



Rain Did Not Stop Play!



Graham Estlick cuts the ribbon.

“IT’S
EPIC!”



Sheltering from the rain under the gazebo.



Michelle captured this on a sunny day!



Estelle & Millie in a mother and daughter challenge on a very intriguing piece of equipment!



Michelle’s photo of the original slide

“IT’S EPIC!”. These were the words of a young girl arriving in the Playground on Saturday morning, and totally summed it up.

True to form, for the opening of the Playground in the afternoon it was raining, although nothing like the terrible weather they had to endure when the playground was being installed. There was a great crowd, of all ages, gathered to celebrate the opening and to enjoy the fabulous cakes donated by Caroline and Chris.

The new gazebo came into its own, and was used to shelter during the words of thanks, and it was agreed that Graham would cut the ribbon to let everyone out rather than in!

Thanks were given to all those who have made the Playground possible by all they have done, and then Graham gave us a brief history of the playground. He told everyone about when he first installed the slide which is still there today, and which remains a firm favourite. Then Graham and Sam cut the ribbon to open the Playground, and the equipment was put to good use by all the children there.

So, thanks go again to all those who have made this possible through their hard work and generosity. It is truly a fantastic achievement and will be used by many from near and far. As a village we should be very proud.

Siobhan Harper

FROM THE EDITOR

Once again, we present an issue which contains so many joyful village activities and celebrations, such as the Playground opening on the cover, as well as a number of cheering late spring photographs, including those of Robin's (*below*); but we also include sad news of the loss of another villager, the much loved and respected Roger Tabb, who died at home on 26th May, aged 92 years (*right*).

And yet these two pieces complement each other, with the close link, life and love of our beautiful River Fowey.

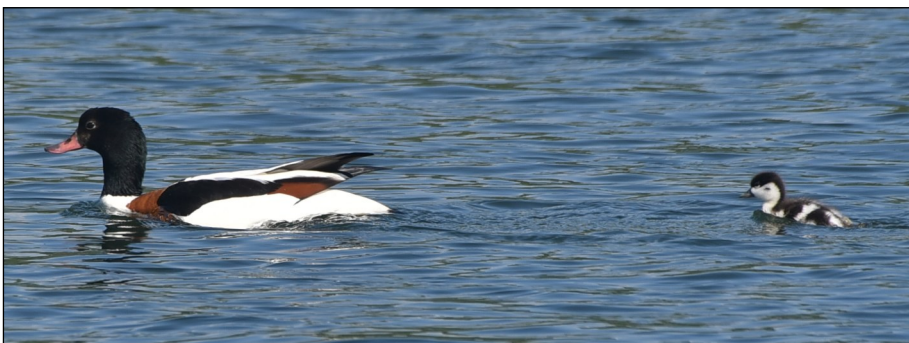
Mike has written of our personal reminiscences of Roger during our boating years, and the lovely photo was in the April/May issue of *The Pill* in 2021.

I have added a few details of explanation below this.

Gillie Harris (Editor)

Life on the River in May

When in their boat on the river, Robin & Liz Anderson spied the lovely Shelduckling following its mother, as well as the swimming Deer and large family of Ducklings.



Roger Tabb, RIP

When we 'came back 'ome' in 1997, we soon decided to buy a boat. In the Pill we saw Roger and his friend Henry working on a Plymouth Pilot, which interested me. Roger could see that it had all the necessary features because I was obviously a rank amateur! We spent many happy years in 'Gilliemot', our very own Plymouth Pilot, and Roger continued to give us help all that time.

We were one of scores of boating folk who came to ask for Roger's help and advice. He was viewed as Mr Boating of Golant!

I felt properly 'back 'ome' when Cynthia got us a cup of tea and we all sat and chatted to Roger outside his workshop in their garden.

Nick, our younger grandson, sometimes sat with me and loved listening to the soft burr of Roger's regional Cornish accent, which fascinated Nick.

Mike Harris



A sprightly Roger, the day before his 89th Birthday.

Roger had made it very clear to Cynthia that he wanted absolutely NO FUSS on his passing.

He will be cremated at a very private simple ceremony, and in respect with Roger's wishes, there is no memorial service planned in the village.

It is hoped that there will be some way for friends to donate to a charity dear to Roger's heart, and Cynthia will send any further information round on Maurie Mail.

GH



*All photos are by Guess Who?
Robin, of course...!*

Golant Heritage Group

I make no apologies that, in this issue, I have focussed on our next project '**Golant and its Orchards**' planned for 2025, as we would like to encourage as much community involvement as possible! We have made a start by collecting photographs of blossom this year.

Claire Lower has taken a very thorough photographic record of the young orchards at *The Sanctuary* and the more mature orchards at *Wringford Farm*, whilst other GHG members have photographed their blossom, with the idea of taking corresponding photographs of the fruit in the autumn. We encourage anyone with fruit trees to contribute to this initiative by taking fruit photos this autumn and then blossom photos next spring, labelling each with the name of the variety if known. The aim is to create a comprehensive record of where there are fruit trees on our slopes now, alongside a record of the different varieties.

We do have a map showing where the village orchards were mid 20th century, now mostly lost to development – a national trend at the time. We hope to create a new map indicating where there are orchards or a few garden fruit trees in 2025. As a matter of interest, the definition of orchard is: a piece of enclosed land planted with fruit and nut trees, with a minimum of 5 fruit trees.

There are a number of properties in Golant whose names relate to orchards, and apples in particular. Some are not as obvious as others. For instance, my house *Hortyard* is likely derived from Old English 'ortgeard'; the first element from the Latin hortus: 'garden', the second representing 'yard'. Would anyone like to create a list of current orchard linked names for this project?

Sue Strachan is proposing an exciting idea for producing Orchard wall plaques, to be hung outside any property which has an orchard, or is on the site of a former orchard, in time for Orchard Blossom Day in early May next year. We'd like as many people as possible to take part in a workshop to paint our own plaques, under the tutelage of Heather Hunt, a local potter, who will then fire them for us. The plaque will be about the size of a side plate, selecting from three different colours to indicate the site of a new orchard, a mature orchard and a former orchard. The cost per plaque, including the workshop, will be around £15. It would be helpful to gauge potential interest in this project. Please contact Sue if you are tempted! sue.strachan@btinternet.com

A preliminary session is planned for October this year in order to launch the project. More details next time.

