



Golant Sporting Superstars

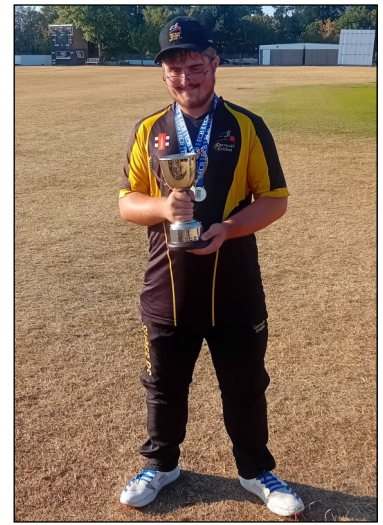


Ellie's Football

It's been another incredible year of football for 13-year-old Golant girl, Elowen (Ellie) Connibeer. Ellie currently plays for Plymouth Argyle Under-14s in the Junior Premier League (JPL), Cornwall's Emerging Talent Centre (ETC), East Cornwall Schools and St Dennis Under-15s, where she plays in the boys' league. Earlier this year, she was one of just 14 girls selected for Kernow Youth Select at an international tournament in Germany, again playing a year up. The girls were the only all-female team amongst 30 boys' teams and finished a fantastic 10th overall. Ellie was vice-captain, captained several matches and came home with the Managers' Player award. She also represented Plymouth Argyle in Belgium, while back with St Dennis the team won both their league and County Cup, with Ellie voted Players' Player and Supporters' Player. Her latest exciting news is that she has now been selected to trial for the Cornwall Under-16 girls' squad, despite still being only 13 – so we'll keep you posted on that one!

We also wanted to say a massive thank you to everyone in the village who has supported Ellie along the way. From the incredibly kind donations towards her football adventures to everyone who stops us to ask how she's getting on, wishes her luck or simply takes an interest, it genuinely means a lot. Ellie is incredibly grateful, and so are we. We feel very lucky to be part of such a lovely community that gets behind its youngsters and celebrates their adventures with them. Thank you, Golant!

Clair Connibeer



Henry's Cricket

Henry was selected to play cricket for Cornwall's disability Cricket team – the Super Nines.

A long summer of travelling to Dorset, Gloucester and Somerset, coupled with all the home fixtures, saw Cornwall unbeaten in the group stages and crowned regional champions of the Southwest. This mirrored what they had achieved last season, so all eyes were on the knockout stages of the national competition. A journey to Worcester for the semi-final saw Cornwall beat the Isle of Wight and thus a place in the final was earned to play mighty Middlesex at Kidderminster. Middlesex had won the National Cup for the last couple of seasons, so expectations were muted; however Cornwall set a competitive total over 30 overs, of a run a ball, and Middlesex were unable build a coherent reply leaving Cornwall as the National Champions of the competition.

This was a remarkable achievement for all involved, especially as Cornwall only raised its first team 3 years ago. Henry has gained so much from playing with this group of people, the standard of cricket is high, as were the expectations on each player, but Henry never flinched. We are exceptionally proud of him and his achievements. Not only was he becoming a National Champion, he was also taking wickets regularly for St. Austell and Foxhole in the local leagues, finishing with 27 wickets. Well done Henry, and here's to next season!

Chris Taylor

FROM THE EDITOR

Eclectic - An interesting word, meaning 'selecting ideas or beliefs from various sources'. It is derived from the 'Gk *eklegeo*, pick out', and it is certainly very relevant to our publication!

It is very pleasing to place two of our village youngsters (and cousins!) on the cover of this issue, describing their great sporting achievements.

Meanwhile, there are articles, with vibrant photos to complement the texts, covering the many summer events held in this very active village, including Sports Day and Carnival, (p.7), Madness in the Pill (p.12) and the Table Tennis Tournament (p.9). It was such a pleasure to just be able to cover our very special annual Macmillan Coffee Morning (on this page!).

There is also a wealth of information about the many events which will be coming over the next three months, including the Exhibition of 'Golant and its Farms', on 24th & 25th October, and I couldn't resist searching the *British Newspaper Archive* for Backalong farming anecdotes in this village. You can read two intriguing personal ones that I found (p.6).

Page 11 has now become a regular eye-catching page, with posters in this issue about forthcoming autumn & winter Village Hall events.

On a different note, one forthcoming event which is rearing its ugly head for me is that *Microsoft Publisher*, such a creative programme, and which I have used for so many years, not only for the *Golant Pill*, but also countless folders including all my personal ancestry stories, is to be no more in October... The ever-helpful Robin will be setting me up with an alternative, but it is still very frustrating. It has apparently been an extremely popular programme, so it is difficult to understand why they would stop it. Watch this space!

Gillie Harris (Editor)

Macmillan Coffee Morning

September seems to arrive earlier each year, and I start to panic - "will there be enough cakes, and even more importantly, will people turn up?"

I have lost count as to how many years we have been supporting this event in Golant.

Every year, Golantians do turn up, and of course there are plenty of cakes! This year was no exception, and we had probably one of the best attendances ever.

The chatter and the wafting smell of coffee was wonderful to experience in our amazing Village Hall.

We seemed to have to keep getting out more chairs, so friends and neighbours could sit down. There was so much talking that Martyn Hardy found it difficult to gain people's attention, which it must be said is extremely unusual!

In Cornwall, we can see the results of so many of these special coffee mornings which are held all over the country. We have the Macmillan Centre at *The Royal Cornwall Hospital*, otherwise known as 'The Cove'. It is situated next to 'The Mermaid Centre', and is a purpose-built building where cancer patients can find all sorts of support, ranging from counselling, physiotherapy and advice on benefits. There is also a library in the café, where one can find booklets on the many different types of cancer, and also the help that is available. The quiet café, as well as providing fabulous sandwiches, cakes, coffees and even ice cream, is an oasis from the crowded Sunrise Centre, where worried people wait to see their specialist cancer consultants.

This Golant event would not take place without the support team working in the background, and my thanks go to these special people. Also, thanks to the kind people who donated raffle prizes; of course, that money will boost the final total.

Lastly, I must thank the wonderful cake bakers. Their contributions, be they sweet or savoury, were impressive, as there was something to suit everyone's taste buds!

Thus, without all you fantastic Golantians supporting the morning either by baking or eating cake, the event would not be the success it definitely was.

Many, many thanks to everybody.

Jacky Fletcher





By the time this lands on your doormat or screen, we will have enjoyed our Golant Apple Day celebrations, but not in time to include anything in this issue, so you will have to wait until December for any reflections on the day. However, if you came along to any of the activities, we would love to hear your thoughts and any suggestions for Apple Day 2027!

