



Glorious Golant does it again...



Our wonderful charity fête, which raised a lot of money, included kayak experiences in the pill.



St Sampson's Sea Sunday service, held in the marquee at *The Fisherman's Arms*



The very well supported Produce & Craft Show, with many entries this year

FROM THE EDITOR

Tempus Fugit- "Time Flies"- and it most certainly does! In our last issue, I wrote about Memories, including ours, and I had some lovely responses to this piece, which has triggered this editorial, once more on a personal level.

When we moved to Golant in 1997, our eldest granddaughter Naomi was just 2¾ years old. Her sister Rosie was born two years later, and was always a very creative writer. I make no apologies, as we are once again approaching Carnival time, for placing her lovely poem, written for the children's '**Sandbanks**' page in the October/November issue in 2008, in the opposite column. Our other grandchildren (in the photo) when young also made many great contributions to this page, with short stories, poems, cartoons and reflections. (*More about the origin of '**Sandbanks**' below!*)

Time has indeed flown, and Rosie, having achieved a Master's degree in Journalism, is now living in London, and recently started working for CITY AM, a leading newspaper in the capital, which delivers the latest business and finance news. She was thrilled to have one of her articles (about hedge funds!) placed on the front page, to much acclaim, and we are indeed very proud grandparents!

Rosie calls me her 'Journalist Granny', albeit I have a VERY minor role as editor of our small village newsletter; mind you, I was awarded a Golant Golden Gnome award for 'Best Journalism' with the *Pill* two years ago!!

As Editor, I would really love to hear from any of today's village youngsters (or related grandchildren!) with any written offerings. Their voices, especially reflecting their views and feelings about Golant, are just as important and interesting as those of our adult contributors, and it is some years since we have had such input from youngsters. So parents – do please encourage them!

Many exciting village events will be happening over the summer, including the Carnival, so there will be plenty to write about. Let's hope it's not as wet as the one Rosie described in 2008!

Meanwhile, there is much happening in the next two months in our lovely village; plenty of information within this issue!

Gillie Harris (Editor)

Carnival Memories

What a Day for a Carnival

Torrential rain,
Running make-up.
Dampening costumes,
Sheltered photographers.
A sea of umbrellas
over damp clumps
of scattered people.
Misty grey sky,
Clouds up above
holding hands continuously,
Spitting hard,
Drenched judges.
Everyone dashes to the
sheltered pub.

What a day for a Carnival!

Rosie Harris-Davison (aged 9)

2008



Rosie, in pink, a year earlier, with her sister and cousins, winners of the Child Groups!

An extract from a young Golantian's letter of application to the Editor in 2007

Dear Sir or Madam
3.6.07
I heard about your idea to have a childrens corner of the Golant Pill magazine. I think it is a fab idea, and I was actually going to ask about having a kids column ages ago but I never did!! I think I have a great deal to contribute to the new column as I am very enthusiastic about this matter.

This is the beginning of a refreshingly special long handwritten letter received by the Editor 19 years ago; much nicer than an impersonal email, so it has been faithfully saved. It was from one young Alice Hunter, then aged just 10, who hoped she could be our "No. 1 Wildlife & Gossip Reporter"! It was her very own idea to call the ensuing delightful children's page '**Sandbanks**', and she came up and worked with me for just over 2 years, with great enthusiasm and flair, as Sub Editor, completing 13 issues and cajoling many other youngsters to contribute pieces for her page.

And now, 19 years later, Alice is a doctor, married to a fellow doctor, and has just given birth to her first baby!

Tempus Fugit "Time Flies"!!

GH



We have two exciting events lined up for you during October, in the Village Hall, so make a note in your diaries!

Golant Apple Day: Saturday 3rd October , 10am 'til 4pm

This year's Apple Day will take a slightly different format from last year, with some fascinating activities planned, along side apple tasting of varieties from the Sanctuary orchard, a chance to sample different apple preserves and chat about methods and recipes, and of course the usual tasty refreshments.

Ever wondered how the cider was produced at the renowned Tanhay Cider Press? There will be a presentation of some old cine footage made by Doc Skerrett, showing the cider press in action and featuring some very notable characters from both yesteryear and present day, with some highly amusing, anecdotal stories from Mary (Bredin) Peters (and a fellow press user, if we can persuade him!)



Have a question about your fruit trees? Later in the morning we will hold an Orchard Question Time where you can ask a panel of experts for fruit tree related advice.

Make an orchard (or garden) guardian, in the form of a clay headed doll on a stick, which can be either pushed into the ground or hung from a tree to 'protect' your outdoor space through the winter months. We are extremely fortunate to have ceramicist Caitlin Clarke living in the village, who is happy to share her skills to lead an afternoon workshop. This will require pre-booking, so keep an eye out for publicity, either by Maurie Mail or the Golant Pill, during September.

Also during the day there will be opportunities to have a go at pressing your own delicious juice.

'Golant and its Farms' Exhibition: Saturday 24th, Sunday 25th October, 10am 'til 4pm

The long history of the life and times of our parish farms, by Sue Reardon

This exhibition completes the project Sue started some years ago with investigating the history of the houses and families in Golant. All of today's local farms have existed for hundreds of years, each with their unique stories to tell. A surprising number of farms have been unearthed of which there is no trace nowadays. Do come along and share your knowledge and memories.

If you have any parish farm related photos we would be delighted to see them and possibly include them in the exhibition. Contact sue.reardon2@btinternet.com

Penny Parsons, GHG Chairman

NEWS FROM ST SAMPSON'S CHURCH

The church has been refreshingly cool during the various heat-waves, but it has also been busy! The excellent *St Me-wan Sinfonia* gave a concert on the evening of Sunday 5th July, and this is reported on page 9. Our thanks to all those who helped prepare the church and then return it to normal, and to Mary for selling the tickets at the door, and to David and Sheila for serving the drinks. Special thanks to Robin, who virtually single-handedly brought up the extra chairs from the church shed, and then returned them.

