



## Joyful Easter Memories



*All photos by Robin Anderson*

### FROM THE EDITOR

**M**emories - A word of such importance within the balance of life, in all its aspects.

Memories of our lives and our deeds can then continue in others, and in this issue, we are so pleased to have received an honest and comprehensive eulogy from the late Carol White's son, Rob - a little shortened from that read in St Sampson's at her funeral service on 6th May (p.12). Also, Mike has written some of his personal memories on meeting and working with Carol (*opposite*).

Bill Clinton is quoted as saying "When our memories outweigh our dreams, we have grown old"; too true! We are personally finding at our time of life, when there are things we can no longer physically do, that it is best NOT to dwell on those, but instead, to hold onto and capture past joys we are so lucky to have experienced in life. These are often described as 'timeless treasures', and our family, including our five grandchildren, now all grown-up, has certainly provided those in abundance!

And so, life goes on, and as always, this newsletter is certainly filled with pictures and articles of the many memorable events held in our special village over the past weeks, including those at Easter. There was a full church for the Easter Day service (p.4), and the village Easter fun events were also well attended, (p.7) and are colourfully illustrated on our cover.

Finally, I'm sure we'll all remember the heat wave we are experiencing as I write this. And only a few weeks ago, we actually lit a fire, as it was so miserable!

*Gillie Harris* (Editor)

### CONGRATULATIONS!



Graham & Ellen Estlick celebrated their 65th Wedding Anniversary on 20th May at *The Fisherman's Arms*.

### Memories of Carol White

We moved to Golant in August 1997, having bought *South Torfrey Cottage* from Carol and Geoff White, and thereby hangs an amusing tale.

We had both viewed the cottage from the outside, and loved the look of it, but at that time it was under offer. Luckily for us, that fell through, and so a fortnight or so later, I returned alone, as Gillie was unable to join me.

Geoff & Carol met me, but Carol made it abundantly clear that a woman's view and opinion was much more important than any man's!

She and I stood on the stairs looking out of the window on the platt (*Cornish dialect for a small landing*). I happened to remark that I was hoping to cut down on my musical obligations. Carol's face lit up... "Are you an organist then?" The cottage was ours!! And so I was soon sitting on the organ stool in St. Sampson's Church beginning my many years as the organist!

Carol was not always the easiest to chat to, but many of the congregation said the church would have been falling into a wreck had it not been for her untiring efforts. Don Ayres was the treasurer at that time, and he was full of praise for her leadership and action with church finance. Some of the money had been contributed by those who saw the church as a thing of beauty. Others wanted to support those villagers with religious belief.

I spent three years as churchwarden, working alongside Carol. Her standards were very exacting, but it was a very positive and rewarding time, with many memories which I treasure.

*Mike Harris*



A well-attired Carol & Geoff at a race evening, 'Ascot in Golant', organised by Maurie & Gail, and held at *The Fisherman's Arms* in July 2009!



In the last issue I wrote about two topics close to the heart of Golant Heritage Group: Golant's Cider Heritage and the Human Sundial. Rereading that article, and in preparing my annual GHG report for the Parish Council AGM, it prompted me to revisit the stated aims of the group in our policy document. Our initial statement reads: "GHG was formed by volunteers in 2013 to provide a community-based focus of interest in the history and heritage of Golant village and its surrounding area" with "to research and preserve the history of Golant and surrounding area" as our first aim.

To a large extent, we fulfil these aims through our regular meetings, and by utilising the various strengths and expertise within the group. But we are always mindful that this is an open, community based group, and our over arching aim has to be the preservation of Golant's special heritage for generations to come.

Thus, because of the history of Golant's famous orchard blossom, and on the back of an encouraging Open Orchards event last year, we embarked on our second. Unfortunately, interest in this proved to be something of a disappointment despite advertising far more widely. We have a wonderful diversity of orchards from long established to young and flourishing, but whereas last year the blossom was very bold and impactful, this year it has been more steady and perhaps less of a showcase. I would like to thank and acknowledge the efforts of our orchard owners who carefully and willingly prepared for the day and were ready to welcome visitors. *Little Pinnock* had a number of visitors, but the others had only one or two. We will draw a line under this as an event, but still plan to hold an Apple Day in the autumn, perhaps a little earlier than last year, at the end of September.

The other village asset currently under our scrutiny being the human sundial. As a group we feel it is an important village feature worth preserving or restoring and are currently exploring ways that this might be achieved, in order to approach the Parish Council with some suggestions. Your thoughts and involvement will be welcomed!

Meanwhile, Sue Reardon has come to a point in her research on the history of the farms in the parish, where it looks like another fascinating exhibition is in the offing for late October. An added attraction will be the grand unveiling of a new embroidered hanging based on Golant and the Land, which is being lovingly created by Sue Strachan and her wonderful band of needleworkers. More on that in the next issue.

*Penny Parsons, GHG Chairman*

### Golant Blossom Day

Would the blossom be out or not? Or would it already have peaked? It didn't matter, because at least the weather was kind.

My story here is not so much about which orchards I visited. It is what I felt when I walked around the village. I parked at the layby near the church. It seemed appropriate to begin my walk by visiting the old cider press just below *Tanbay*. With no one else there, the stillness was nearly talking to me. For so many years a busy place when the apples were ready. Still is, the proof of a community that values tradition and togetherness.

I moved on. It was quiet in the village, disappointing for those who put so much effort into organising this day. I just enjoyed a kind of pleasant feeling, mixed with some innocent melancholy.

There is so much here! Not just the orchards and the cider history, but the railway running along the river, and Saw-mills bringing a whole different life to the village. A crazy mixture you find nowhere else. And that on this beautiful river, a village living the rhythm of the tides going in and out. Always changing looks and smell, knowing that the sea is nearby. I walked back through the churchyard, where on the wooden entrance gates it says: Tristan and Iseult...

*Liz Barclay*



## NEWS FROM ST SAMPSON'S CHURCH

On Sunday 26th April, Vilma Dunley's ashes were buried, with the Reverend James Funnell officiating. Vilma had been a most loyal member of our congregation, and she and Robert have been most supportive of St Sampson's in so many ways.

Soon after came Maundy Thursday, an evening service which was well attended, and full of music: *Ave Verum Corpus*, by Mozart, opened the service, and then came Philip Wilby's *If Ye Love Me* - a stunning choir piece; and the service ended with a moving performance of Sir John Stainer's *God so loved the World*. James Funnell was back to play the organ, and we are very grateful for his help both with taking services and also accompanying them.