**'Golant and its Farms' Exhibition: Saturday 24th, Sunday 25th October, 10am 'til 4pm
in Golant Village Hall**

The long history of the life and times of our parish farms, researched by Sue Reardon

This exhibition completes the project Sue started some years ago, investigating the history of the houses and families in Golant. All of today's local farms have existed for hundreds of years, each with their unique stories to tell. A surprising number of farms have been unearthed of which there is no trace nowadays. If you have any memories of farming activities in the parish, or anecdotes to share, we would love to capture them by offering the opportunity to make written notes or maybe a brief recording.

PLUS:

Sue Strachan's loyal band of embroiderers have been enthusiastically stitching away on a fabulous 'Golant and the Land' wall hanging, and whilst this is not yet completed, she is happy to show it as a work in progress.

Refreshments will be available.

Admission is free (donations always welcomed!)

We are hoping that this exhibition will provide inspiration for a fresh look at the project 'Golant and the Land', thinking about how land use in the parish has changed over the years. This might include the harvesting of wood, keeping animals (e.g. cows, pigs, horses . . .), orchards, allotments; combining research undertaken for previous projects and new research. If this interests you, please come along to one of our GHG meetings to hear what we are planning and to maybe become involved. Meetings are held on 2nd Tuesday of each month, 2pm in the village hall. They are relaxed and informal and only last about an hour!

Penny Parsons, GHG chairman



This lovely old farming photograph features brothers Brian and Sidney Rundle, with their father Ronald and their trusty canine companion!

NEWS FROM ST SAMPSON'S CHURCH

Traditionally, August is a quiet month at St Sampson's – but not this year! Evensong on Sunday 16th August included a Baptism for Fin Clarke, related to the Taylor family, and the congregation was doubled, as was the volume when it came to the hymns. It proved to be a delightful family occasion.

Then came the wonderful wedding of Chris and Carolyn. The wedding party greeted guests at the church porch – a lovely touch – and then the bride entered a packed church as the choir sang *Alleluia!* by William Boyce. The bride, the bridesmaids, the groom, the ring bearers, and the huge congregation (most of whom, miraculously, managed to find a seat!) made for a most colourful and uplifting sight. The excellent hymns were sung with gusto, and the Ode to St Sampson was greatly enjoyed. Sheila showed the full range of our impressive pipe organ, as well as extracting the very best from our church choir.

Liane Carroll sang *That's what friends are for*, and during the signing of the register Tauniua sang *Evergreen*, and both performances were delightful. Then came *Cornwall My Home*, with a local trio and then the choir singing the verses, and the congregation joining in the chorus with increasing confidence. Then the handbells completed the musical interlude with a rendition of *Trelanney*, and then a *Wedding Medley* written specially for the occasion, and which was greeted with an enthusiasm which surprised even the players!

The big bells rang out, Ed Harris pulled out every stop available while playing *Toccata* by Widor, and we all migrated to Bar Silo. It was a great wedding, and many thanks to Chris and Carolyn for their most generous hospitality before and after the event.



More recently, the ashes of Carol White were laid in her husband's grave; Carol was a churchwarden for many years, and it is largely thanks to her that our lovely Grade I church is in such good order.

So now we look forward to Harvest Festival on Sunday 4th October, at 9.30am, and then the next major service will be on Remembrance Sunday 8th November, at the War Memorial at 10.45am.

Simon Funnell

CHURCH CONTACT INFORMATION

Priest in Charge

The Revd Shona Hoad (07476 900623)

Churchwardens

Greg White (01726 832315)
Chris Taylor (07955 714130)

Vicar's Ponderings!

Over the summer we have had many visitors staying with us enjoying the opportunity of a seaside holiday in the sunshine. With all the chaos of additional people and dogs coming and going, it took a while for us to realise that one of our two cats was missing. In our defence, it should be noted that they are identical black cats from the same litter with very little to distinguish them in looks. Their main distinctions come from the fact that one likes to purr a lot while sitting up on my shoulder and the other chooses to miaow as he comes into a room. The weather was sunny and warm and they have always loved being outdoors.

We made all the usual checks and pondered if he could have been shut in somewhere while someone else was away on holiday. Two weeks passed, three, four... six. Reluctantly I decided that he was not coming home and I hoped that he had found a new home where he was happy. I remained hopeful that he would turn up at a vets who would check the microchip and contact us but no phone call came. Then, one evening, eight weeks after we had last seen him and with the onset of the wetter weather, he sauntered down the driveway and trotted through the front door, made straight for the food bowl and proceeded to eat three meals worth straight off! How glad we were. His fur was beautifully shiny but he was much thinner than normal. We would love to know what he had been doing all that time. It seems as though he too had been on a holiday and decided it was now time to return home where he knew he could get regular meals and easy shelter.

It reminded me of the story Jesus told of the Lost Son. Two brothers who had everything they needed, living under the protection of their father, but the younger one decides to take his portion of the family estate and leaves home. The young man squanders all that he has been given, enjoying a wild and fancy life and finally finds himself with nothing – working for a pittance and eating the food put out for the pigs he is tending. It is only then that he realises what he has lost and returns to his father in humility fully expecting a rebuke. Instead of the reprimand, he receives a delighted welcome and he comes to understand the fullness of the love his father has for him. This is the same love that God, our heavenly father, has for us. No matter how far we wander away from him there will always be a welcome when we return to him and put the past behind us.

With every blessing

Shona

Revd Shona Hoad

07476 900623

shona@tandgchurches.uk

www.tywardreathandgolantchurches.uk

Remembering our Loved Ones

St Andrew's Church, Tywardreath

Sunday 1st November 3.00 p.m.

Followed by tea and cake

A reflective service with an opportunity to remember with thanks those we have loved but who have died. Names will be read out during the service so even if you cannot attend but would like them remembered, please let Shona know.

The Golant Pill Committee

Editor	Gillie Harris	833897
Chairman	Simon Funnell	833343
Treasurer	Tony Strachan	833259
Typesetting	Gillie Harris	833897
Advertising	TBC	
Distribution	Jacky Fletcher	832615
Parish Diary	Penny Parsons	832727
Production	Simon Funnell	833343
	Sheila Funnell	833343
Golant Pill Facebook	Robin Anderson	832370
	Penny Parsons	832727
Golant Website	David Bonsall	834458

The committee meets regularly under the terms of the constitution, which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

Advertising Rates

There are three sizes of advertisement available to you in either vertical or horizontal form.

Please note: The size may vary to fit the space available, but will be the same square area as far as possible.

A **65mm x 60mm**
@ £40 for six issues

A+B **130mm x 60mm**
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A+B+C **195mm x 60mm**
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Additional £15 for colour for all sizes.

Preferably, Artwork/Copy should be emailed to
thegolantpill@gmail.com

An invoice will then be sent to you.