Penny Parsons, Chairman



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NEWS FROM ST SAMPSON'S CHURCH

After the excellent congregations over Easter, it is heartening to report that Sunday services have continued to be very well attended. Both choir and handbells continue to flourish, despite the fact that holidays inevitably mean that attendance is often a little more erratic.

After Evensong on Sunday 21st April, the church held its Annual Parochial Church Meeting. Greg and Simon were again appointed Churchwardens, and the meeting was a suitable way to mark a very successful first year with Shona as our Priest in Charge.

Both Alex Noble and Linda Brice stepped down as members of the PCC, and we thank them for their loyal service. Linda has agreed to continue to compile the Electoral Register, for which we are most grateful. We are delighted to welcome Allan and Claire Foster onto the PCC. All other members and office-holders remain as before.

The one moment of excitement occurred when Sheila was practising the organ a few weeks ago; as she pressed down a stop there was a small bang, a spark, and plenty of smoke, and a strong smell of burning. Sheila immediately turned off the organ, quickly tried to read the instructions on the fire extinguisher, and was relieved to discover that, although the strong smell of burning persisted, there was, for once, smoke but no fire! Our excellent organ builder, Lance Foy, rode to the rescue the following day.

There are three particular dates to note. The first is on Sunday 30th June, when there will be a Benefice Service at St Andrew's, Tywardreath. This begins at 11.00am, and will be followed at 12.30pm by a barbecue at St Andrew's, with burgers and sausages from our Tywardreath Butchers – please let Shona, Simon or Greg know if you would like the vegetarian alternative, so that we do not run out! Do come along and enjoy both the service and the barbecue!

We will be celebrating Sea Sunday on 14th July with an outdoor service on the Village Green at 4.00pm. The choir and handbells will lead the singing, there will be several short readings about the sea and, of course, appropriate sea hymns. The service will be half an hour – and no more – so please do come along and join us. There will be a Maurie Mail nearer the time with final details – once we know how the weather looks! These two services mean that on Sunday 30th June and Sunday 14th July there will be no morning service at St Sampson.

Finally, on Sunday 28th July, we will be celebrating St Sampson's Day at our morning service, which is always a good excuse for some rousing hymns!

I hope we will all be enjoying settled weather soon, especially as we begin to welcome our families and friends to the village.

Simon Funnell

Vicar's Ponderings!

Our household has recently increased in size due to the arrival of my puppy – a Jack Russell. As I write, he is busy running around the kitchen with the cardboard inner tube of a toilet roll! Finding the right name for him required some thought, but ministering as I do in St Andrew's and St Sampson's I thought he might be named after one of those illustrious Saints. In the end I decided to name him Sammy, on the basis that naming him Andy would probably just cause upset with my brother-in-law of the same name! At present my two cats are showing their displeasure at the new arrival. They have removed themselves to the woodstore in preferment of their pursuit of mice!

Pets are wonderful companions in life if we have time and space to accommodate them and their particular needs. It is a strange thing, that coming home to a house with animals such as cats and dogs, feels as though one is coming home to a house that is occupied already. The reality for all of us is that we will all always be coming home to a house that is occupied by other living things. Invariably there will be spiders and other creepy crawlies who wish to share the comfort of a dry place and some warmth. At this time of year some of us are fortunate also to have Swallows, Swifts or House Martins who have mysteriously navigated the thousands of miles from their wintering home in various parts of Africa to raise their young here. I am in awe of their ability to return year after year, and marvel at how they are able to do this, when many of us who have technology to assist us can still spectacularly fail to arrive at the correct destination.

Some of our pets too have extraordinary abilities, and these can be used to assist us in different ways. Some courageous animals – often dogs – will be able to help in high tension situations using their heightened senses to point out danger or criminal activity. Other animals have a particular instinct to detect illness, to help calm anxieties when individuals are stressed and to act as guides for everyday life.

There are many references to dogs in the bible – going back to the earliest times mentioned in the Old Testament. It is a reminder to us that our relationship with animals has been growing and developing since the beginning of creation, and we are privileged to share our world with them.

On 23rd June we will be holding a Pet service in St Andrew's Church, Tywardreath, to celebrate our relationship with them, and in particular to acknowledge the work undertaken by Assistance dogs and Guide dogs. Do join us then.

With every blessing

Shona

Revd Shona Hoad

07476 900623

shona@tandgchurches.uk

www.tywardreathandgolantchurches.uk

CHURCH CONTACT INFORMATION

Priest in Charge

The Revd Shona Hoad (07476 900623)

Churchwardens

Greg White (01726 832315)

Simon Funnell (01726 833343)

Church Cleaning Rota

2nd June	Linda
9th & 16th June	Glynis
23rd & 30th June	Ruth & Gill P.
7th & 14th July	Mary & Linda
21st & 28th July	Penny
4th & 11th August	Ruth & Gill P.

Chairman's Report: The Pill: May 2024

At the end of April we held the AGM of *The Pill*, and I am delighted to report that all the present office holders are willing to continue for another year.

We thanked Gillie, our editor, for her continued hard work and expertise in producing an outstanding village newsletter. Tony has put us on a sound financial footing, Sharon brings in our advertising revenue, Jacky organises the distribution of copies, Debbie puts each edition on the web-site and is also our secretary, Robin and Penny give us an excellent social media presence, and Sheila and I try to proof-read each edition: my thanks to all.

There are three other groups who should be mentioned: our village photographers, who keep Gillie supplied with excellent photographs, the loyal band who deliver the copies to each house, and, of course, all of you who contribute articles. Thanks to everyone who makes this a community newsletter for the village by the village.