Then, on Easter Day, a full church enjoyed the Easter hymns, and a performance of *Christ the Lord is Risen Today* - many thanks to Rachel Mackison for agreeing to accompany the choir, which allowed Sheila the luxury of being able to conduct.

At the APCM on Sunday 19th April, Greg was re-elected and Chris Taylor elected as Churchwardens, as your correspondent felt it was the right time to retire!



Carol White's funeral service was held at St Sampson's, and the large congregation was a fitting tribute to the enormous contribution Carol made to the church. She was Churchwarden for many years, and the present enviable state of our church owes much to her foresight and determination. The choir sang *A Celtic Benediction*, and the Churchwardens crossed their staffs of office as the coffin left the church as a special tribute.

So it has been a busy two months, and there is still more to come. From now on, the 4th Sunday of the month will be a morning service but without communion, as an experiment, but the choir will be there as usual. We would welcome feedback on this new format for a Sunday service, which many churches use but which is new to us.

Three dates for your diary:

**Sunday 5th July: The St Mewan Sinfonia at St Sampson's.** (See opposite page for more information)

The concert begins at 7.00pm, with tickets at £10-00, and £5-00 for under 18s. Tickets will be available at the door, and although we do have a card machine, the wi-fi signal is not reliable, so please bring cash if possible! Wine will be available for a suitable donation during the interval. This is an excellent local orchestra: please do come and support.

**Sunday 19th July is Sea Sunday at 4.00pm at The Fisherman's Arms.**

This has proved a very popular service (I wonder why?), and will follow the same format as in previous years. There will be good hymns to sing, the choir, the handbells, and some very varied readings.

**Sunday 26th July, 9.30am, is the celebration of St Sampson's Day in the church.**

As always, all are most welcome to all and any of these events, by which time we hope the sun will be shining and the temperature will be rising!

*Simon Funnell*

## Vicar's Ponderings!

Are you a numbers person? Some of us are really keen on spreadsheets and happily record all sorts of numerical data. My brother-in-law used to log his journey to work each day – noting how long it took him, which exact route he took, whether it was the school holidays, what the weather was doing. He really does like numbers and managed to make a career out of it too. However, there are others for whom numbers are simply a functional necessity that help us with our finances and shopping, or at an even more basic level keep us on track with the time and what date we are at in the year. Whether we think of ourselves as a numbers person or not there is no escaping the fact that the whole of creation – the world and universe – are mathematical marvels that both baffle and excite the human mind (even if some of us don't think about it very much!).

Most of us will find ourselves noting the decade turning points in our lives, even if we have not particularly marked the birthday points in between. Take a look at the birthday cards available in shops and you will see plenty for those seemingly magical "0" birthdays whatever the number that precedes it, but I am not sure I have ever seen one for 29 or 48 for example. As, this month, I turn one of those milestone birthdays I think I have become more aware of my age and have been pondering whether I am any wiser now than I was half a lifetime ago. As we age, we have more life experience to draw on which perhaps gives us an opportunity to make decisions in a different way, but age does not of itself give us wisdom.

The Bible tells us that wisdom is found when we know God and trust in his goodness and love for us. Psalm 111 ends "The fear of the Lord is the beginning of wisdom; all who follow his precepts have good understanding." It is not an indication that we are to be afraid of God, but rather that we are to respect and revere God as we begin to understand just how vast is his greatness. As we begin to acknowledge God's awesome power and creativity so we begin to respond by seeking to understand it more and so our wisdom begins to develop. As I move into a new decade of life my prayer is that God will show me more of his abundant love and grace and I will be able to develop a deeper understanding of how we as a community can be more purposeful in loving and living alongside one another.

With every blessing,  
*Shona*

Revd Shona Hoad  
07476 900623 shona@tandgchurches.uk  
www.tywardreathandgolantchurches.uk

## CHURCH CONTACT INFORMATION

### Priest in Charge

The Revd Shona Hoad (07476 900623)

### Churchwardens

Greg White (01726 832315)  
Chris Taylor (07955 714130)

### The Golant Pill Committee

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<b>Treasurer</b>	Tony Strachan	833259
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<b>Golant Pill Facebook</b>	Robin Anderson	832370
	Penny Parsons	832727
<b>Golant Website</b>	David Bonsall	834458

The committee meets regularly under the terms of the constitution, which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

### Advertising Rates

There are three sizes of advertisement available to you in either vertical or horizontal form.

Please note: The size may vary to fit the space available, but will be the same square area as far as possible.

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### Thank You

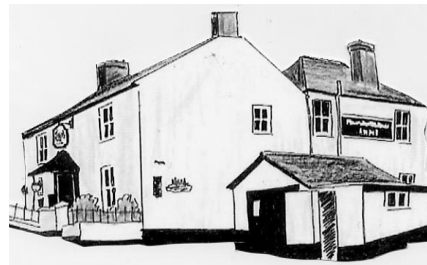
I would like to express my thanks to all those volunteers who do such gorgeous flower arrangements in the church for special occasions.

The flowers at Christmas and Easter were particularly beautiful and much appreciated by villagers and visitors alike. We are all very grateful for your efforts.

*Valerie Russell*

Licensee *Nick Budd* warmly welcomes you to:

From an original drawing by Karen Wells-West



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**Tel: 01726 832453**

**The Fisherman's Arms, Golant**

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### St Mewan Sinfonia

It's been a few years since St Mewan Sinfonia, Cornwall's leading string ensemble, has played at St. Sampson's, but we are delighted to be returning to Golant on 5th July at 7pm for our end of season concert.

We've got an interesting programme to share, with music to appeal to the most varied of tastes from Baroque to modern, including pieces by John Ireland, Strauss, Bartock, Rameau and Hubert Parry. Even if you're new to classical music, why not give it a try? Being Golant, there will be wine! We had a fabulously warm welcome at the Church the last time we played, and we can't wait to return.

Tickets: £10; under 18s: £5. All proceeds to Church funds/orchestra.

*Mary Jane Hunter*

01726 812642

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*Fara*

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# Golant Gleanings

## Backalong Newspaper Articles

Two extracts from the  
*Western Morning News* 6th June, 1936

### MOTOR CARS FOR SALE

**LANCIA** Lambda, excellent condition, just overhauled, 65/70 m.p.h., fast cornering; licensed: £15. Ready to drive anywhere, anytime.- Piercy Varcoe, Bodrigan, Golant, Par.

### TENDERS

**PENQUITE, GOLANT, CORNWALL**—To be LET by TENDER, from 29th September next, a very desirable FARM, known as PENQUITE HOME FARM, the property of Mr. F. Parkyn, containing in the whole about 246 acres of rich pasture and arable land, with 2 good dwelling houses and farm outbuildings.