Our Advertisers

We are indebted to our loyal advertisers, old and new, who help to keep *The Golant Pill* afloat.

Do please use them, and
mention us when making contact.

THE NEXT COPY DATE

Please note that the
Copy Date for the
December/January issue is:

Wednesday 25th November

Articles, letters & news can be
sent by email to:

thegolantpill@gmail.com

Licensee *Nick Budd* warmly welcomes you to:

From an original drawing by Karen Wells-West



The Fisherman's Arms

Tel: 01726 832453

The Fisherman's Arms, Golant

A charming character Inn dating back to 1826 with spacious outside terraces boasting stunning views over the River Fowey.

Choice of Traditional Cask Ales, Hot and Cold Meals and Snacks served daily.

Sunday Lunches served from 12 – 3pm.

All produce locally sourced.

Book early to avoid disappointment

Pub Update

Well, what a summer it has been. So hot, so dry, and people in desperate need of quenching their thirst.

And some spectacular events, such as Madness in the Pill, the village Carnival and our Beer Festival at the end of August. We want to take the time to thank everyone for supporting these events, and for their patience whilst we have been super busy through August.

Now the autumn is coming, we have plenty of things planned and other things in the works. Our popular Roasts are back from Sunday 4th October, and Quizzes every other week from Tuesday 6th October. Booking is advised for both. Plus, theme nights and theme weeks will return.

So do join us this winter for Fisherman's Fun, Festivities and Frolics. See you all soon, folks.

Nick Budd

01726 812642

Johns Hair Studio

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Tara

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request*



Golant Gleanings

Backalong Newspaper Articles

An extract from an article in the
St Austell Star & Cornwall Advertiser, 28th November 1907

FATAL RICK ACCIDENT

GOLANT LABOURER'S FALL

At St Austell Workhouse on Monday, Mr. John Pethybridge, County Coroner, held an inquiry into the circumstances of the death of William John Spry, a St. Sampson's farm labourer, who fell from a straw rick at Treburvethy Farm, Golant, on September 9th.

From the coroner's statement, the evidence of Mr. Edward Rundle, (deceased's employer), Mrs. Spry and William Cliff, it appeared that the deceased was working on the rick with Cliff, in a high wind. A bundle that Cliff pitched across the rick was caught by the wind and struck the deceased, who was working near the edge, and he toppled over, falling 14 ft. to the ground.

As a result of his injuries, he was admitted to the St Austell Workhouse Infirmary on September 11th and died on Saturday last. Mr. J. H. Turner (Master) and Nurse Carpenter, stated that in conversation, the deceased said that the occurrence was a pure accident, no blame attaching to anyone.

A verdict of "accidental death" was returned.

An extract from an article in the *St Austell Gazette*,
18th January 1950

FORGED STOLEN CHEQUE

YOUNG FARM WORKER CHARGED AT TYWARDREATH

A 16 year old Golant farm worker was placed on probation for two years at Tywardreath Juvenile Court when he pleaded guilty to stealing a cheque valued at 2d, the property of his employer, and obtaining 10s by a forged cheque.

Inspector J. Deacon said that the boy was employed by the farmer about two months before December 16th, and very often he was in the kitchen where his employer kept a cheque book on a shelf.

Inspector Deacon said that the boy presented a cheque made payable at a store in Golant, and as the proprietor had previously cashed small cheques from the boy as part wages, he was not suspicious.

After cashing it in the next morning, he bought a penknife, 10 cigarettes and a box of matches.

The boy told the court that that was the first time he had done such a thing and promised not to do it again.

From 'Best Cornish Jokes' (Top Mark Press. Truro)

A peasant farmer from St Just had a difference with his neighbour and took the matter to law. Discussing the matter with his solicitor he suggested sending a couple of fine ducks to the magistrate.

"Good gracious no!" exclaimed the solicitor. "If you do, you'll lose the case, for certain."

Eventually the matter went to court and judgement was given in the farmer's favour. Speaking to the solicitor afterwards, he said, "I sent those ducks, you know."

The lawyer's astonishment gave way to admiration when the farmer added, "I sent 'em the other fellow's name, mind."

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Pill Paparazzi in this issue

LA	Liz Anderson
RA	Robin Anderson
GP	Gill Paull
KW-W	Karen Wells-West

Pasture fed beef



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Please call us.

Please visit our freezers by the farmhouse - room to the right of our
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Prices are posted and pay through the honesty box.

On the right as you go down to Golant

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Tel. Bridget on **07854 735205** or Martin on **07877 798180**

Sports Day and Carnival

The Sports Day and Carnival on Saturday 9th August was an enormous success. Opened by Simon Funnell at 2pm to crowds of people, and lots of children joining in with the races on the sun parched village green. Soft drinks were donated by the *Fisherman's Arms* - thank you, Nick- to rehydrate the children after their racing efforts.

The tea tent was packed with mountains of delicious cakes donated by the wonderful bakers of Golant, and almost immediately an endless stream of hungry and thirsty revellers queued for delicious slices to be washed down with big cups of tea and coffee. Anne-Marie had co-ordinated the cake donations, setting up and supervision to perfection (as always) and with Karen and Cris helping out with the slicing and serving a roaring trade was done. Becky kept the tea pot filled all afternoon, providing an impressively speedy service followed by Shelly on the 'checkout', who was getting stuck in to village life despite only having moved in little over a month before. Record takings in the tea tent - well done all.

Everyone went home for a few minutes rest before donning their Fancy Dress for the early evening Carnival which kicked off at 5.45pm.

Not for many years have there been so many entrants; children and adults alike had thrown themselves into full Carnival fun mode and really gone to town with wonderful costumes and make-up.

Sue and Mark Steers have taken over the 'Chair' of Sports Day and Carnival, enabling Peter Edwards to retire after very many superb years at the helm. Peter received the well deserved thanks of all the Committee, and, I am sure, the entire village, for his magnificent and hard work. Thanks were also given to Simon Funnell who is retiring from his post as expert organiser and announcer of the afternoon Sports.

Hilarity reigned when Simon H (yes, yet another one), our new MC, announced the wrong winners of the fancy dress adult groups. I am assured that all was corrected in the aftermath, but for an hour or two we all thought it was touch and go. Just to keep the record straight ... ***The Super Troopers*** - ABBA tribute were the fabulous outright winners of the Adult Groups' fancy dress, and it was very obvious to all spectators that this should be the outcome! (right)



Child Groups 1st place was won by ***Jellyfish*** (left), 2nd was *Michael Jackson Thriller* and 3rd was *The Seers*.

Sue Reardon won the Adult Individual with her *Queen's Guide* outfit.

