle prizes from villagers' donations, so thank you very much to all who donated something, and to the businesses who generously gave

vouchers. These include Encounter Cornwall -AKA Paddle Cornwall SUP, Fisherman's Arms, Leyonne Farm and Charlie Harris. Following the raffle, the Lostwithiel Town Band led the traditional Flora Dance along the front and back with many dancers. The evening entertainment continued over at The Fisherman's with a BBQ and dancing to the Country Strong Band.

Many thanks to all the helpers- too many to list, but you know who you are, and to the many participants both young and old who make the day the success it is, and to Sarah and Ian Laughton whose garage, water supply and occasional tool borrow make the whole thing possible.

Peter Edwards & the Carnival Committee



Golant Walking Group

September marked the beginning of a new walking year. After the gloom of August it was just great to see sunshine again, and early September did not disappoint.

A small select group followed a circular route between Mevagissey and Portmellon (right), enjoying both open countryside and fabulous views out to sea. Hot dogs enjoyed a cooling swim, their two legged friends preferred cool drinks at the beachside café. This was an easy walk, not very long, no steep inclines, no awkward styles to negotiate and no long distance driving involved. The route is well described on the 'I Walk Cornwall' app, should you wish to try it out.



We look forward to two walks in October, the first being in week beginning October 8. This will be another local walk, known to many of us, to Black Head and Hallane beach.

If you would like to join us or know more, please email anne.bonsall@btinternet.com



Boatwatch August Flotilla

Again, we were lucky with the weather for the second Flotilla meeting of 2023 on 15th August. A flotilla of 20 boats carrying around 75 people formed up, going first

down to Caffa Mill, then back up to St Winnow Point to raft up for refreshments. The sun shone, and a small number of adventurous folk took to the water for an (intentional) swim. The water temperature was not as good as 2022, so time in the water was rather limited. An excellent early evening and another fine demonstration of the presence of Boatwatch on and around the river.



Annual General Meeting:

Our Annual General Meeting will be held on Friday November 24th in the Village Hall. Members (and their partners) can enjoy a free glass of wine and a hot pasty to sustain them through the evening.

We plan to have a talk by the Coastguard together with the annual report from the Harbour Master and Police.

There will be a free raffle, and we will also start ticket sales for the raffle for a David Parry painting to be drawn at the 2024 Spring Get-Together.

David has very generously gifted us a beautiful original painting of St Winnow in the early morning light. A photograph here can't do justice to the picture, so come along to the AGM and see it properly!



We will send out AGM invitations in early October and we hope to see you there!

David Bonsall, Chairman, Golant Boatwatch

Golant Quay Users Association

We have sent out the boat stickers for the 2023/2024 season, so if you have not got yours, please let us know.

The grp sailing boat has been cut up and environmentally disposed of at a cost of £350. We have just one more from the original list of derelict boats- David Luck's old wooden sailing boat, which he intends to have lifted out and taken away, and hopefully this will have happened by the time you read this.

After what Summer we had, it will soon be time to bring the boats in for the Winter months. Would all berth holders please check their mooring lines are secure, preferably prior to bringing boats in.

Peter Edwards & Ian Barker

Peter Edwards & Ian Bark If anyone spots a problem on the → contact one of the following:

Harbourmaster's Office 01726 832471

(out of office hours transferred to Duty Officer)

David Bonsall (Boatwatch)

01726 834458

A Very Early Reminder for Next Year's Diary!

Madness in the Pill Sunday 4th August 2024

Sports & Carnival

Starting around 3.00pm Saturday 10th August 2024 Sports starting at 2.00pm Carnival assembles at 6.30pm



Saturday 14 October 2023, Fowey

The Passmore Edwards Legacy

A Talk by **Dean Evans**

2023 marks the 200th anniversary of the birth of this extraordinary Cornish Philanthropist. Dean Evans presents an illustrated insight into the life and work of Passmore Edwards, a journalist and very generous benefactor to the working classes.