The homestead is situate close to the Church of St. Sampson's, overlooking the Fowey Estuary about ½ mile from Golant Station, and about 3 miles from Par Station, and is now in the occupation of Mr. A. T. Burden.

Tenders may be sent either for the whole of the farm, or separate tenders for the homestead together with 175 acres, and for the dwelling-house and farm buildings together with about 71 acres, situate at the higher end of the farm.

To view and for further particulars and conditions of letting write to Mr. F. Parkyn, St Austell, or Mr. H. Rich, Cardinham, Bodmin, to whom tenders should be sent on or before the 24th June, 1936.

The highest or any tender not necessarily accepted.

*It was all happening at the top of our village  
exactly 90 years ago! Ed.*

## 2026 Golant Sports and Carnival – Now 8th August

This year's Sports and Carnival will start at the normal time of 2.00pm on the Village Green, with children's race categories from the under 5s to the 12-14 age groups. This year both village children and grandchildren of villagers will be eligible for points towards the overall best performances and cup prizes.

Teas with the wonderful village bakers' cakes as well as cream teas will be available during the afternoon. Anne-Marie (07535 454659) would really appreciate both volunteers as well as homemade cakes.

The Carnival will start at 6.00pm on the Green with judging, and this year we will speed this process up. St Austell Town Band will lead the procession round the village followed by prize giving and then the Flora Dance.

*The Fisherman's Arms* will provide the evening entertainment with live music by *Lost-in-Space* and a BBQ.

To encourage more carnival participants, the Village Hall has kindly offered to give access to past panto costumes, and there will be rails of costumes for people to use (should they wish) available for viewing in the hall on Tuesday afternoon and Wednesday morning the 4th and 5th of August. This is the only possible time due to other events occurring in the Hall.

Sue and Mark Steers have kindly agreed to co-chair the Carnival to allow me to step down next year.

We look forward to the support of the Village and a fantastic turn out for the children's sports and the evening carnival.

*Sue, Mark & Peter*

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### Pill Paparazzi in this issue

RA	Robin Anderson
LB	Liz Barclay
AB	Anne Bonsall
IL	Ian Laughton
GP	Gill Paull
LS	Lizzy Smart
JS	Jackie Smith
CT	Chris Taylor
KW-W	Karen Wells-West

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Please call us.

Please visit our freezers by the farmhouse - room to the right of our back door. **Or phone ahead for help.**  
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## Easter Fun

We were a little more prepared this year in case it rained, but instead the wind blew hard on Good Friday. Carol and I stood on the Green to distribute forms and pencils, and then collect the completed entries for the egg hunt. That completed, we both hopped off to *The Fisherman's* to get warm. Thanks, as always, to Karen Wells-West of *The Sanctuary* for providing lovely egg prizes at this event. Anne Marie and her family went round in the fastest time.

Fun Day on Easter Sunday was, in the end, sunny. Martyn, ably assisted by Fayre, Jackie & Neil, Debbie & Kevin, Ian & Louise, Karen & Andrew, managed to complete the running of all the games. The judges commented on the very high standard of entries, and we thank the judges for doing this very difficult task.

### The results:-

Decorated Eggs 0-5 years: 1st Jack Barras; 2nd Fern Parsons; 3rd Wilfred Guzek

Decorated Eggs 6-12 years: 1st Jack Anstee; 2nd Lyla Anstee; 3rd Poppy Manning

Decorated Eggs 13-99 years: 1st Isla Barton; 2nd Ottlie Manning ; 3rd Charlotte Cross

As always, due to the number of entries in the Easter Bonnet section, we found it difficult to choose the winners and runners up so, if you were under 13, everyone had an egg.

For the 13-99 years, the Gwenda Towell ashtray was won by Estelle; Also placed were Macy Desborough and Matthew Justice.

Group/Family Bonnet entries were a close-run thing, with 1<sup>st</sup> place going to the Hearnden team and in 2<sup>nd</sup> place the Taylor Team.

The Raffle prizes were drawn, as were the number of eggs in the jar, and the name of the dog was Rosie. Thanks to all who purchased tickets.

Then followed egg rolling, after which, courtesy of *Davey's Cracking Good Eggs*, were the Egg and Spoon races, the event culminating in the Egg Throwing competitions.

*(One disaster, right. That's a yolk!)* Many people commented that the length of the queue to enter (and the queue at the bar) was the longest ever seen! The 'Estlick Cup for Ladies' Egg Throwing was won by Connie and Louise, whilst the 'Golant International Egg Throwing Competition' cup was won by Paul and Tim Slorik.

The new cup included this year for mixed egg throwing was won by Clemmie Wallace Jones and Will Metcalf.

Very many thanks to all who took part as competitors and spectators, to the pub for supplying drink and a BBQ, and finally huge thanks to Robin who took some amazing photos (*here and on the cover of this issue*) and which can be viewed at:

<https://www.facebook.com/Golant Pill>

*(And another view of the day by a couple of punters, below)*



*Fayre Hardy*

## Easter Fun Day

Well, as the name suggests, that was fun. Yet another event we hadn't been able to attend, and so glad we could this year as Easter Fun Day certainly lived up to its name. The egg rolling was enjoyed by young and old with some 60 eggs being sent off down the hill, most of which wonderfully decorated and avidly chased down the hill to the finishing line ...with some assistance now and then.

The egg and spoon race and egg throwing completed the event with long lines of enthusiastic participants eagerly waiting their turn, many of whom were aided by liquid sustenance from the pub. There is definitely a technique to the catching...we have yet to master... can't wait for next year.

What was a lovely surprise (and shouldn't have been, we should know by now!) was the attention to detail and variety of the Easter Bonnets with some amazing arts and crafts on show.

*Sue & Mark Steers*

## Plant Sale Thank You

Thank you to those who visited the Plant Sale on Saturday 2nd May. We had a wide range of flowers, vegetables and herbs on offer, and, of course, plenty of dahlias.

Thank you to everyone who donated their excess plants, and to my team of helpers on the day.

The funds raised will go to support the Produce & Craft Show, Saturday 26th July; admission will be free in the afternoon. We are looking forward to all the plants purchased being grown into wonderful entries in the show. Many of the leftover plants will find their way to the 'Boat on the Green', so beautifully maintained by Cynthia.

Golant will be looking Blooming Marvellous this Summer!

*Jackie Smith*



Two of the stalwart helpers in their floral hats!



An excellent turnout again for the Boatwatch Spring Get-Together Barbecue held on Saturday, 2<sup>nd</sup> May. Rain threatened, but stayed away until the event finished, when it lashed down. So perfect planning by Boatwatch again.