Sea Sunday was again held in glorious weather at *The Fisherman's Arms*, and a goodly number came along - including the Bishop of St German's, the Right Reverend James Treasure, who gave the final blessing. The readings were very varied, and our talented villagers performed with distinction. The handbells accompanied the hymns, and played some solo pieces, and this time we had two groups ringing, which was very pleasing. The two choir items - also completely different in tone - were excellent: the sea shanty *The Mermaid* and Thomas Campion's *Never Weather-beaten Sail*. Many of you came along - thank you; and thanks also to Nick and his team for allowing us to hold the service at *The Fisherman's Arms*.



St Sampson's Day followed hard on the heels of Sea Sunday, and again there was music aplenty, with a reprise of *Never Weather-beaten Sail* and some rousing hymns with which to celebrate our Patron Saint. The big bells rang at the start of the service, and the handbells closed proceedings with two suitably saintly tunes!

Many thanks to our organist and choir director, Sheila, and to all the loyal members of the church choir. A well-earned rest beckons for singers and ringers. Nevertheless, at the end of August we will be celebrating the marriage of Chris and Carolyn, so there will still be some singing and ringing practice required!

Church services continue the usual pattern in August, and, as always, everyone is most welcome.

Simon Funnell

Vicar's Ponderings!

In my front garden we have a beautiful and exotic looking plant which goes by the equally exotic name *Allistemon Citrinus* 'Splendens'. For about two weeks or so it has indeed been splendid with deep green foliage and flowering with a stunning red colour. The RHS website describes it as "a lax medium-sized evergreen shrub with slender arching branches clothed with narrow, rather stiff leaves, and bearing bright crimson bottlebrush-like flower spikes". I suppose if I was a little more refined I might also have used the term bottle brush but I have always referred to it as the toilet brush plant. I assume I am not alone in doing so as when I put that into the search engine, other than Amazon making a bid to supply toilet brushes for my bathroom, all the other websites offered were for the plant as described above.

So what is in a name? Some names are clearly a descriptor of what is in front of you. Red Robin is an evergreen plant which produces wonderful red leaves for the new growth each year before turning to green. Many orchids fall into this category too - for example, look up the Monkey Orchid, White Egret Orchid, Flying Duck Orchid and you will find beautiful flowers looking just as you would expect from the name.

Sometimes we give people names with meaning, and sometimes it even appears that you can direct the way things will turn out. My eldest son is named Crispin. Crispin is from the Latin meaning curly haired. I think if we had realised just how curly his hair was going to be we might have decided to give him a different name. However, he has solved the problem of his very tight curls by having a very short haircut!

When we read the bible we find many different names for God. They are names that try and help us understand the character of God. God who is Father, Son and Holy Spirit. You may be familiar with some of the names such as Immanuel (God with us), Jesus (the Lord saves), the Alpha and the Omega (the beginning and the end). But there are others, particularly found in the Old Testament that you might be less familiar with: Elohim (the Creator), El Roi (the God who sees), Jehovah Jirah (The Lord our provider) and there are many more. There is no single name that fully describes the character of God, but perhaps the one that he gave to Moses when he asked who was speaking in the wilderness from the burning bush is helpful: I am who I am. I am. God with us. Present and eternal. That is a name worth knowing.

With every blessing,
Shona

Revd Shona Hoad
07476 900623 shona@tandgchurches.uk
www.tywardreathandgolantchurches.uk

CHURCH CONTACT INFORMATION

Priest in Charge

The Revd Shona Hoad (07476 900623)

Churchwardens

Greg White (01726 832315)
Chris Taylor (07955 714130)

The Golant Pill Committee

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The committee meets regularly under the terms of the constitution, which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

Advertising Rates

There are three sizes of advertisement available to you in either vertical or horizontal form.

Please note: The size may vary to fit the space available, but will be the same square area as far as possible.

A 65mm x 60mm
@ £40 for six issues

A+B 130mm x 60mm
@ £80 for six issues

A+B+C 195mm x 60mm
@ £120 for six issues

Additional £15 for colour for all sizes.

Preferably, Artwork/Copy should be emailed to
thegolantpill@gmail.com

An invoice will then be sent to you.

Our Advertisers

We are indebted to our loyal advertisers, old and new, who help to keep *The Golant Pill* afloat.

Do please use them, and
mention us when making contact.

THE NEXT COPY DATE

Please note that the **Copy Date**
for the
October/November
issue is

Wednesday 23rd September

Articles, letters & news can be
sent by email to:

thegolantpill@gmail.com

Licensee *Nick Budd* warmly welcomes you to:

From an original drawing by Karen Wells-West



The Fisherman's Arms

Tel: 01726 832453

The Fisherman's Arms, Golant

A charming character Inn dating back to 1826 with spacious outside terraces boasting stunning views over the River Fowey.

Choice of Traditional Cask Ales, Hot and Cold Meals and Snacks served daily.

Sunday Lunches served from 12 – 3pm.

All produce locally sourced.