Dean has been studying the work of Passmore Edwards for more than 15 years and wrote his biography, Funding the Ladder, in 2011. This was awarded a Holyer An Gof Award in 2012

Secretary: Kath Pearce kathpearce@gmail.com

www.foweyhabourheritage.org.uk

Saturday 11 November 2023, Whitecross Hall Robert Lenkiewicz, Artist and Teacher

A Talk by Louise Courtnell

Robert Lenkiewicz sought to illuminate the lives of those he called 'the invisible people' through large scale exhibitions. He moved from London to Plymouth and painted in Fowey. The artist Louise Courtnell met Lenkiewicz in 1987 when he became her mentor and teacher.

Louise has been a regular exhibitor at the National Portrait Gallery and was commended for two self portraits.

HOW LUCKY WE ARE

New residents of Golant soon become aware of what a great asset to our community the Village Hall is, both as a fantastic venue and through the many activities resulting from the good works of the Committee and numerous volunteers.

What is less well known are the constraints under which the Committee and Trustees are forced to operate, and I thought I'd take this opportunity to share some of what I've learnt since Jackie committed to becoming a Trustee and Secretary.

Golant Village Hall has been a registered charity since 1965 and is regulated by the Charity Commission. One of the responsibilities these regulations impose on the Trustees is that they must "make sure the charity's assets are only used to support or carry out its purposes". The purpose being in this case, the charitable objective as stated in its governing document, "improving the conditions of life for the said inhabitants" (said inhabitants being those of the Parish of St. Sampson). Recent advice given by the Charity Commission went as far as saying our Village Hall is precluded from supporting events which actively sought to attract participation from outside the Parish. So unfortunately, not all good causes, however worthy, fall within the scope of this charity's purpose and therefore cannot always be supported directly without the Trustees breaking the regulations they are legally governed by.

In these increasingly litigious times, any person, organisation or charity that has commercial dealings with the public, typically have public liability insurance to protect themselves and their assets from claims. All insurance companies limit the scope of the cover they provide, as we found out with the Parish Council's insurance for the Village Green whilst organising the Dog Show earlier this year. The Policy held by the Village Hall is no different. Unfortunately, the Hirers' Liability section of the Village Hall's Public Liability insurance can only provide some cover for non-profit making entities. This means that on signing the Hall's Hire Agreement, the hirer is required to accept a varying degree of liability, depending upon their circumstances. Whilst some decisions of the Committee may at first appear strange- after all it's a strange bunch making them- perhaps this

goes someway to explaining the constraints under which they must operate.

So, keep up the good work, and please support the upcoming Village Hall fundraising events. It's only the Hall's modest

So, keep up the good work, and please support the upcoming Village Hall fundraising events. It's only the Hall's modest income, supplemented of course by the continued generosity of our great community, that enable these excellent facilities to remain available.

Neil Smith

Advertising Rates

There are three sizes of advertisement available to you in either vertical or horizontal form.

<u>Please note</u>: The size may vary to fit the space available, but will be the same square area as far as possible.

A 65mm x 60mm

(a) £,40 for six issues

A+B 130mm x 60mm

@ £80 for six issues

A+B+C 195mm x 60mm

@ £120 for six issues

Additional £15 for colour for all sizes.

Preferably, Artwork/Copy should be emailed to thegolantpill@gmail.com

Village Hall

Coffee mornings continue on the last Friday of each month; a great opportunity to catch up with neighbours, friends & newcomers. Everyone is welcome, so do bring your friends & family along. The ground coffee is freshly made, along with pots of tea & cake, all for £1. Books, DVDs & jigsaws are available at 50p each, and all proceeds go to the village hall.

La Soupe Populaire will commence on Wednesday 11th October, offering artisan bread or GF option, local butter, vegetarian/vegan/GF soup, and a little cake to accompany freshly made ground coffee or tea. The cost remains £3 each and deliveries are available.

CFylm has continued, with a number of villagers' choices of films being shown. Many have been British films and those based on real events remain popular. *Mama Mia!* on the green was very well supported- a free event to say farewell to summer. As the film industry is currently on strike, there may be some restriction on new films. However, we will continue to search and review available films.

The committee wish to thank all of the volunteers who give their time.