The Super Troopers, fabulous 1st in the Adult groups, followed by the *Unsynchronised Swimmers*, and 3rd *Make Golant Great Again*.

In the mixed Groups, 1st was ***Giant Peach*** (right), 2nd *South West Water* and 3rd *Neverland*.



The Best Child costume was Sam Connibeer (***King Chris***) and the Best Adult costume was Julie Barr, (***Bathing Woman***) who managed an impressive Flora Dance still standing under her shower! (below)



Estelle again excelled with the collection of brilliant raffle prizes, and her takings were another record high.

St Austell Youth Brass Band were fantastic, and enthusiastic, with a parade around the village. The Flora Dance from village green to the Rowing Club and back was joyful, crowded and exhausting, with very much laughter along the way.

Thank you so much to everyone who contributed and all who attended what was a remarkable and much loved village event.

Cris Dodridge

All photos by Robin Anderson



August Flotilla

Tuesday 11th August turned out to be a fine blue day for Afternoon Tea on the River. The wind was a little strong, but this did not deter around 17 boats carrying around 60-70 people from turning out.

A fine run down to Fowey Harbour was followed by rafting up at Penquite Quay, where a good number of people enjoyed themselves (intentionally) in the water.

Anticipating a large turnout for the flotilla, we had increased the available anchor capacity. This maintained the raft very well against wind and tide, albeit with significant load on the anchor lines. A post flotilla review has identified some very important safety issues that will be communicated to members.



Boatwatch AGM

Our Annual General Meeting will be held on Friday November 20th in the Village Hall. Members (and their partners) can enjoy a free glass of wine and a delicious pasty to sustain them through the evening.

This year, together with our normal reports about the Boatwatch year, police and Harbourmaster issues, we will feature a conversation with Peter Williams about his life of sailing in, and building, boats.

There will be the usual free raffle and the start of ticket sales for the raffle for a David Parry painting to be drawn at the 2027 Spring Get-Together. The painting, as shown opposite, is of a cormorant on the Fowey.

Come along to the AGM, enjoy the evening and see the painting properly!

David Bonsall, Chairman, Golant Boatwatch



David Parry's painting of a cormorant on the River Fowey

Golant Quay Users Association

The 26/27 boat stickers have all been sent out, so if you have not received yours then please let us know.

It will soon be time to start bringing boats into the Pill, so please make use of the stern anchor chain that Ian and his mud-larking helpers have worked hard to install. The chain now runs the whole length of the Pill from the southern end by the rowing club slip to approximately Beach berth 20.

Please be reminded that we require all boats not on a frape to be moored with 2 stern mooring lines and 2 fore mooring lines. All boats must have a minimum of third-party insurance.

We recently met with Kimi, the new owner of Sawmills, who are undertaking 12-18 months of refurbishment works and will be using the main slip and quay to hand load materials. They have made a very generous donation, and we have their assurances that they will keep access clear for all users and maintain Public Liability insurance.

Ian Barker & Peter Edwards

If anyone spots a problem on the river, please contact one of the following:

Harbourmaster's Office 01726 832471
(out of office hours transferred to Duty Officer)

David Bonsall (Boatwatch) 01726 834458

Table Tennis Tournament

What a cracking afternoon. Teams (pairs) assembled excitedly in and around the marquee, which had been kindly left erected by the Carnival Committee. This was the second year of using the marquee for the tournament, providing a perfect venue for the many spectators who were treated to an afternoon of fun, badgering and competitiveness. Being in the marquee was also good protection from wind gusts, as well as sunburn and glare and being in close proximity to the *Fisherman's Arms* also helped with hydration breaks between games, even though plentiful water was available inside the venue!

Thanks to John with his telehandler and Paul with his rake and grass seed, the top end of the playing field was levelled last Autumn following our tournament on very uneven surface causing more than a few stumbles. The result is a safer and excellent grass surface on which to play.

Centre Court, closest to the carpark and Court Number One, Pill-side, were in full use all afternoon for one game after another and play lasted for over three hours. Martin Whells' last minute distraction of 'mind the dog' threw Jooles off his game for a second or two, but Martin was not above taking the cheeky point anyway!

The afternoon started with players being neck and neck, but after several games it became clear that we had some absolutely brilliant players in the village.

Three groups of five pairs played four games winning four, two and one points to offer up one group winning pair for the semi-final. The next highest point pair made up the fourth team.

Semi-Finals and Finals moved to the pub, better hydration, where Paul and Jooles put on a splendid BBQ - thank you, Nick- to restore the tired but happy players and spectators.

Mark and Chris beat Adam and Freya in the first Semi-Final and took on Jake and Archie, who beat Martin and Bridget in the second Semi.

Jake and Archie won the day, and the honour of taking home the enormous cup (see photo) to engrave with their winning names. Mark and Chris, despite several 'hydration breaks' just couldn't quite beat the much younger opponents, although it was pretty close!

Well done all for entertaining us so well and for competing in the 5th Annual Table Tennis Tournament! See you all next year.



Cris Dodridge

Taking the Pill

Whenever people ask me about my recent trip, I instinctively reply 'it was great'. This is because words fail to capture the magnificence of my experience. Photography is my way of bottling a moment in time to relive it again and again. Although I'll try and give you a glimpse into my trip in this article.

This year I spent 11 weeks in the Philippines. When I travel I love to immerse myself in the culture, spending time with the locals and understanding their way of life. I'm not your typical 'tourist'. I always feel more like 'a local'. I'll focus on the island where I spent most of my time, my first stop. Camiguin is the second smallest inhabited island in the Philippines, with more volcanoes per square kilometre than any other island in the World. I only booked a few days here but ended up staying five weeks!

I started diving for the first time and got PADI Open Water Diver certified. Highlights of scuba diving were turtles, giant clams, nudibranchs, box fish and puffer fish. Not so popular with me were the highly venomous (10 times more than a King Cobra) but fortunately non-aggressive banded sea krait snake, of which I saw plenty! Oh, and getting a crown-of-thorns starfish spine in my hand and having a trip to the local hospital. This happened when we were collecting the starfish in the crown-of-thorns starfish clean-up activity. These starfish are coral-killing predators and we collected 50 that day. It really is another World underwater and I became obsessed with macro photography of tiny, neon critters like the nudibranch. This 'Taking the Pill' photo is with my dive crew at Blue Season Dive Center, Kokomo Resort, Camiguin, Philippines.

I took great pleasure driving my little Honda scooter on a daily basis exploring the island. However, as Alexander Supertramp said, 'happiness is only real when shared'. I stayed on Camiguin for five weeks because of the friendly locals I met. I joined them in their village Fiestas where plenty of Lechon (whole slow-roasted pig), Red Horse (6.9% beer) and Tanduay (rum) were consumed and karaoke was sung. More Lechon and Tanduay was had at their annual San Juan sa Hibok-Hibok Festival consisting of traditional games, water sports, pageantry, and nightlife.