Book early to avoid disappointment

Some Cornish Sayings

- *Like Jan Lobb's eyes, hanging in lerrups [rags]
- *Wear pink to make the boys wink
- *Like a bundle of straw tied in the middle [fat person]
- *She edn' bigger than three-happorth of pence
- *Happy on me awn dung-heap [contented person]
- *Aw gate knaw nothing gwain nowhere [stupid person]
- *Like Tregony band, three scats behind
- *Face like a brandy bottle [red]

*Taken from 'Jan Bedella's Fiddle and other Cornish sayings'
by Kathleen Hawke, published by Tor Mark Press-Redruth*

01726 812642

Johns Hair Studio

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Tara

Qualified hair stylist

Tuesday - Saturday

*Late appointments on
request*



Golant Gleanings

Backalong Newspaper Articles

An historic extract, 70 years ago, from the
Western Briton & Cornwall Advertiser, 30th August, 1956

'CORNISH MEN AND MATTERS'

TRADERS AND PRIVATEERS

In the 13th century watchers on the Hall Walk would have been on the look-out for Italian ships sailing into the harbour between Fowey and Polruan. Pilots would be on the water. They would be needed to take the foreigners up the river to Lostwithiel, where they would take in a cargo of tin ingots.

In the 14th century they would be on the watch for the homecoming of boats belonging to the family of Mixtow. Three or four generations of this family probably descended from one Michael, who gave his name to the pyll, or creek, of Mixtow, were doughty sea warriors – later generations would call them pirates – and their exploits furnished much matter for the Duchy courts.

The men of Golant were also sea-raiders and every house in the valley of the Fowey river would be virtual-lers for the pirates. There would be an eager watch kept for their return.

Well, let's hope that none of us Golantians today are up to such dodgy piracy practices! It's all part of our heritage! Ed.

ROAD NAMES IN GOLANT

Gum's Lane

It could have got its name from an Ann Gum who married into the Sparnall family. The Sparnalls owned most of the land along the lane. Alternatively, it could have got its name from two fields at the end of the lane called Inner and Outer Gum.

An extract from 'The Parish of St Sampson', by John Fenwick

Pill Paparazzi in this issue

RA	Robin Anderson
EH	Eve Hall
GP	Gill Paull
SR	Sue Reardon
MS	Mary Shelley
KW-W	Karen Wells-West

Land wanted to rent for two ponies...

. Grazing field for two ponies.

. Space to possibly add a non permanent field shelter that can be easily moved if needed.

. Only in Golant please.

We are very responsible and will keep the land tidy.

Please Contact: alipearse74@gmail.com if you have or know of anything suitable.

Henry's Birthday

On Friday the 3rd of July, we had the great pleasure to celebrate Henry's 18th at the *Fisherman's Arms*, and what an event it turned out to be! The weather was perfect and the turnout superb, with many friendly faces from the village, *Lankelly Fowey Rugby Club*, and *Lankelly Shout*.

The food and beer provided by the pub was excellent and Chris and Anne did not stop on the BBQ. There was an impromptu sing-song, and lots of laughter throughout the evening. As a family, we would just like to extend our thanks to everyone who came, contributed and simply enjoyed the evening, your generosity was humbling.

To Henry I would like to say that you are now a man, my son and we are exceptionally proud of you, and I think it might be your round...

Chris Taylor

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Pasture fed beef



You are welcome to visit the farm. Please call us.

Please visit our freezers by the farmhouse - room to the right of our back door. **Or phone ahead for help.**
Prices are posted and pay through the honesty box.

On the right as you go down to Golant

Leyonne Farm Produce

We are offering our home-grown produce from the farm, which is processed locally - the lowest carbon footprint you'll find!

**Beef, Pork, Sausages, Burgers,
Bacon, Ham and Eggs**

Boxes of fresh meat available—please call

Tel. Bridget on **07854 735205** or Martin on **07877 798180**

All the Fun of the Fête

On a sunny day in July, the village green was alive with bright bunting, games galore, brilliant bubbles and a bloke in a bright red coat (*guess who – see the photo below a name!*)

The charity fête was in aid of *Cornwall Air Ambulance* and the *Fowey RNLI*. We were also able to invite the *Noah Jordan Foundation* to run a stall on their behalf, to raise funds and awareness of Paediatric Mitochondrial disease, which can be fatal.

A huge number of activities and games were on display, manned by a band of willing volunteers from the village. Our thanks go to them, as without them, there would be no fête. Some of the games included a Cornhole tournament (Cornhole board borrowed from *The Par Inn*), and a two hole crazy golf course. The Human Fruit Machine and a selection of other games and events kept people occupied. Alongside these games was facepainting (borrowed from GRADS) and a fantastic display of bubble prowess from Rainbow Gecko Bubble Magic. Later in the afternoon (when the tide allowed), *Encounter Cornwall* took people on Kayak experiences in the pill to bring our wonderful riverside location into the very heart of the activities. Clair did an amazing job on the water despite having lost her voice!

It wasn't just games; there was food as well, with a marvellous BBQ keeping people fed (with thanks to James Kittow Butchers for the amazing discount they provided), and a cornucopia of cakes and bakes donated by the talented bakers of this village; a huge thank you to those who made the delicious sweet treats.

There was laughter from people young and old, and the hotly contested Cornhole tournament was won by our very own Chris Taylor, who was also a Birthday boy on the day; David Bonsall came in at a close second. Then the Barrow of Booze (Golant's favourite raffle prize) was scooped up by village newcomers Jonah & Serena.

All in all a great time was had by all, and a whopping £2,500 was raised for Charity. That means that *Cornwall Air Ambulance* and *Fowey RNLI* will each receive £1,250 and the *Noah Jordan Foundation* raised a not inconsiderable £40 from their game.

We want to say a huge thank you to all the businesses, people and organisations that donated prizes and products, sponsored stalls and/or gave up their time in setting up, running, clearing up and helping with the fête (especially those whose gazebos collapsed on them in the strengthening winds that came through. We'd love to name each and every one of you, but this could fill half the *Pill* alone.