Carol Gabb

Cornish dialect words for Tools

Boryer Drill

Drasher Flail thresher

Gruter Part of a plough

Heaval Fork

Shaddocks Slate Axe

Showl Shovel

Taken from 'A Cornish Hotchpotch'

by Kathleen Hawke,

published by Truran



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100th

CENTENARY ANAGRAM COMPETITION

100th

<u>ANAGRAMS</u>	<u>ANSWERS</u>	<u>ISSUE</u>	
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18. Ken's polite. Hugh? Grim.	Keep Smiling Through	81	
19. Ada's not there.	Shed not a Tear	87	
20. Tony had large gangs.	Golant agas dynergh!	65	

There were just <u>seven</u> entries for this Anagram Competition, all correct, so after the morning service at St Sampson's on Sunday 3rd September, our vicar Shona agreed to be my glamorous (and, of course, <u>highly</u> trustworthy!) assistant, drawing the winning names out of the hat in front of the congregation.

The first prize of £50 went to Ian & Sarah Laughton, the second prize of £30 to Anne & David Bonsall, and the third prize of £20 to Karen Bruce.

My thanks and congratulations to ALL those seven entrants who had a go, and apologies to any folk who are <u>not</u> turned on in any way, like I am, to playing around with letters!!

Gillie Harris

Madness in the Pill

Although Storm Antoni threatened to wreak havoc around the south west, Madness in the Pill threw caution to the wind and proceeded much as it always does. Seven intrepid teams arrived with a variety of rafts from the extremely well-built to the probably not very seaworthy.

With Steve Phillis & Peter Edwards up to their middles in the water and Paul Meredith in the rescue boat, the kayak-based activities commenced with the fiercely contested relay racing, which was won in convincing fashion by the Fixtow team. The kayak tug-of-war followed, which saw old rivalries rekindled, but resulted in another emphatic victory for the Fixtow crew. Blind kayaking sorted a few people out, with Peter actually asking crews, before they started out, if they knew their right from their left. It still didn't matter; one crew hit the railway embankment and another almost ended up on the green!

The finale was as spectacular as ever, with Crew-ella just edging it from Doctors on the Pill. Cue flour bombs and mass drenchings courtesy of the Whells!



Simon and Helen Simpson did the customary judging and voted 'Noggin the Nog' the best-dressed craft and 'Crew-ella' the best dressed crew. With Ian Barker & Louise Jordan adding all their timings together, the overall winners were 'Thunderbirds are Golant'. The 'Nottingham Nutters' won the Junior race award, with the 'F-O-G' Flintstones team making up the numbers!



There was yet another fabulous crowd assembled outside *The Fisherman's Arms* to watch all the fun and enjoy the BBQ and beverages.



It was a good turnout for our guided walk at *Breney Common Nature Reserve*. Suitably refreshed after some tea and cake in *Gunwen Chapel*, we set off the short distance to the entrance of the reserve. We were ably led by Luke, *Cornwall Wildlife Trust's* Assistant Reserves Officer, who explained the work that was underway to rewild the reserve, and how this area

fits in within the wider Helman Tor Reserves 'Complex'.

We learned about the importance of this area for the rare Marsh Fritillary butterfly, and how grazing and volunteers are being used to manage vegetation to encourage this species.

Parts of the site had been used for tin streaming up until as late as the 1960s, and trials are underway to regenerate areas of spoil to promote the return of heathland.

The wetland areas are home to all sorts of plants and invertebrates. We spotted some tiny froglets and newts in the boggy grasses. Luke also pointed out some tiny jewel-like Sundews, a carnivorous plant native to the UK.

Thanks to Luke for a very informative walk and to everyone who came along; a fantastic £239.70 was raised, which will be donated to the CWT's Revilding Helman Tor Reserve Appeal.

For more information, visit https://www.cornwallwildlifetrust.org.uk/appeals/rewilding-helman-tor-appeal

A young otter was found at the Fowey Yacht Club; the poor thing had become separated from its mum and had sustained some small injuries. Ian McCarthy sought advice from the *North Devon Otter Rescue Centre*, and they advised that it should be brought to the centre for rehabilitation. Ian has since heard back from them to say that she is doing well and has been named 'Brook'. They will probably keep her for about a year for her to grow big enough to be released. Ian was shocked to hear that this will cost in the region of f3,000!