My most cherished memories in Camiguin are the most simple. Laughing and nagma-Marites (gossiping) whilst drinking Red Horse and eating chicharon (pork rinds) with the dive guys after a day diving and stargazing for hours pondering life with my very good local friend.

I did spend time on Siquijor and Palawan but they're stories for another day!



Claire Lower

Village Hall Activities

Dear Parishioners,

Once again, thank you for supporting us over the summer by attending the events we have put on. It is always nice to see the Village Hall buzzing with chatter.

This Autumn and Winter look to be very active as well.

The **Hour before Nightfall**, based on a true story, is taking place on Friday 16th October. Book through Jackie Smith. Details opposite and on page 11.

The Village Hall will receive a visit from Santa Claus before the start of December, when his elves will bedeck the hall.

Tea and coffee in a festive Christmas style will be taking place on 4th December, in addition to the October and November dates shown in the Pill diary. No booking required; everyone is welcome to come and have a cup of tea and slice of homemade cake, whilst chatting. It costs just £2.

Meet and Greet will be taking place on 6th December, more details on page 11. Everyone is encouraged to drop in and meet old and new neighbours.

By popular request there is **wreath making** on 3rd December, details on page 11.

Once again, there will be a **Christmas Mini Market** on Saturday 12th December details on page 11. Last year this was a lovely festive atmosphere, ideal to chat and shop afresh. Do please come along and support us. This is a big fundraiser for the Village Hall, and with costs increasing, vital to keeping the hall looking spick and span and cover licences, cleaning, insurance and utility bills.

Finally, **La Soupe Populaire** restarts in October, and carries on once a month until March 2027. Dates for diary in 2026 are:- 14th October; 18th November and 16th December; watch out for Maurie Mails. Booking for this is most definitely required, in order for us to ensure the quantities made are correct.

Fayre, Treasurer, on behalf of Golant Village Hall Trustees.

CFylm Club

As the saying goes, 'normal service will be resumed as soon as possible'. A new manager is in place, and there will be some organisational changes in the near future, yet to be confirmed. For current members, there will be a reduction when rejoining because of the disruption this year. The next film will be 'Rose of Nevada' on 30th October. Mark Jenkin, who co-wrote the script and music, and also directed, is Cornish, and this is the third film he has successfully produced.

La Soupe Populaire

After a Mediterranean summer and heading into autumn, the soup season begins. It's a lovely relaxed lunchtime social monthly event to get together with locals and visitors for a bowl of soup and something sweet with a hot drink. There's always enough for second helpings. It starts on Wednesday 14th October at 12pm.

Carn 2 Cove

We took a gamble and only requested one play, 'The Hour before Nightfall', and we were successful. Although Golant Village Hall is the smallest venue on the play's tour of Cornwall & Devon, we have the facilities to have this quality production on our doorstep.

Based on the true story of the vicar at Warleggan and the evolving friendship between two contrasting characters - the Reverend and a young American journalist from *Life Magazine* on her first European assignment.

Book your tickets for Friday 16th October.

Carol Gabb

THANK YOU FOR ALL YOU'VE DONE

It was a sad day for all who care for the Village Hall when we received Martyn Hardy's resignation as the GRADS' representative on the Management Committee, and as Trustees of the Charity.

Martyn has supported Fayre in all aspects of her involvement with the Village Hall, but more officially, he fulfilled the roles of Hall Manager and Bookings Officer, from which he has now resigned. He has kindly offered his continued support as a volunteer when he can. In addition to his formal roles, for many years now he has been at the forefront of all aspects of the planning and presentation of a full calendar of events for the community.

The Management Committee thank him for his tireless contributions, which will be very much missed by us all.

On behalf of the Golant Village Hall Management Committee, David Bonsall - Chair

YOUR VILLAGE HALL NEEDS YOU!

Following Martyn's recent resignation, many of you will already be aware that the Village Hall needs help. Without additional support, the vital work of bringing the community together and providing fellowship, laughter, well-being and a home for a variety of clubs and events simply cannot be sustained at the current level.

The Village Hall is administered as a registered charity with currently up to 10 trustees, and has a lofty objective to ensure the Hall is available for the benefit of both current and future parishioners. The trustees sit on the management committee, which in turn is tasked with delivering the charities' remit lawfully and within the regulations.

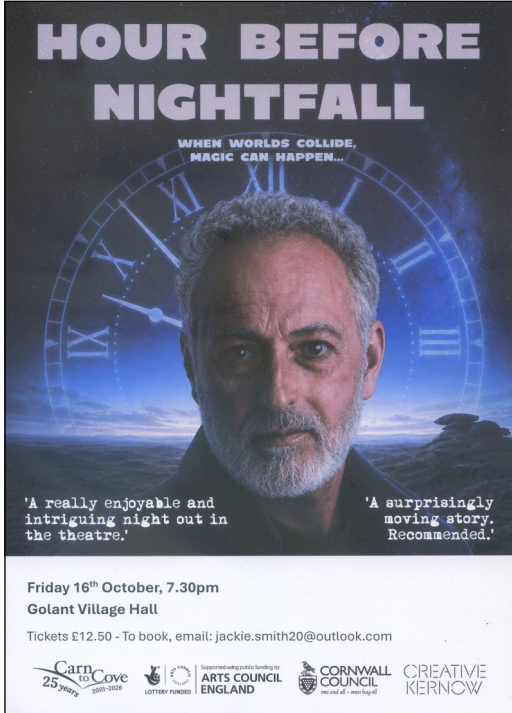
The rewards are huge; as a committee member and trustee, you see first-hand what the Hall means to parishioners and the contribution of those involved in running and providing events makes to people's well-being.

We are looking for people prepared to give some of their time to help run, maintain and administer the Hall in the village for the benefit of the parishioners, bringing fresh ideas to build on past successes. We now have a total of 3 vacancies across a variety of roles, so whatever skills you have, I'm sure we can put them to good use.

If you are thinking you would like to "to give something back", then the Village Hall Committee may be for you. If you would like to find out more, please contact David (david.aj.bonsall@btinternet.com) or Jackie (jackie.smith20@outlook.com) for an initial conversation - we would love to hear from you.

Mark Steers - Trustee

Coming to a Hall near you...!!



HOUR BEFORE NIGHTFALL

WHEN WORLDS COLLIDE,
MAGIC CAN HAPPEN...

'A really enjoyable and intriguing night out in the theatre.'

'A surprisingly moving story. Recommended.'