We finally want to thank all those who attended. Just as important as those who volunteer help, are those who come and spend their money to raise the amount given to charity. We love seeing these events in the village, and hope they will continue for years to come. This event really shows what a wonderful community Golant is, and how lucky we are to live here.

Nick Budd



All photos by Robin Anderson



Boatwatch Flotillas

An excellent turnout for our first Flotilla of 2026 on 9th June. Around 50-60 happy boaters came out on a rather grey evening, not having been put off by the earlier rain. Our run down to Fowey was rather curtailed by a cruise liner movement in the harbour, so we needed to turn before the ferry. We then came back up to Pen Pol to form a very large raft in the pool below St Cadyx. Unfortunately, the wind started to get up and this, combined with the tide started to take control of the raft. As a result, we had to break off a little earlier than planned. We are looking at ways of providing heavier anchoring arrangements for future flotillas.



The second Flotilla of the year will be on Tuesday 11th August. Tide times mean that this will be an Afternoon Tea event between 1530 hrs and 19.00. We hope for a sunny place to raft up for Tea, and maybe for some swimming.

Boatwatch members will have had details of the event e-mailed to them. All are welcome. If you wish to, please join in with this event - seats in the fleet will be available by prior request for those who do not have their own boats. Robin Anderson will be managing the flotilla register. Please contact him at: andersonrobertleslie@hotmail.com or call/text to mobile, 07968 063 524

Golant Quay and Pill CCTV Coverage

We have added two further CCTV cameras to improve coverage in two locations where we felt improved coverage was required. We have a camera to give better coverage of the frapes and frape walkway, and one covering the north end of the road section of the Pill.

Continued in opposite column

Fowey Lifeboat Naming Ceremony

The new Fowey B Class Lifeboat was officially handed over and named Spirit of Daisy at a ceremony in on Fowey Town Quay on 25 July. Daisy was the mother of Alan Jackson who, together with his wife Annette, donated the funds for the purchase of this lifeboat. Daisy had been a strong supporter of the RNLI; her support being instigated by her concern for Alan when he started dinghy sailing out of Beer in Devon.

The ceremony included a Service of Dedication led by Revd. Shona Hoad, with *Lostwithiel Town Band* providing music and support for the hymn singing. After the ceremony, the crew gave a demonstration of the manoeuvrability and acceleration of the new boat in the area off Town Quay.

Water Safety

The boat has been very busy recently with frequent calls to rescue people from kayaks, paddleboards and those cut off by the tide. The increased availability of items such as supermarket paddleboards has encouraged people to go on the water without any instruction. It is worth advising anyone you know who has bought water sports equipment to have at least one lesson, to carry a means of communicating in a waterproof pouch, and to become familiar with RNLI Water Safety advice.

David Bonsall, Chairman, Golant Boatwatch

Golant Quay Users Association

We had a very successful Pill clean-up session with a great turnout of volunteers who enjoyed the bacon butties incentive at the *Fisherman's Arms*, and thank you to Nick, Anne and Chris for making them.

Loads of accumulated rubbish and numerous builders' sacks of cuttings were burned. Many thanks to the volunteers, especially those who provided their own machinery to help clean-up the Pill and Quay and keep it as tidy as possible.

Membership renewals were sent out at the end of June for payment by the end of July, so if you haven't got yours then please let us know. If you have not made your payment by the end of July there will be a £25 late payment levy.

Ian Barker & Peter Edwards

If anyone spots a problem on the river, please contact one of the following:

Harbourmaster's Office 01726 832471
(out of office hours transferred to Duty Officer)

David Bonsall (Boatwatch) 01726 834458

The Big Do Lunch

The Big Do event is a nationwide community event which took place between 5th & 8th June. It combines the Big Lunch (celebrating neighbours and food) and the Big Help Out (volunteering for local charities).

As you can see from the photograph, the event was well attended, and the Village Hall thank everyone for their donations to help in keeping our lovely venue open and in such fine condition. We could not do this without your kindness.

Fayre Hardy



Review: St Mewan Sinfonia

There were two very good reasons to take a pew in St Sampson's Church on Sunday 5th July: the church is a cool space on a sultry evening and the St Mewan Sinfonia who have been making music in Cornwall for over 50 years. By 7pm the pews were full, the glasses charged and the conversation hushed when Nick Beach, St Mewan's Musical Director, rose to welcome us to what was to become a most marvellous festival of string ensemble music.

We began in the Baroque with Rameau's 'Overture to Dardana'. The opera, a loose story featuring Dardanus and his parents, Zeus and Electra, premiered in Paris in 1789 when opera was spectacular entertainment with singing, dancing and occasional audience participation. The overture is a lively piece and was played with great energy; we were off to a sparkling start.

We moved on 100 years or so to Hubert Parry, who wrote the Suite in F for Strings for Lady Radnor, leader of an all-female string orchestra, who gave the first performance June 29, 1894. Comparable to an earlier Baroque era dance suite, the penultimate section, 'Slow Minuet', was played quietly and movingly, in contrast with the flourish of the final 'Gigue'.

The final piece of the first half took us firmly into the 20th century which, Nick informed us, was a rich period for string music. His choice of John Ireland's 'Concertino Pastorale', was a fitting example. The first movement was played with great feeling and we were feeling quite exhausted when the piece finished with the 'Toccata'. The interval offered refreshments and time for recovery.

Suitably fortified, we re-settled in our seats for a single piece: Richard Strauss 'Metamorphosen'. Written in the final year of the second world war, by which time Strauss was forced to confront the extent of its devastation, Strauss wrote- *"The most terrible period of human history is at an end, the twelve-year reign of bestiality, ignorance, and anti-culture under the greatest criminals, during which Germany's 2000 years of cultural evolution met its doom."* Conceived and written during the blackest days of World War II, 'Metamorphosen' expresses Strauss's mourning of, among other things, the destruction of German culture - including the bombing of every great opera house in the nation.