Ian plans to organise some otter talks in the local area to raise funds for the centre. We will definitely be supporting Ian with a talk and no doubt some of his wonderful photography, so watch out for ours and other organisations' events by Ian.

Our next event is a talk- **Under the Sea; listening to Dolphin & Porpoise Chatter** by Research Development UK at Royal Fowey Yacht Club on Wednesday 18th October at 8.00pm.

This is followed by another talk, this time by *Leyonne Farm* in *Golant Village Hall* on Thursday 9th November at 7.30pm on **Zero Carbon Dairy Farming**.

Check out our website for more information: www.friendsofthefowey.org.uk

Claire Hoddinott & Peter Edwards









An Update on John Jenkin

Those of you who remember John, who, with his late wife Dorrine, lived in the village at *Drinnicks* before they moved to Bodmin, may not know that he has recently moved into a care home – *Castle Hill House* in Bodmin.

He is finally settling in and socialising when he is able, but difficulties with his sight and hearing are very self-limiting. John, a proud Cornishman, who became a Bard in 1960, has a number of Cornish publications to his name, including three small books about Golant, and you can enjoy the extracts below from two of these.

'Backalong' in Golant with John Jenkin...

100 Years Ago

John Jenkin's delightful book 'A School with a View. A Short History of St Sampson's School Golant' gives information on the state of the village school in 1923.

John's information, which came from the Log Books, had recorded that numbers of children on roll had been declining in previous years, there being just 46 in February 1921. In October that same year, "the staff was reduced to two teachers". In March 1922 the headmaster, Mr Bew, "was succeeded by Headmistress D I Crowther who did not stay long, leaving in October 1923. Mr C L Martin followed with Miss Hewitt as his Assistant Teacher."

John adds the following observation by Mr Martin, the new Head, in the Log Book: "He commented that he could not find any Schemes of Work nor any record of work done, and found, on enquiry from his predecessor, that on leaving she had destroyed both. Echoes of the 19th century followed in his next entry:-

Work of the lower group seems to be in a bad state."

Why 'Golant'?

Another of John's local publications is 'A Short Guide to the Village of Golant', in which he begins by examining the origins of the place name.

"Welcome to Golant. A curious name perhaps, even in Cornwall where visitors find many curious un-English place-names. Pronounced Golă'nt, it has been spelt variously over the centuries and there have been many attempts to explain it, some very fanciful. The plain answer is that nobody can be sure of its meaning. The one consistent thing in all forms of the spelling is the Cornish word 'nans' or 'nant', a valley, and there is a Cornish word 'golnans', a little valley, which seems apt. However, in the time of Edward the Confessor there was a local landowner called Colo, so combined with 'nans', the name could derive from him. No matter, Golant it is. Now, you have found it-by chance perhaps- and you might like to know something about it."

This little book is always on sale in the church, along with 'An Historical Guide' about St Sampson's, yet another fascinating and informative publication by John.

Editor's Plea

The dictionary definition of the verb 'Glean' is "acquire (facts etc) in small amounts", and thus this Golant Gleanings page was designed for snippets of information rather than full-blown articles!

It is also one of four black & white pages we stick to within <u>every</u> issue, as we are limited to a set format for our printer's toner pricing. So no photos either!

Early issues attracted many varied Gleanings, whilst in latter years, they have dwindled.

So, if you have a short snippet of information you would like us to include on this page, please do send it to: the golant pill@gmail.com by our copy date.

Gillie Harris

Cornish Sayings

Big above the shoulders (conceited)

She's got brass enough to make a copper kettle

She's a proper wild-de-go (rash, reckless)

Always on the randy (never home)

She never said bee nor baw (didn't reply)

Clunkin' like a toad (swallowing)

She'd skin a flea for a farthing

Laughing like a pisky

Scrumped up like a hedgehog

Happy on me awn dung heap

Taken from 'Jan Bedella's Fiddle and other Cornish sayings' by Kathleen Hawke (Tor Mark Press, Redruth)

Nature Notes

As I am sitting here writing, the mist is just burning off above us to blue sky and sunshine, but below the river valley is still hidden. After days of very heavy rainfall, the air has turned colder in the mornings and it's safe to say that Autumn is here. Appropriate as it is the 21st September... However, I always notice a very tiny change in the feel of the air and the angle of the light around the 15th of August - I'm not looking for it, but suddenly there is a subtle shift; I look at the date, and its always the middle of August!