This year, the RNLi came along to run a lifejacket clinic. Many members brought lifejackets for inspection, and the value of the clinic was demonstrated as a significant number of issues were detected. *TMS Chandlery* from Par also attended, bringing their stall focused on river safety equipment, and so they were on hand to replace many of the out-of-date components detected in the lifejackets.



The Spring Get-together raffle draw for the David Parry painting of a Kittiwake was won by Mike Waller. David Parry was present at the event and was ready to give the presentation. After having bought tickets in these raffles since they began, and never having won, Mike had left the barbecue before the draw, as his expectations were not high. So here he is later in the week, being presented with the picture by David Bonsall.



*Continued in next column*

We are pleased to see that Fowey Harbour has taken action in clearing derelict and unlicensed vessels from the frapes. This has freed up spaces, and a number of people who have been on the waiting list for some years now have frape moorings available to them.

Our first Boatwatch flotilla of the year will be in the evening of 2<sup>nd</sup> June. We hope for a fine, warm evening and look forward to our usual excellent turnout!

*David Bonsall, Chairman, Golant Boatwatch*

### Golant Quay Users Association

At our recent AGM the Limited Company Directors, Allan Foster and Ian Barker were re-elected. Janet Longman, having sold her boat decided to stand down from the committee, and we thank her for her valued contribution. The remainder of the committee, comprising of myself as Chair, Ian Barker as Vice Chair, Allan Foster as Treasurer and Robin Anderson, Simon Funnell, Simon Robins, Paul Meredith, and James Fuge were re-elected as committee members. Following the meeting, Sue Steers has kindly agreed to be seconded onto the committee.

Many thanks to Claire and Allan Foster for preparing our accounts and to Tony Strachan for auditing them. They showed a deficit this year of £695 following a £5,900 spend, against a £2,100 surplus last year but we still have a healthy bank balance. We have developed a budget spend for 2026/27 of £4,600 that includes Quay repairs, stern anchor moorings and slip cleaning.

Ian has now installed the anchor points to the stern chain along the Bridge section and huge thanks to his fellow mud-wallowers, Steve, Neil, Paul and Andrew with his tractor-cum-cement mixer for their help. Folks with Bridge frapes are now encouraged to attach their frapes to this chain. This is well worth doing, because when the mud-wallowing team also replaced the pick-up buoy anchors in the channel the attachments to those anchors were on their last legs. So, that could easily be the case for your frape anchor if you have not checked it for a few years.

Ian is organising a Pill clean-up session on Saturday 13<sup>th</sup> June meeting at 10.00am at *The Fishermans* for bacon butties as encouragement for volunteers. The jobs include Strimming and cutting back on the Quay. General tidy up and sweep off on the Quay and slip. Clearing logs and sticks from the track along the pill. Clearing up in the Pill and the Sink - the muddy bits! Cleaning and re numbering the mooring labels. So, if you are up for it then please come along with any kit/tools you might have that would be useful.

*Ian Barker & Peter Edwards*

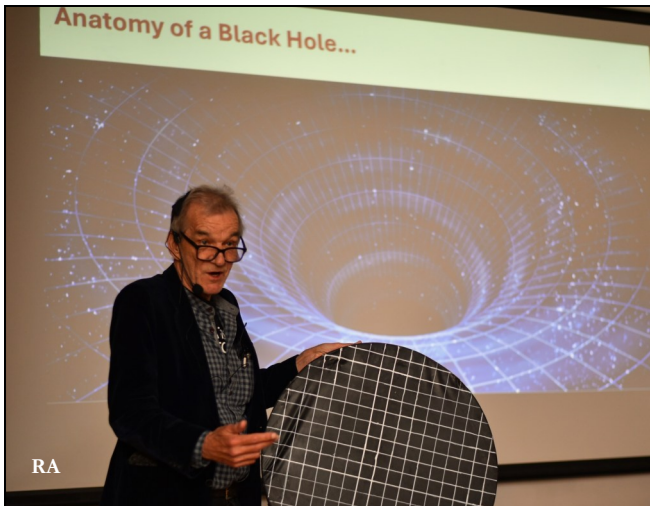
**If anyone spots a problem on the river, please contact one of the following:**

**Harbourmaster's Office** 01726 832471  
(out of office hours transferred to Duty Officer)

**David Bonsall (Boatwatch)** 01726 834458

## “Black Holes I’ve Known”

A talk given by Jeremy Lloyd-Evans



As something of a first for the Village Hall, Jeremy’s cryptically named talk was surprisingly well attended, with guests not really knowing what they were in for, or indeed if it was to be the serious or ‘mad’ Jeremy presenting.

In actuality, what followed was both engaging and entertaining, with Jeremy’s enthusiasm and passion for his subject plain for all to see. Whilst Jeremy’s struggles with the microphone was a source of frustration for him (apparently, you wear it the other way up, Jeremy) it did not detract from the thought-provoking visual material and demonstrations, interspersed with anecdotes of his misspent youth in South America.

A hugely ambitious task to attempt to teach an audience of mixed levels of understanding in a subject which is so challenging. Perhaps, all the people I watched on the way home afterwards with their eyes skyward, is the best measure of just how successful he was. Well done indeed.

*Neil Smith*

## Golant Walking Group

The first walk of 2026 saw a small but intrepid group heading off into the mists of Bodmin Moor.

Fortunately, the cloud started to lift as we approached Rough Tor, and the sun even came out as we headed towards Brown Willy.

With some people carrying injuries, it was not long before we had one person waving from the summit of Brown Willy, and another waving from the shoulder of Rough Tor.

A beautiful walk, surrounded by larks and lambs, with a distant cuckoo. To top it off, we came across swallows and a hare as we left.

*Sophie Hearndon*



## Congratulations to Local Lad Hugh Taylor

Well done Hugh and team, on completing the 35 mile **Ten Tors Challenge** (or in your case 11 Tors and 38 miles... 😊).

It’s a superb effort and I am a very proud dad. On to the 45 mile challenge next year...



*Chris Taylor*

## The Ten Tors Challenge

The annual event took place this year from Friday May 8th to Sunday May 10th.

Over 2000 youngsters took part, and navigated 35, 45 or 55 mile routes across Dartmoor.

They carried their own survival kits, but mobile phones were not allowed!

It is a great credit to them that they were willing to exchange social media for healthy challenging exercise.

So well done, Hugh, his team and all the contestants.