Friday 16th October, 7.30pm
Golant Village Hall

Tickets £12.50 - To book, email: jackie.smith20@outlook.com

Carn to Cove 25 years 1993-2018
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CORNWALL COUNCIL one and all... we are here!
CREATIVE KERNOW

Meet and Greet

ONE OF THE MAINSTAYS OF GOLANT VILLAGE LIFE IS BACK AGAIN!

SUNDAY 6th DECEMBER, 12 noon. Write it in your diary, NOW!

Why not go the whole hog and combine visiting us all at The Village Hall for a pre-dinner drink (or three!) followed by a stagger down the hill to enjoy one of Nick's superb Sunday roasts at the Fishermans Arms. [3 sittings that day, at 12-12.30, or 2-2.30 or 4.30-5 ; reservation is needed for the Fishermans]

Meet and Greet is a totally *informal* gathering of villagers to welcome newcomers and family friends to the village (well, that's the excuse). We particularly welcome extended family visitors....so don't be shy. COME! 12 noon start, and if you are still there at 2.30pm you might be helping to washing up. To the initiated: please spread the word and encourage newcomers to attend and have some fun but who might not yet be on the Golant super broadband village network; to the uninitiated : we all bring a "bottle or TWO" plus some nibbles/bakes/tapas/canapes/cakes/.....you name it.

LAST YEAR THE VILLAGE EXCELLED ITSELF WITH OFFERINGS OF PIES, CAKES, YOU NAME IT!

Any questions or queries, such as "what is your favourite wine, Jeremy? Or "do you think a homemade quiche would be welcome?" (it will be!) to jeremyloydevans@gmail.com. See you there!

SAVE THE DATE!

"Coming to a Village Hall near you"

'Christmas Wreath Workshop' -
Thursday 3rd December

Meet 'n' Greet - Sun 6th December
Christmas Mini Market - Sat 12th December

look out for more details



GOLANT VILLAGE HALL
proudly present

get your
FRONT DOOR
ready

"a creative evening of Christmas Wreath Making"

Thursday 3rd December
7:00pm

Tickets £25
All materials supplied

Book now via
email : jackie.smith20@outlook.com

Limited space, book early

All profits from this event will go to Golant Village Hall
Registered Charity number: 213607



GOLANT VILLAGE HALL
proudly present
their

Christmas Mini - Market

on
Saturday 12th December

11am 'til 4pm

featuring
seasonal refreshments,
festive gifts & stocking fillers

admission free

All profits from this event will go to Golant Village Hall
Registered Charity number: 213607

Madness in the Pill

Two years ago it was Storm Antoni that tried to derail the Madness in the Pill event. This year it was South West Water allowing five sewage discharges into the Fowey two nights before the start. Luckily, following several changes of high tide, an inspection of the Pill showed no foreign bodies, so we were good to go.

High tide was quite late, so everybody had plenty of time to deliver their vessels and fine tune them for the grand raft race. In total, we had an impressive entry of nine rafts and nine crews dressed to impress.

With the intrepid pair of Steve Phillis and Ian Barker in the water as soon as the water reached a respectable depth, we were off. The Blindfold Kayaking was given a much longer course than usual, courtesy of the devious Mr Phillis. This provided many interesting and humorous moments, and the first win of the afternoon for Giles Harrison and his *Maverick III* crew - an impressively swift completion time of one minute and three seconds!

The Kayak Relay yielded the second win of the afternoon for the same craft. With two out of two wins in the Kayak Tug-of-war, the *Maverick III* team took the afternoon's top prize of the Maddest and Baddest team with an overall time of two minutes and thirteen seconds. In a very close-run contest, *We're All Mad Here* crewed by the Williams, Andrews and Gamston clans came in as runners up, losing out by only twenty seconds.

For the second year the Grand Raft Race commenced from a rolling start that was going magnificently until *We're All Mad Here* decided that they had heard the starting siren, and took off at great pace leaving everybody else marooned around Island House. After much yelling we managed to get them back to the start. Despite their double effort they managed to win the race very comfortably in four minutes and twenty five seconds. Respectable enough, but a full minute slower than last year's victory.

Make Golant Great Again won the Junior Raft Race trophy.

After very close and diligent inspection of all the rafts present, Max Wallace Jones declared the Best Dressed Raft was *Tour de Golant* and the ubiquitous *We're All Mad Here* won the best dressed crew.

Another great afternoon's fun in decent weather with a large turnout enjoying a few drinks, lots of laughs and a *Fisherman's* Barbeque.

My thanks go out to Steve and Ian for organising all the racing from the water, Fairy Hardy and Louise Jordan for timing the events and keeping the scores, Clair Connibeer for keeping us all safe, and Max for the onerous task of judging.

Most of all I would like to give thanks for all the people who made the fabulous rafts and costumes and were great sports to join in all the shenanigans - it really would not be possible without you. See you next year.

Martyn Hardy



Nature Notes

With apologies to all those who absolutely revelled in the summer heat and endless blue skies, we are now back to something approaching 'normal'; although that appears to be an increasingly moveable feast... Finally some wonderful, gloriously refreshing rain - my rain dance must have worked - although you would not have wanted to see it...

Our new water tanks arrived, and we've already got one installed - the others are waiting for the usual 'backwards dominoes' of jobs needing doing before we can do that, before we can do that etc... This normally takes the entire winter; we're just congratulating ourselves in spring before the chaos starts again! This will eventually give us another 4,000 litres of rainwater storage, and I may have found space for a few more water butts!

Although we lost a few plants and trees due to drought and our inability to keep things watered, it has been incredible to watch how nature does recover in a relatively short space of time. The village green is looking much more like grass as opposed to scorched earth, and my veg garden has decided that now is a good time to start producing copious quantities of courgettes, pumpkins, tomatoes and peppers! This happened last year - the plants go into a sort of dormancy if it is too hot, despite watering, and then put a wiggle on - just as the season is closing. We are due for a fairly warm and dry week ahead as I write, so we may be lucky and get all that maturing veg.

The village Apple Day is a little earlier this year and we are crossing our fingers that we will have enough to show, although it seems that between everyone with trees in the village there will be enough variety. David will bring his many books so that maybe you can have a go and identify any apples that have no label. It could be that everyone is now sick of the subject of apples - obviously not us! But it is a wonderful heritage that the village has - Golant's own Captain Broad this year were incredible - I puréed and bottled some with next to no sugar because they were so sweet. Perhaps following on from the Parish Council's carnival entry we should reappropriate their hats - Make Golant's Apples Great Again. Just a thought... And for anyone with apples already fallen, and are sick of crumbles and baked apples, there is the option to pick them up and either take them to Barrie at Fowey Valley Cider, or contact Graham at Saints Way Wines, who is also keen for any local apples.