We have hosted our usual family of Swallows this year, and despite the weather seeming to lurch from drought to rain to hot to cold, they have managed to produce three broods this year - two broods of three chicks, and right at the last minute, a brood of four. I have been anxious about them - I think they took advantage of the warm, dry spell at the beginning of the month, but it is getting colder and darker, and I would have expected them to be on their way by now. All four chicks greet me on the airer in the carport and don't appear to be bothered by our coming and going. I just hope they can build themselves up before they all leave, which must be any day now.

Many people have been talking about a bumper year for blackberries, and I have also harvested lots of elderberries, haws, rowanberries as well, but not sloes - a poor showing this year, despite all the fabulous blossom in the spring. I did find a reasonable amount on top of the downs so was able to harvest a pot for the editor (absolutely not currying any favours...!)



I wonder how all the Jubilee apples have been getting on this year? A challenging one for new apple trees - wet/dry/wet/scorching/wet/windy/dry etc... Our slightly older ones of several years have been producing steadily, although not much at the moment. The great treat is being able to taste one straight off the tree - a delight that the supermarkets with their 6 month old New Zealand apples have trained us out of. Our new ones have done very well - a few that we planted the year before were damaged by the very strong northerly winds in July, but we have managed to keep them supported, so fingers crossed! We were asked what will happen when all of our trees are producing fruit, and we hope there will be enough for us to juice and for everyone else to come and take what they would like - a few years off yet, but possibly not that long.

An advance reminder that the wood group will start again, about the end of October. It is usually on a Monday morning 10 to 1pm ish (with coffee and cake). Bring your own tools if you have them and good gloves. There are all sorts of jobs from trimming, turning bigger branches into firewood for seasoning, some ash dieback felling (but normally David will do that first). Members are then welcome to have some of the seasoned wood to burn in the winter if they want. Try and let us know if you are coming as it makes it easier to plan jobs (and make enough cake...)

All photos by Karen Karen Wells-West





Here's to my sloe gin!

ST SAMPSON PARISH COUNCIL

Meetings:

As a reminder, your Parish Council meets every fourth Tuesday in the month at 7:15pm in the Village Hall, and the first 15 minutes is open for members of the public to 'address' the Councillors. We normally take off two meetings in the year, (August and December), but in the event of receiving a planning application that requires our consideration, then we would be obliged to hold a specific meeting for that purpose. As ever, you can catch up with all that is discussed and agreed, by looking at the minutes on the PC website:

https://www.stsampsonparishcouncil.org.uk

Highways:

Well, apart from completing some 'white lining,' I believe that the re-surfacing of Water Lane is now complete! And I must thank everyone for their patience and understanding during the scheme, which sometimes would have been difficult to live with. But I think the end result speaks for itself and we can look forward to many years of a smooth and tidy road. What now? It has been suggested that we put in a bid for Church Hill to be resurfaced next???

Repairs to the sea wall along the river Fowey:

I have received notification from *Construction Marine Ltd (CML)* that their proposed scheme to repair sea defences along the Golant stretch of the river Fowey has been delayed because of budget constraints by *Network Rail*. They believe that the work will now probably commence in 2024.

Fowey River Canoe Club Event:

The Canoe Club will hold their Annual Canoe Race from Golant on Sunday 8th October (starting at 1:00pm). Andrew has kindly offered the use of his field for general parking, and we have granted permission for the village green to be used as a temporary drop-off space for the many canoes that will be taking part. To avoid issues up and down Water Lane, the Canoe Club will put in place a one-way traffic system (as they have done in previous years) to ease congestion.

Village Playground Project:

Thanks to your generosity, we have been able to engage with three suppliers to come and measure up and offer designs and quotations for our new Play area. We are still pursuing other sources of finance, particularly from funds within Cornwall Council, and we shall be working with some of their specialist advisors to put 'grant aid' applications together shortly.