'Metamorphosen' is gut-wrenchingly tragic, yet offering optimism. Scored for solo violins, cellos and double bass (James Scourse skilfully playing for 3 double bass), it takes great skill and confidence to evoke such contrasts and blend solo performances into a symphonic whole. St Mewan Sinfonia were outstanding, giving a bravura performance, much appreciated and enjoyed.

The Musical Director delighted us with his varied choice of music; there was something to suit all tastes, and how seemingly effortlessly he created a wonderful symphony of music. The musicians, led by Martin White, showed great skill and confidence as they rose to the challenges of each piece. It is to be hoped that they enjoyed it as much as we did. Bravo!

Anne Bonsall

Golant Carnival

Saturday 8th August

**Children's sports,
Teas and Tug-o-War from
2pm on the Village Green**

**Fancy Dress Competition and
St Austell Town Band**
*Assemble 5.45 pm
Judging 6.00pm*

*Carnival procession and Flora Dance
moves off at 6.20pm*

**Live music from
The Lost in Space
& BBQ at
The Fisherman's Arms**

Village Hall Activities

Firstly, the usual thanks to all who volunteer to help in the kitchen, move tables and chairs, wash table cloths and generally put up with me!

We have had a great start to the summer with all the events we have put on; thank you to everyone who has attended and again, thank you to our team for their attention to every detail when we arrange them.

Usual items, tables and chairs can be hired if anyone has any family parties organised, the hall can also be hired by parishioners at the huge price of TWO, YES TWO! Pounds. (*See full price list opposite*)

I hope you all have a wonderful summer, and don't forget soup will be back on when everything is back to normal.

Fayre Hardy
Village Hall Treasurer and Trustee

CFylm Club

After a couple of teething problems, which included a greasy thumbprint on last month's film, we now check that the DVDs are delivered clean before showing.

Imogen, who was a member of CFylm based in Redruth, has left, and the search for a replacement has begun. Currently, we can only book films that are in the CFylm library until the new person is in the post.

All members' requests for films are followed up, and if the film hasn't been shown recently, will be booked if available from CFylm to comply with licensing.

Carn to Cove— is celebrating bringing live performance to rural communities for 25 years.

On Friday 16th October, *Hour before Nightfall* is a theatre production written and produced by Shane Scott. The play is fast moving and entertaining, and is based on the true story of Reverend Frederick Densham, who lived in the village of Warleggan from 1931 until his death in 1953. Shortly after his arrival, he closed the Sunday School, surrounded the church with barbed wire and had a pack of dogs to keep parishioners out. Part biography, part ghost story, part journey of discovery, the play is driven by an evolving relationship between its two contrasting characters— the mysterious Reverend Densham and a young American journalist for Life Magazine on her first European assignment.

Carol Gabb

Golant Village Hall Price List **(Charity Number 213607)**

Extra donations are always welcome!

1st Friday in the month, from 10am - Tea, coffee, cake, with books, DVDs & jigsaws to select - £2.

2nd Wednesday in the month - Jan, Feb, Mar & Oct, Nov, Dec - La Soupe Populaire, accompanied by refreshments - £3.

Last Friday in the month, CFylm Night - Membership fee (set by film supplier) is detailed in Carol's entry.

Hire of Hall Tariff (unchanged from last year):-

Commercial Rate - fee paying is £27 per session;
Subsidised Parishioner's Rate - for private events for parishioners £12;
Subsidised Concessionary Rate - £2;
Hire of trestle tables £10 each. Chairs, tumblers & wine glasses £poa.

Queries- contact martynhardy501@btinternet.com

2026 Golant Sports and Carnival – **Now 8th August**

This year's Sports and Carnival will start at the normal time of 2.00pm on the Village Green with children's race categories from the under 5s to the 12-14 age groups.

This year, both village children and grandchildren of villagers will be eligible for points towards the overall best performances and cup prizes.

Teas with the wonderful village bakers' cakes as well as cream teas will be available during the afternoon. Anne-Marie (07535 454659) would really appreciate both volunteers as well as homemade cakes.

Carnival will start with the *St Austell Town Band* playing from 5.30pm on the Green and we would ask that Carnival contestants assemble from 5.45pm onwards to help speed up the judging and allow the procession to start at 6.20pm. The Band will lead the procession round the village followed by prize giving, the raffle and then the Flora Dance.

The Fisherman's Arms will provide the evening entertainment with live music by *Last-in-Space* and a BBQ.

We look forward to the support of the Village, so please make every effort to participate, and we hope for a fantastic turn out for the children's sports and the evening carnival.

Sue and Mark

Coming to a Hall near you...!!

SAVE THE DAY

WARM UP YOUR BATS

CHOOSE YOUR PARTNER

GOLANT ANNUAL DOUBLES TABLE TENNIS TOURNAMENT

SUNDAY 9th AUGUST (the day after the Carnival)

2pm START IN THE MARQUEE ON THE VILLAGE GREEN

FINALS 6pm (ish) IN THE FISHERMAN'S ARMS

OPEN TO ALL



Eyes Down!

**Saturday 19th
September**

at the Village Hall

Doors Open 7:00 for 7:30pm start

Admission £5 per person,
includes 5 game cards

(additional cards available at £1 each)

**Space limited! avoid disappointment
book NOW via email**
martynhardy501@btinternet.com

All proceeds go to Golant Village Hall,
Registered Charity number: 213607



GOLANT VILLAGE HALL
supports

It's time for a Macmillan Coffee Morning and you're all invited!