At the time of writing the swallows are still here; I would have expected them to have gone by now, but perhaps the warmth has encouraged them to stock up on insects for the journey - or they know something about the weather patterns we don't! I have seen the Osprey just once, through binoculars, fighting strong winds at the time, and we have finally seen fieldfares tucking into, but not decimating the berries, and the top downs path is full of bees enjoying the ivy flowers. No sloes this year - either with us, or on the downs, but the quinces seemed to survive - David read that they are quite a drought tolerant fruit tree, but they have also benefited from the late rain. So I hope there may be some quince preserves to try, along with a few other things at Apple Day! Now just the medlars to sort out, and that will be the end of the harvesting season - not a total write off as many of us wondered, but a reasonable, manageable amount!

Karen Wells-West



KW-W



KW-W

ST SAMPSON'S PARISH COUNCIL

After a long hot summer and some well earned time off for Councillors, meetings resumed again on Tuesday 22nd September. Understandably after a near two month break, there was plenty to discuss, and it was agreed that the following points should go into the Pill magazine.

Contacting the Council

It has been asked by Parishioners whether Councillors' email addresses can be shared on the Parish Council website; however, Councillors agreed that the current system of directing communications through the Acting Clerk provide a more efficient and secure route for communicating with the Council. This way, communications both in and out of the Council can be well managed, and questions answered in a timely and collegiate manner, and if required, the acting Clerk can add as an agenda item in the next meeting. The Acting Clerk's email address can be found on the Parish Council website.

Acting Clerk

The Parish Council are still to replace the outgoing Clerk, so in the interim Councillor Neil Smith is Acting Clerk. Since the PC last employed a Clerk employment law and statutory requirements have moved on quite a bit, so the PC has set up a sub-committee to put together a job description and also review how we would like the role to change in the future. A great deal of processes that were traditionally carried out by the Clerk can now be automated and streamlined, without impacting on the PCs need to work within regulatory frameworks. The PC is hoping that by redefining the role, we can meet our obligations and also save the PC, and by extension, Parishioners' money each year, that can be redirected to other projects in the Parish.

Parking Issues

Many thanks to the Parishioners who reported a fault with the parking machine. This was due to an issue with the BT router, and as soon as it was clear the issue could not be resolved, a new router was ordered, and the faulty one replaced. We appreciate that this can be frustrating, however we do respond as quickly as is possible given we are all volunteers. I must remind Parishioners and wider Car Park users that if a ticket can't be purchased locally, or via JustPark then parking must be sought elsewhere until the issue is resolved. Many thanks for your patience on this matter.

New Co-opted Member

We have the great pleasure to announce that Serena Eustice has joined the PC as a co-opted member, and our PC is once again, up to full compliment. Serena is relatively new to the village, and has an abundance of experience to add to the PC – we look forward to working with her as the year progresses.

Finally, it is beholden for me (as ever), to thank Parishioners and Councillors for all they do in our wonderful community, and to enjoy the upcoming autumn events.

Chris Taylor

Chair – St.Sampson Parish Council

Some Cornish Sayings

- ◇ Blackberries should never be picked after the first of October because they have been spat on by the devil.
- ◇ It is unlucky to cut an elder tree or its blossom without first asking its permission or apologising to the spirit of the tree.

Taken from 'Jan Bedella's Fiddle and other Cornish Sayings', by Kathleen Hawke.

Time Brings Changes in Cornwall

"Horses and traps were used by the farming community for conveying their produce, and the farmer's wife would sit in the old market house to sell her butter and eggs. It must have been a chilly place in winter. One farmer once confided to another that he had put his clean shirt on over his working one because it was too cold to change but he didn't want his 'missus' to know."

From 'A Cornish Hotchpotch' by Kathleen Hawke



///limitless.shifts.feel 12/m2 abundant rocks///nutty.blinking.commands 6/m2 common loose shale///guarding.sandpaper.squashes 25/m2 abundant rocks///amount.ombudsman.again 17/m2 abundant rocks///drumbeat.arrives.lion 14 abundant rocks///twice.lyricism.visions 13 abundant rocks///onion.chaos.pictured 15 abundant rocks

No, not some secret spy code to be guessed at, but just part of our recent survey work carried out over the summer to record Pacific Oysters in and around the harbour. We now have a much better picture of oyster regrowth and will be able to prioritise where we focus our oyster removal sessions. As you may be able to decode there are plenty of 'abundant' entries which is some measure of how quickly the oysters are returning to previously cleared places as well as spreading to new sites.

We have been working closely with the Harbour Office on this surveying and on clearing plans. Pacific Oysters are not native to UK waters but have escaped from farmed oyster enterprises. In our cold waters they were not supposed to be able to breed, but this is increasingly untrue as waters warm. Whilst good to eat, they are outcompeting our native oysters and dangerously clogging up jetties, slipways and drainage pipes with their very sharp-edged shells. Much of the survey work was carried out thanks to our two summer student volunteers Alex and Emmie who now have gone back to their studies. Look out for details of the next oyster bashing sessions. It's messy work but very cathartic!

Meanwhile we are finalising our autumn and winter programme and so far, we have a walk on Saturday 17th October on National Trust land, a film night in November & a Social /Quiz night in February. We will post details as soon as dates are confirmed. We are sure that there is something for everyone, so we look forward to seeing you in the darker and cooler months.

Ian Laughton



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Cornish Dialect Names for Flowers

Camels	Chamomile
Cats' Eyes	Greater Stitchwort
Love entangle	Fennel
Ollick	House Leek

Taken from 'A Cornish Hotchpotch' by Kathleen Hawke



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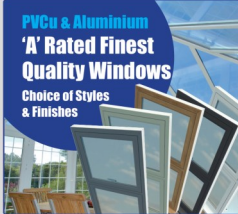
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Finding *The Golant Pill* Online

If you prefer not to have a hard copy of our newsletter, or would like to catch up with previous PDF copies online, just go to our village website at:

golant.net

Click on **Golant Pill**, where you will find copies going back to the April/May Issue for 2017.

This years **Christmas** **FAYRE**

Following the great success of last years village Christmas fayre, The Fisherman's Arms, Bar Silo and the village Hall will be combining forces again so please

SAVE THE DATE!

12th December,
more details to follow.



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A Cornish Maid's Recipe Corner

Quick & Easy Porridge Bread



A delicious recipe recently shared with me by Siobhan Harper. Super tasty sliced just warm and topped with butter. Serve for a filling breakfast at the start of a busy day ahead or simply alongside a warming bowl of soup for lunch....in fact a slice any time of day works.

If you're not sure about this recipe - I would say 'don't knock it until you try it!'