*Ed.*

### The Village Hall looking back and looking forward

Over the past couple of months the Village Hall has supplied many entertaining moments. These were:- Easter Fun Day and Egg Hunt (*page 7*); CFyln nights; tea and coffee mornings; a talk about Black Holes and the Universe (*page 9*); a quiz night; and the sound healing session - a first for the village. As usual, regular meetings, yoga, book club, line dancing and table tennis sessions continued. Thank you for supporting your hall by attending these events.

During the coming couple of months we are organising a Midsummer Picnic on the Green, another CFyln night and the Produce and Craft Show. We are replacing the normal tea and coffee morning with a 'Light Lunch'. This event is part of volunteers' week and community month. Further information is available on page 11 (*opposite*).

All are very welcome to attend these arranged events and the Village Hall is an ideal meeting and party venue to use. Bookings are via [martynhardy501@btinternet.com](mailto:martynhardy501@btinternet.com)

*Fayre Hardy*

### Golant Village Hall Price List (Charity Number 213607)

Extra donations are always welcome!

1st Friday in the month, from 10am - Tea, coffee, cake, with books, DVDs & jigsaws to select - £2.

2nd Wednesday in the month - Jan, Feb, Mar & Oct, Nov, Dec - La Soupe Populaire, accompanied by refreshments - £3.

Last Friday in the month, CFyln Night - Membership fee (set by film supplier) is detailed in Carol's entry.

Hire of Hall Tariff (unchanged from last year):-

Commercial Rate - fee paying is £27 per session;

Subsidised Parishioner's Rate - for private events for parishioners £12;

Subsidised Concessionary Rate - £2;

Hire of trestle tables £10 each. Chairs, tumblers & wine glasses £poa.

Queries- contact [martynhardy501@btinternet.com](mailto:martynhardy501@btinternet.com)

*Charges may be subject to change at the 2026 AGM meeting.*

### CFyln

Members around Cornwall are struggling with competition from films being available via streaming, and are at threat of losing their film clubs. We are fortunate that access to the village hall is free, as it is part of the committee, and there is no hiring of equipment. Which means that only the cost of the dvd hire has to be covered.

CFyln is an important community asset bringing films old and new in a social environment. There was a hiccup with the projector during the showing of *Hamnet* last month which has been resolved.

If you are not already a member of CFyln please join and share an evening in front of the big screen with neighbours. Or if you would like to know more do not hesitate to contact Carol Gabb on 01726833557 or [cagabb23@gmail.com](mailto:cagabb23@gmail.com)

*Carol Gabb*

### THE NEXT COPY DATE

Please note that the **Copy Date** for the August/September issue is

**Wednesday 29th July**

Articles, letters & news can be sent by email to:

[thegolantpill@gmail.com](mailto:thegolantpill@gmail.com)

### News update from the Golant Produce and Craft Show

#### **Saturday 25<sup>th</sup> July – Golant Talent on Show!**

Before we know it, Spring has come and gone and we're already into the Summer – so we hope that the growing season has been kind to you. That means it's not too long now until Golant Produce and Craft Show on Saturday 25<sup>th</sup> July.

With last year's increase in exhibits, we will again be making it easier to put entries in by staging exhibits in the Village Hall between 5pm-7pm on Friday 24<sup>th</sup> as well as from 8.30am-10am on the show day, Saturday 25<sup>th</sup> July. The entry fee per class has been removed, with there now being a flat registration fee of £2 for adults (free for children), allowing you to enter as many classes from the schedule as you like.

We hope that the cookery classes will again be popular and to add to the competition, the committee have included a class for baking a classic Rock Cake based on a recipe from 1959. Along with the popular floral, fruit and vegetable classes, we hope you'll consider the variety of classes in crafts, photography, art, preserves and home brews available to enter. Do please share the show schedule with any friends and family who may be visiting to encourage them to join in too. It can be found on [Golant.net](http://Golant.net).

Entries can be submitted to Neil & Jackie Smith, 3 Golant Farm or via email [GolantProduceandCraftShow@gmail.com](mailto:GolantProduceandCraftShow@gmail.com) by Thursday 23<sup>th</sup> July. For late entries, you can even turn up and enter on the Friday or before 9.30am, on the show day. As in previous years, we would be grateful for donations of cakes, for the refreshments stall, which helps finance the show and raise funds for the Village Hall.

We look forward to seeing you and admiring exhibits and celebrating successes on Saturday 25<sup>th</sup> July, with FREE entry for visitors from 2pm-3.45pm followed by the popular produce auction.

*Produce and Craft Show Committee*

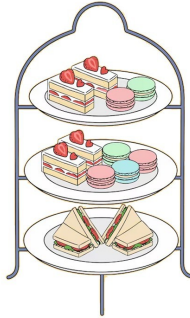
Coming to a Hall (& even a Pub) near you...!!

## Join the Village Hall

on  
**Friday 5th June**  
from **11:30**  
in Village Hall for  
**a light lunch**

*"a celebration of community"*

Admission Free : Donations Welcome



part of Eden Project's  
'the Big Do'



Presented by  
Golant Village Hall, Registered Charity number: 213607

## Join the Village Hall

on  
**Sunday 21st June**  
from **1pm**  
on Village Green for a  
**Midsummer picnic**

**bring your own**

Packed lunches available  
from the  
Fisherman's Arms by  
prior arrangement

No glasses  
or dogs please



Presented by  
Golant Village Hall, Registered Charity number: 213607

## Golant Produce & Craft 17th Annual Show

Golant Village Hall  
**Saturday 25th July 2026**  
2:00pm — 4:00pm  
Admission Free!

**"SHOW US WHAT  
YOU'VE GOT"**

Schedule available online  
at [facebook.com/events](https://www.facebook.com/events)

Refreshments are available  
Raffle and Auction

Show Contact : Sophie Hearnden  
email : [GolantProduceandCraftShow@gmail.com](mailto:GolantProduceandCraftShow@gmail.com)

Presented by the Village Hall



## SAVE THE DAY

WARM UP YOUR BATS

CHOOSE YOUR PARTNER

**GOLANT ANNUAL DOUBLES TABLE TENNIS TOURNAMENT**

SUNDAY 9th AUGUST (the day after the Carnival)

2pm START IN THE MARQUEE ON THE VILLAGE GREEN

FINALS 6pm (ish) IN THE FISHERMAN'S ARMS

OPEN TO ALL

**ENTRIES REQUIRED BY 1st AUGUST AT THE LATEST**

**£10 PER PERSON INCLUDING BBO FOR PLAYERS & SPECTATORS**

**EMAIL: [paulmeredith007@hotmail.co.uk](mailto:paulmeredith007@hotmail.co.uk)**

## CAROL WHITE

Carol White, previously known as Carol Barrick, was a woman often described as fearsome, direct, blunt, and strong-willed - but equally as a devoted farmer, loving wife, mother, and grandmother. Beneath that formidable exterior was a kind, independent, and deeply hardworking person who would always step in to help others, whether at home, on the farm, or within the community. She was also, in many ways, a private person.