Planning:

The following planning applications are in the pipeline and can be viewed on the Cornwall Council planning portal using these refences in the search bar.

PA23/05891 PA23/04558 PA23/06587

David Jenkinson Chairman St Sampson Parish Council

A Cornish Joke

A young bride, who had secretly been practising the art of pasty making for months before her wedding, made a batch on the first day of her married life. Her husband was to take one down the mine for 'croust'. On his return from work in the evening, his silence on the subject drove her at last to enquire how he had enjoyed his meal.

"'ee waden no good 'tall," he answered. "Time I got down to the forty fathom 'ee was scat to lambs. The wans mother made wuden break if 'em falled to the bottom. They was pasties."

Taken from Best Cornish Jokes', published by Tor Mark Press, Truro

Golant Summer Produce & Craft Show

This 13th Village Show was held on Saturday 29th July in the Village Hall.

Last year, there was some disappointment in the number of entries, but then it was the first year of the lifting of COVID restrictions and also, newcomers to the village did not know what to expect.



However, this year was totally different. We had many more entries, and the suggestion from Jackie and Neil Smith, our new Committee members, that we change the layout to make use of the 'window area', and using the new table tennis tables plus the original tables gave us more display space.

There was a real 'WOW' factor as people came in.

There were so many lovely flower displays, not only with the mixed vases, but the intricate displays in the Floral Art e.g. Petite arrangement in a teacup'. The Hydrangeas were superb, and there were 22 entries. Vegetables, too, had more entries. There were good displays of cakes and preserves, and the Booze' entries were up! The judges in these categories enjoyed tasting them!

The winners of the trophies were;

The Art and Craft plus Best in Show: Pam Young Best in Show with Highest number of points: Neil Smith

Best Vegetable exhibit: Neil Smith Best Flower Exhibit: Penny White Best Cookery Exhibit: Neil Smith Best Children's Exhibit: Evelyn Parsons

Limerick: joint winners: Paul Meredith and Martyn Hardy (see below)

Best New Entrant: Matthew Hearnden

It was lovely to see Pam there to receive her cups, after a period of not very good health (right).

<u>Paul's limerick</u> was: "The rot on me tatties kept growing. So off to Lostwithiel we're going. Because fish without chips, is like Gladys without Pips. So the neeps tide will have to stop flowing."

Martyn's limerick was: "The rot on me tatties kept growing. To my doctors I was toing and froing. It's called dhobi itch. And it's making me twitch. How I got it there's nobody knowing."

I should like mention Cris Dodridge, Anne Bonsall and their team for the excellent refreshments provided, to all who made cakes and all others that helped in any way. Thank you all, plus those who provided Raffle Prizes, including *Duchy Nursery* and *Walter Bailey*.

The raffle was drawn, and then the Quick Fire Auction by Martyn Hardy followed this; a fitting conclusion to a lovely afternoon. A total of £362.35 profit was given to the Village Hall. So thank you for your support.

Janet Gore (Chair)

Fowey River Canoe Club

Fowey River Kayak Race

It's almost time for the annual Fowey River canoe race, this year's race is taking place on the 8th of October.

History

The race has been an annual event on the river from the late 80s and originally started from Caffa Mill car park, with courses running all the way up to Lostwithiel and down to Readymoney and cross to Polruan. The race often involved portages through Lostwithiel and Lerryn.

After the New Club house was built in the 2000s the race start was moved to Golant.

Today

The club is a popular race on the kayaking calendar with people traveling from all over the Westcountry for interclub competition, with competitors starting at 8 years up to 80 years of age. They race distances of 2-4-8- and 12-miles, dependant on ability, with male and female competitors racing together in divisions.

History is being made this year with Stand-up Paddle Boarders competing for the first time.

foweyrivercc@gmail.com

Table Tennis Summer

It was the second Golant Garden Table Tennis Tournament, and we were all prepared for a disastrous day of rain, having set tables up in John & Ruth's barn... Of course, that meant a beautiful sunny afternoon all round!

A fantastic crowd of 40 players plus spectators arrived at Matthew & Jessica's garden to start the ball rolling as it were, with play schedules distributed and directions given to four beautiful garden venues.