Simon Funnell

The Golant Pill Committee

Editor	Gillie Harris	833897
Chairman	Simon Funnell	833343
Treasurer	Tony Strachan	833259
Secretary	Debbie Pugh-Jones	07984630662
Typesetting	Gillie Harris	833897
Advertising	Sharon Holloway	07803207673
Distribution	Jacky Fletcher	832615
Parish Diary	Penny Parsons	832727
Production	Simon Funnell	833343
	Sheila Funnell	833343
Golant Pill Facebook	Robin Anderson	832370
	Penny Parsons	832727
Golant Website	Debbie Pugh-Jones	07984630662

The committee meets regularly under the terms of the constitution which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

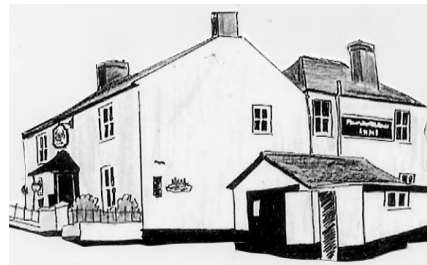
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From an original drawing by Karen Wells-West



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Pill Paparazzi in this issue

RA	Robin Anderson
LB	Liz Barclay
SL	Sarah Laughton
CL	Claire Lower
GP	Gill Paull
MR	Michelle Robins
CT	Chris Taylor
KW-W	Karen Wells-West

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THE NEXT COPY DATE

Please note that the **Copy Date** for the August/September Issue is

Wednesday, 24th July

Articles, letters & news can be sent by email to:

thegolantpill@gmail.com

An Easter Surprise at Leyonne

On Easter Tuesday a baker's dozen of us, with ages ranging from 10 to 80, accepted Bridget Whell's kind invitation to tour the farm. As we all know, the rain had been relentless throughout winter and spring, so we were suitably clad and well prepared to get muddy.



CL

It was a fascinating morning, and we were able to see the milking yard, the huge slurry pit – which now has to be doubled in size and covered – the milking shed, storage tanks and the young calves being fed after separation from their mothers. The highlight, though, was the visit to the calving shed. Bridget's warning that we were extremely unlikely to see anything being born that morning coincided with a cow deciding to give birth just as we stepped inside! The whole process was an object lesson on how to give birth with minimum fuss! We all watched spellbound, not only during the birth, but also while the new-born gradually found its front and back legs – with a

little help from the mother and Bridget – and succeeded in finding that all-important milk, full of bovine colostrum.

Throughout the visit Bridget talked us through all the scientific and technical issues, and by the time we were leaving many of us felt ready to tackle an A level biology paper with confidence!

Of course it rained, but by then we were in the warmth of the calving shed, and everyone agreed that it had been an excellent way to spend the morning – not only was it informative and interesting, but it also underlined just how hard people work to provide us with our food. Many thanks to Bridget for giving up so much time, and for being such a mine of information, and thanks to Martin and Bridget and family, and all the farming community, for their unrelenting hard work that enables the rest of us to enjoy our food and drink!

Simon Funnell

Wringford Orchard Picnic

It was Dave Johns who mentioned something about orchard blossom day to me. And so I thought it would be nice to sent out an open invitation to the village for a picnic. But how do you pick a date when the rain is still relentlessly coming down, and spring seems so far away?

The blossom was sparse, but the weather was excellent, and so was the company. Gradually, people trundled up the lane, and just by itself a circle was formed.

For a while, it seemed more of a dog party, but eventually the canines settled down and lunch boxes were opened. We had a small toast with a bottle of *Fowey Valley* cider champagne (*Wringford's* apples involved!). The banter was light and cheerful, and the sun kept shining a little longer than the weatherman had forecasted.

I have always felt privileged to live here at *Wringford* and take care of such a special piece of countryside. And to see *Wringford's* orchard so full of fun certainly makes me think we should do it again. Hopefully next spring I'll get it right with the blossom!

Liz Barclay



L.B

Double Barbarian Honours

Many of you will know that I have the privilege to play for two rugby teams— 'Lankelly Fowey', and more recently, 'Bolingey Barbarians'. Bolingey are an all Cornwall Veterans team that play once a month through the season, with the primary goal of playing to raise money for Children's Charities across the county. We have raised over £150,000 to date.

As with all Barbarians teams, you have to be invited to become a team member and meet the Barbarians' ethos of playing good rugby, having deep(ish) pockets and being able to enjoy the 'third half' as much as the game that preceded it.

On April 28th, two new Barbarians were handed their ties, both with connections to our village. One, a playing member, was Dave Jenkinson (*below left*), and one, an honorary member, was Henry Taylor (*below right*). It is a great honour to receive a tie, and in Henry's case, it was recognised by the outgoing chairman how much Henry encapsulates the Barbarian ideal. He was absolutely over the moon, and received his tie to resounding cheers from those assembled. I was also intensely proud, and found that my hay fever must have flared at the point which he was given it, as my eyes watered quite badly... A very special occasion from a very special group of people. Here's to the next season!

Chris Taylor



↓ Please Note: ↓

The poster below is an edited version, because this issue of *The Pill* has been distributed too late for the first two planned village D-Day events.

Ed.



Friday 7th June Golant Village Hall

1940s afternoon tea 1500 hrs £2 pp (4 pence in 1944)

The local representative from the Ministry of Food will give a short talk.
Please pre-book via Carol Gabb 01726 833557 cagabb23@gmail.com

Sunday 9th June Village Green

Picnic on the Green 1330 hrs

Bring your own tables/chairs (some available)

Take away buffet lunch available from the Fisherman's Arms

Pre-book on 01726 832453

A short DDay commemoration will take place

**For more information please see Golant Pill Face Book page
or refer to Maurie Mail**



We had a splendid turnout for the Boatwatch Spring Get-Together barbecue held on Easter Saturday, 30th March. The weather threatened to be miserable, but, as you can see from the picture, the Boatwatchers had come well equipped for the season.



RA

The weather actually held off quite well, so we did not need to make too much use of the shelter of Jason and Amanda Cross's boat house, or of the gazebo kindly loaned by Simon Hubner. The raffle draw for the David Parry painting of St Winnow was won by Bruce Goodwin from *Toynes*, and David Parry was present to make the presentation.

Many thanks to Brian, Ali, Jason and Amanda for all the work they put in to make sure we were all fed and watered on the day.



RA

It is splendid to see the river now well filled with boats. The constant wet spring weather made it difficult for all of us to complete jobs like painting and anti-fouling, but just about everyone intending to get their boat out to a river mooring looks to have done so now. If your boat is out there now, it is worthwhile having a check on your mooring lines to ensure they are in good condition.