Carol's passion for farming began in childhood. In 1968, she bought and moved into Bellschat Farm, a property that needed significant work but quickly became a home she loved deeply. With help from family, she transformed it into something special. Around this time, a young neighbouring farmer, Geoff White, took a keen interest in her. One of Geoff's favourite stories recalls visiting Carol and being greeted by an Alsatian launched through an open window in his direction - a moment that perhaps hinted at Carol's spirited nature.

After a period of courtship, Carol and Geoff were married at St. Sampson's Church in September 1969. Some present today may remember the moment Carol fainted as they were pronounced husband and wife, only to be caught by Geoff and revived with water by usher David Code. Their marriage united Bellschat and South Torfrey farms, with Bellschat focusing on dairy and South Torfrey on arable, beef, and sheep. Carol moved to South Torfrey, while her parents took over Bellschat.

Their early married life was marked by hardship. A devastating fire, reportedly caused by someone sheltering in a haystack, led to major losses in buildings and feed and contributed to a miscarriage. Despite this, brighter days followed with the arrival of their sons, Rob and, two and a half years later, Chris.

Carol's life was one of constant activity and responsibility. She worked tirelessly as a farmer, farmer's wife, mother, and business manager - and even occasionally as a B&B host. She took on all aspects of farm life, from milking cows to the less glamorous jobs, particularly during busy harvest periods. At the same time, she ensured everyone was well fed, preparing meals for workers at the end of long days. Her love of dairy farming and her cows remained strong throughout her life.

Outside farming, Carol was a keen horse rider and enjoyed time with her horse, Lucky. While she and Geoff shared many aspects of life, they also had their own passions - Geoff with hunting, and Carol with St. Sampson's Church.

Carol's contribution to St. Sampson's cannot be overstated. She was deeply involved for many years, serving as secretary and later as Churchwarden initially alongside Lewis Roberson. Many believe the church might not still be standing today without her dedication. She worked tirelessly to secure grants, manage projects, oversee tradespeople, and navigate the complexities of maintaining a Grade I listed building, including reclaiming VAT and reducing costs wherever possible.

Her efforts led to major restoration and improvement projects, including re-roofing, repointing the bell tower to prevent damp, installing heating, and even introducing toilets - improvements that made the church far more accessible and welcoming. She also played a key role in restoring the church organ and preserving the building's historic features, including sections of the ceiling.

Carol was instrumental in reviving bell ringing at the church, working closely with Simon Brewer and his son Richard. She was also an active choir member, helped with flower arranging, and took part in the rota for locking up the church. She helped organise annual music concerts and community gatherings.

In recognition of her outstanding voluntary service, Carol was awarded the St. Piran's Cross, a fitting tribute to her tireless commitment to the church and community.

Beyond farming and church life, Carol valued friendship and hospitality. She loved hosting dinner parties, many of which are fondly remembered by those present at the funeral. Christmas Eve gatherings at Bellschat became a cherished tradition, as did celebrations following weddings held at Bellschat. One particularly memorable occasion was Carol and Geoff's Ruby wedding anniversary, celebrated with a sun-filled garden party.

Carol shared a particularly close bond with her friend Heather. Their friendship was often described as more like that of sisters. They supported each other through all of life's ups and downs and shared many happy experiences together, including holidays to places such as Spain and Singapore. Their names were often spoken together, reflecting just how inseparable they were.



Carol and Geoff were also members of Fowey Yacht Club, enjoying its social side despite not being sailors themselves. Their time on the water provided its own share of memorable, and sometimes humorous, moments. Carol could often be heard calling out loudly to Geoff as he navigated, particularly when boats seemed to appear 'out of nowhere,' whether small vessels or much larger ships.

Before moving their boat to Fowey, it was moored in Golant, where tidal conditions sometimes left them stranded on sandbanks for hours, turning planned outings into impromptu picnics. These moments, shared with family, became part of the stories that defined their life together.

While we began by recalling Carol's formidable qualities, these traits were also what enabled her to achieve so much and support so many. Rob and Chris have received countless messages describing their mother as a "very lovely and special lady," remembered fondly even by those who had not seen her for many years.

Carol leaves behind a legacy of strength, dedication, and quiet generosity - qualities that will be remembered by all who knew her.

Nature Notes

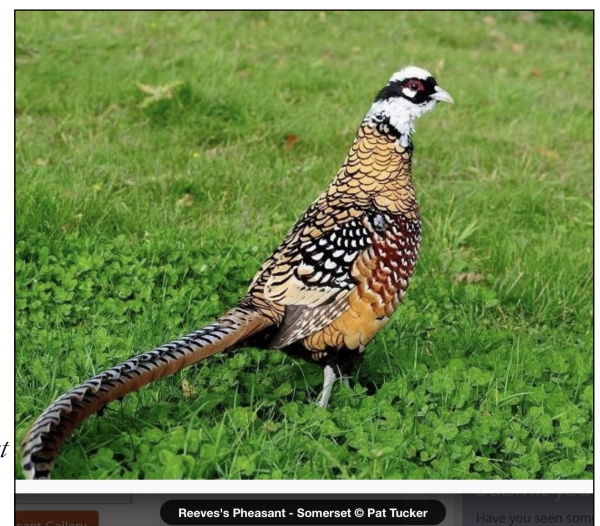
“We’re having a heatwave....a tropical heatwave” as the song goes - well as long as I’m writing this anyway! Temperatures are forecast in the mid 20s for the next few days, which is wonderful news for those on holiday, but not great for farmers and growers. This follows April, in which Cornwall recorded only 46% of its average rainfall. No wonder the U.K. seems so obsessed with weather - one moment we need snorkels to cope with relentless rainfall - the next, tying down the garden furniture to stop it disappearing in gale force winds, then hunting out the suncream & gazebos!

The practicalities of navigating the varied weather conditions takes time and effort. I felt pretty ridiculous adding even more waterbutts in the winter when it didn’t seem to stop raining, but this week I have been so glad of them. Less than five months ago, Cornwall suffered a devastating storm - now, the Birch trees that came down are showing small shoots from the root ball - about 2 foot of trunk was left, and they slowly became more upright, enough to still have roots in the ground, so fingers crossed they can survive the hot weather and continue to grow!