There was intense competition all round, and thrillingly close games made for a great afternoon of play. Semis and finals were played in the pub marquee, and the triumphant winners of the breathtaking (not really) trophy were Connie & Adam (he was a runner—up last year), and very well deserved too.

A delicious BBQ followed, expertly 'cheffed' by Kay & Paul, with willing helpers. Thanks to Nick for his generous venue, and further thanks to the wonderful Golant growers who provided a splendid selection of salads.

Hopefully, everyone will now play on Wednesdays from 6pm-8.30pm in the Village Hall from

on Wednesdays from 6pm-8.30pm in the Village Hall from now and throughout the winter.

Paul Meredith

AWARD WINNING KAYAK TOURS & SUP BOARD SESSIONS HIRE/CAFE/SHOP www.encountercornwall.com 01726 832451 - 07792062471 Upper Fowey Estuary Golant PL23 1LW

Taking the Pill



The Pill made a return visit to The Cliffs of Moher in Ireland. Steve & Anne-Marie appear to have picked up a couple of hitchhiking leprechauns!

Golant Christmas Fayre & Boatlights

Dec 2nd & 3rd, 11.00am-5.00pm

A perfect start to the Christmassy feel! Giles Acappela group will be singing and there will be entertainment at the pub in the evening!

We'll have the traditional carols around the tree, the children's parade along the front, and hopefully Handbell ringing!

We are still looking for a Santa!

Just a Reminder and a Thank You:-

Would you like to have a stall or run a workshop either in The Village Hall or *The Fisherman's* Marquee?

Also, would you like to run a game? (Just like we had at The Summer Fete)

Let me know asap.

michellerobins10@gmail.com

Thank you to all those who have offered their help so

I'm also looking for Parking Marshalls (could work best in a rota).

Please get your Boatlights a-twinkling by Dec 1st. Thank you.

Michelle Robins

Ken Newcombe Funeral Directors

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Part of Dignity Plc. A British Company.

A Cornish Maid's Recipe Corner

An excellent use of windfall apples.

Can be left for 1-2 months to mature

but I have tried it already, and it's lovely; quite a sweet chutney, delicious with cheese, quiche, cold meats § jacket spuds...

Apple, Red Pepper & Date Chutney

4lb/2kg Cooking Apples
2 Red Peppers
80z/225g stoned Dates
10z/25g fresh Root Ginger
½0z/15g Mixed Pickling Spice
2 tablespoons Salt
2 teaspoons Mixed Spice
1½pints/900ml Malt Vinegar
2lb/900g Dark Muscovado Sugar

- 1. Peel, quarter and core apples. Chop in a food processor or with a knife.
- 2. Halve the peppers, discard the core & seeds then dice.
- 3. Chop dates & grate ginger.
- 4. Grind the pickling spice in a peppermill or coffee grinder, or tie in muslin and lift out at the end of cooking.
- 5. Place all the ingredients into a large pan. Heat slowly until sugar dissolves, then bring to a fast boil.
- Return to simmer for 30-40 minutes until it is reduced to a thick pulpy consistency, stirring regularly. Remove muslin of pickling spices if used.
- 7. Pot, seal & label.



The flavour usually mellows with age, so improves after 1-2 months.

Chutney may be kept for 2-3 years

Pickling spice is available in *Richards* Fruit & Veg at Par.

Gill Paull

<u>Uncle John's Gardening Year</u> <u>& Auntie Paddy's Recipe Book</u>

These Golant Pill publications are available in the Church, or from Mike & Gillie (833897).

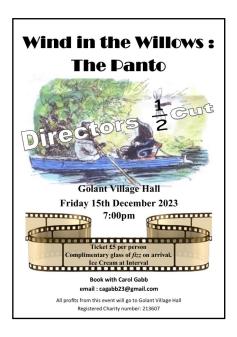
£6 each or two for £10 (Mix or Match)

What a Result...



Maurie Parsons and Jules Philp from *Encounter Cornwall* handed over a cheque for £600, the wonderful sum raised in July at their **Brew for the Crew** event, to Rob Foster, Fund Raising Officer from *Cornwall Air Ambulance*.