Let's do whatever it takes to
support people living with cancer



**Friday
25th September
at
10:30am**

**MACMILLAN
CANCER SUPPORT**



Macmillan Cancer Support, registered charity in England and Wales (203907), Scotland (SC039907) and the Isle of Man (5016), also operating in Northern Ireland. MACC9903_mccahallposter

SAVE THE DATE!

"Coming to a Village Hall near you"

'The Hour Before Nightfall' - Friday 16th October
(a Carn 2 Cove production)

Christmas Wreath Workshop - Thurs 3rd December

Meet 'n' Greet - Sun 6th December

Christmas Mini Market - Sat 12th December

look out for more details



Last year's Christmas Wreath Workshop

GOLANT PRODUCE AND CRAFT SHOW

On Saturday 25th July the Village Hall hosted Golant's 17th Annual Produce and Craft Show.

There were 261 entries this year, despite the unprecedented growing conditions this year. It was amazing to find 51 people entered one or more of the 60 classes available, and particularly pleasing to see so many new people. The Friday evening staging continues to be popular and resulted in a lovely, relaxed atmosphere.

This year the Show was once again fortunate to have some excellent judges from outside of the Village- Matthew Chard (Par Garden Centre) – Vegetables & Fruit, Amanda Cox – Floral Art, Cookery, Preserves & Drinks (Upton Cross) and Hayley Toms – Art, Craft and Children's classes (LilyBoo, Lostwithiel), and then of course Kirsty Angwin doing her thing judging the Flower classes leaving Jeremy Lloyd-Evans to do his usual outstanding job judging the Limericks. We thank them all.

After a brief lunch break, the doors were opened to the 'public' at 2 o'clock, and after a slow start Cris Dodridge and Anne Bonsall once again did a fantastic job looking after the refreshments.

As Chair of the Show committee, I had the honour of presenting the awards to the winners:

The Best New Entrant award was awarded to Liz Barclay who was finally persuaded to have a go this year. Hopefully we'll see Liz again next year.

The Best Children's Exhibit (or should it be Grandchildren's exhibit), was won by Mei Harvie with her entry in "*Make a picture of a Mermaid.*"

Once again the Limerick class was highly contested, and this year was won by Kay Edwards with her excellent entry....

"...as imagined by GQUA
There's a boat tied up in the Pill
Whose owner did not have the skill
To tie up his boat,
Or to keep it afloat,
So we fixed it, and sent him the bill."

This year, The Best Arts and Craft Exhibit was awarded to Bettina Addington-Smith for her outstanding needle felt entry in the "Any other Craft" class, which went on to win the well-deserved "Best in Show".

The Best Cookery Exhibit was awarded to Sophie Hearnden for Sloe Gin entered in the "*Home Flavoured Spirit*" class.

The Best Floral Art Trophy, was awarded to Estelle van den Broeke for her entry constructed around a hanging bird feeder in the "*Floral Arrangement in an Unusual Container*" class.

The Best Flower Exhibit was won by Fiona Stevenson with her Sweet Pea entry. Debbie Wakefield won membership to the Cornwall Dahlia Society for her entry in their sponsored class for "*3 Dahlia Stems*".

Appropriately, this year the 'John Kift Trophy' for the Best Vegetable Exhibit went to Neil Smith for his "*3 Onions*" along with the new Best Grower Award for the highest number of points across the Vegetable and Flower classes. Chris Taylor could be seen proudly sporting a large rosette at last won for his winning entry in "*Heaviest Marrow*".

The Award for the Highest number of points across all the classes in the Show was awarded to Debbie Andrews.

Martyn Hardy ran the highly entertaining auction of unclaimed entries, ably supported by Fayre.

So thank you to everyone who helped make the day such a success once again; the rest of the committee –Kirsty Angwin, Sophie and Matt Hearnden and Jackie and Neil Smith, the Catering team – Crisy and Anne, the Auctioneers – Martyn & Fayre, and all the Judges. But most of all thank you to all who took the trouble to enter such a wide range of excellent exhibits, without which we wouldn't have a Show, and of course to everyone who came and enjoyed the afternoon with us.

Debby Marshall-Reeve – Chair, Golant Produce and Craft Show Committee



Nature Notes

“Autumn arrives in early morning, but Spring at the close of a winter day”, so wrote Elizabeth Bowen - a favourite quote that at one time I painted, in the style of William Morris, around the top of a room.....

And for me it happens around the middle of August - one morning I will almost smell the cooler air, see the light has changed, so subtly, and autumn will whisper its way into the day.

Walking up Downs Hill the other evening it seemed as if we were already in autumn - the trees and plants looked as still and as weary as me of the dry and heat - in the hedges and banks along the top of the ridge the ferns and wild plants had wilted - so much is looking thoroughly dead and crispy...

To be honest, I had no idea that I would be still writing about heatwaves and ultra dry conditions two months after the last Nature Notes - not even a welcome interlude of rain to keep the water butts flowing as in previous hot summers.

We frantically store rainwater in the winter - feeling pretty ridiculous emptying water butts into large tanks in November, but boy are we glad we did - we have over 7,000 litres of stored rainwater between all sorts of containers, and dipping ponds - but only about 500 litres left across the site, so we're now ordering even more tanks for this winter! This has all been carefully distributed with watering cans, so we keep our borehole water for the inside tasks.

And the mention of William Morris reminded me of his famous print 'The Strawberry Thief'..... a few weeks ago I watched a pair of cheeky Blackbirds (rather than Thrushes) collecting the wild strawberries that grow outside the kitchen - the photo isn't great, but one of them managed to cram several in its beak. (*Below*) How they have loved the summer. The blackcurrants were incredibly early this year, and I spent most of my time picking alongside them! They had managed to polish off the remains of the redcurrants and gooseberries with alarming efficiency, and I managed to pick about 3 Jostaberries! Still, that part of the harvest is safely picked and preserved in various ways, and it wasn't quite as frantic as last year enormous haul. Whether plums, quinces and apples do well we will have to see - the plants are pretty full, but not able to plump up without water...