We have seen some vessels come adrift from both river and frape moorings over the winter, so it worth checking both, if you have them. With long frape lines, particularly when they have been in place for a few years, it is easy to miss any fraying that may have occurred. So it is worth getting the wellies on and wading out into the mud to check the full length of the lines.

Our first Boatwatch flotilla of the year will be Afternoon Tea on the River on 4th June. We hope for some decent weather, but I doubt whether the river will be up to temperature for all but the hardiest folk to take the plunge and swim around us when we raft up in the river off Penquite Quay.

David Bonsall, Chairman, Golant Boatwatch

Golant Quay Users Association

At our committee meeting in April, we decided to increase the fees by £10. So, a berth is now £20 (£25 for non-residents). Annual membership is now £20 (£25 for non-residents) and the joining fee is also £20. The late payment fee remains at £25; payments are required by 31st July.

These increases are in part because our auditor recommended that we keep a contingency fund of £10,000, and we want to continue to install a stern anchor line along the road and bridge sections. We agreed a budget spend of some £4,200 for the year, with the main items being derelict boat removal, Pill cleaning, donation box sign and track maintenance.

Ian has installed 100 metres of stern anchor chain along the Green section, and identified its position with yellow buoys, so that members can pick it up and use for their anchor lines and make their boats more secure through the winter. This will also encourage members to remove their very old and seaweed-encrusted lines that always cause prop fouling for those members and visitors alike.

We have managed to take advantage of some quality shale being excavated locally (thank you Mary-Jane & Colin Hunter) and used it to fill and reinforce some areas of the track, and thanks to Andrew for some of his time to level this out. We now need some finer material to fill the 'potholes'.

We are in the process of organising a new sign to go by the main slip donation box that will have a QR code on it, to hopefully encourage more people to donate towards the upkeep of the slip and quay.

Ian has organised another Pill-clean up session on Saturday 8th June, meeting at 10.30am in the pub for bacon butties before being given your tasks. Anyone is welcome; we will need some folk with waders, and tree trimming equipment would be very useful.

We held our AGM on 30th April where the Company Directors and committee were all re-elected and Allan Foster was elected as our new Treasurer. Allan reported that our year-end closing balance was a little over £16,000 and thanked our Auditor, Tony Strachan, for auditing the accounts.

Ian Barker & Peter Edwards

If anyone spots a problem on the river, please contact one of the following:

Harbourmaster's Office 01726 832471
(out of office hours transferred to Duty Officer)

David Bonsall (Boatwatch) 01726 834458

CFylm

The film on June 28th will be ***One Life***, based on the rescue of 600 children in occupied Czechoslovakia during the lead up to WW11 by Sir Nicholas Winton.

The Holdovers on July 19th is about a cranky history teacher, a grieving cook and a troubled student, who has no place to go.

A date for your diary is the annual Film on the Green on September 6th.

Carol Gabb

Another BACKALONG Article

What's new about the weather?! The following is an extract from *The Cornish Guardian* 100 years ago, on **20th June, 1924**. Flaming June?!

ROYAL CORNWALL SHOW.

SECOND DAY'S PROCEEDINGS.

BETTER WEATHER AND IMPROVED ATTENDANCE.

Fortunately the weather conditions improved for the second day of the Royal Cornwall Agricultural Society's Show at Wadebridge on Thursday last, and not a drop of rain fell during the whole time the show was open. The ground, it is true, had been badly churned up as a result of the heavy rain on Wednesday and the torrential rain during the night made things deplorable. The officials did the best they could in the circumstances by laying many tons of straw along the principal avenues and thoroughfares during the early hours, but, even so, the whole of the yard presented a sorry sight, and with visitors pouring in there was certainly no improvement. The wind changed round to the north, and there was a beautiful cool breeze throughout the day, but the sky was dull and overcast throughout the morning, and by no means inviting, apart from the state of the ground. During the afternoon, however, the sun shone quite brightly, and the large crowds seemed happy, and made the best of the very hard work of getting about the exhibition.

Advertising Rates

There are three sizes of advertisement available to you in either vertical or horizontal form.

Please note: The size may vary to fit the space available, but will be the same square area as far as possible.

A	65mm x 60mm @ £40 for six issues
A+B	130mm x 60mm @ £80 for six issues
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Additional £15 for colour for all sizes.

Preferably, Artwork/Copy should be emailed to thegolantpill@gmail.com

An invoice will then be sent to you.

Some Cornish Names for Animals & Insects

Hez, Gliz-	Bees (swarming)
Dew snail	Slug
Mabyer-	Hen (young)
Mother Margot-	Bluebottle
Piggywidden-	Pig (smallest in litter)
Tom toddy	Tadpole
Vinny Cow-	Cow with spotted hide

Taken from '*A Cornish Hotchpotch*' by Kathleen Hawke, published by Truran

To keep up with events, and when you are planning an event, you can check out the new '**What's On**' page on the village website at golant.net

If you want to have an event listed on the page, email: debbiepughjones@aol.com

Pasture fed beef



You are welcome to visit the farm. Please call us.

Leyonne Farm Produce

We are offering our home-grown produce from the farm, which is processed locally - the lowest carbon footprint you'll find!

Beef, Pork, Sausages, Burgers, Bacon, Ham and Eggs

Please visit our freezers by the farmhouse - room to the right of our back door. **Or phone ahead for help.** Prices are posted and pay through the honesty box.

Boxes of fresh meat available—please call

On the right as you go down to Golant

Tel. Bridget on **07854 735205** or Martin on **07877 798180**

Golant's Easter Parade

The Fisherman's Arms was hopping this Easter, as children and adults gathered for Golant's annual Easter Fun Day. And what a spectacle it was.

The festivities began with a magnificent array of decorated eggs, real-time, actual ducks and an Easter Bonnet line-up that would make Lady Gaga gasp.

The excitement was palpable, as a thrilling display of eggs, garnished in all colours and hues, was set out for all to see. The innovation and creativity of every single entry was a sight to behold; the anticipation of the children who entered was both humbling and inspiring.