250g rolled Oats
150g coarse Wholemeal Flour
2 tsp Sea Salt flakes
1½ tsp Bicarbonate of Soda
3 tbsp Pumpkin Seeds
2 tbsp Chia Seeds
1 tbsp Sunflower Seeds
100g Dried Figs (I use mixture of Figs/Dates & Cranberries)
600g Greek Yoghurt
1 Egg
2 tbsp Honey

1. Preheat the oven to 200°C/390°/Gas Mark 6.
2. Grease and line a 2lb loaf tin with cake tin liner/baking parchment.
3. In a large bowl, combine all the dry ingredients. Using a whisk, give them a good mix to break up any lumps and aerate the ingredients.
4. Roughly chop up the figs (plus dates and cranberries, if using) and add to the dry ingredients. Mix through.
5. In a separate bowl, combine the yoghurt, egg and honey. Using a fork, give it a quick mix.
6. Make a well in the centre of the dry ingredients and add the wet ingredients to the bowl. Using a wooden spoon or spatula, mix all the ingredients together until they are just combined, but no more. It should be wet and sticky dough, unlike a traditional bread dough.
7. Place the dough into the loaf tin. Using a spoon dunked in water, smooth out the top of the loaf. With a sharp knife, make a cut on the top of the dough down the centre of the loaf.
8. Pop the bread into the preheated oven and bake for 35 minutes or until cooked through and golden brown on top.
9. Remove from the oven and leave to cool in the tin before turning out onto wire rack.
10. Don't be tempted to cut it for at least 30 mins, as it won't hold together and the inside will just crumble. Slice with a bread knife and serve!

Gill Paull



There baint a lot that can be planted outside now, but if conditions allow, it may be worth thinking about trying a row of Autumn sown **Peas**, only make sure they'm the round seeded variety like *Feltham First* or *Meteor*. Soak the seeds in paraffin before sowing, to keep any Mice away, because if there has been a warm summer then the mice population will have grown bravish, and they will be just waiting for some kind soul to provide them with a chance to build themselves up before winter really sets in.

Another seasonal extract from **John Kiff's** Gardening Year Book.



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CALENDAR OF VILLAGE EVENTS

OCTOBER

Friday 2 nd	10.30am	Coffee, tea, cake, books, chat	Village Hall
Saturday 3 rd	10am - 4pm	GHG Golant Apple Day	Village Hall
Sunday 4 th	9.30am	Harvest Festival	St Sampson's
Sunday 4 th	12 - 12:30pm/2 - 2:30pm 6.00 - 7:30pm	First Roast by the River (3 sittings) <i>(Harvest festival donation £1.00 to St Petroc's for every roast sold.)</i>	Fisherman's Arms
Tue 6 th - Sat 10 th		National Curry Week - Special Curry Menu - Lunch and Evening	Fisherman's Arms
Tuesday 6 th	8.00pm	First Quiz Night	Fisherman's Arms
Sunday 11 th	9.30am	Holy Communion	St Sampson's
Tuesday 13 th	2.00pm	Golant Heritage Group Meeting	Village Hall
Tuesday 13 th	8.00pm	Euchre Night	Fisherman's Arms
Wednesday 14 th	12.15pm	La Soupe Populaire <i>(booking required)</i>	Village Hall
Friday 16 th	7.30pm	<i>The Hour Before Nightfall</i> - Carn2Cove <i>(booking essential)</i>	Village Hall
Sunday 18 th	6.00pm	Evensong	St Sampson's
Monday 19 th	9.30am	Gentle Yoga restarts (Mondays and Thursdays)	Village Hall
Tuesday 20 th	7.00pm	Parish Council Meeting	Village Hall
Tuesday 20 th	8.00pm	Quiz Night	Fisherman's Arms
Sat 24 th /Sun 25 th	10am - 4pm	GHG Exhibition 'Golant and its Farms' <i>(see page 2)</i>	Village Hall
Sunday 25 th	9.30am	Morning Worship	St Sampson's
Tuesday 27 th	8.00pm	Euchre Night	Fisherman's Arms
Friday 30 th	7.30pm	CFylm - <i>Rose of Nevada</i> <i>(booking required)</i>	Village Hall

NOVEMBER

Sunday 1 st	9.30am	Holy Communion	St Sampson's
Tuesday 3 rd	8.00pm	Quiz Night	Fisherman's Arms
Friday 6 th	10.30am	Coffee, tea, cake, books, chat	Village Hall
Sunday 8 th	10.45am	Act of Remembrance followed by service in Church <i>Please assemble at the War Memorial or in church if wet</i>	St Sampson's
Sunday 8 th	Remembrance Sunday Roast	<i>(£1.00 for every roast donated to Royal British Legion)</i>	Fisherman's Arms
Tuesday 10 th	2.00pm	Golant Heritage Group Meeting	Village Hall
Tuesday 10 th	8.00pm	Euchre Night	Fisherman's Arms
Sunday 15 th	6.00pm	Evensong	St Sampson's
Tuesday 17 th	8.00pm	Quiz Night	Fisherman's Arms
Wednesday 18 th	12.15pm	La Soupe Populaire <i>(booking required)</i>	Village Hall
Friday 20 th	7.30pm	Golant Boatwatch AGM	Village Hall
Sunday 22 nd	9.30am	Morning Worship	St Sampson's
Tuesday 24 th	7.00pm	Parish Council Meeting	Village Hall
Tuesday 24 th	8.00pm	Euchre Night	Fisherman's Arms
Wednesday 25th	Copy Date	<i>The Golant Pill</i>	<i>thegolantpill@gmail.com</i>
Friday 27 th	7.30pm	CFylm TBD <i>(booking required)</i>	Village Hall
Sunday 29 th	11.00am	Benefice Service <i>(no service at St Sampson's)</i>	St Andrew's, Tywardreath

DECEMBER

Tuesday 1 st	8.00pm	Quiz Night	Fisherman's Arms
Thursday 3 rd	7.00pm	Wreath Making Workshop <i>(booking essential)</i>	Village Hall
Friday 4 th	10.30am	Coffee, tea, cake, books, chat	Village Hall
Saturday 5 th	5.30 for 6pm	Christmas Generation Game	Fisherman's Arms
Sunday 6 th	9.30am	Holy Communion	St Sampson's
Sunday 6 th		Christmas Roast (3 sittings)	Fisherman's Arms

Regular activities in the Village Hall

* **Gentle Yoga** 9.30am every Monday & Thursday from Monday 19th October

** **Table Tennis** 5.30pm every Wednesday

*** **Line Dancing** every Monday from 19th Oct to 21st Dec inclusive 7.00pm – 8.30 pm

Every Sunday - Fisherman's Arms: Roast by the River (3 sittings) 12 - 12:30pm/ 2 - 2:30pm/ 6 - 7:30pm