And if anyone fancies an intriguing few hours locally, check out Saints Way Wines - we pass it often on our walks, and have watched with fascination the development of a vineyard and orchards - a much larger scale than anything we could do, but we discovered a fellow fruit mad and passionate enthusiast in Graham, the owner! They have a small cafe and do wine tastings and vineyard tours - the tastings have an interesting twist - that's all I'm going to say!

The positive side of the warm weather has been the huge butterfly and moth population, along with bumblebees of all shapes and sizes. Our buddleia hedge is a wonderful guest entertainer - full of life, and walking along the paths creates clouds of butterflies - a beautiful sight to see. I have a lavender plant that 'hums' all by itself, being so full of bumblebees, (*below*) along with hummingbird hawk moths and butterflies. It's very tricky to get a decent picture as they are always moving!

In the meantime, although dancing is not a skill of mine, if anyone has any versions of a rain dance, let me know - I'm desperate enough to give it a go!

Karen Wells-West



ST SAMPSON'S PARISH COUNCIL

Encroachment

With brambles and shrubs etc seemingly enjoying the hot, dry weather encroachment of vegetation onto our highways and footpaths, is once again becoming an issue.

It is the responsibility of the owner or occupier of any land or property to ensure that the boundary vegetation (tree, hedge or other vegetation) growing on their land does not impede passage along the highway, including carriageways, bridlepaths, footpaths, pavements and verges.

(The County Council is responsible only for trees and hedges on land that has been officially adopted or purchased for highway improvements.)

To that end, the Council's policy is:

To promote responsible behaviour by householders and landowners.

To promote awareness of the issue through publicity e.g., the bi-monthly Pill Magazine and the Parish website.

On receipt of a justified complaint (a complaint that is relevant to overgrowth affecting a public right of way), to write to the occupier drawing attention to these Guidelines and policy and requesting that action be taken within 14 days.

If remedial action is not forthcoming, to then refer the matter to the Highway Authority for further action (enforcement).

We would rather work with people directly, rather than refer to the Highway Authority, but without cooperation sometimes we have no choice to refer; thank you for your support.

Co-option – Your PC needs you!

The Parish Council still has a vacancy, and we would really like to fill it, so that we are up to the full complement of Councillors. It is an important role and can be highly rewarding, so please, get involved and help support your wonderful community.

Sue Blaxley

It is with a heavy heart that I am to report the retirement of Sue as Clerk of the Parish Council. Sue has served the Council for many years, and her good humour and diligent adherence to procedural guidelines has meant she has been an invaluable member of the PC. We will be making interim arrangements to cover her role as we consider our options. Many thanks once again Sue.

Carnival and Sports

Whilst not strictly a PC matter, I want to urge Parishioners to support this event on the 8th August. Whether it is marshalling, helping with the teas, entering the Carnival or simply taking part in the Flora Dance, it is one of the few events that can claim lineage back to at least the 1950s and most likely beyond (I have pictures of my mother as a child taking part). To show willing, the PC will be entering the Carnival (watch this space).

Finally, I would like to remind Parishioners that we will not be sitting in August, so it is beholden of me to wish you all an enjoyable August and remainder of the summer, and to thank Parishioners and Councillors alike for all they do in our wonderful community.

Chris Taylor
Chair – St. Sampson Parish Council



Summer has arrived, and how!

The hot sunshine is proving really good for insects and particularly butterflies. There are many of the common species like Meadow Brown, Speckled Wood, Peacocks and Red Admirals. Also, recently plenty of the Painted Ladies, some looking a bit tatty after their migration, but others bright and a newly emerged generation. With the addition of various browns, blues and commas it has been years since they have done so well.

On the other hand, we have had to cancel some rock pooling activities, as it's just too hot to keep small creatures in buckets and sorting trays. Do keep an eye on our Facebook and web site for more activities coming up over the holidays.

We have continued to survey and bash the invasive pacific oyster. In some places, perhaps helped by warmer water temperatures, there has been considerable recolonisation of previously cleared sites, 1265 just around Whitehouse Quay!

Two volunteers, Alex and Emmie, have come to help over the summer period. They are both midway through their degrees in marine biology and biology, and are looking for relevant field experience. They will be a great help to us.

There are some other new initiatives coming soon- we will let you know more details when we have them- for example, Water Wardens, a new community groups' water quality testing project.

Hope to see you over the summer.

Ian Loughton



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Cornish Dialect Names for Trees & Nuts

Pasty nut	Brazil nut
Peer	Pear
Popples	Poplars
Scaw, Skew	Elder
Victor nut	Hazel nut

Taken from 'A Cornish Hotchpotch' by Kathleen Hawke



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Finding *The Golant Pill* Online

If you prefer not to have a hard copy of our newsletter, or would like to catch up with previous PDF copies online, just go to our village website at: golant.net

Click on **Golant Pill**, where you will find copies going back to the April/May Issue for 2017.

A guide to SENIOR MOMENTS

You have to be **fifty-nine** to believe a man is at his **best** at **sixty**.

The old don't have to worry about **avoiding** temptation. When you're old **temptation** avoids you.

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A Cornish Maid's Recipe Corner

Stem Ginger Dairy Ice Cream



Here is a deliciously easy recipe shared recently from Gillie. I served it with rhubarb crumble and a glass of lemonade using Stones ginger wine. Stem ginger ice cream would also work well with sticky toffee pudding, fresh strawberries, rum baba's, or just on its own.