Then came the catwalk of all catwalks- Golant's very own Easter Bonnet Met Gala. A breath-taking parade of Easter-themed head-gear: some infused with spring flowers; one bright yellow daffodil with chicken legs a-top; a very authentic Jack Sparrow-esq pirate; lots of bunnies - one at least 2-feet tall; the Chickerman's Arms; hot 'n spicy chicken wings; a red-eyed bunny boiling hot pot, to name a few....

A lot of the good work that went into the egg decorating was then quickly undone, as the egg rolling got under way down the lower part of Fore Street. The remnants of many eggs stood as testament to the enjoyment that can be taken from such simple activities.

Moving on from the egg rolling, the egg & spoon races showed the usual qualities- absolute concentration, fierce competitiveness and total determination to win; the adults even more than the children!

And then it was time to dodge the egg throwing. Two previous champions were back on form- Paul Meredith and Greg White regained the men's trophy after a two year spell in the wilderness, whilst Millie van den Broek and Edie Owen took the women's title for the second time in three years.

The egg throwing brought an end to the day that had seen a spot of decent weather and a very impressive attendance. Roll on the next one.

Sandra Keenan & Martyn Hardy

Footnote: In all the excitement at the end of the day's events the names of all the winners and runners up was mislaid. Apologies for not being able to list these people individually but we are sure you know who you are!

Martyn Hardy



All photos by Robin Anderson

Carn to Cove - Greenham on film

“We wanted it to be talked about everywhere (..) I remember us saying we wanted Greenham to become a household word.” This was said by a couple of the women reflecting on their time at the Greenham peace camp, to protest at the siting of US nuclear missiles on British soil. Their wishes were certainly realised. The protest began in 1981 and lasted nearly 20 years until the missiles left.

On May 18th Rebecca Morden of *Scary Little Girls* treated us to a fascinating evening reflecting on this protest with quotes of recollections from the women who were there, and also showed a film of life at the camp. These told how, despite living in difficult conditions with no water or sanitation, the women developed their own ways of coping, whilst at the same time protesting peacefully.

NVDA (Non-Violent Direct Action) appeared in any number of inventive ways, despite being regularly ridiculed by the press. On one occasion, they secured the gates with a huge bike lock, on another broke into the base to join all the vehicles together with wool. They danced on silos and released guard geese. Their actions clearly demonstrated that this was not a secure place for nuclear weapons. This in its turn began to unravel the public faith in the safety of the base. Many women were arrested and ended up in prison, but were clearly un-daunted by this possibility.

Whether, similar to the suffragettes, you think their actions were the right or wrong way to achieve their ends, there is no denying that the Greenham women made a powerful stand for their beliefs. It was a thought-provoking evening.

Sarah Laughton

BACKALONG Newspaper Article

How about this for technology 100 years ago?! The following report, published by *The Cornish Guardian* newspaper on **20th June, 1924**, reflects a fascinating insight into a century old experience:

GOLANT.

The members of the Reading Room are at present very interested in “listening in”. A four-valve wireless set has been presented to the Institute by Mr. Field, of London, and on Friday last when for the first time those present heard Big Ben they felt quite pleased with themselves and also proud that this gentleman, almost a stranger, was so generous.

Also, added to the end of this report is the following:

A meeting was held on Monday evening to reconsider the date of the Regatta and Sports. Mr. F. Holt presided. It was decided to hold it on Saturday, July 26th. The sports will also include horse jumping.

I wonder where the horse jumping took place?
Not on the village green, I'm sure!

Ed.

Cornish Sayings Connected with the Weather

Fools are weather wise,
Those that are weather wise
Are rarely otherwise.

A February spring is not worth a pin,
A wet June makes a dry September.

Cornwall will stand a shower every day
And two for Sunday.

Rooks darting around a rookery,
Sparrows twittering, donkeys braying
Are signs of rain.

Cats running wildly about the house
Are said to bring storms with their tails.

*Taken from ‘A Cornish Hotchpotch’ by Kathleen Hawke
Published by Truran*

*So don't panic if June continues to reflect our rainy year;
just look forward to September!*

Ed.



We held a Rockpool Ramble on 12th April, and a fantastic number of people turned up. There were crabs galore (4 different species), starfish, anemones, prawns, blennies, worm pipefish, sea snails and lots more, all found hiding amongst the seaweeds and stones on the shore at Readymoney Beach, Fowey.

On 11th May we had a very special trip to Looe Island in conjunction with *Looe Marine Conservation Group*. This date was brought forward at the request of *The Cornwall Wildlife Trust's* Island wardens, who gave us a guided tour of this beautiful nature reserve and told us about island life. *The Looe Group* explained the seal surveying and seabird nest recording that they carry out regularly across the island, and we had lots of great socialising and discussion over cake! In the afternoon, we lent a hand with some clearing of the invasive plant *crocosmia* from part of the reserve.

On 12th May we were invited to a guided tour of the Sanctuary, Golant, by Karen and Dave. Dave started by explaining the build of the off-grid building, and they both took us on a walkabout explaining their fledgling 'Mother Orchard' of about 100 or so different fruit trees - everyone a different variety- more established fruit trees in their ever-developing Forest Garden, their permaculture veg & fruit beds, and charcoal making. They even have a beautiful hand-built camping cabin - and all this is completely off the grid – relying on their solar production for power and hot water. The afternoon concluded with tea and cake with the lovely Carol serving and a chance to chat. Karen said it was so lovely to meet like-minded people who are engaged and interested in what they are trying to achieve, and who they can swap notes with. They wouldn't accept any fee, so FoFE donated £50 to CWT as their charity of choice.

On 22nd May we had a talk from *West Country Rivers Trust's* Anna Seal, to learn about their flagship Citizen Science programme recruiting volunteers to take water quality samples. Anna first took us out to the River Lerryn to demonstrate the equipment and how to take samples and record the results. After a cup of tea and cake Anna explained the work the Trust does working with land owners to manage water run-off to improve rivers water quality. Their volunteer page can be found at <https://wrt.org.uk/westcountry-csi/>

Our re-scheduled Looe Island trip means we have no events in June, whilst our July events are a guided walk at St Andrews Road Pond and Nature Reserve at 5.30pm on Tuesday 2nd July, followed by a boat trip to Lostwithiel aboard 'Beef R' on Tuesday 23rd July, leaving Town Quay Fowey at 5.30pm. Booking is essential with Claire on 07984 228226.