We had such a beautiful display of blossom this year, right across the land. I finally managed to finish a map of our new orchard, listing all the 92 trees present. It was an interesting project - I tried to use the ‘what3words’ map to import the positions and varieties onto my computer - however, it’s only accurate to 1msq - and David hadn’t listed all of the names, so I had to start again, and walk the plot noting names and positions! Still, I’m glad it is done, and this winter I’m hoping to do the same for the Forest Garden, where the trees are a little older and becoming productive. We are always amazed at the varieties - some stayed stubbornly bare until two weeks ago, and are now full of blossom, where every other tree is busy growing the fruit! The scent of the blossom is extremely underrated in our opinion - everyone raves about rose scent, but apples can easily match it at times - after all, they come from the same family in classification terms, so it makes sense.



We had a very strange encounter driving up past *Trenython* hill the other day. First, a female pheasant crossing the road ahead, nothing exciting about that...but then a male pheasant also crossing the road pursuing her...except this one was unlike any pheasant I’ve seen before. It looked as if you had taken a brightly coloured pheasant and toned down the colour - it was mainly white and black, really weird! So I went home and googled ‘albino pheasant’, but that wasn’t it. Eventually, I found it - it’s called a Reeves Pheasant, and apparently they came from China and are still pretty rare in this country, most likely an escapee from a collection...you just never know what you are going to see next!



Karen Wells-West

## ST SAMPSON'S ANNUAL PARISH COUNCIL REPORT 2025/2026

The Parish Year began with the local elections in May, and dissolution of the previous council. As the number seeking re-election was not greater than the vacancies available, a Parish election was not required and a new Council was formed. At this time we bid farewell to the Vice Chair, Andrew van den Broek, Martin Whell, Dave Johns and Debbie Pugh-Jones. The Parish would like to formally thank them for their service over the years. In their place, Paul Meredith, Neil Smith and Simon Hubner stepped up, with David Bonsall, Chris Taylor and David Jenkinson remaining. David Jenkinson was re-elected as the Chair and Chris Taylor was elected to the Vice Chair role. We also welcomed a new County Councillor, with Councillor Ian Wilson, of Reform, taking the place of Andy Virr. Councillor Wilson has been a regular attendee to our meetings, unlike the prior incumbent. We also welcomed a new Co-opted member to the Parish Council in the form of Carol Gabb, a welcome addition.

The newly formed Council got to work immediately on a number of projects, with David Bonsall identifying a LMP Grant to apply for, and Paul Meredith putting together a proposal to improve the public loo. The LMP grant was successfully applied for in October, and the sum of £15,000 was allocated for footpath improvement. A tender process was then followed, and a successful bid was made by *Cornwall Landscaping* to complete the work.

The toilet project was costed by Paul Meredith and funded via the CIL money that the Parish receives after there is development in the village.

The budget process was improved again, primarily to allow for the building of reserves on a yearly basis, to cover unplanned capital spend in the future. This meant a larger than 5% increase in the yearly precept, but this will hopefully now level out in future budgets. In the previous fiscal year, the council has avoided spending more than it earned, a notable achievement given the challenging economic situation. Our main source of income remains the revenue from the carpark and also the monies raised from the precept.

Around Christmas, David Jenkinson resigned as Chair of the Council and was replaced by Chris Taylor in an acting capacity, an arrangement that was formally ratified in the February meeting. We thanked David Jenkinson for all his work over the previous years, most notably the incorporation of devolved assets and overseeing the renovation of the Playground on the Green.

In January, after the devastation of Storm Goretta, the work on the Downs Path was started, and was completed in March, when the grant was formally credited to the Parish. The works for the loos was also completed in early 2026; both improvements have significantly improved Parish Assets.

Other work the Councillors have been tasked with include the writing of specific policies to enable frameworks for decision making, plus ways to improve the Parish website with a FAQs page. New parking permits were designed and issued and the signage for the Saints Way footpath was improved.

Overall, it has felt like a productive year, with a great deal having been achieved by the Council for the Parish. As ever, we extend a huge thank you to all our Parishioners whose patience and good humour help us in our day to day duties. Many thanks also to the committed Councillors, without whose endeavours many things would not get done.

*Chris Taylor – Chair  
St.Sampson Parish Council*

### Beers, Bands, BBQs and Buffets

We always feel that summer begins with the May Beer Festival, and the weather on the Bank Holiday certainly proved us right. It didn't begin great, with a questionable Friday night, but the *Stone River Band* turned it up to 11, and blasted away in the Marquee. Saturday is when things really took off. The sun shone brightly, and many people were enjoying flights (3 x 3rd pints) to sample the 11 Ales and 6 Ciders on offer, where the *2beats* provided a steady beat with which to dance, and Ann & Chris served Burgers, Pizzas & Hotdogs galore to the famished crowds.

Sunday was a glorious day, and after the buffet was enjoyed by many in attendance, the *Lankelly Shout* took the stage and gave us some amazing shanty hits, whilst people sipped Beers, Ciders & Gins. They were raising money for their chosen charity, *Children's Little Harbour Hospice*, and if anyone wants to send a donation, we are sure the *Shout* would appreciate it. On Sunday night, our local musicians did their regular Jam night, which is always a lot of fun, and helped us despatch the 2nd Ale from the Festival.

Monday was almost too hot, but we struggled on, and with the help of a few village volunteers, we served a fair few people, when Mr Will Powell closed the Festival's entertainment with his usual chilled-out vibes in the early summer sun.

All in all, we feel a great time was had by all, and we want to thank everyone who attended, all those who helped get it ready (especially raising the Marquee) and the brilliant acts who provided entertainment. My personal thanks go to our great team of staff for all their hard work, and of course, my Mum & Dad, without whom, the pub itself would not be running. Their tireless support made the weekend a wonderful start to the summer.

*Nick Budd*



A busy spring season for Friends of Fowey Estuary kicked off with our AGM. We had a fantastic talk from the Lone Kayaker, Robert Kirkwood, accompanied by his wonderful photographs of our estuaries and their wildlife. It was also a time to thank and celebrate the retirement of Peter Edwards as our Chairman after his years of service. Peter has ensured that we have stayed a strong and active group over the years and we were pleased to present him with a picture of Fowey from the river. Jane Richards has taken on the role of Chairperson for the moment, and a new Committee is hard at work planning the programme.

Peter has continued with the annual heronry survey and this year counted 8 nests, one more than last year. Oyster bashing is back! Working with the Harbour Commissioners we have a new licence in place to control the invasive Pacific Oysters. We are monitoring the numbers and how much they have grown back since our last forays. In a few places they are reefing up, which makes removal almost impossible and can be very intrusive into the use of slipways and the like.