CALENDAR OF VILLAGE EVENTS

OCTOBER

Sunday 1st	9.30am	Holy Communion	St Sampson's
Monday 2 nd – Saturday 7 th		National Curry Week – special curry and Asian menu	Fisherman's Arms
Tuesday 3 rd	8.00pm	Euchre	Fisherman's Arms
Friday 6 th	10.30am	Coffee, tea, cakes, books, chat	Village Hall
Sunday 8th	9.30am	Harvest Festival	St Sampson's
		(Please see Church News on p.4 for details)	
Sunday 8 th	12-2.30pm/6-8pm	First Sunday Roast (See N.B. below)	Fisherman's Arms
		(£,1 for each roast donated to Harvest Festival Appeal)	
Tuesday 10th	8.00pm	Quiz Night	Fisherman's Arms
Wednesday 11 th	12.15pm	La Soupe Populaire (Booking essential)	Village Hall
Sunday 15 th	6.00pm	Hum Along to Hymns on the Handbells	St Sampson's
Tuesday 17 th	8.00pm	Euchre	Fisherman's Arms
Friday 20th	3.00pm	GHG CAN Quality Standard Mark presentation	Village Hall
		(See page 3)	
Sunday 22 nd	9.30am	Holy Communion	St Sampson's
Tuesday 24 th	7.15pm	Parish Council Meeting	Village Hall
Tuesday 24 th	8.00pm	Quiz Night	Fisherman's Arms
Friday 27 th	7.30pm	Cfylm (Booking required)	Village Hall
Sunday 29 th	10.00am	Benefice Service No service at St Sampson's	Tregaminion
Tuesday 31st	8.00pm	Euchre	Fisherman's Arms

NOVEMBER

Friday 3rd	10.30am	Coffee, tea, cakes, books, chat	Village Hall	
Sunday 5 th	9.30am	Holy Communion	St Sampson's	
Monday 6th	Pub closed until	5.30pm – No food service – EVERY MONDAY	Fisherman's Arms	
Tuesday 7th	8.00pm	Quiz Night	Fisherman's Arms	
Sunday 12th	10.45am	Remembrance Sunday	St Sampson's	
		Act of Remembrance at War Memorial followed by Holy Communion		
Tuesday 14th	8.00pm	Euchre	Fisherman's Arms	
Wednesday 15th	12.15pm	La Soupe Populaire (Booking essential)	Village Hall	
Friday 17 th	7.30pm	Cfylm (Booking required)	Village Hall	
Sunday 19th	6.00pm	Evening Prayer	St Sampson's	
Tuesday 21st	8.00pm	Quiz Night	Fisherman's Arms	
Thursday 23rd	7.00pm	Christmas Wreath Making (Booking essential; see p.17)	Village Hall	
Friday 24th	7.30pm	Boat Watch AGM	Village Hall	
Sunday 26th	9.30am	Holy Communion	St Sampson's	
Tuesday 28th	7.15pm	Parish Council Meeting	Village Hall	
Tuesday 28th	8.00pm	Euchre	Fisherman's Arms	
Tuesday 28th	Copy Date	The Golant Pill the	egolantpill@gmail.com	

N.B Every Sunday throughout Oct/Nov: Roast By The River 12-2.30pm/6.00-8.00pm Fisherman's Arms

DECEMBER

Friday 1st	10.30am	Coffee, tea, cakes, books, chat	Village Hall
Saturday 2 nd /Sunday 3 rd	11.00am-5.00pm	Golant Christmas Fayre and Boat Lights	Various Venues
Sunday 10 th	12 noon	Meet and Greet	Village Hall
Tuesday 12 th		12 Days of Christmas starts	Fisherman's Arms
Saturday 16 th		Christmas Generation Game	Fisherman's Arms
Tuesday 19 th	8.00pm	Christmas Quiz Night	Fisherman's Arms

If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the <u>Copy Date</u> shown on this page of the newsletter, and we will try to include it.

To keep up with events, and when you are planning an event, you can check out the new 'What's On' Page on the village website at golant.net If you want to have an event listed on the page, email debbiepughjones@aol.com