Claire Hoddinott & Peter Edwards



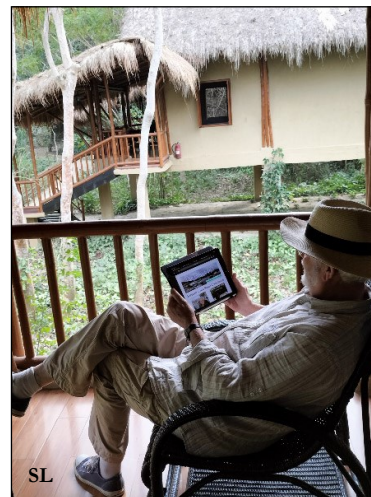
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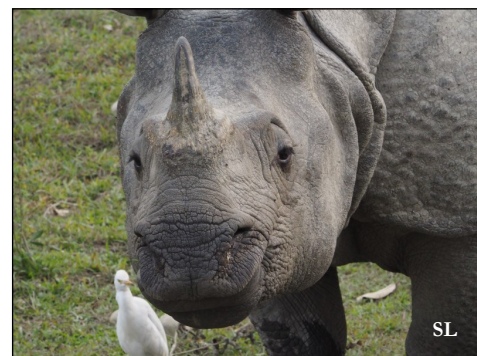
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Taking the Pill



Whilst Ian & Sarah Laughton didn't actually take a Pill with them on holiday, they did the next best thing, as Ian explains:

"Reading the Pill, online of course, in deepest remote Assam, whilst hunting for the rare Indian one-horned Rhino."



Nature Notes

Well, at least since the last edition of the Pill we have enjoyed some sun; today it is raining yet again! All the seeds that were sown in Feb/March have sat and done very little until the beginning of May when everything suddenly decided to grow at once! This has been true of not just flowers and veg but the orchard blossoms, and wild flowers too...so everything looks fantastic now, and hopefully nature will catch up!

In our new orchard, David has planted almost all separate varieties of fruit, so that eventually we will have a 'Mother Orchard' inspired by orchards such as at *Cotebeke*, which we hope will provide propagation material in the future. We have been very aware of the flowering period over the spring, with some trees covered in blossom, whilst others are only just coming out now. I have been trying to record each label and blossom as they come out, and then hopefully add photographs of the fruit and then the fruit cut in half, so we can create a comprehensive record. Meanwhile we had a visit from Clare Lower who photographed the blossoms professionally for a Golant Heritage Project to happen next year, we hope.

We invested in some rather expensive bird boxes made from wood and concrete - the idea being that woodpeckers and squirrels can't hack their way in. We stopped feeding birds a few years ago as the seeds were attracting 'undesirable' wildlife in the shape of rodents (!), and we have noticed how little impact that has actually had on the population; probably because we also have a good range of 'wild' (aka weeds to some) plants such as thistles, sorrel and ragwort to attract particularly seed loving birds. So it was wonderful to see a Great Tit moving into one, and a Bluetit moving into the other. We also have a wooden box on the other end of the building and saw young Bluetits flying out of that one, squawking to be fed!



We also invested in a Swallow nest, but no interest has been shown in that one yet, possibly because I'm not sure we have seen the usual numbers of Swallows returning. Our Swallow nest in the carport was commandeered by a Wren, who built a high rise extension of bracken! (*Left*) So we did clear it in anticipation as it wasn't occupied, but the returning Swallows decided on a change of view and have built right in front of the door! But at least they have returned....

We have also discovered that we have Linnets in the area - a first for us. We used the Merlin App to identify the song, but have since seen them, which is wonderful to add to our list.

One of the things that we love doing is introducing guests to our project, and earlier in the season we had a call from Clair at *Encounter Cornwall*, asking if she could bring a group from *Fowey School* over. They had been due to go on the water, looking at the environment, but the weather was atrocious, so she asked if she could bring them to see an off grid building and walk them around the land looking at the projects we had done. It was wonderful to see their enthusiasm and have really insightful questions about all sorts of things. Hopefully, these visits will stick in the mind and encourage the children to think about nature and the environment in different ways...

At the other end of the scale (age that is - just joking!) we had a visit from *Friends of the Fowey Estuary* - on a lovely, dare I say, hot Sunday! We were joined by some very knowledgeable and appreciative experts, and made lots of new connections with people who are involved in the same way, or who want to do more. As nearly all our projects are done by just the two of us, it is very rewarding to show and share it to a wider audience, who really encourage us to keep going!

We haven't done a charcoal burn yet, but if we can find a dry window then hope to do one soon. We are hoping to put some charcoal for sale outside *Blowys*, along with any spare plants - I do have some tomatoes, cucumbers and echiums at the moment if anyone is interested - just let me know!

Karen Wells-West!

And see page 16 for another feat of avian engineering... Ed.



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ST SAMPSON PARISH COUNCIL

Annual Parish Meeting May 2024

1. Planning:

One of the duties we are obliged to perform is a review of any planning application put in front of us, and despite having no specialist knowledge or expertise, we are obliged to comment on each application as we see it (with technical guidance of course from our Parish Clerk). In a small village like ours, the potential disruption from a development can be alarming (as has been the case on many occasions) and so we finally agreed a new set of 'controls' with Cornwall Council. However, when this was used again with the next development, Cornwall Council retreated from the framework of our previous discussion and our form of words was somewhat diluted, with contractors now only 'invited' to follow the guidelines laid down many years ago by Cornwall Council.

2. Toilet Block/Kayak Store:

At our last meeting a year ago, I was able to confirm that as part of DEVOLVEMENT from Cornwall Council, we not only acquired the carpark, but we also gained the toilet block which as you know was already two thirds redundant. Thanks to Councillor David Johns and friends, we now have a fully functioning Kayak Store.

3. Toilet:

Having mentioned the toilet, I should touch on the issue that we faced earlier in the year, when our provider of toilet cleaning services (*Corserv*) elected to up their charges to the equivalent of our annual precept! Their contract was terminated. Our thanks to Councillor Debbie Pugh-Jones, who on our behalf sourced our new toilet cleaning service provider at annual costs similar (if not lower?) than before.