At Readymoney Cove we have renewed the public sign that gives information about the rockpool species there, and we are continuing our Rockpool sessions with the public.

We surveyed the attendees at the AGM about what they would like to see FOFE do, and there was support for more estuary walks so the committee will consider this. Another innovation we are actively working towards is the idea of providing small student bursaries to help with projects based around the estuary and its wildlife – more details soon.

We will be promoting the next few months of activities shortly so watch for details on our website and Facebook page.

*Ian Laughton*



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### Cornish Dialect Names for Trees

Ellum-	Elm
Nuthall-	Hazel Bush
Peer-	Pear
Pricklyum-	Holly
Quarantine-	Apple (bright red)

*Taken from 'A Cornish Hotchpotch' by Kathleen Hawke*



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**Finding *The Golant Pill* Online**

If you prefer not to have a hard copy of our newsletter, or would like to catch up with previous PDF copies online, just go to our village website at: [golant.net](http://golant.net)

Click on **Golant Pill**, where you will find copies going back to the April/May Issue for 2017.

A guide to  
**SENIOR MOMENTS**

Signs of old age? **There are three:** loss of **m**emory and... I can't remember the other two.

Now my memory's **b**eginning to go, the only thing I **r**etain is water.

*Published by Past Times*



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## A Cornish Maid's Recipe Corner

### Salmon, Cornish Asparagus & Cornish New Potatoes Traybake



A simple traybake that's ready in about 40 minutes. Delicious recipe for Cornish asparagus & new potatoes while in season. Asparagus could be replaced with Tenderstem broccoli at other times of the year.

Serves 2

1½ tbsp Olive Oil

300g/ 11oz Cornish New Potatoes – washed & scrubbed, then halved or quartered if large

2 medium Leeks – washed & trimmed then cut into 1cm rounds

4 sprigs Lemon Thyme (optional)

230g/ 1-2 bunches Cornish Asparagus – ends trimmed if needed

220g/ 2 Salmon fillets

4tbspn Mustard & Dill sauce

½ Lemon – cut into wedges

1. Preheat the oven to 200°C/180°F/Gas Mark 6.
2. Add 1 tbsp oil to large roasting tin & preheat in the oven.
3. Add the potatoes to the tin, stir around in the hot oil, season & return to oven to roast for about 12 minutes.
4. Add the leeks & lemon thyme (if using) & roast for a further 5 minutes.
5. Stir the asparagus into the potatoes & leeks along with 2 tbsp water.
6. Sit the salmon fillets on top of veg.
7. Drizzle over the remaining ½ tbsp oil and season everything well.
8. Roast for a final 10 minutes, until the asparagus is just tender, the salmon is opaque and flakes easily with a fork.
9. Serve with the mustard & dill sauce along with the lemon wedges.

*Gill Paull*



### Uncle John's Gardening Year & Auntie Paddy's Recipe Book

These *Golant Pill* publications are available in the Church, or from Mike & Gillie (833897).

**£6 each or two for £10 (Mix or Match)**



The garden really comes alive now, with all the flowers that have been planted coming into their own, and the big job is to keep up with the deadheading.

'Tis some important if you want the **Bedding Plants** to put on a fitty show. You've taken the time and trouble to raise them from seed and get them planted out, so spend some time taking away the dead flowers when they have finished, before they set seed.

Another seasonal extract from **John Kift's Gardening Year Book** for July, full of wit & wisdom and his usual fascinating and amusing west-country dialect.



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## CALENDAR OF VILLAGE EVENTS

### JUNE

Tuesday 2 <sup>nd</sup>	5.30pm	Boat Watch June Flotilla	from Golant Quay
Friday 5 <sup>th</sup>	from 11.30am	'The BIG DO' celebrating communities <i>See page 11 (booking required)</i>	Village Hall
Sunday 7 <sup>th</sup>	9.30am	Holy Communion	St Sampson's
Sunday 14 <sup>th</sup>	9.30am	Holy Communion	St Sampson's
Sunday 21 <sup>st</sup>	from 1pm	Midsummer Picnic on the Green <i>See page 11</i>	Village Green
Sunday 21 <sup>st</sup>	6.00pm	Evensong	St Sampson's
Tuesday 23 <sup>rd</sup>	7.00pm	Parish Council Meeting	Village Hall
Friday 26 <sup>th</sup>	7.30pm	CFylm night: My Cousin Rachael <i>(booking required)</i>	Village Hall
Sunday 28 <sup>th</sup>	9.30am	Morning Service	St Sampson's

### JULY

Friday 3 <sup>rd</sup>	10.30am	Coffee, tea, cake, books, chat	Village Hall
Saturday 4 <sup>th</sup>		Burger Day	Fisherman's Arms
Sunday 5 <sup>th</sup>	9.30am	Holy Communion	St Sampson's
Sunday 5 <sup>th</sup>	7.00pm	St Mewan Sinfonia Concert <i>(Cornwall's leading string ensemble) Tickets £10, available at the door</i> <i>See page 5</i>	St Sampson's
Sunday 12 <sup>th</sup>	9.30am	Holy Communion	St Sampson's
Sunday 12 <sup>th</sup>	12pm – 4.00pm	Grand Village Fete	Village Green
Sunday 19 <sup>th</sup>	4.00pm	Sea Sunday service <i>Choir, handbells, readings, hymns</i>	Fisherman's Arms
Saturday 25 <sup>th</sup>	2.00pm	Produce and Craft Show	Village Hall
Sunday 26 <sup>th</sup>	9.30am	St Sampson's Day service	St Sampson's
Tuesday 28 <sup>th</sup>	7.00pm	Parish Council Meeting	Village Hall
<b>Wednesday 29<sup>th</sup></b>	<b>Copy Date</b>	<b><i>The Golant Pill</i></b>	<b><a href="mailto:thegolantpill@gmail.com">thegolantpill@gmail.com</a></b>
Friday 31 <sup>st</sup>	7.30pm	CFylm night: tbc <i>(booking required)</i>	Village Hall

### AUGUST

Sunday 2 <sup>nd</sup>	9.30am	Holy Communion	St Sampson's
Friday 7 <sup>th</sup>	10.30am	Coffee, tea, cake, books, chat	Village Hall
Saturday 8 <sup>th</sup>	2.00pm	Golant Sports and Carnival	Village Green
Sunday 9 <sup>th</sup>	2.00pm start	Golant Annual Doubles Table Tennis Tournament <i>(See page 11 for full details)</i>	Village Green
Saturday 15 <sup>th</sup>	tbc	Madness in The Pill	Foreshore

*If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the Copy Date shown on this page of the newsletter, and we will try to include it.*