468ml/1pt fresh Double Cream
60ml/4tbsp fresh Milk
85g/3oz Icing Sugar, sifted
75g/3oz preserved Stem Ginger, finely chopped
30ml/2tbsp Ginger Syrup

1. Pour cream & milk into a well-chilled bowl and beat both together until softly stiff.
2. Stir in the icing sugar, stem ginger and ginger syrup.
3. Pour into a freezer container.
4. Freeze for 45 mins or until cream has frozen about 1cm/½ in around the sides.
5. Transfer to a chilled bowl, break up with a fork and stir gently until smooth.
6. Return to a clean container and freeze for 2 hours or until firm.

Notes:

Ice cream will freeze faster in a shallow container, and if the sides or the base are in contact with the freezer.

Do not whip the cream before adding to the other ingredients if you are freezing the mixture in an electrical ice cream maker.

When serving, allow the ice cream to soften slightly for 30-40 mins in the fridge. This makes it easier to scoop, and allows the flavours to develop.

Gill Paull



GP

Uncle John's Gardening Year & Auntie Paddy's Recipe Book

These *Golant Pill* publications are available in the Church, or from Mike & Gillie (833897).

£6 each or two for £10 (Mix or Match)



With **Loganberries** or cultivated **Blackberries**, be sure to tie in the new growth as it comes. Now, this applies to they **Blackberries** that are armed with teeth all along their stems, and are right blimmers to handle, because if they are left go they will grow tangled up in all of a hog stog. And to sort them out will lead to blood letting and bad language!

*Another seasonal extract from **John Kift's Gardening Year Book for August**, full of wit & wisdom and his usual fascinating and amusing west-country dialect.*



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CALENDAR OF VILLAGE EVENTS

AUGUST

Thursday 6 th	10.30am	*Yoga (<i>every Thursday</i>)	Village Hall
Friday 7 th	10.30am	Coffee, tea, cake, books, chat	Village Hall
Saturday 8 th	2.00pm/6.00pm	Golant Sports and Carnival	Village Green
Sunday 9 th	9.30am	Holy Communion	St Sampson's
Sunday 9 th	2.00pm	Golant Table Tennis Tournament	Village Green
	6.00pm	Table Tennis semis and final (£10 entry to include BBQ)	Fisherman's Arms
Tuesday 11 th	2.00pm	Golant Heritage Group meeting	Village Hall
Tuesday 11 th	3.30pm	Boatwatch Flotilla	from the quay
Tuesday 11 th	7.00pm	Reading Group	Village Hall
Saturday 15 th	6.00pm	Madness in the Pill	Foreshore/Fisherman's Arms
Sunday 16 th	6.00pm	Evensong	St Sampson's
Friday 21 st	7.30pm	CFylm club 'Summerland' <i>booking required</i>	Village Hall
Sunday 23 rd	9.30am	Service of the Word	St Sampson's
Friday 28 th – Monday 31 st		Beer Festival	Fisherman's Arms
Friday 28 th	6.00pm BBQ	8.30pm <i>The Smokey Mountain Boys</i> (Country & Bluegrass)	Fisherman's Arms
Saturday 29 th	6.00pm BBQ	8.30pm Band - <i>Off The Wall</i>	Fisherman's Arms
Sunday 30 th	12-3pm buffet	3.00pm Music from <i>Johnny Inder</i>	Fisherman's Arms
Monday 31 st	12-3pm buffet	3.00pm <i>Cornish Connection Barbershop Harmony</i>	Fisherman's Arms
Sunday 30 th	11.00am	Benefice Service	St Andrew's, Tywardreath
		<i>No service at St Sampson's</i>	

SEPTEMBER

Wednesday 2 nd	6.00pm	**Table Tennis restarts	Village Hall
Thursday 3 rd	10.30am	*Yoga (<i>every Thursday</i>)	Village Hall
Friday 4 th	10.30am	Coffee, tea, cake, books, chat	Village Hall
Sunday 6 th	9.30am	Holy Communion	St Sampson's
Monday 7 th	11.30am	*Yoga (<i>every Monday through September</i>)	Village Hall
Monday 7 th	6.30pm	***Line Dancing (<i>every Monday evening</i>)	Village Hall
Tuesday 8 th	2.00pm	Golant Heritage Group meeting	Village Hall
Tuesday 8 th	7.00pm	Reading Group	Village Hall
Sunday 13 th	9.30am	Holy Communion	St Sampson's
Wednesday 16 th	7.00pm	GRADS Pantomime Auditions	Village Hall
Saturday 19 th	7.30pm	BINGO (<i>booking required</i>)	Village Hall
Sunday 20 th	6.00pm	Evensong	St Sampson's
Tuesday 22 nd	7.00pm	Parish Council Meeting	Village Hall
Wednesday 23rd	Copy Date	<i>The Golant Pill</i>	thegolantpill@gmail.com
Friday 25 th	10.30am	Macmillan Coffee Morning	Village Hall
Friday 25 th	7.30pm	CFylm Club (<i>booking required</i>)	Village Hall
Sunday 27 th	9.30am	Service of the Word	St Sampson's

OCTOBER

Friday 2 nd	10.30am	Coffee, tea, cake, books, chat	Village Hall
Saturday 3 rd	10am - 4pm	GHG Golant Apple Day	Village Hall
Sunday 4 th	9.30am	Harvest Festival	St Sampson's

Regular activities in the Village Hall

*** Yoga**, every Thursday, 10.30 am throughout and every Monday 11.30am from Sept 7th

**** Table tennis**, every Wednesday, 6.00pm (5.30pm from Wednesday 16th)

***** Line dancing**, every Monday, 6.30pm from Sept 7th

*If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the Copy Date shown on this page of the newsletter, and we will try to include it.*