4. Ticket Machine:

We have enjoyed a virtually faultless year from our new ticket machine, but we were put into a quandary when it did fail for once, and we had to try and repair it with telephone assistance from our maintenance provider. But in the process, they admitted that their response time might be as long as three days to our single machine. In this event, we would lose essential revenue that provides the backbone of our Parish income. So, our plan going forward is to add 'pay by phone' with a company called 'JUST PARK', as a fall-back position if this were to happen again.

5. Community Chest:

As a reminder, the Parish Council is allowed to make available a small 'pot' of money each year to support 'good causes'. It isn't a fortune and is calculated by statute, but it is available to assist our village organisations. So, this year for example, we have been able to support the village hall with 'wifi' running costs, the electricity for the Boatwatch Hut, some money for the Christmas Fayre and Art Trail, and some funding for the new village web cam.

6. Highways:

As you know, one of the perennial issues in our village is the need to keep on top of the state of our roads. I can confirm that there is no other way to get a pot hole repaired other than by using their system. But having said that...by a process of lobbying and with support from our Cornwall Councillor, we did manage to convince Highways that they should instead re-surface Water Lane! And I think they did a very good job of it in the process! (Church Hill is next on the radar!) I might also mention in passing that we also secured the funding for Highways to erect a more prominent sign depicting the junction at the Castledore crossroads, which hopefully will be beneficial in alerting drivers to the crossroads ahead?

7. Playground:

I have deliberately left the best item until last!

A year ago, and with the knowledge that a fully-fledged playground was going to cost us money that we didn't have...(and with our old and tired village playground falling into disrepair) we set about a 'fund raising' exercise that has generated the magnificent playground that we can see today. Simple words cannot express the generosity of 'giving' that this community has provided, either in terms of money or input, to the various projects undertaken to achieve this, and there is a danger in naming individuals, in case others are overlooked. But there have been some staggering financial donations with many provided in confidence! I do have to mention the work by Councillor Andrew van den Broek who not only prepared the ground works, laid the new turf, installed the seesaw, rebuilt the tyre swing, but also built us a new gazebo. We are very grateful! Ultimately, the key to achieving the funding target (on top of the donations and magnificent events like the dog show, car boot sale and village fete) was a GRANT obtained from Cornwall Council, spearheaded by Councillor Siobhan Harper (our Parish Council project leader) who was ably advised and assisted by Fayre Hardy and Sue Blaxley. On a personal note, can I simply say a very big thank you to everyone who made this happen. It has just been amazing!

David Jenkinson
Chairman St Sampson Parish Council

Golant Sports and Carnival plus Madness in the Pill

Madness in the Pill Sunday 4th August

This water-based competition starts around **3.00pm** depending on the tide (high tide is a 5.1m at 18.33) but teams need to be there early to register and feed up on Nick's great **BBQ** for strength.

This year we have invested in Pedalos for the team games which include Pedalo relay, Pedalo tug-of-war, and any other game we can think up!

The Great Golant Raft race concludes the event, where crews who have made their own rafts and hopefully created fascinating fancy dress costumes, race to the end of the Pill and back.

There are certificates to be won for the top team, best dressed crew, and the Great Golant Raft Race winner.

If not actually participating, this is a spectacular spectator event where you can have a pint watching from *The Fisherman's* terraces and avoid getting wet.

Sports and Carnival Saturday 10th August

Sports will start at 2.00pm where there will be a variety of children's races for 5 -14 year-olds, and all can join in.

The marquee will be hosting teas and cakes; cakes donated by our local cake bakers are very welcome, and contact Anne-Marie on 07535 454659 if you can help.

Sports will include the Great Golant tug-of-war, with the residents of Golant versus the rest of the world.

Donations for raffle prizes would also be very gratefully accepted by Estelle (01726 833707) or at the pub.

The Carnival starts assembling at 6.15pm with the St Austell Town Band playing.

The procession around the village will set off at 7.00pm, followed by the traditional Flora dance.

The Fishermans Arms are providing the evening's entertainment and there will be a **BBQ**.

Peter Edwards

Golant Walking Group

Spring weather has been somewhat unpredictable this year, but our walks have taken place regardless of weather, and for the most part we have been very fortunate to enjoy warm dry days.

In April we visited Mylor, meeting by the harbour before following our path round the coast to Flushing. A warm and sunny day, coats and sweaters had to be carried rather than worn. The sun glistened on Carrick roads and we enjoyed views far out to sea. From the charming village of Flushing we made our way inland over the hill before descending into Mylor Churchtown. After a visit to the church dedicated to St Melorus, we enjoyed refreshing drinks by the harbourside under a warm sun.



In May we made our way to St Mabyn to follow a circular walk described on the 'I Walk Cornwall' app. At just under 4 miles on good paths, the route instructions were easy to follow and afforded plenty of opportunities to enjoy the countryside.

On our return journey from *Pencarrow House* we were lucky to avoid rain until the last few minutes; no soaking, no drenching – very fortunately.

Golant Walking Group is an informal group and where and when we walk is entirely up to members. If you would like to know more, or have walks you would be prepared to share, do get in touch with me.

anne.bonsall@btinternet.com

For our June walk we are researching a Siblyback to Golitha Falls circular route.

Anne Bonsall

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Finding *The Golant Pill* Online

If you prefer not to have a hard copy of our newsletter, or would like to catch up with previous PDF copies online, just go to our village website at:

golant.net

Click on **Golant Pill**, where you will find copies going back to the April/May Issue for 2017.



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A Political One Liner

I offer my opponents a bargain: if they will stop telling lies about us, I will stop telling the truth about them.

~Adlai Stevenson, 1952~

Another Wren's Nest



This little Wren adapted Robin & Liz's 'des res' nest in their porch.

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A Cornish Maid's Recipe Corner

This recipe came from my sister-in-law, Nicky, and the cake was made using some of my brother Edward's rhubarb. Cooking takes 1 hour, plus cooking & cooling the rhubarb. Serves 16.



Rhubarb & Custard Cake

1 quantity Barney's roasted rhubarb (*see recipe below*)
 250g/ 9oz pack Butter, softened, plus extra for greasing
 150g/ 5oz ready-made Custard
 250g/ 9oz self-raising flour
 ½ tsp Baking Powder
 4 large Eggs
 1 tsp/ 5ml Vanilla Extract
 250g/ 9oz golden Caster Sugar
 Icing Sugar, for dusting

1. Make the roasted rhubarb, carefully draining off the juices before you let it cool.
2. Butter and line a 23cm loose-bottomed or springform cake tin.
3. Heat oven to 180°C/Fan 160°C/Gas mark 4.
4. Reserve 3 tbsp of the custard in a small bowl & set aside.
5. In a large bowl beat the rest of the custard together with the butter, flour, baking powder, eggs, vanilla and sugar until creamy and smooth.
6. Spoon one-third of the mix into the tin, add some of the rhubarb, then dot with one-third more cake mix and spread it out as well as you can.
7. Top with some more rhubarb, then spoon over the remaining cake mix, leaving it in rough mounds and dips rather than being too neat about it.
8. Scatter the rest of the rhubarb over the batter, then dot the remaining custard over. Bake for 40 mins until risen & golden, cover with foil and bake for 15-20 mins more. It's ready when a skewer inserted into the middle comes out clean.
9. Leave cake to cool in the tin, then dredge with icing sugar when cool.

Barney's Roasted Rhubarb

1. Heat oven to 200°C/Fan 180°C/Gas mark 6
2. Rinse 400g rhubarb and shake off excess water.
3. Trim the ends & cut into little finger-size pieces.
4. Tip rhubarb into a shallow dish or a baking tray, sprinkle over 50g caster sugar, toss together, then lay out rhubarb so it's in a single layer.
5. Cover with foil & roast for 15 mins. Remove foil.
6. Give everything a little shake, roast for 5 mins more or until tender and the juices are syrupy.
7. Drain off juices and leave rhubarb to cool. *Gill Paull*



GP



There are scoads of both Large and Small Cabbage Whites yer, and that means I have to turn over the leaves of my **Cabbages** and **Sprouts** to search for their eggs and squash them before they hatch. I tell you, 'tis enough to try the patience of a saint. For if they'm left alone and they hatch out, then the Caterpillars will make the leaves look like lace curtains.

I do mind the time when father used to get us children to pick off the Caterpillars for him, so nort changes, does it?! But there was one year when his cabbages were so lampered in the little blimmers that you could actually hear them eating! So if you don't like the organic finger and thumb means of control, then 'tis the sprayer filled with a decent insecticide that's needed, for you to keep them off the greens.

Another seasonal dialect-filled extract from John Kift's book for you to enjoy! (Details below)

Ed.

Uncle John's Gardening Year & Auntie Paddy's Recipe Book

These *Golant Pill* publications are available in the Church, or from Mike & Gillie (833897).

£6 each or two for £10 (Mix or Match)



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CALENDAR OF VILLAGE EVENTS

JUNE

Tuesday 4 th	3.30pm	Boatwatch Flotilla	From the Quay
Thursday 6 th	12-2.30/6.00-8.30pm	D-Day Fish & Chip Day <i>£1 for every fish'n'chips sold donated to Royal British Legion</i>	Fisherman's Arms
Friday 7 th	3.00pm	D-Day Afternoon tea/coffee, cakes, chat	Village Hall
Saturday 8 th	10.30am	Meet for bacon rolls and tea/coffee followed by GQUA Annual Pill Clean-up	Fisherman's Arms
Sunday 9 th	9.30am	Holy Communion	St Sampson's
Sunday 9 th	12.00 - 3.00pm	Buffet by the Boats <i>£1 for every buffet sold donated to Royal British Legion (takeaway available – linked to Village Green D-Day picnic)</i>	Fisherman's Arms
Sunday 9 th	from 1.30pm	D-Day Picnic celebrations	Village Green
Tuesday 11 th	2.00pm	Golant Heritage Group meeting (<i>all welcome</i>)	Village Hall
Sunday 16 th	6.00pm	Evening Prayer	St Sampson's
Sunday 23 rd	9.30am	Holy Communion	St Sampson's
Tuesday 25 th	7.15pm	Parish Council meeting	Village Hall
Friday 28 th	7.30pm	Cfylvm club- 'One Life' <i>Booking required</i>	Village Hall
Sunday 30 th	11.00am	Benefice Service (<i>No service at St Sampson's</i>) <i>Followed by a barbecue at St Andrew's at 12.30pm: see Church News</i>	St Andrew's, Tywardreath
Sunday 30 th	time TBC	Village Fete (<i>all profits to charity</i>)	Village Green

JULY

Friday 5 th	10.30am	Coffee/tea, cake, chat and books	Village Hall
Sunday 7 th	9.30am	Holy Communion	St Sampson's
Tuesday 9 th	2.00pm	Golant Heritage Group meeting (<i>all welcome</i>)	Village Hall
Sunday 14 th	4.00pm	Sea Sunday service <i>No morning service - see Church News</i>	Village Green
Friday 19 th	7.30pm	Cfylvm club- 'The Holdover' <i>Booking required</i>	Village Hall
Sunday 21 st	6.00pm	Evening Prayer	St Sampson's
Tuesday 23 rd	7.15pm	Parish Council meeting	Village Hall
Wednesday 24th Copy Date		<i>The Golant Pill</i>	thegolantpill@gmail.com
Saturday 27 th	2.00pm - 4.30pm	Flower and Produce Show	Village Hall
Sunday 28 th	9.30am	Holy Communion - <i>St Sampson's Day</i>	St Sampson's
Sunday 28 th	2.00pm - 6.30pm	Golant 2024 Open Gardens Doubles Table Tennis Tournament	

AUGUST

Friday 2 nd	10.30am	Coffee/tea, cake, chat and books	Village Hall
Sunday 4 th	9.30am	Holy Communion	St Sampson's
Sunday 4 th	c.3.00pm	Madness in the Pill	From the foreshore
Saturday 10 th	from 2.00pm	Golant Sports and Carnival <i>See page 15 for full details</i>	Village Green

If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the Copy Date shown on this page of the newsletter, and we will try to include it.